



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Daily Entrée Choices :

C. Sub/Salad/Sandwich Entrées

- M-W** Sub Sandwich Choice
- T-Th** Entree Salad Choice
- F** Sandwich Choice

Choices vary. See menu board for details.

D. Deli Wrap Entrées

- M** Combo Deli
- T** Fajita Chicken
- W** Turkey Deli
- Th** Ham Deli
- F** Grilled Chicken

E. Vegetarian Entrées

- M-W** Vegetarian Salad
 - T-Th-F** Fruit, Yogurt & Cheese Plate
- All E. include breadsticks

Lunch Meal Prices & Extras







MS Lunch	\$2.75	Extra Entrée	\$1.75
Chef Entrée	\$2.25	Extra Side	\$0.50
Adult Lunch	\$3.45	Extra Milk	\$0.45

Adult **ONE TRIP** Fruit & Veggie Bar \$1.75

Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or mitch@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
3 A. Chicken Fajitas B. Pork Fritter Sandwich Black Beans on F&V Bar	4 A. Pizza B. Taco Burger French Fries 	5 A. Chicken Nuggets B. Breaded Beef Patty Mashed Potatoes with Gravy 	6 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans Gelatin Dessert	7 A. Home-style White Bean Chicken Chili And Crackers B. Corn Dog Golden Corn Frosted Cinnamon Roll
10 A. Cheeseburger B. Orange Chicken over Rice Steamed Broccoli	11 A. Pizza B. Beef & Bean Burrito Refried Beans 	12 A. Cheeseburger Soup And Dinner Roll B. Hot Dog Mixed Vegetables	13 A. Baked Ham Slice And Dinner Roll B. Chicken Nuggets And Dinner Roll Scalloped Potatoes Home-Style Green Bean Casserole Holiday Cookie	14 NO SCHOOL
17 NO SCHOOL	18 A. Pizza B. Sloppy Joe BBQ Beans Sugar Cookie 	19 A. Italian Dunks With Marinara Sauce B. BBQ Rib Sandwich Candied Carrots	20 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs Green Beans Carnival Cookie	21 A. Fusion Food: Chinese Tacos B Hot Ham and Cheese Sandwich Stir Fry Vegetable Medley Coconut Rice
24 A. Cheeseburger B. Home-style Chicken Stew over Fresh Baked Biscuit Mixed Vegetables	25 A. California Lasagna and Garlic Breadstick B. Pizza Peas 	26 A. Breakfast for Lunch Ham, Egg & Cheese Biscuit Sandwich B. Toasted Cheese Sandwich Potato Triangle	27 A. Home-style Cavatini B. Grilled Chicken Sandwich Green Beans Sugar Cookie	28 A. Hot Dog B. Home-style Buffalo Chicken Pasta Baked Beans Chocolate Chip Cookie
Beef & Broccoli An Asian Classic! Tender beef and broccoli sautéed in teriyaki sauce and served over rice.				

This institution is an equal opportunity employer and provider.