

STRAND	STANDARD	OBJECTIVES (What it looks like in the classroom) The learner will ...	# OF DAYS NEEDED FOR MASTERY	DATES TAUGHT	DATE ASSESSED	ASSESSMENT TYPE (classroom, STAR, objective, subjective, project, etc.)	RESOURCES (Materials, web sites, auto-visual, print)	LEARNING ACTIVITIES
Skills: Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities	2.1.1 Demonstrate progress toward the mature form of locomotor and non-locomotor skills	By 2nd Grade the student will demonstrate a mature pattern of locomotor skills (i.e. jumping, hopping, leaping, galloping, sliding, skipping, walking, and running)	Ongoing	Ongoing	December and May	Observation and Skills Tests (K-1) Observation Skills Tests, and Fitness Tests (2nd)	P.E. Websites P.E. resources	-Various locomotor activities -Stations -Locomotor skills based low-organized games
		By the end of 2nd grade the student will demonstrate a mature pattern of non-locomotor skills (i.e., bending, twisting, turning, balancing, and stretching)	Ongoing	Ongoing	December and May	Observation and Skills Tests (K-1) 2nd (Fitness tests also)	P.E. Websites	-Various locomotor & non-locomotor activities -Stations -Skill oriented game activities

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	2.1.2 Demonstrate progress toward the mature form of selected manipulative skills	By the end of 2nd grade the student will be able to dribble, throw, catch, roll, and strike a variety of objects with hands	Ongoing	Ongoing	November & April	Observation and Skills Tests	P.E. Websites P.E. Resource Books	-Whole Group Skill Activities -Stations -Skill based low organized games
		By the end of 2nd grade the student will be able to dribble, trap, kick and roll a variety of objects with feet	Ongoing	Ongoing	Ongoing	Observation and skills tests	P.E. Websites P.E. Resource books	-Whole Group Skill Activities -Stations -Skill based low organized games
		By the end of 2nd grade the student will jump a self-turned rope and a rope turned by others	Ongoing	Ongoing	Dec. & May	Jump rope for Goal Skills tests	P.E. Websites P.E. Resource books P.E. Curric. Book	-Whole Group Jump Rope activities -Stations
		By the end of 2nd grade the student will be able to trike using various implements (i.e. bats, racquets, paddles)	Ongoing	Ongoing	April	Skills tests Observation	P.E. Websites P.E. Resource books	-Stations -Skill based low organized games

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	2.1.3 Demonstrate progress toward the mature form of movement patterns and sequences	By the end of 2nd grade the student will combine locomotor skills into a sequence (i.e. hopping, jumping, galloping, skipping and leaping, walking & running)	Ongoing	Ongoing	Dec- May	Observation	P.E. Websites P.E. Resource books	-Whole group locomotor activities -Stations -Skill based, low- organized games
		By the end of 2nd grade the student will perform dance sequences to music	4	April	April	Observation	Music/Dance Cd's and Activity Sheets	-Whole Group activities
		By the end of 2nd grade the student will demonstrate a smooth transition between locomotor skills in time to music	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books Music/Dance CD's and Activity Sheets	-Whole Group activities
		By the end of 2nd grade the student will be able to combine balancing, transferring weight, and rolling actions into a tumbling sequence	12	Jan-Febr/ - March	End of unit	Observation -Skills Tests -Performance	Gymnastics Resource Books P.E. Curric. Guide P.E. Websites & Resource books	-Whole Group activities -Stations -Routines

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		By the end of 2 nd grade students will combine shapes, levels, directions, and pathways into simple sequences	Ongoing	Ongoing	Dec – May	-Observation -Skills Tests -Fitness Tests for 2 nd grade	P.E. Websites P.E. Resource Books Curric, Guide	-Whole Group Activities -Stations -Fitness Tests
	2.1.4 Demonstrate the ability to adapt and adjust movement skills to uncomplicated, yet changing, environmental conditions and expectations	By the end of 2 nd grade the learner will travel forward and sideways using different tempos	Ongoing	Ongoing	Ongoing	-Observation -Skills Tests	P.E. Websites P.E. Resource Books	-Whole Group Activities
		By the end of 2 nd grade the learner will change directions quickly in response to a signal or obstacle using a variety of locomotor skills.	Ongoing	Ongoing	Dec May	-Observation -Skills Tests -Fitness Tests (2 nd grade)	P.E.Websites P.E. Resource Books	-Whole Group Activities -Skills/fitness tests
		By the end of 2 nd grade the student will chase, flee, and dodge individuals or stationary obstacles	Ongoing	Ongoing	Ongoing	-Observation -Skills Tests	-P.E. Websites P.E. Resource Books	-Whole Group Activities -Stations -Skill oriented game activities

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Knowledge Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.	2.2.1 Identify the critical elements of basic movements using movement vocabulary	By the end of 2nd grade the student will be able to identify and demonstrate the major characteristics of locomotor skills (i.e., walking (heel to toe sequence) or skipping (step, hop, step, hop sequence), or sliding (step – slide)).	Ongoing	Ongoing	Ongoing	-Observation -Skills Tests	P.E. Websites P.E. Resource Books	-Whole Group Locomotor skill activities

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		By the end of 2 nd grade the student will be able to repeat cue words for movement skill & demonstrate and/or explain what is meant by each (i.e. overhand throw = side, step, throw)	Ongoing	Ongoing	Ongoing	-Observation -Skills Tests	P.E. Websites P.E. Resource Books	-Whole Group Skill Activities -Stations -Skill oriented game activities
	2.2.2 Apply feedback to improve performance	By the end of 2 nd grade the student will use teacher, peer, and self-assessment to correct motor performance	Ongoing	On going	Ongoing	-Observation -Skills Tests	P.E. Websites P.E. Resource books	-Whole Group Skill activities -Stations -Skill oriented game activities
Active Lifestyle: Participates regularly in physical activity	2.3.1 Participate regularly in a wide variety of activities that involve locomotor, nonlocomotor and manipulative skills both inside and outside of physical education class.	By the end of 2 nd grade the student will participate regularly in a variety of non-structured and low organized physical activities (i.e., tossing a ball, playing tag)	Ongoing	Ongoing	Ongoing	-Observation -Skills tests	P.E. Websites P.E. Resource books -Community resources	-Whole Group skill activities -stations -Skill oriented game activities

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Fitness: Achieves and maintains a health-enhancing level of physical fitness	2.4.1. Engage in moderate to vigorous physical activity	By the end of 2nd grade the student will participate in a variety of physical activities that elevate breathing and heart rates in physical education and/or on the playground (i.e., jogging, jumping rope, dancing, bike riding)	Ongoing	Ongoing	ongoing	-Observation -Skills tests -Fitness Tests	P.E. Websites P.E. Resource Books	-Whole Group Fitness activities -Stations -Fitness based game activities
	2.4.2 Recognize the basic physiological indicators of physical activity	By the end of 2nd grade the student will state the basic physiological indicators that accompany moderate to vigorous play activity (i.e., sweating, increased heart rate, elevated respiration)	Ongoing	Ongoing	Ongoing	-Observation -Skills tests -Fitness tests	P.E. Websites P.E. Resource books	-Whole Group Fitness and skill activities -Stations -Skill based and fitness based game activities
	2.4.3 Identify the basic components of health-related fitness	By the end of 2nd grade the student will identify the muscles used for hanging, climbing, supporting weight on hands, sit-ups, jumping, running, etc.	Ongoing	Ongoing	Ongoing	-Observation -Skills tests -Fitness tests	P.E. Websites P.E. Resource books Bulletin Boards	-Whole Group fitness and skill activities -Stations -Skill based and fitness based game activities

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Responsible Behavior : Exhibits responsible personal & social behavior that respects self & Others in Physical activity Settings.	2.5.1 Demonstrate progress toward working cooperatively and interacting with other students regardless of differences.	By the end of 2 nd grade the student will invite a peer to share opportunities for movement (i.e., take a turn, share equipment)	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole group activities -Stations -Low-organized games
		By the end of 2 nd grade the student will assist a partner by sharing observations about skill performance during practice (i.e., peer assessment)	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole group activities -Partner activities -Stations

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		By the end of 2 nd grade the student will work in a triad setting without interfering with others	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E> Resource books	Stations
		By the end of 2 nd grade the student will work cooperatively with a partner to reach a shared goal during physical activity	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	Stations Partner challenges
	2.5.2 Identify and model safety practices and class procedures	By the end of 2 nd grade the student will follow directions given to the class for an all class activity	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole Group activities -Game Activities
		By the end of 2 nd grade the student will work independently on physical activity tasks	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Stations
		By the end of 2 nd grade the student will move safely through space (i.e., travel, without contact, through general space)	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole GroupLocomotor activities -Fitness Activities

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		By the end of 2 nd grade the student will apply rules, procedures and safety practices with little or no reinforcement	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole Group activities -Stations -Low-organized games
Awareness: Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction	2.6.1 Express feelings about physical activities	By the end of 2 nd grade the student will exhibit verbal and non-verbal indicators of enjoyment (i.e., cheering, smiling, high-five)	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Sportsmanship activities -Discussions -Low organized games
		By the end of 2 nd grade the student will name physical activities that are enjoyable	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource books	-Whole Group activities -Stations -Games

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		By the end of 2 nd grade the student will identify feelings resulting from challenges, successes and failures in physical activity (i.e., happy, scared, angry, sad)	Ongoing	Ongoing	Ongoing	Observation	P.E. Websites P.E. Resource Books	-Whole Group Activities -Stations -Low-organized games
	2.6.2 Attempt new activities	By the end of 2 nd grade the student will continue to participate when not successful on first try	Ongoing	Ongoing	Ongoing	-Observation -Skills Tests	P.E> Websites P.E> Resource books	-Whole Group activities -Stations -Games
		By the end of 2 nd grade the student will try new movements and skills willingly	Ongoing	Ongoing	Ongoing	-Observation	P.E. Websites P.E. Resource books	-Whole Group activities -Stations -Games