



### Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

### Other Daily Entrée Choices :

#### C. Sub/Salad/Sandwich Entrées

- M-W** Sub Sandwich Choice
- T-Th** Entree Salad Choice
- F** Sandwich Choice

Choices vary. See menu board for details.

#### D. Deli Wrap Entrées

- M** Combo Deli
- T** Fajita Chicken
- W** Turkey Deli
- Th** Ham Deli
- F** Grilled Chicken

#### E. Vegetarian Entrées

- M-W** Vegetarian Salad
- T-Th-F** Fruit, Yogurt & Cheese Plate  
include breadsticks
- M-F** Uncrustable, String Cheese, Goldfish Crackers

### Lunch Meal Prices & Extras

|             |        |              |        |
|-------------|--------|--------------|--------|
| MS Lunch    | \$2.85 | Extra Entrée | \$1.75 |
| Chef Entrée | \$2.25 | Extra Side   | \$0.50 |
| Adult Lunch | \$3.55 | Extra Milk   | \$0.45 |

Adult **ONE TRIP** Fruit & Veggie Bar \$1.75

#### Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or [m.novak@lunchtimesolutions.com](mailto:m.novak@lunchtimesolutions.com)

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

| Mon   | Tue   | Wed   | Thu   | Fri   |
|---|---|---|---|---|
|   | 1   | 2   | 3   | 4   |
|   |   |   |   |   |
| 7   | 8   | 9   | 10  | 11  |
| 14  | 15  | 16  | 17<br>A. Hot Pepperoni Sub<br>B. Grilled Chicken Sandwich<br><br>Baked Beans<br>Chocolate Chip Cookie             | 18<br>A. Taco in a Bag<br>B. Hot Dog<br><br>Chili Lime Corn<br>Cinnamon Bread Stick |
| 21<br>A. Chicken Fajitas<br>B. Pork Fritter Sandwich<br><br>Zesty Black Beans<br><br>Eclipse Cookie | 22<br>A. Taco Burger<br>B. Cheese or Pepperoni Pizza<br>Pizza Hut<br><br>Golden Corn                            | 23<br>A. Home-style Turkey & Gravy with Dinner Roll<br>B. Chicken Nuggets and Dinner Roll<br><br>Mashed Potatoes with Gravy | 24<br>A. Spaghetti with Meat Sauce<br>B. Crispy Chicken Sandwich<br><br>Green Beans<br>Gelatin Dessert            | 25<br>A. Beef Stroganoff<br>B. Corn Dog<br><br>Peas<br>Frosted Cinnamon Roll        |
| 28<br>A. Orange Chicken over Rice<br>B. BBQ Rib Sandwich<br><br>Green Beans                         | 29<br>A Baked Fish Sandwich<br>B Home Style Cheese Pizza<br>B Home Style Pepperoni Pizza<br><br>Corn on the Cob | 30<br>A. Italian Dunkers with Marinara Sauce<br>B. Cheeseburger<br><br>Candied Carrots<br>Home-style Coleslaw               | 31<br>A. Home-style Tater Hot Dish and Dinner Roll<br>B. Hot Dog<br><br>Mixed Vegetables<br>Chocolate Chip Cookie |   |

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