

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entree Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.

Lunch Meal Prices & Extras

ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or mitch@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
3 A. Chicken Fajitas B. Pork Fritter Sandwich Black Beans on F&V Bar	4 A. Home-style White Bean Chicken Chili and Crackers B. Corn Dog Golden Corn Frosted Cinnamon Roll	5 A. Chicken Nuggets B. Breaded Beef Patty Mashed Potatoes with Gravy	6 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans Gelatin Dessert	7 A. Pizza B. Breakfast for Lunch Egg, Ham & Cheese Biscuit Sandwich Potato Triangle
10 A. Cheeseburger B. Orange Chicken over Rice Steamed Broccoli	11 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Cinnamon Bread Stick	12 A. Baked Ham Slice and Dinner Roll B. Chicken Nuggets and Dinner Roll Scalloped Potatoes Home-style Green Bean Casserole Holiday Cookie	13 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables	NO SCHOOL
NO SCHOOL	18 A. Italian Dunkers with Marinara Sauce B. BBQ Rib Sandwich Candied Carrots Carnival Cookie	19 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich Stir Fry Vegetable Medley Coconut Rice	20 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs Green Beans	21 A. Pizza B. Sloppy Joe BBQ Beans Sugar Cookie
24 A. Cheeseburger B. Home-style Chicken Stew over Fresh Baked Biscuit Mixed Vegetables	25 A. Hot Dog B. Home-style Buffalo Chicken Pasta Golden Corn Chocolate Chip Cookie	26 A. Pork Fritter Sandwich B. Toasted Cheese Sandwich and Tomato Soup Baked Beans	27 A. Home-style Cavatini B. Grilled Chicken Sandwich Green Beans Sugar Cookie	28 A. California Lasagna and Garlic Breadstick B. Pizza Peas

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