

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entree Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.




Lunch Meal Prices & Extras

ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or mitch@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
		1 A. Toasted Cheese Sandwich and Tomato Soup B. Baked Fish Sandwich Baked Beans	2 NO SCHOOL	3 NO SCHOOL
6 NO SCHOOL	7 A. Chicken Fajitas B. Corn Dogs Refried Beans Tortilla Chips with Fresh Mango Salsa 	8 A. Home-style Beef Chili and Crackers B. Chicken Nuggets Green Beans Frosted Cinnamon Roll	9 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Peas Gelatin Dessert	10 A. Beef & Bean Burrito B. Pizza Steamed Carrots
13 A. Cheeseburger Macaroni B. Hot Ham & Cheese Sandwich Steamed Broccoli	14 A. Southwest Enchilada Bake B. Chicken Nuggets Steamed Carrots Cinnamon Bread Stick	15 A. Beef Stroganoff B. Bosco Sticks with Marinara Golden Corn	16 A. Home-style BBQ Pork Sandwich B. Hot Dog BBQ Beans Chocolate Chip Cookie	17 A. Pizza B. Baked Fish Sandwich Mixed Vegetables
20 A. Sloppy Joe B. Mini Corn Dogs Potato Salad Decorated Holiday Cookie 	21 A. Home-style Golden Macaroni & Cheese B. Chicken Nuggets Peas	22 A. Home-style Cheese Quesadilla and Beef Enchilada Soup B. Crispy Chicken Sandwich Baked Beans	23 A. Home-style Beef Goulash B. Pork Fritter Sandwich Green Beans Carnival Cookie	24 A. Crisпитos B. Pizza Golden Corn
27 A. Cheeseburger B. Chicken Florentine Pasta and Dinner Roll Baked Beans	28 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Bread Stick	29 A. Meatloaf and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	30 A. Home-style Lasagna B. Grilled Chicken Sandwich Candied Carrots Chocolate Chip Cookie	31 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza Mixed Vegetables

This institution is an equal opportunity employer and provider.