



# Y.E.S. Indeed!

## York Elementary School Monthly Parent Newsletter

### What's Inside...

#### Page 1

- ~Christmas Vacation
- ~Classroom Happenings
- ~Important Info
- ~Report Cards

#### Page 2

- ~Science Expo Scholarship
- ~Science Expo Info
- ~BOOST News
- ~A Moment For Music
- ~PE Shoes Reminder

#### Page 3

- ~~Nurses Notes

#### Page 4

- ~Science Expo Important Dates and Times

#### Pages 5 & 6

- ~Home & School Connection

#### Page 7

- ~"Evening Extravaganza"

#### Page 8

- ~LUNCH & LEARN with York Public Schools

#### Pages 9 & 10

- ~SLOW-COOKER BREAKFAST IDEAS!

#### Page 11

- ~Calendar

#### Pages 12 & 13

- ~Breakfast & Lunch Menus

## CHRISTMAS VACATION

Students' last day before Christmas break will be Wednesday, December 21, with an early dismissal time at 2:10 p. m.  
Classes will resume on Thursday, January 5, 2017.  
Wishing you all a great holiday break!

## Classroom Happenings....

### Fabulous Fifth Grade

Fifth Graders are busy completing the end of the semester activities. In science, they are busy learning about mixtures and solutions. They have been separating mixtures, changing the concentration of liquids, saturating solutions, and performing small chemical reactions. American History has been the main focus in social studies. They are currently studying about explorers. In Language Arts and Reading the students have been practicing for the play, *The Christmas Carol*. Mrs. Bellows' class will perform on December 5, at 2:40 p.m.; Mr. Luce's class on December 6, at 2:40 p.m.; Miss Bubak's class on December 7, at 10:00 a.m.; and Mrs. Friesen's class on December 9, at 2:40 p.m. All of the performances are at York Elementary School in the Multipurpose Room. In math the students are working on multiplication of whole numbers and decimals. For a community service project, the fifth grade students call an older adult every day to make sure they are okay and don't need anything. At the end of November and the beginning of December, the 5<sup>th</sup> graders host a Telecare Tea where they get to meet their Telecare Friends and find out what it was like when they were younger and they also enjoy a snack with them.

## Important Info from the District Office

YPS constructed a new website this last summer and with that came several changes. One of the most significant changes that occurred is our notification system for when we have snow days or other emergency notices that we may need to communicate with our staff, students, parents, and patrons. We no longer have "Notify Me" and we will now be communicating these notices through the website ([www.yorkpublic.org](http://www.yorkpublic.org)), Facebook (York Public Schools), and Twitter (@YorkDukePower). Please utilize one of these avenues of social media to stay up-to-date on the happenings at YPS.

**For Parents, Guardians & Staff** we will be sending out messages using our Infinite Campus Emergency Messenger System. With our notification system, you will receive an email, a text message, or both, if we have your information. **\*\*Parents & Guardians\*\* -- PLEASE** be sure that we have your current and correct cell phone number and email address in our Infinite Campus system. You can do this by accessing your Parent Portal account and verifying the information there. If you do not have a Parent Portal account, PLEASE contact the school that your child attends and ask them to set one up for you or at least give them your current information so we can make every attempt to notify you if needed.

Weather related notifications will also be available on the York radio station - KTMX 104.9 FM and KAWL 1370 AM.

## REPORT CARD TIME

With the end of December, also comes the end of the second quarter/first semester. How quickly the days have gone! How exciting it is to see the progress students are making! Lots of learning is taking place in OUR building every day! Thank you for being part of this very important journey for your child!

**Important Dates:**

**3rd Grade Musical**

Thursday, December 8

**Slushie Days**

Friday, December 2

Friday, December 16

**Wendy's Night**

Monday, Dec 19

**5th Grade Programs**

5NB, Monday, Dec 5

5L, Tuesday, Dec 6

5AB, Wednesday, Dec 7

5F, Friday, Dec 9

**First Grade Fiesta**

Wednesday, Dec 21

**No School**

Thursday, December 22  
through

Wednesday, January 4

**School Resumes**

Thursday, January 5

**2016-2017 Y.E.S.**

**Meal & Milk**

Pricing Information

Breakfast:

Student: \$1.40

Guest: \$2.10

Lunch:

Student: \$2.65

Guest: \$3.45

## We Love Science, Scholarship Application

The Science Expo Committee has been given funds to assist presenters if needed for Science Expo project supplies. When applying for assistance you must give information about the science project and commit to completing and presenting your science project at Science Expo 2017. Applications will be available at the office. No assistance applications will be accepted after March 1. If the scholarship is granted, the supplies will be purchased by a Science Expo Committee member.

## Science Expo 2017

Calling ALL Scientists! Science Expo 2017 is **for you!** Come join us on an exciting science adventure! You don't have to do a highly sophisticated project in order to have a good one. A simple project can be as effective as a complex one. It's more important to demonstrate that you understand your project, are knowledgeable about your facts, and that you are excited about it! Information packets for Science Expo are located on the Information Rack outside of the office and they are also on the school website at [www.yorkpublic.org](http://www.yorkpublic.org). When you get on the site, go to the York Elementary School page and it's right on the main page. The entry forms are located on the information rack or on the website!

We are happy to help you make this fun! Be sure to look at the Science Expo Important Dates and Times that can be found in the newsletter! We are happy to help you make this fun! We offer a Learn about Science Expo Night, Information and Resource Nights and a Science Expo Help Night to help you be successful! If you have any questions, please contact Mrs. Bellows (5<sup>th</sup> Grade) or Mrs. Benjamin (1<sup>st</sup> Grade). We are excited to see many AMAZING science projects on March 21!

## Boost News

Do you know what a fractal is? The students in Crazy Eight Math club used repeating patterns to make larger geometric shapes with wax sticks. This week they are taking a walk on the wild side. They are going to learn what it is like to walk on four legs, six, or eight using numbers. Did you know that animals use patterns to keep from tripping over their feet? Remember to go to [BedtimeMath.org](http://BedtimeMath.org) for fun story problems to do with your kids each night.

Our robotics club completed their first simple bots. They are currently working on a more complex robot called the clawbot. While participating in robotics, students learn about gears, motors, following direction, problem solving, and trouble shooting. The students are currently working in self-paced groups to complete the clawbot.

Our caring/sharing/giving club is busy creating fun crafts for meals on wheels, organizing the lost and found area, and extending their thoughtfulness through writing notes of celebration to teachers and staff during their birthday month. It's more important to demonstrate that you understand your project, are knowledgeable about your facts, and that you are excited about it!

## A Moment for Music

The holidays are around the corner, and with it, holiday travel. Come join us on a musical journey with the York Elementary 3<sup>rd</sup> Graders as they present "Home for the Holidays." This musical is about a family traveling together to visit Grandma for Christmas. Along the way they have some disagreements, lots of laughter, and they help each other remember the true meaning of the season. The performance will take place on December 8, at 7:00 p.m. in the York High School Theater.

## P.E. Reminder

Athletic shoes for PE please!! Especially since kids will be wearing boots to school. "If they don't go on your feet, they go in your bag!" Thank You!!

1501 Washington  
Avenue  
York, NE 68467

PHONE:  
(402) 362-1414  
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(402) 362-5488

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Kris Friesen,  
Principal  
Ken Booth  
Assistant  
Principal

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**School Starts**

**8:20 AM  
School Ends**

**3:25 PM**

**Wednesday  
Early Dismissal  
2:10 p.m.**

**Reminder from  
PATT:**

PATT is accepting Box  
Tops, Labels for Educa-  
tion and Country  
Hearth and Village  
Hearth labels. We no  
longer take pop tabs,  
Sunny Delight labels or  
coke points. Thanks!!

## December Nurses Notes

### “Remember December”

**Remember . . . . .** It’s not too late for **flu shots!** Influenza peaks in the United States from December through February, but seasonal flu activity can begin as early as October and last well into May. Also, remember that it takes about two weeks after vaccination for the antibodies to develop in the body and provide protection against the flu. There are several places in York that offer walk-in clinics (no appointment necessary) and your insurance company may pay the nominal fee for the vaccination.

**Remember . . . . . Wash** your hands frequently and properly, do not touch your nose or eyes and sneeze into your elbow, not your hands. Stay away from people that are obviously sick and stay home from school if you are sick.

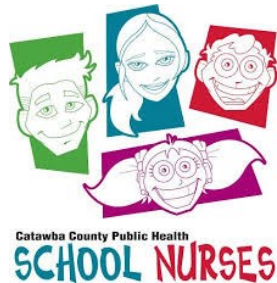
**Remember . . . . . To dress for the weather!** Winter is a time to dress in **layers**, and remember hats, gloves, scarves, warm socks and boots.

**Remember . . . . . Never share hats, combs, or brushes with friends or fellow classmates** because head lice are a very common problem among young children. They’re contagious, annoying and sometimes tough to get rid of! Always treat head lice quickly once they’re found because they can spread easily from person to person. The treatment consists of medicated shampoo, cream rinse to kill the lice. These may be over the counter (OTC) or prescription medications, depending on what treatments have already been tried. It is very important to follow the directions exactly because these products are insecticides. After treatments, your doctor will suggest combing out the nits (eggs) with a fine-tooth comb and also will recommend repeating the treatment in 7-10 days.

Winter is a wonderful time to be outside and enjoy the snow and every activity that cold weather brings, but always be **SAFE!**

Patti Vincent LPN  
Donelle Ellison RN BSN

402-362-1414



# **SCIENCE EXPO IMPORTANT DATES AND TIMES**

## **LEARN ABOUT SCIENCE EXPO 2017**

- Thursday, January 12 @ 5:30 – York Elementary

Come learn what the Science Expo is all about. We will watch a video of highlights from Science Expo 2016. We will have students bring and show some of their past projects and displays. We will go over information to get you started and prepared for Science Expo 2017.

## **INFORMATION & RESOURCE NIGHTS**

- Tuesday, January 17 @ 6:30-7:30 p.m. – St. Joseph Catholic School
- Monday, January 23 @ 6-7:30 p.m. – York Elementary School
- Tuesday, February 7 @ 6-7:30 p.m. - York Elementary School

Come any of these nights to get ideas from a variety of Science projects books, to use any of the library resources including the computers, or to get help from teachers and staff. A video of last year's Expo will also be available to watch.

## **HELP NIGHT**

- Monday, March 13 @ 6-7:30 p.m. –York Elementary School

Come with questions, get help with setting up your boards and finishing your projects, or use the computers.

## **ENTRY DEADLINE**

- Wednesday, March 8

## **SET-UP FOR SCIENCE EXPO**

- Monday, March 20 @ 3:30-6:30 p.m. (City Auditorium)
- Tuesday, March 21 (if special arrangements are made)

## **SCIENCE EXPO**

- Tuesday, March 21
  - student presenters must arrive by 5:45 p.m.
  - presentations to science experts 6:00 – 6:30 p.m.
  - Public viewing of science expo projects 6:30 – 7:30 p.m.

## **P.A.T.T. GROUP FOOD FEED**

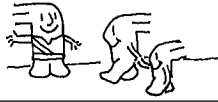
- Tuesday, March 21– Basement of Auditorium
  - serving from 5:00 – 7:30 p.m.

# Home & School CONNECTION<sup>®</sup>

Working Together for School Success

December 2016

York Elementary School  
NEWSLETTER



## SHORT NOTES

### Weather emergency kit

Let your youngster help you prepare for winter emergencies. Brainstorm what you might need if the power goes out or if you're stuck inside during a snowstorm. *Examples:* Flashlights, batteries, bottled water, canned goods, first aid kit. Together, put the items in a box and find a safe place to keep it.

### Thinking games

Stretch your child's thinking skills by playing Fortunately, Unfortunately. One person states a good event ("Fortunately, all the stoplights have been green"). The next player says a silly, but related, "bad" event ("Unfortunately, the law changed, and green means Stop"). Continue until you get stuck—then start over.

### Your child's digital footprint

It's tempting to post cute pictures of your youngster or tell funny parenting stories on social media—but first consider his feelings. And since his online trail will stick with him forever, think about how he'll feel when he's older. Get his permission before posting, or let him decide who will be able to see it (say, only relatives).

### Worth quoting

"Wishing to be friends is quick work, but friendship is a slow-ripening fruit." Aristotle

## JUST FOR FUN

**Q:** Why did the girl wear one mitten and one boot?

**A:** Because she heard there was a 50 percent chance of snow.



## Connect reading and writing

Reading will make your child a better writer—and vice versa. That's good news, because both will help her do well in every subject. Here are ways she can explore the link between reading and writing.

### Try genres

Introduce your youngster to a wide variety of books, from fairy tales and science fiction to graphic novels and biographies. Reading different genres will give her more options to think about—suggest that she branch out and try writing in one of those new genres.

### Collect "gems"

Have your child keep a notebook of her favorite parts of stories. She could choose interesting words or lines. She'll get in the habit of paying close attention



to the language that writers use, which will give her ideas for her own writing.

### Review books

Your youngster could be a budding book critic and write reviews about what she reads. She'll practice opinion writing and deepen her reading comprehension as she summarizes the plot. Encourage her to include details and quotes from the book to back up her opinions. ("The main character showed empathy when he said, 'I know what it's like to be the new kid in school.'")♥

## Volunteer success

Whether you're volunteering in your youngster's school or from home, consider these tips.

**Contact the teacher.** Let him know you'd like to help, tell him when you're available, and find out what he needs.

**Follow the rules.** Ask questions if you're not sure what's expected. For instance, are home-baked goods acceptable, or do treats have to be store-bought and sealed, with ingredients listed? Are younger siblings allowed to come along? What are the guidelines for keeping student information confidential?

**Enjoy the experience!** Volunteering is rewarding for parents, teachers, and students. Know that you're making a difference, and talk to your child about how you're helping out.♥



## A dependable child

Kyle's parents count on him to walk his little sister home from school. And Jamal's parents know he'll remember to set the table without being asked. These parents are raising dependable youngsters—and you can, too, with these suggestions:

- Talk to your child about who depends on you. You could say, "My company relies on me to be on time, so I have to leave for work now." Your youngster will see that being dependable is a part of life.



- When you need your child to do something, let him know you're counting on him. He'll be likely to meet your expectations if you say something like "I know I can depend on you to feed the dog."

- Show your youngster how good it feels to follow through when someone is relying on him. You might have him sign up to

work with a student who is learning English or who needs extra help with math. Use encouraging comments such as, "I know Julian looks forward to seeing you every day," or "I bet David is learning a lot from you."♥

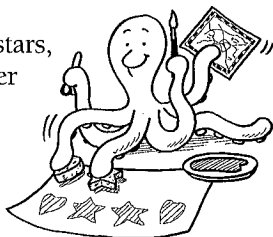
### ACTIVITY CORNER



## DIY wrapping paper

Let your child design homemade wrapping paper—and show thoughtfulness by personalizing each person's package. Try these ideas.

**Sponge stamps.** Help your youngster cut apart large brown paper bags. Then, she could cut sponges into stars, hearts, or other shapes, and dip them into paint. Suggest that she stamp them onto the paper in a pattern (heart, star, star, heart, star, star).

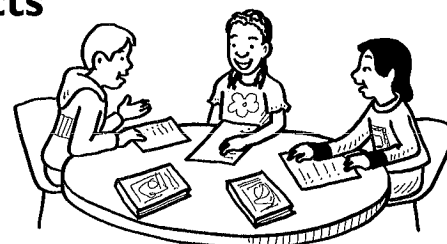


**"Mapping" paper.** Have an old atlas? Your child might cut out maps and tape them together to make sheets of wrapping paper. If she's sending a gift to a relative in another state or country, she could select a map of that place.

**Artwork.** Who wouldn't love to receive your youngster's original artwork? Ask her to wrap a few gifts in her own paintings or sketches.♥

## Navigating group projects

Learning to work on assignments as a group is an important part of school. Share this advice for helping your youngster succeed with projects and presentations.



### Get input

Everyone in the group should give input. Your child might get quieter members to express their opinions by asking, "Which format do you like for our presentation?"

### List duties

At the first meeting, one person can write and distribute a list of responsibilities, including due dates for each task. That way, everyone will remember what they're supposed to do.

### Update each other

During follow-up meetings, group members should give updates on their progress and brainstorm solutions to any problems. If anyone is falling behind, other members could offer support or ideas.♥

## Q & A Be your own "CEO"

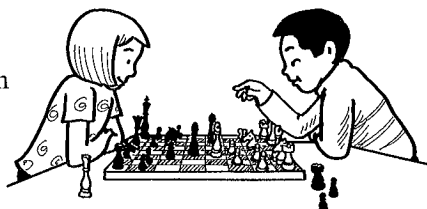
**Q:** I've been hearing a lot lately about executive function skills. What are they, and should I be helping my son work on them?

**A:** These skills let your child manage himself, like an executive overseeing the operations of a company or an air-traffic controller directing flights for landing. A student with good executive function skills is able to juggle tasks, plan

ahead, stay organized, and make decisions about his actions.

You could help your son sharpen these skills with strategy games. For example, chess is ideal because players must plan several moves in advance and consider multiple possibilities. Or try 20

Questions, since players have to keep in mind answers to all previous questions as they decide what to ask next.♥

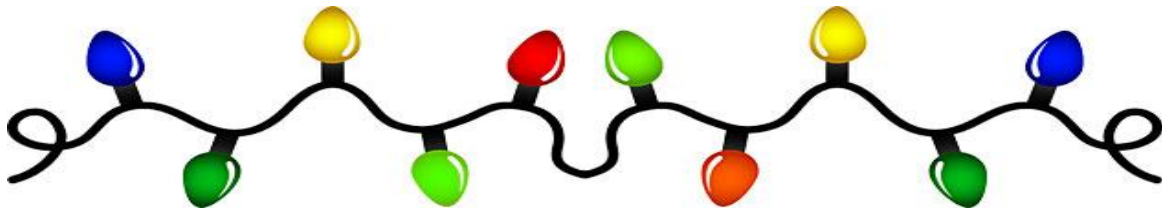


### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
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ISSN 1540-5621



**TUESDAY, DECEMBER 6<sup>th</sup> = "Evening Extravaganza" at York High School**

5:00-6:45 ***BAND BOOSTERS \$5 SOUP SUPPER in YHS Gym Commons***



5:00-6:30 ***OPEN HOUSE in YHS Welding Shop and Animal Science Lab***



6:00-6:45 ***Technology Seminar for Adults in YHS Media Center  
(Learn about Twitter and Digital Citizenship Issues)***



7:00 ***YMS/YHS CHRISTMAS BAND CONCERT in YHS Theater***

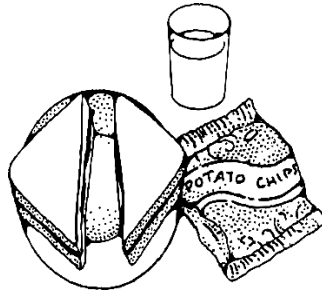




# **LUNCH & LEARN with York Public Schools**

*York Public Schools District Office*

**Thursday, December 8<sup>th</sup> from 12:00-1:00 PM**



- Held at the YPS district office (east side of YHS campus) from 12:00-1:00
- ALL YPS parents, grandparents, and patrons are invited (Come One – Come All)
  - Sandwich bar, chips, cookies, and water bottles will be available for **FREE**
    - Please RSVP to [mike.lucas@yorkdukes.org](mailto:mike.lucas@yorkdukes.org) by December 6<sup>th</sup>

12:00-12:10

- Introductions, go through food lines, and settle in

12:10-12:20

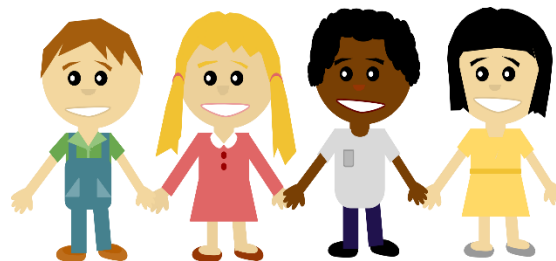
- **“TITLE I”** – YES staff will provide an informative overview of our Title I services and show how student achievement data is used to determine level of instruction

12:20-12:40

- **“Career Academies and Work Certification at YHS”** – YHS staff will provide updates on the various programs we offer to provide career exploration and preparation for the work force

12:40-12:55

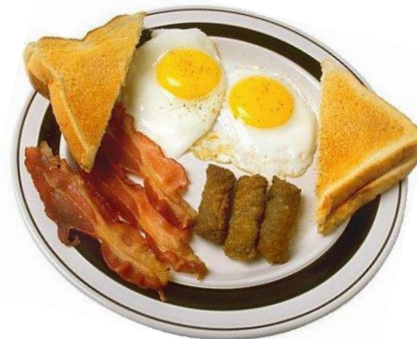
- **“Digital Citizenship”** – YPS staff will explain some of the strategies and techniques used to stress the importance to our students of how to be responsible with the use of social media and technology



*We plan to host one of these each quarter on a variety of topics...we hope to see you on December 8<sup>th</sup> ....bring a friend!*



# SLOW-COOKER BREAKFAST IDEAS!



Tuesday, December 13, 2016

12:00 pm- 1:00 pm

Lower level of P.L.A.Y

225 West 5<sup>th</sup> St York NE

- *Sponsored by York Minority Health Partnership*
- *Funded by the office of minority health and health equity*
- *Raffle drawing of 4 slow cookers and recipe cards!*

- Please join us while the York Minority Health Partners bring you healthy, easy, and tasty breakfast recipes.
- This event is for ALL families in the York County
- Childcare and Lunch provided



# Ideas para el Desayuno! en la Olla de cocción lenta



Martes 13 de Diciembre, 2016

12:00 pm- 1:00 pm

En el sótano del Head Start

225 West 5<sup>th</sup> St York NE

- *Patrocinado por la Asociación de Salud para Minorías en York*
- *Financiado por la oficina de salud de las minorías y la igualdad en Salud*
- *Rifaremos 4 ollas de cocimiento lento y tarjetas de recetas!*

- Por favor ven a disfrutar con nosotros, las fáciles, sabrosas y sanas recetas para el desayuno que nos trae York Minority Health Partners.
- Este evento es para todas las familias del Condado de York
- Tendremos cuidado de niños y bocadillos



# December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 2 & 4 Red K-1-3-5 Purple	<b>2</b> 2 & 4 Blue K-1-3-5 Green  <b>SLUSHIES</b>	<b>3</b>
<b>4</b>	<b>5</b> 2 & 4 Orange K-1-3-5 Red <b>Bellows' Christmas</b> Carol 2:40	<b>6</b> 2 & 4 Purple K-1-3-5 Orange <b>Luce's Christmas</b> Carol 2:40	<b>7</b> 2 & 4 Green K-1-3-5 Purple <b>Bubak's Christmas</b> Carol 10:00	<b>8</b> 2 & 4 Red K-1-3-5 Green <b>3rd GRADE MUSICAL</b> 7:00, YHS THEATER	<b>9</b> 2 & 4 Blue K-1-3-5 Red <b>Friesen's Christmas</b> Carol 2:40	<b>10</b>
<b>11</b>	<b>12</b> 2 & 4 Orange K-1-3-5 Orange <b>2M to Wessels Farm</b>	<b>13</b> 2 & 4 Purple K-1-3-5 Purple	<b>14</b> 2 & 4 Green K-1-3-5 Green	<b>15</b> 2 & 4 Red K-1-3-5 Red <b>2G to Wessels Farm</b> <b>K-Eldred's Christmas</b> Coffee 9:30 Y.E.S. MPR	<b>16</b> 2 & 4 Blue K-1-3-5 Orange <b>2C to Wessels Farm</b> <b>2G, 2Han, 2Har, 2M</b> Gingerbread Houses <b>SLUSHIES-DECEMBER 8-DAYS</b>	<b>17</b>
<b>18</b>	<b>19</b> 2 & 4 Orange K-1-3-5 Purple <b>2Har to Wessels Farm</b> <b>WENDY'S NIGHT</b> OUT	<b>20</b> 2 & 4 Purple K-1-3-5 Green <b>2Han to Wessels Farm</b> <b>2C</b> Gingerbread Houses	<b>21</b> 2 & 4 Green K-1-3-5 Red <b>1st Grade Fiesta</b>	<b>22</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>23</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>24</b>
<b>25</b>	<b>26</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>27</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>28</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>29</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>30</b>  <b>CHRISTMAS</b> <b>BREAK</b>	<b>31</b>

The 5<sup>th</sup> grade classes will be performing "A Christmas Carol" and will begin promptly at the times listed above. They will perform in the Y.E.S. multipurpose room. **SCHOOL WILL RESUME ON JANUARY 5<sup>TH</sup>, 2017!!!**





## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



## Fruit and Juice Available Every Day

Start your day off right

## Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

## Stop & Go Breakfast-High School Only

**STOP** by the cafeteria. Bag your breakfast, and **GO** on with your day!



### Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams

Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

## Breakfast Meal Prices & Extras

Student Breakfast	\$1.40
Adult Breakfast	\$2.10
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
5 A. Breakfast Pizza and Toast B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	6 A. Egg & Cheese Biscuit B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	7 A. Iced Long John B. Cereal Choices and Toast Juice Choices Apple Wedges Milk Choices	1 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Peaches Milk Choices	2 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices
12 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices	13 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	14 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	15 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices	16 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices
19 A. Breakfast Pizza and Toast B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	20 A. Egg & Cheese Biscuit B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	21 A. Fresh Baked Cinnamon Rolls B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices	22 <b>NO SCHOOL</b>	23 <b>NO SCHOOL</b>
26	27	28	29	30



**Questions or comments** - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com  
Applications for Free and Reduced price meal are available in all building offices.

*This institution is an equal opportunity provider and employer.*



Lunchtime Solutions, Inc.

### Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

*Each student is now required to have 1/2 cup of fruits or vegetables on their tray.*



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

### Other Entrée Choices Available Daily:

#### C. Sub/Salad/Sandwich Entrées

- M Sandwich Choice
  - T-Th Sub Sandwich Choice
  - W Entrée Salad Choice
  - F Wrap or Sub Sandwich Choice
- Choices vary. See menu board for details.*


### Lunch Meal Prices & Extras

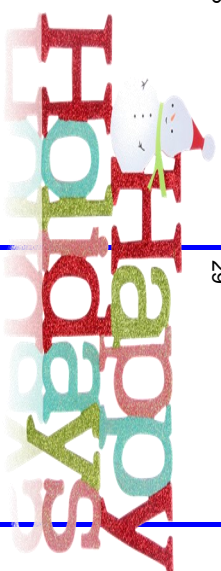
ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

### Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or [mitch@lunchtimesolutions.com](mailto:mitch@lunchtimesolutions.com).

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
5 A. Cheeseburger B. Chicken Florentine Pasta  Green Beans	6 A. Taco in a Bag B. Hot Dog  Chili Lime Corn Cinnamon Bread Stick	7 A. Meatloaf Dinner Roll B. Crispy Chicken Nuggets Dinner Roll Roasted Beets Mashed Potatoes with Gravy  	8 A. Home-style Lasagna B. Grilled Chicken Sandwich  Candied Carrots Chocolate Chip Cookie	9 A. Pizza B. Toasted Cheese Sandwich and Tomato Soup  Baked Beans
12 A. Cheeseburger B. Orange Chicken Over Rice  Green Beans	13 A. Italian Dunkers With Marinara B. BBQ Rib Sandwich  Candied Carrots Chocolate Chip Cookie	14 A. Home-style Tater Hot Dish Dinner Roll B. Hot Dog  Mixed Vegetables	15 A. Baked Ham Dinner Roll B. Crispy Chicken Nuggets Dinner Roll Scalloped Potatoes Golden Corn Decorated Holiday Cookie	16 A. Pizza B. Baked Breaded Fish Sandwich  Baked Beans
19 A. Chicken Fajita B. Pork Fritter Sandwich  Black Beans	20 A. Home-style White Bean Chicken Chili And Crackers B. Corn Dog  Golden Corn Frosted Cinnamon Roll	21 A. Crispy Chicken Nuggets B. Breaded Beef Patty  Mashed Potatoes with Gravy	22 <b>NO SCHOOL</b>	23 <b>NO SCHOOL</b>
26	27	28	29	30



*This institution is an equal opportunity employer and provider.*