



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Daily Entrée Choices :

C. Sub/Salad/Sandwich Entrées

- M-W** Sub Sandwich Choice
- T-Th** Entree Salad Choice
- F** Sandwich Choice

Choices vary. See menu board for details.

D. Deli Wrap Entrées

- M** Combo Deli
- T** Fajita Chicken
- W** Turkey Deli
- Th** Ham Deli
- F** Grilled Chicken

E. Vegetarian Entrées

- M-W** Vegetarian Salad
- T-Th-F** Fruit, Yogurt & Cheese Plate
- All E. include breadsticks

Lunch Meal Prices & Extras

MS Lunch	\$2.75	Extra Entrée	\$1.75
Chef Entrée	\$2.25	Extra Side	\$0.50
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP	Fruit & Veggie Bar		\$1.75

Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or mitch@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
		1 A. Toasted Cheese Sandwich and Tomato Soup B. Baked Fish Sandwich Baked Beans	2 NO SCHOOL	3 NO SCHOOL
6 NO SCHOOL	7 A. Beef & Bean Burrito B. Pizza Steamed Carrots 	8 A. Chicken Fajitas B. Corn Dog Refried Beans Tortilla Chips with Fresh Mango Salsa 	9 A. Home-style Beef Chili and Crackers B. Chicken Nuggets Green Beans Frosted Cinnamon Roll	10 A. Spaghetti with Meat Sauce B. Baked Fish Sandwich Peas Gelatin Dessert
13 A. Cheeseburger Macaroni B. Hot Ham & Cheese Sandwich Steamed Broccoli	14 A. Pizza B. Crispy/Spicy Chicken Sandwich Mixed Vegetables 	15 A. Beef Stroganoff B. Bosco Sticks with Marinara Golden Corn	16 A. Home-style BBQ Pork Sandwich B. Hot Dog BBQ Beans Chocolate Chip Cookie	17 A. Southwest Enchilada Bake B. Chicken Nuggets Steamed Carrots Cinnamon Bread Stick
20 A. Sloppy Joe B. Mini Corn Dogs Potato Salad Decorated Holiday Cookie	21 A. Crispitos B. Pizza Golden Corn 	22 A. Ham and Pasta Hotdish B. Crispy/Spicy Chicken Sandwich Baked Beans	23 A. Home-style Beef Goulash B. Pork Fritter Sandwich Green Beans Carnival Cookie 	24 A. Home-style Golden Macaroni & Cheese B. Buffalo Ranch Chicken Wrap Peas
27 A. Cheeseburger B. Chicken Florentine Pasta and Dinner Roll Baked Beans	28 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza Mixed Vegetables 	29 A. Fusion Foods : Chimichurri Tots With Dinner Roll B. Chicken Nuggets and Dinner Roll Peas 	30 A. Home-style Lasagna B. Grilled Chicken Sandwich Candied Carrots Chocolate Chip Cookie	31 A. Taco in a Bag B. Italian Dunkers With Marinara Chili Lime Corn Cinnamon Bread Stick

This institution is an equal opportunity employer and provider.