March, 2017

Volume 13, Issue 7



### Y.E.S. Indeed!

### York Elementary School Monthly Parent Newsletter

### Classroom Happenings....

### Kindergarten Corner....

Kindergarten will have a busy March!. We have been doing a lot of reading with our families at home and will soon celebrate with a grade level trip to Burger King! Each class has been earning pennies for the books read at home and our big celebration will be breakfast out on March 15. We will continue to learn new sight words in class and read more little readers at school.

We will also be working on addition and subtraction as well as building teen numbers.

We are looking forward to the first day of spring and hopefully many warm recess days in the near future!

### Second Grade Snippets....

\*Reading- If your child has not completed their AR goal of reading 6 books this quarter they have until March 10th to make their goal. Keep reading!!

\*Math- Students have been learning about telling time and making picture graphs and bar graphs. Next up, they will go back to work on 3-digit adding and subtracting.

\*Science-We are finishing up our unit on food groups. We will then begin our ever popular unit on reptiles and dinosaurs. Students will learn about different types of dinosaurs, fossils, and discuss theories on why dinosaurs became extinct. If you really want to impress your 2nd grader, try out this joke!

Q: What do you call a fossil that doesn't ever want to work? A: Lazy bones!

### Fourth Grade Fun....

Our genre focus for the month of March is Tall Tales.

We will be having presentations given to all classes in March by Tanya Crawford from the Extension Office. These will be about nutrition and eating healthy. Students will be making a healthy snack!

### Reading Week....Dress Up Days!!!

Tuesday, March 7- I don't want to get up today! Wear your PJ's today!
Wednesday, March 8- Fox in Socks Day! Wear your crazy socks!
Thursday, March 9- We LOVE books! Dress like your favorite book character!
Friday, March 10- School Spirit Day!

### Science Expo Reminder!!

A reminder that the Science Expo deadline is March 8! Science Expo is for students that are in Kindergarten to 5th Grade! Don't miss out on all of the fun and excitement of doing a science project! We have one more help night on March 13, from 5:30-6:30. Please note the change in time! Come on that night with questions, get help with setting up your boards and finishing your projects, or you can use the computers. Science Expo is on March 21, and set-up is the day before on March 20, at the York City Auditorium! We are excited to see all of the science

projects! Science RULES!

### What's Inside...

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### **Important Dates:**

### No Kindergarten

Friday, March 10

### No School

### **Spring Break**

Thursday, March 2 Friday, March 3 Monday, March 6

### Wendy's Community Night

Monday, March 20

### **Slushie Day**

Friday, March 17 Friday, March 31

### **Daylight Savings Time**

Sunday, March 12

### Science Expo

Tuesday, March 21

### 4th Grade Recorder Concerts

Friday, Mar 10, **4C** 

Monday, Mar 13, 4S

Tuesday, Mar 14, 4P

Thursday, Mar 16, 4K

Friday, Mar 17, 4L

2016-2017 Y.E.S. Meal & Milk Pricing Information

Breakfast:

Student: \$1.40

Guest: \$2.10

Lunch:

Student: \$2.65

Guest: \$3.45

Milk only: \$.45



During the month of February the Caring/Sharing/Giving club made Valentine's. We crafted picture frames to hold portraits of us blowing hearts. On Flag Day the students painted a Flag. In addition, we continued to create treats for meals on wheels, gather recycling from around the building and kept the lost and found looking nice and tidy so students can find the things they have misplaced. If anyone is missing a hat or mittens they should look in the lost and found bins.

Two groups that are part of our program are Wednesday Book Club and Extended Study Club. Wednesday Book Club has been going great. Students that attend Book Club have the opportunity to read with and to adults. This club is building confident readers and expanding comprehension skills during an extended learning time. Extended Study Club students are building reading and math skills with Mrs. Johnson. The clubs give students an additional chance to look at certain math and reading skills from the prospective of another teacher. It's like a double dip ice cream cone. GOOD STUFF!!!!

Do you know what rocket, water balloon, ship, and shot put have in common? They are all things you can launch. After the Super Bowl the second grade design squad had to invent a device that could launch a cloud of confetti. They were all successful and met the challenge. The third through fifth grade design squads have been designing tables out of rolled up newspaper and cardboard. The table had to be able to support a heavy book for ten seconds. Most of our design squads discovered how important it is to brace your table legs properly to hold heavy loads. Both design squads will be designing zip lines this next couple of weeks and learning what angles make the fastest zip line.

After school Crazy 8's Math club helps kids enjoy the math behind their favorite activities. We are nothing like your usual math club. We build glow-in-the dark structures, crack secret spy codes, and play games.

Book Club meets Wednesdays from 2:10-3:25 to help students meet their Accelerated Reading goals. Students can read their book, take AR tests and support is given by staff when needed. It's great to see students working hard and finding success. Book Club rocks!!

ESC (Extended Study Club) is for 3rd,4th,and 5th grade students to gain extra practice with math and/or reading skills. Students are given 30 minutes of direct instruction, 30 minutes of computer practice, and 30 minutes to work on homework. Mrs. Johnson uses the direct instruction time to work on skills students are needing and also skills taught in the classroom.

Fourth quarter club enrollment is open and ready for parents to help their students choose clubs. Go to <a href="http://yps21cclc.wixsite.com/21cclc">http://yps21cclc.wixsite.com/21cclc</a>, choose Club Information at the top right and you will find fourth quarter club options.

Summer enrollment forms will be added to <a href="http://yps21cclc.wixsite.com/21cclc">http://yps21cclc.wixsite.com/21cclc</a> on March 13th. Summer enrollment is on a first come first serve basis. Please enroll early so we can be prepared for a super summer program. We will cut off Summer enrollment <a href="May 16, 2017">May 16, 2017</a>.

1501 Washington
Avenue

York, NE 68467

PHONE:

(402) 362-1414 FAX:

(402) 362-5488

Kris Friesen,
Principal
Ken Booth,
Asst. Principal

School Starts 8:20 AM School Ends 3:25 PM

Wednesday
Early Dismissal
2:10 p.m.

### Reminder from PATT:

We are accepting only Box Tops,
Labels for Education and Country Hearth and Village Hearth Labels
Thanks for your support!

### Nurse Notes — Cell Phone Safety Tips

Once upon a time... kids would have to go outside to play a game with friends, get up to change the TV channel manually, and would have to walk 3 miles to school—uphill, both ways. A little further down the road, kids have access to newfangled technology and their parents are struggling to keep up with it all.

If you're the parent of a tween you may already be familiar with the pressure, but still the numbers are still shocking:

56% of tweens (ages 8 through 12) own a cell phone!

A large group of parents were asked what age would be appropriate for a child to get their first cell phone. 22% of those parents felt that 10 was a good age!

If you haven't been asked the following question yet... get ready, it's coming very soon.

Mom/Dad, Can I Have a Smart Phone?"

In all honesty, it becomes harder and harder to say no. We all remember being on the other end of "but everyone else has one," and how frustrating it felt when your parents didn't understand. We try to understand because we remember feeling excluded from our generation, and we don't want to put our kids through that same torture.

It is a good idea to set up a cell phone contract with your tween, here is an example:

Cell Phone Contract for a Tween:

- I do not own this phone. My parents are awesome, and they are giving me the privilege of using this phone.
- Nothing is free. This phone, and the ability to use it, costs money. I will work hard to earn this privilege.
- (Prepaid phones / limited texts are a good idea for tweens) I will not exceed my limit for monthly calls or texts.
- I will take care of my phone. If I break it, I have to replace it. If I lose it, I have to replace it.
- I will never use this phone in an inappropriate way.

An open conversation about all of these issues is vital to instilling responsible behavior in kids of all ages. To explore internet filtering with more parental control, explore internet filtering software, which can also be activated on smart phones.

Patti Vincent LPN Donelle Ellison RN BSN 402-362-1414



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 2 & 4 Blue K-1-3-5 Red	2 No School Spring Break	3 No School Spring Break	7
2	6 No School Spring Break	<b>7</b> 2 & 4 Orange K-1-3-5 Orange	<b>8</b> 2 & 4 Purple K-1-3-5 Purple	<b>9</b> 2 & 4 Green K-1-3-5 Green	2 & 4 Red K-1-3-5 Red Kindergarten Round-Up 4-Colle Music Program	_
Z <sub>L</sub>	13 2 & 4 Blue K-1-3-5 Orange 4-Sikes Music Program	14 2 & 4 Orange K-1-3-5 Purple 4-Peterson Music Program	<b>15</b> 2 & 4 Purple K-1-3-5 Green	16 2 & 4 Green K-1-3-5 Red 4-Kissinger Music Program	2 & 4 Red K-1-3-5 Orange Slushies 4-Loosvelf Music Program	8
61	2 & 4 Blue 2 & 4 Blue K-1-3-5 Purple Wendy's Night Out	21 2 & 4 Orange K-1-3-5 Green YES SCIENCE EXPO	<b>22</b> 2 & 4 Purple K-1-3-5 Red	<b>23</b> 2 & 4 Green K-1-3-5 Orange	<b>24</b> 2 & 4 Red K-1-3-5 Purple	75
56	<b>27</b> 2 & 4 Blue K-1-3-5 Green	<b>28</b> 2 & 4 Orange K-1-3-5 Red	<b>29</b> 2 & 4 Purple K-1-3-5 Orange	<b>30</b> 2 & 4 Green K-1-3-5 Purple	<b>31</b> 2 & 4 Red K-1-3-5 Green Slushies	

Feed is 5:00-7:30 in the Auditorium basement. The 4th Grade Music Programs will be held at 2:30 in the Multiis on the 21st at the city Auditorium. Presentations are at 6:00, public viewing is 6:30-7:30. PATT Group Food Purpose Room at Y.E.S.

### Home&Schoo **CONNECTION®**

Working Together for School Success

March 2017



York Elementary School **NEWSLETTER** 

### Which way?

Improve your youngster's sense of direction by having her observe the sunset from a window in your home—that's west. Then, let her make north, south, east, and west signs to hang on the walls. Next, hide a toy, and give her directions to find it. ("Take two steps south and three steps east.") When you walk outdoors, she can try using the sun to figure out directions.

### Use medicine safely

Teach your child about drug safety from an early age. If medicine is prescribed for him, read the label together. and explain that it's important to take it exactly as directed. Then, dispense doses yourself, and store it in a locked cabinet. Also, tell him he should never share medication—or accept medicine from a friend.



The first day of spring (March 20) is also World Storytelling Day.

Celebrate it by spending an evening telling family stories. Your youngster will probably enjoy hearing tales from your childhood—or the story of the day she was born.

### Worth quoting

'Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather." John Ruskin

### JUST FOR FUN

**Q:** What was the farmer doing on the other side of the road?





The importance of helping others

Your child will discover that the world is a better place when people help each other. Consider these ideas for raising a helpful youngster.

### Take on chores

Helping starts at home, and regular chores are a good place to begin. Point out that your household runs more smoothly when all family members help take care of it. Get your child in the habit of everyday chores (washing dishes, folding laundry). Then, suggest that he look for other ways to help, perhaps cleaning the attic or weeding the garden.

### Assist classmates

Let your youngster see that he has the power to help others. If he mentions someone who might need help (say, a classmate who is struggling with math facts), ask, "What could you do?" Your child could invite the student to study with him. Tell your youngster about

everyday ways you lend a hand, such as bringing morning coffee to a coworker who broke her ankle.

### Volunteer together

Your child can be a community volunteer with your help. For ideas, contact the parks and recreation department, community centers, and service agencies like the United Way. Your family might take part in a park cleanup day, be a foster family for rescue dogs, or do face painting at a fund-raiser. When your youngster sees how good it feels to make a difference, he may want to make volunteering a habit!♥

### Tips for test day

Good news: Everyday strategies your youngster uses in reading and math will come in handy on standardized tests. Here's how:

- Help your child prepare for sections where she has to read paragraphs, answer questions, and give supporting details. When you read to her
- at home, talk about the book, and ask her to show you evidence to back up her ideas and opinions.
- Your youngster may be asked to show how she solves math problems during the test, just like she does on regular assignments. Tell her that it's better to write too much rather than not enough, especially if the test isn't timed. She might also include drawings, such as a sketch showing how she found the area of a trapezoid.♥



### It's cool to learn new words!

At home or on the go, your youngster can expand her vocabulary. Try these suggestions.

**My word wall.** Many classrooms have word walls—why not let your child make one at home? Her closet door, a side of the refrigerator, or any other open spot will do. She could write words she



### Structural engineering

Your child will have fun exploring engineering with homemade building blocks. Share these steps.

### I. Make triangle blocks

Let him cut poster board, file folders, or index cards into 24 strips, each about 1" x 5". Then, have him fold each strip into thirds, bend it into a triangle, and tape the ends together. (*Note*: He should save a few unfolded strips to use for building.)

### 2. Build a structure

Encourage your youngster to experiment with different designs. He can fit triangles together into rows with every other block pointing up, lay an unfolded strip on top, and continue alternating layers. Perhaps he'll make the rows all the same length or make them different lengths.

3. Test strength

Ask your child to check each structure to see which

design is the strongest and most stable. He could put a strip of paper on top and add pennies, counting as he goes, until the structure topples. Which arrangement of blocks holds the most pennies?

### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 540-636-4280 • rfecustomer@wolterskluwer.com www.rfeonline.com

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is learning on index cards and arrange them by category. Examples: History words (expansion, treaty), science terms (photosynthesis, mineral). Each time she adds a word to her wall, ask her what it means. Then, she can refer to the wall as she does her homework or writes stories.

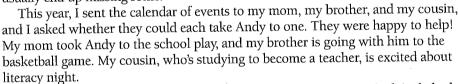
**Games to go.** In the car, let your youngster pick a random letter (say, G), and take turns calling out something you see that begins with

that letter (*grass*, *gazebo*, *girl*). If you say an unfamiliar word, point out the item so she learns it. When you reach the next block, someone else can pick a different letter. *Tip*: Later, help her remember the words by asking questions like "What was that round wooden structure that started with G?" (gazebo)♥

### PARENT TO PARENT

### Spring events: A family affair

The last quarter of the year at my son Andy's school is always filled with fun activities like plays, concerts, a student-teacher basketball game, the book fair, and curriculum nights. I like to attend or take Andy to as many as possible, but I'm a single mom with two jobs, so we usually end up missing some.



I'm relieved that my son will attend so many evening activities. And Andy looks forward to sharing his school events with other family members.♥



### **Encourage good school behavior**

**Q:** My daughter has been misbehaving in school. The teacher sent home a note saying she's goofing

off and not listening. What should I do?

A: First, contact your child's teacher. Find out when your daughter tends to act up, maybe during silent reading time, in the hallway, or at lunch.

Together, you and the teacher might be able to figure out what triggers the behavior. Perhaps she

is struggling in a particular subject, or maybe sitting beside her best friend makes it a challenge for her to follow the rules.

Then, talk to your daughter about the importance of behaving well in school.

Discuss strategies for solving the problem like asking for help when an assignment is hard or sitting near different kids. Finally, plan to keep talking to your child and to stay in touch with the teacher to make sure her behavior improves.



# YORK SCHOOL DISTRICT GR K-12

Breakfast Menu - March 2017

### **Breakfast Choices**

Available every day, breakfast includes:

- Choice of cereals with toast Breakfast entrée or
- 100% Fruit Juice

Fruit

- Milk choices



# **Fruit and Juice Available Every Day**

Start your day off right

### litional Middle & High Schoo oices offered daily

- Smucker's Uncrustable
- **Dutch Waffle**
- Cheese Pretzel

### iah School Only STOP by the cafeteria. Bag your breakfast, on & Go Bread

Choices Daily:

Pancake or French Toast Minis

MiniCinis

and GO on with your day!

- Frudel

Stop & Go

000

Includes Fruit and 100% juice choice and milk

Yogurt with Goldfish Grahams

This breakfast is available for students that qualify for free or reduced price meals.

## **Breakfast Meal Prices & Extras**

\$1.40	\$2.10	\$1.00	\$0.85	\$0.25	\$0.45
Student Breakfast	Adult Breakfast	Extra Breakfast Entrée	Extra Cereal	Extra Toast	Extra Milk

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
Spirit & Comity of S.		1 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	2 NO SCHOOL	3 <b>NO SCHOOL</b>
NO SCHOOL	7 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Applesauce	8 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Fresh Orange	9 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Mixed Fruit	10 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears
13 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices	14 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	15 A. Oatmeal with Topping Bar B. Cereal Choices and Toast Juice Choices Apple Wedges	16 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Applesauce	17 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
20 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges	21 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	22 A. Waffles with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit	23 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices	24 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce
27 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Applesauce	28 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Pineapple	29 A. Iced Long John B. Cereal Choices and Toast Juice Choices Apple Wedges	30 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	31 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.



# YORK ELEMENTARY SCHOOL

# Fruit & Veggie Bar & Milk Choices

and choice of milk are included with the lunch meal everyday. Unlimited fruits and vegetables

vegetables on their tray. to have 1/2 cup of fruits or Each student is now required



featured Farmers Market selection. on this month's menu for the Look for the Farmer's Market Logo

Learn more about this month's Selection on the poster in the dining area or at:



http://server.lunchtimesolutions.com:81/farmersmarket.pdf

# **Other Entrée Choices Available Daily:**

C. Sub/Salad/Sandwich Entrées

Ţ. K Sandwich Choice Sub Sandwich Choice Entree Salad Choice Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.

### **Prices & Extras**

Adult ONE TRIP Fruit & Veggie Bar ES Lunch Adult Lunch \$2.65 \$3.45 Extra Entrée Extra Milk \$1.75 \$0.45 \$1.75

### Questions or comments:

402-363-9169 or mitch@lunchtimesolutions.com. Contact Mitch Novak, Food Service Director at

Applications for Free and Reduced Price meals are available in the school office.

### **GR K-5**

# THORSE LUNCH MENU - MARCH 2017

Mon	Tue	Wed	Thu	Fri
		1 A. Sloppy Joe B. Pizza	2 NO SCHOOL	NO SCHOOL
		BBQ Beans		
O	7 A. Chicken Fajitas B. Corn Dogs	Home-style Beef Chili and Crackers	9 A. Spaghetti with Meat Sauce	10 A. Beef & Bean Burrito B. Pizza
NO SCHOOL	Refried Beans Tortilla Chips with	Green Beans	Sandwich	Steamed Carrots
	Fresh Mango Salsa FARMERS MARKET SLECTIONS	Frosted Cinnamon Roll	Peas Gelatin Dessert	
13 A. Cheeseburger Macaroni B. Hot Ham & Cheese Sandwich	14 A. Southwest Enchilada Bake B. Chicken Nuggets	15 A. Beef Stroganoff B. Bosco Sticks with Marinara	16 A. Home-style BBQ Pork Sandwich B. Hot Dog	17 A. Pizza B. Baked Fish Sandwich
Steamed Broccoli	Steamed Carrots Cinnamon Bread Stick	Golden Corn	BBQ Beans Chocolate Chip Cookie	Mixed Vegetables
20 A. Sloppy Joe B. Mini Corn Dogs	21 A. Home-style Golden Macaroni & Cheese B. Chicken Nuggets	A. Home-style Cheese Quesadilla and Beef Enchilada Soup	le Beef er	24 A. Crispitos B. Pizza
Potato Salad Decorated Holiday Cookie	Peas	Chicken Sandwich Baked Beans	Green Beans Carnival Cookie	Concell
27 A. Cheeseburger B. Chicken Florentine Pasta and Dinner	28 A. Taco in a Bag B. Hot Dog	29 A. Meattoaf and Dinner Roll B. Chicken Nuggets	30 A. Home-style Lasagna B. Grilled Chicken Sandwich	31 A. Toasted Cheese Sandwich and Tomato Soup
Baked Beans	Cinnamon Bread Stick	Mashed Potatoes with Gravy	Candled Carrots Chocolate Chip Cookie	Mixed Vegetables

This institution is an equal opportunity employer and provider

