

YORK PRE-K MENU



LUNCH MENU - AUGUST 2017

Fruit & Veggie Bar & Milk Choices

Fruit, vegetables and unflavored 1% milk are included with the lunch meal everyday.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Choose it - Try it!

Students MUST have at least ½ cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies – Don't fight it! – You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!



Lunch Meal Prices & Extras

Guest Lunch \$3.55


Questions or comments:

Contact Mitch Novak at 402-363-9169 or M.novak@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.



This Institution is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
	1 	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22 A. Corn Dog Peas Fresh Grapes	23	24 A. Spaghetti with Meat Sauce Green Beans Applesauce	25 A Cheese Pizza Golden Corn Sliced Peaches
28 A. BBQ Rib Sandwich Green Beans Banana	29 A. Grilled Chicken Sandwich Corn on the Cob Sliced Pears 	30	31 A. Hot Dog Mixed Vegetables Mixed Fruit	