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York Elementary School Monthly Parent Newsletter

Classroom Happenings.....

Fearless First Grade

First graders have been busy learning all about Matter! Make sure to ask students what they know regarding solids, liquids, and gases. The students will also start to learn about how matter changes. Students have been busy working on opinion writing as well and learning how to write an opinion paragraph with a topic sentence, supporting reasons, details, and a closing sentence. WOW! The first graders are also working on building math fluency through various different math games that reflect the concepts of teen numbers, adding two digit numbers with regrouping, and math facts. The students have loved having Everest visit and are always eager to read to him and give him some love!

Thrilling Third Grade

2017 has had a great start for 3rd graders. We are working on geometry in math class, busy making parallelograms and finding area and perimeter. In Unit Studies we are doing lots of experiments on light energy. We are also gearing up for NeSA time. Just ask us what some figurative language sayings are and we can be sure to tell you if it is a simile, metaphor, or even an onomatopoeia! We are especially working hard on AR this quarter so that we can go bowling! Whatever we are working on, we can guarantee we are working hard and doing our very best!

Fabulous Fifth Grade

5th grade has been working hard this semester to improve and grow! One great opportunity to watch their talents at work will be at their musical program on Thursday, February 9th. They have been working hard to memorize lines and fine tune their songs! The musical is under the direction of Mrs. Jen Niemann.

During Math, 5th grade has completed our unit on division with one digit divisors, two-digit divisors, and even dividing when there is a decimal in the answer. Our current unit covers graphing and probability. The next chapter will be centered around algebra, patterns, and coordinate graphs. In Reading, students are increasing their vocabularies and working on their comprehension skills through the reading of a variety of fiction and nonfiction texts. Exploding Ants is an upcoming favorite informational story!

In Language Arts, students are continuing to learn strategies for spelling words. A strategy 5th grade has used a lot in this quarter is chunking. Chunking helps students hear and spell smaller parts of a word in order to spell the word as a whole. Take the word unfortunate for instance. Students can chunk it, "un for tun ate," in order to spell the entire word. Support your child in finding good study skills while learning new spelling words and remind them to chunk!

Also in Language Arts, fifth grade students are also working hard reviewing the parts of speech and being able to identify them! Thus far, students can identify nouns, action verbs, linking verbs, helping verbs, conjunctions, and prepositions. Coming up next are pronouns, adverbs, and adjectives!

The fifth graders are studying the movement of the sun, moon, and stars in Science. We have learned about the phases of the moon and the movement of the stars in the night sky. The solar eclipse coming on August 21, 2017 to York, Nebraska has been an exciting topic for the students. Our next unit will investigate motion and force.

In Social Studies, students have been exploring American History and have covered units over explorers and colonization. We are now discovering why the colonies wanted to be independent from England and how the 13 Colonies won the American Revolutionary War. Students have been adding to their interactive notebooks and will have a great takeaway at the end of the year to reflect on their learning for years to come.

Important Dates:

Kindergarten

Registration

Mon, Feb 6 (A-E)

Tues, Feb 7 (F-J)

Wed, Feb 8 (K-O)

Thurs, Feb 9 (P-T)

Fri, Feb 10 (U-Z)

Also Tuesday evening,
5-7 pm

York County Spelling Bee

Wednesday, February 1

5th Grade Musical

Thursday, February 9

Slushie Days

Friday, February 3

Friday, February 10

Parent/Teacher Conferences

Wednesday, February 15

Thursday, February 16

Friday, February 17

No Kindergarten

Friday, February 24

No School

Friday, February 17

Monday, February 20

Wendy's Community Night

Monday, February 20

2016-2017 Y.E.S. Meal &
Milk Pricing Information

Breakfast:

Student: \$1.40

Guest: \$2.10

Lunch:

Student: \$2.65

Guest: \$3.45

Milk only: \$.45

Boost News

Boost students seem to love the club concept this year. We have offered a large variety of things including Vex Robotics, Mad Science Club, Crazy 8 Math Club, Gamers Club, Coding, Character Building, Caring, Sharing, and Giving Club, as well as tutoring and homework help.

Caring Sharing and Giving Club has been busy making cookie snowmen for meals on wheels. They continue to take care of lost and found keeping it organized and taking recycling out from each class area to the recycling container. They have put their recycling support into action by using old CD's to make sun catchers. Additionally they have made melted snowmen with tea lights and many other cool crafts. This week they are making their own design with beads and I melt them with an iron, they have had some really neat ideas.

Science Club has been taking on a few engineering design challenges. The first week the second graders built houses out of popsicle sticks, straws, and sugar cubes. Each house withstood the big bad wolf's huffing and puffing. Now the second graders are building cars powered by balloons. The third through fifth graders have just completed their first engineering challenge. Each team of engineers were faced with building a boat out of ten straws, plastic wrap, and duct tape. The boat had to stay afloat and upright while holding twenty five pennies. Some of our boat designs were a success while other boat designs required a few modifications.

Planning has begun for fourth quarter clubs as well as our six week summer program. Our summer program enrollment forms will be available after spring break. Look for enrollment information in March. Summer Boost will begin May 30 and run through July 7. We will not have summer program on July 3-4.

A Moment for Music



Come join the York Elementary 5th graders on a musical journey around the world as they present, "A New World." The theme of this program is a reminder and celebration of our role in our community as well as from a global perspective. The lyrics are set to musical styles from various countries and cultures around the world. The performance will take place on February 9 at 7:00 p.m. in the York High School Theater. The 5th graders are very excited to share this with you, and we hope you can join us!

Calling all piano teachers!

If you are a piano teacher, or know of one who is looking for more students, please let me know. Parents come to me each year seeking a piano teacher, but I am not sure who gives lessons in the York area. If you are willing, please get your information to me, and I will help pass it on to those who are looking. I can be reached at 402-362-1414 or jen.niemann@yorkdukes.org. If you currently take piano lessons, you might consider passing this on to your piano teacher in case they would like to share their contact information. Thanks for your help in connecting current teachers with prospective students!

1501 Washington
Avenue
York, NE 68467

PHONE:
(402) 362-1414
FAX:
(402) 362-5488

Kris Friesen,
Principal
Ken Booth,
Asst. Principal

School Starts

8:20 AM

School Ends

3:25 PM

Wednesday

Early Dismissal

2:10 p.m.

**Reminder from
PATT:**

We are accepting
only Box Tops,
Labels for
Education and
Country Hearth and
Village Hearth
Labels
Thanks for your
support!

Preventing the Flu: Good Health Habits Can Help Stop Germs



The **single best way to prevent seasonal flu is to get [vaccinated](#)** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are [flu antiviral drugs](#) that can be used to treat and prevent flu.

1. Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

2. Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

3. Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

4. Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

5. Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

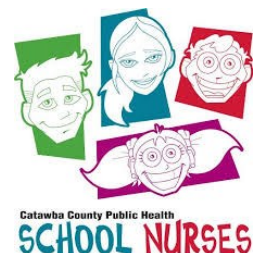
6. Practice other good health habits.

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Donelle Ellison RN BSN

Patti Vincent LPN

402-362-1414



February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2 & 4 Purple K-1-3-5 Purple	2 2 & 4 Green K-1-3-5 Green	3 2 & 4 Red K-1-3-5 Red Slushies	4
5	6 2 & 4 Blue K-1-3-5 Orange	7 2 & 4 Orange K-1-3-5 Purple	8 2 & 4 Purple K-1-3-5 Green	9 2 & 4 Green K-1-3-5 Red 5th Grade Musical 7:00 YHS Theater ---Below-----	10 2 & 4 Red K-1-3-5 Orange Slushies	11
	←-----	-----Kindergarten--	Registration-----See		-----→	
12	13 2 & 4 Blue K-1-3-5 Purple	14 2 & 4 Orange K-1-3-5 Green	15 2 & 4 Purple K-1-3-5 Red	16 2 & 4 Green K-1-3-5 Orange	17 No School YES P/T Conferences	18
			P/T Conferences	P/T Conferences		
19	20 No School YES Wendy's Night Out	21 2 & 4 Red K-1-3-5 Purple	22 2 & 4 Blue K-1-3-5 Green	23 2 & 4 Orange K-1-3-5 Red	24 2 & 4 Purple K-1-3-5 Orange NO KINDERGARTEN Kindergarten Round Up 9:00-11:00	25
26	27 2 & 4 Green K-1-3-5 Purple	28 2 & 4 Red K-1-3-5 Green				
Kindergarten Registration: Monday, February 6 th - last names beginning with A,B,C,D,E Tuesday, February 7 th - last names beginning with F,G,H,I,J Wednesday, February 8 th - last names beginning with K,L,M,N,O,P Thursday, February 9 th - last names beginning with Q,R,S,T,U Friday, February 10 th - last names beginning with V,W,X,Y,Z						

Home & School CONNECTION[®]

Working Together for School Success

February 2017



York Elementary School
NEWSLETTER

SHORT NOTES

On time every day

Arriving at school on time allows your child to settle in and take full advantage of every learning activity. Let him take the lead on this important responsibility by teaching him to set an alarm. *Tip:* Suggest that he place the clock across the room so he has to get out of bed to switch it off.

A “mind rehearsal”

Have your youngster “practice” challenging situations in her mind to boost her confidence. Before a cheerleading competition, for example, she could picture herself nailing her routines. Or if a big test is coming up, she might imagine staying calm and answering questions to the best of her ability.

Field trip learning

When you sign a field trip permission slip, show interest—you’ll inspire your child to learn more from his outing. Ask him to predict what he will see and learn. Together, look up the destination online or in books, and say something like, “I can’t wait to hear which instrument is your favorite at the symphony.” Then, follow up with him afterward.

Worth quoting

“Life’s most persistent and urgent question is, ‘What are you doing for others?’” *Martin Luther King, Jr.*

JUST FOR FUN

Q: Why can’t you tell a joke while standing on ice?

A: Because it might crack up.



Great graphic organizers

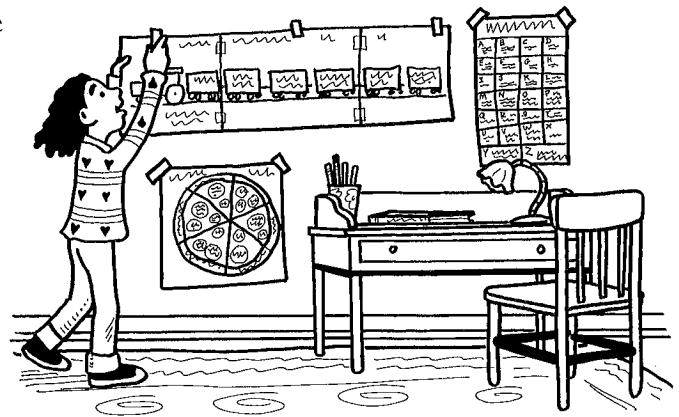
Organizing information in creative ways can make studying more interesting and productive for your youngster. Encourage her to try these graphic organizers—and to invent some of her own!

Cars in a train

Drawing a train is one way to understand and study steps in a process or events in a sequence, such as the parts of the scientific method or the plot of a novel. Suggest that your child label each train car with a step (“Ask a question,” “Make a hypothesis”) and add a picture to illustrate it.

Toppings on a pizza

Have your youngster draw a pizza to visualize facts. On each slice, she should write a category of information (*example:* “Lewis and Clark,” “Cartier,” and so on for a quiz on explorers). She can draw toppings (pepperoni, mushrooms) and put a fact on each one. On the Lewis and



Clark “pepperoni,” she might write, “Started in St. Louis” and “Ended at the Pacific Ocean.”

Letters of the alphabet

Let your child divide a sheet of paper into 26 squares and label them A–Z. Then, she could write a fact that begins with each letter. If her topic is habitats, she can define *desert* in the D square and *rain forest* for R. Being creative with less-common letters will get her thinking more deeply about the material (“Quick temperature drops happen at night in the desert” for Q).♥

Respect all around

Every day, there are plenty of opportunities for your child to show respect for others. Here are examples.

● **At home...** The dinner table is a great place to start. Teach your youngster to thank the cook. He’ll show respect for the person’s time and care in preparing the food.

● **In school...** Encourage him to be respectful of other children’s backgrounds by learning greetings in the languages they speak at home.

● **In your community...** Explain that shoppers respect store employees by not creating extra work for them. If you decide you don’t need an item in your cart, help your child return it to where it belongs. After you load groceries into your car, have him walk with you to return the cart.♥



Keep screen time in check

Do you worry that your child spends too much time in front of a screen? Do you wonder how he could best use technology? Consider this advice for helping him to balance screen time with other activities and to make the most of the time he does spend on electronics.

Aim for a mix. Together, look for ways to balance screen time with schoolwork, active play, and



family time. Make rules about where and when your youngster uses a computer, tablet, smartphone, or video game (say, in the living room after homework is finished). Have him set a timer while he uses a device—when it goes off, it's time to go out and play or help you prepare dinner, for example.

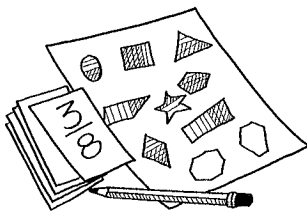
Use technology as a tool. Encourage your child to regard a device as a tool to use for specific purposes. He might download an astronomy app to help spot constellations in the night sky or a birding app to identify bird calls during a hike. He'll learn to rely on technology for real-life purposes.♥



ACTIVITY CORNER Fraction art

Your youngster can practice identifying and representing fractions by creating this colorful mosaic with you—fraction by fraction.

Materials:
pencil, paper, index cards, crayons



1. Let your child draw 10 geometric shapes on a sheet of paper, such as circles, squares, rectangles, triangles, trapezoids, and pentagons.
2. On separate index cards, have her write any 12 fractions (examples: $\frac{1}{2}$, $\frac{1}{3}$, $\frac{1}{4}$, $\frac{2}{6}$, $\frac{3}{8}$). Shuffle the cards, and stack them facedown.
3. Take turns flipping over a card (say, $\frac{3}{8}$). Pick a shape, and color in that fraction on the shape (draw lines to divide it into 8 equal parts, and color 3 parts).
4. When you've used all the cards, shuffle and keep going. Continue until you've filled as many shapes as possible.

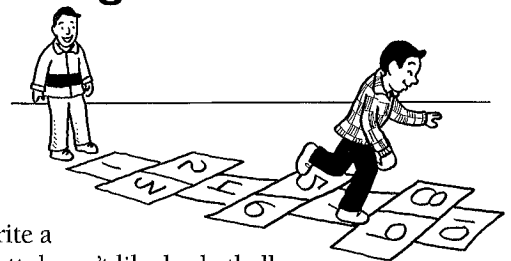
Note: If you get a fraction that isn't available to color, turn over cards until you select one you can use.♥

PARENT TO PARENT

Overcoming shyness

My daughter Gabrielle has always been shy and quiet around people she doesn't know well. This year, her teacher told me she was worried because Gabrielle rarely speaks in class.

We met with the school counselor, who had some good advice. For example, I'm trying to let Gabrielle speak for herself rather than jumping in to "rescue" her. When someone asks her



name, I smile at her and wait instead of saying it for her. I'm also encouraging her to order her food in restaurants and to speak up at places like the hair salon and the dentist's office.

The counselor helped Gabrielle set a goal of raising her hand to answer a question at least once a day. We're having fun practicing by playing school at home—and her teacher just sent home a note saying she's seeing a little progress!♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
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www.rfeonline.com
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Breakfast Choices

- Available every day, breakfast includes:
- Breakfast entrée or Choice of cereals with toast
 - Fruit
 - 100% Fruit Juice
 - Milk choices



Fruit and Juice Available Every Day

Start your day off right

Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop & Go Breakfast-High School Only
STOP by the cafeteria. Bag your breakfast, and **GO** on with your day!



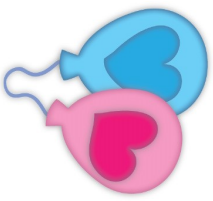
- Pancake or French Toast Minis
 - MiniCinis
 - Frudel
 - Yogurt with Goldfish Grahams
- Includes: Fruit and 100% juice choice and milk
 This breakfast is available for students that qualify for free or reduced price meals.

Breakfast Meal Prices & Extras

Student Breakfast	\$1.40
Adult Breakfast	\$2.10
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

	Mon	Tue	Wed	Thu	Fri
	6 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Sliced Pears	7 A. Sausage Gravy Over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	8 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choice Mixed Fruit	9 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches	10 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce
	13 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	14 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Applesauce	15 A. Yogurt with Goldfish Grahams B. Cereal Choices and Toast Juice Choices Peaches	16 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit	17 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears NO SCHOOL-YMS/YES
	20 A. Pancakes with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit	21 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	22 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges	23 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Applesauce	24 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
	NO SCHOOL-YMS/YES				
	27 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	28 A. Iced Long John B. Cereal Choices and Toast Juice Choices Mixed Fruit			



Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com
 Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entrée Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.


Lunch Meal Prices & Extras

ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP	Fruit & Veggie Bar		\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or mitch@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
6 A. Home-style Cheese Quesadilla and Chicken Enchilada Soup B. Corn Dog Golden Corn	7 A. Chicken Fajita B. Pork Fritter Sandwich Black Beans Frosted Cinnamon Roll	1 A. Grilled Chicken Sandwich B. Home-Style Lasagna Candied Carrots Chocolate Chip Cookie	2 A. Meatloaf and Dinner Roll B. Crispy Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	3 A. Pizza B. Toasted Cheese Sandwich and Tomato Soup Roasted Ranch Garbanzo Beans 
13 A. Cheeseburger B. Orange Chicken over Rice reen Beans	14 A. Grilled Chicken Sandwich B. Super Nachos Refried Beans Sugar Cookie	8 A. Crispy Chicken Nuggets B. Breaded Beef Patty Mashed Potatoes with Gravy	9 A. Home-style Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans Gelatin	10 A. Pizza B. Taco Burger Peas
20 NO SCHOOL	21 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich Chili Lime Corn Carnival Cookie	15 A. BBQ Rib Sandwich B. Italian Dunkers with Marinara Sauce Candied Carrots	16 A. Hot Dog B. Home-style Tater Hot Dish and Dinner Roll Mixed Vegetables Chocolate Chip Cookie	17 NO SCHOOL
27 A. Cheeseburger B. Home-style Chicken Stew over Fresh Baked Biscuit Mixed Vegetables	28 A. Scalloped Potatoes with Ham and Dinner Roll B. Hot Dog Golden Corn Chocolate Chip Cookie	22 A. Chicken Nuggets and Dinner Roll B. Home-style Turkey & Gravy and Dinner Roll Mashed Potatoes with Gravy	23 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs Green Beans Sugar Cookie	24 A. Sloppy Joe B. Pizza BBQ Beans

