

Kenny Loosvelt

PRINCIPAL

Volume 12

Number 1

Be Safe, Be Respectful, Be Responsible

August/September 2017

Hello, York Middle School Parents and Students. I am extremely excited to begin my third year as principal of York Middle School. The first two years were truly a learning experience for me. I learned that we have an outstanding staff that is dedicated to the growth of young men and women not only academically but physically, emotionally and socially. I learned that we have students at YMS who work hard and thirst to learn. I learned that I work in a school district that is focused on students and strives to constantly improve. I even learned that where you sit in the lunchroom is a HUGE deal.

I am excited to start this third year armed with the knowledge from the previous years. I am determined to make my third year better than my first two. I am excited to work with your child(ren) and make this year one of their best. We are going to have a great year! If you have any questions or concerns please don't hesitate to stop by my office or give me a call at 362-6655. Go Dukes!

This is a monthly publication designed to keep parents informed of the news and activities relating to York Middle School. This issue is packed with information regarding the necessary preparations to get your student ready for the first day of school.

The York Middle School newsletter is also on-line. You will be able to access it by using the district's web-site. If you do not have access to a computer, you may sign up to continue to receive a hard copy in the mail. Details are inside this edition.

The middle school experience is both an exciting and anxious time for students, especially new students to the building. Rest assured your child has a committed administration, faculty, and staff at YMS in supporting each and every child to ensure all individual potential is reached.

**Middle Years**—Each month I provide a publication called, 'The Middle Years.' This publication is jammed packed with tips and information that will aid parents and students in their trek through middle school. The publication will be found inside every newsletter and we hope you enjoy the information.

**What can I control?**— These three short years at YMS are full of changes for students both physically, emotionally, socially as well as academically. Two constants that everyone can control is your Attitude & Effort. I want all students to come to school each day knowing that if they choose a positive attitude and give a great effort, they will have had a successful day. Parents thank you for encouraging your middle school child to chose a great Attitude & Effort each day!

**Be Safe, Be Respectful, Be Responsible**— YMS behavior expectations are based upon the 3 B's. Doing this will allow all students to grow academically, physically, emotionally and socially. Throughout the year students will be taught what it looks like to be safe, respectful, and responsible at school and also throughout their daily lives.

**Safety**— In this newsletter, you will find information concerning the arrival, departure, parental pickup and drop-off of students. Please have a conversation with your child about safety during this time. Students walking or riding bicycles to and from school are encouraged to be aware of their surroundings, cross streets at appropriate areas and respect all traffic around them. The first several days of school will be spent educating students on the importance of safety during this time.

**Open House - Monday, August 14, at 5:30 p.m.** There is important information concerning this event in this issue. This event is vital to a successful beginning of the school year. Please plan to attend and get a positive start to the school term.

**The first day of school** - Our first day of school will be **Wednesday, August 16th**, beginning at 8:00 AM. Students will first report to their student family. School will dismiss at noon with no lunch being served. Buses will run immediately after school is dismissed. Thursday & Friday will be normal school days.

If you have any questions please feel free to contact the middle school at 362-6655. We are going to have a GREAT school year at YMS. Go Dukes!!

Sincerely, Kenny Loosvelt, Principal [www.yorkpublic.org](http://www.yorkpublic.org), @YMSDukes Like us on Facebook!



# Middle Years

Working Together for School Success



## Short Stops

### On that note

Middle school courses cover a lot of ground.

Taking good notes will help your child keep up. Encourage her to write down key points instead of every word, noticing items the teacher emphasizes or repeats. Also, note taking will go faster if she uses shorthand like symbols, abbreviations, or the first letters of words ("&" for *and*, "imp" for *important*).

### Together time

Spending even a few minutes one-on-one with your middle grader each day will help you stay connected. Look for ways to make the time enjoyable. Invite him to show you how to do his latest Frisbee trick, for example, or tell him a funny story from your day.

### Meet the staff

Secretaries and other staff play huge roles in running your tween's school—and they can be a terrific resource. Say hello when you're in the office, and encourage your child to do the same. The staff will feel appreciated, and you'll both feel more comfortable asking for help if you need something.

### Worth quoting

"The expert at anything was once a beginner." *Helen Hayes*

### Just for fun

**Q:** When you lose something, why is it always in the last place you look?

**A:** Because when you find it, you stop looking!



## In gear for a new year

As the new school year gets under way, encourage your middle grader to set himself up for success with these strategies.

### Sticking to my routines

Let your tween experiment with routines until he finds those that work best. If he's often rushing to catch the bus, he might set his alarm 5 minutes earlier, then 10 minutes earlier, until his mornings go smoothly. For his evening routine, perhaps he'll do homework after dinner on days he has sports practices and right after school on other days. Once he has routines he likes, have him write them down so he'll remember them.

### Expecting my best

Encourage your child to decide what he expects from himself. Where does he want to improve? He might focus on paying attention to detail if he lost points last year by not filling out science lab reports thoroughly. Or maybe he'll create a plan for spreading out long-term projects so



he's not scrambling at the last minute. He'll gain satisfaction from a job well done when he follows through.

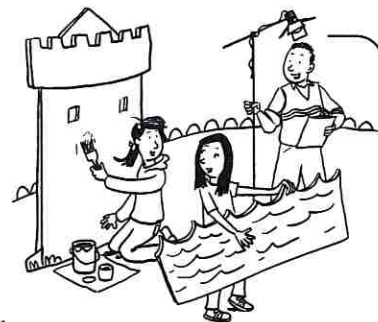
### Watching my progress

Suggest that your middle grader hang a school year "timeline" in his bedroom. He could string yarn from one corner to another and use clothespins to clip on assignments or tests he's proud of. Perhaps he'll display an essay on a favorite novel or a self-portrait he drew in art. Seeing his progress can motivate him to keep working hard. 👍

## Extra worth it

Are extracurricular activities worth the time when your tween has a lot on her plate? Share these reasons for giving them a try.

1. She'll get to know classmates and teachers. As she builds sets in drama club, for example, she'll bond with peers who have similar interests. And forming connections with club advisers can lead to networking for the future.
2. She'll learn to set priorities. If her robotics club has a competition coming up, she'll have to organize her study schedule around team meetings.
3. Gaining new skills will boost her confidence—and translate into school success. Playing doubles tennis encourages teamwork, for instance, while working on the yearbook helps with writing and editing. 👍



## Responsibility? It's all mine!

Tweens take on more responsibility in middle school. Help your child understand what she's responsible for now—and how she can meet her obligations.

**Do your work.** Teachers might not remind middle graders when homework is due or to hand it in. Your tween should write due dates in her planner and put completed projects by the front door. That way, she will be more likely to complete assignments and take them to school.



Or perhaps a teacher wants finished work placed in a tray. Your child might get in the habit of not sitting down until hers is turned in.

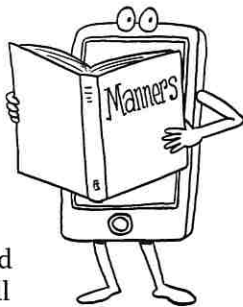
**Do your part.** When others depend on your tween, it's up to her to do her part. For group projects, she could meet with members to get work done and let them know how her section is coming along. To prepare for a band concert, she may set goals for her practice sessions. Then, at concert time, her performance will be stronger, and she'll feel good about holding up her end. 👍

## Parent to Parent

### Mobile manners

I was in line with my son James at the store when his cell phone rang. He proceeded to carry on a conversation while the cashier rang up his purchase.

After we left, I told James it was rude to talk on his phone while he was being waited on. When he said, "Everyone does it," I knew it was a good time to discuss cell phone manners. I said people tend to talk loudly on their phones, disturbing others and turning private conversations into public ones.



James said he hadn't thought about it that way. He agreed to put his phone on vibrate when we're out and to return calls later. My son can't imagine what it was like growing up without cell phones. But I'm trying to help him understand that just because we have them, we don't need to use them all the time—and that good manners still apply. 👍

### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
a division of CCH Incorporated

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## Read to relax

Reading for pleasure can help your middle grader unwind—and has the added benefit of boosting reading skills along the way. Suggest these two ideas to encourage reading for fun.

### 1. Go on a "blind date"

Your child could swap books with friends using this interesting twist: Each person wraps a novel in paper and writes or draws clues about it. Everyone gets together and selects a book based on the clues. Then, they open it to reveal what book they have a "date" with.

### 2. Play reading bingo

Let your tween turn reading into a game by making a bingo card on a sheet of cardboard. In each box, have him write a reading category, such as mystery, science fiction, graphic novel, poetry, and autobiography. As he reads each type, he should X out a matching square. How quickly will he cross out a row? How about the whole bingo board? 👍



## On the same team

Q & A

**Q** My oldest child just started middle school. Now that she has different teachers for each subject, how can I partner with all of them?

**A** To put faces with names, try attending an upcoming event to meet them, such as an open house or a curriculum night. You could also introduce yourself by writing a short message and copying and pasting it into an email for each teacher.



Either way, let them know you want to help your tween succeed, and ask what you can do to support her at home. Also, ask the teachers how they want to be approached (email, phone call, note).

Finally, find out if they want your child to come to them directly before you contact them. A middle school teacher may prefer that a student take the first step if she needs help or has a question. 👍



# ***Back to School Celebration and Community Pep Rally at EAST HILL PARK***

**Wednesday, August 23, 2017**

**5:30-7:15 = Celebration**

**7:30 = Pep Rally**

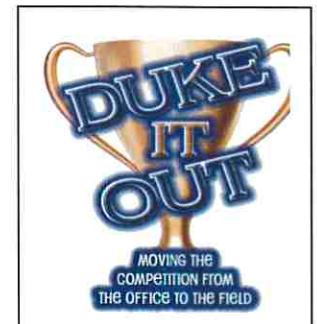
The “Back to School Celebration” will run from 5:30-7:15 in East Hill Park with **bounce houses**, inflatable **zorb balls**, an **inflatable joust ring**, and more for kids to enjoy. Conner Mogul will be our DJ and fun music will be played throughout the evening!

Some of the vendors and booths we have registered so far include:

- York Chamber of Commerce
- 4-H Youth Development/UNL Extension of York County
- Ginny’s Hallmark
- York TeamMates
- York Parks & Recreation
- UpTown Teez
- Living Water Rescue Mission
- York News-Times
- YHS FBLA – selling York Duke sunglasses
- YHS Wrestling – Hot Dog Meal Deal
- YPS Foundation – Hamburger Meal Deal
- SRC Frozen Treats will be selling Sno-Cones
- YHS activity passes to be sold
- York Dukes clothing to be sold
- YHS Mock Trial – selling blankets
- York Promotional Products
- York Youth Soccer Association
- ***Many more will be added over the next few weeks***



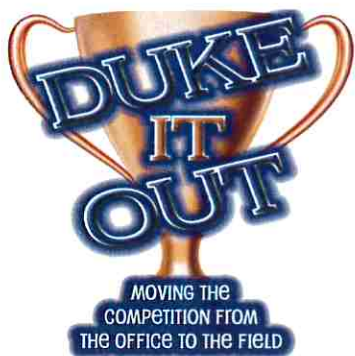
**THE “DUKE IT OUT” Competition for Adults is being sponsored by the York Chamber FREE of charge! Contact Michaela Stuhr for details! ([michaelas@yorkchamber.org](mailto:michaelas@yorkchamber.org))**



**The Community Pep Rally will begin at 7:30 inside the football stadium.**

Emmanuel Faith-Lutheran, St. Joseph’s Catholic, Epworth Village, York County Head Start, PLAY, YES, YMS, and YHS have all been invited to participate as we spend 45-55 minutes recognizing the amazing young people of our community and get excited about another awesome school year!





# DUKE IT OUT

*MOVING THE COMPETITION FROM  
THE OFFICE TO THE FIELD*

WEDNESDAY, AUGUST 23<sup>RD</sup>

## RULES

1. Teams consist of five people from a business or organization over the age of 18. Teams must display unity in their attire (staff shirts, costumes, jerseys etc.)
2. Team registration is due to the Chamber, attention Michaela Stuhr (michaelas@yorkchamber.org), by 3pm on Friday, August 18th.
3. Points will be awarded to the top three places in each event and the overall team winner will receive \$50 chamber checks, five Duke t-shirts, five adult monthly memberships to the Community Center and a traveling trophy.
4. Team members must indicate which individual event they will participate in advance, all team members must be present at East Hill Park Sand Volleyball Courts at 6:00pm. Complete teams not present at 6:00pm will forfeit. In the event that team members need to be replaced, Chamber must be notified of replacement member by 3pm on August 23rd.

## EVENT SCHEDULE

6:00pm Check-In

6:15pm Team Event: Tug of War

6:30-7:15pm Individual Events: Chalk Art, Easter Egg Hunt, Base Race, Punt, Pass & Kick, Booth Scavenger Hunt

7:25pm Team Event: Relay Race

## Team Event Sign-Up

Business \_\_\_\_\_

Team Captain Name \_\_\_\_\_

Team Captain Email \_\_\_\_\_

Team Captain Phone \_\_\_\_\_

## Individual Event Sign-Up (First & Last Name)

*Description of each event is on the reverse side*

Booth Scavenger Hunt \_\_\_\_\_

Easter Egg Hunt \_\_\_\_\_

Base Race \_\_\_\_\_

Chalk Art \_\_\_\_\_

Punt, Pass & Kick \_\_\_\_\_

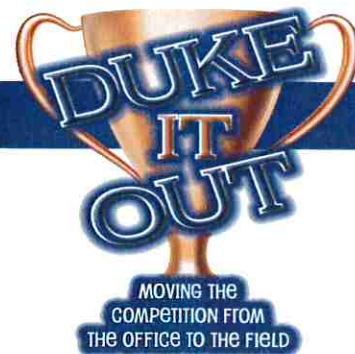
There is NO entry fee.

Please return the  
completed form to the  
Chamber Office or to  
michaelas@yorkchamber.org  
by Friday, August 18th  
at 3pm.





## Individual Event Descriptions



### **Tug-of-War**

WHO: All 5 teammates

LOCATION: East Hill Park Sand Volleyball Court

Single elimination tournament, winners advance.

### **Booth Scavenger Hunt**

WHO: 1 teammate

LOCATION: East Hill Park Sand Volleyball Court

Person will be required to find 5 specific items from vendor booths. Once all items are found, must return items to sand volleyball court. Item location will be noted by a "Duke it Out" but must ask vendor for item.

### **Easter Egg Hunt**

WHO: 1 teammate

LOCATION: Levitt

Person will start at the 50 yard line, will be asked to find as many eggs as possible. Person with most egg wins. All eggs will be located inside Levitt Stadium's fence line.

### **Base Race**

WHO: 1 teammate

LOCATION: Homeplate

Time will start with the first pitch thrown, pitcher will continue to pitch baseballs until the person makes fair contact with the ball, once the ball is hit, must run around all bases, time will stop once home plate has been touched.

### **Chalk Art**

WHO: 1 teammate

LOCATION: South side of Levitt Stadium's sidewalk

Person will be shown a picture for 2 minutes. After 2 minutes the picture will be removed and chalk will be given to the person. The person will have a set amount of time to complete the picture that was shown. Pictures will be judged on precision and accuracy.

### **Punt, Pass & Kick**

WHO: 1 teammate

LOCATION: East End Zone

Person will be asked to punt, pass and kick a football. All distances will be added up to determine a winner.

### **Relay Races**

WHO: All 5 teammates

LOCATION: East End Zone

One person will start with other teammates at 10 yard intervals. Person 1 will run 10 yards and do a task, once task is finished, baton will be handed to player 2 who will run 10 yards and do a task, once task is finished, baton will be handed to player 3 who will run 10 yards and do a task, once task is finished, baton will be handed to player 4 who will run 10 yards and do a task, once task is finished baton will be handed to player 5, who will run 10 yards and complete a task, once finished person 5 must run 10 yards.

# YMS Open House

**Monday, August 14**

**5:30 p.m. – 7:00 p.m.**



Welcome, students, to York Middle School! It can be difficult to start school in a different building: learning where rooms are located and meeting new teachers and friends. To aid in this transition, we are holding an Open House to invite **all** incoming students, along with their parents.

Open House will be from 5:30 - 7:00 p.m. Starting at 6:00 p.m. there will be a short presentation in the gym for all **6th graders, and new** students and their parents. Following the presentation, students along with their parents, are welcome to tour the building, find their lockers and visit with the teachers.

The office will be open to purchase activity tickets, and you may put money into your child's lunch account. If you are able to take the time to complete the forms in your child's packet, the office will gladly accept those as well.

We look forward to seeing you on Monday, August 14!



## New YMS Staff

YMS welcomes the new additions to our staff for the 2017 - 2018 school year!

Kelly Fike	Tech/Math
Nicole Miller	6th Grade Reading Teacher
Kayla Kilgore	Self Para-professional

## Parent-Student Folder



Your son/daughter will be receiving their Parent-Student information at the YMS Open House. The information will contain your son/daughter's schedule, as well as several forms for you to fill out.

In order for us to communicate effectively, as well as file reports to the state, we need to make sure we have accurate, up-to-date information.

**For us to do our job well, it is critical that you fill out and return all forms to the middle school.**

We will then go through and update the information.

**We would like all parental forms returned to the YMS office by September 6th.**

We appreciate your help in this process!



## Loading and Unloading of Students Before and After School

Parent drop off and pick up is on the west (Delaware Avenue) side of the building. Stay to the right and follow the signs. Please pull forward to the blue parking line. Pulling forward will keep the traffic flowing and will reduce the waiting for other parents dropping off their son/daughter.

The Delaware Avenue entrance is the primary entrance into the building!



Before and after school the streets surrounding York Middle School will become very congested, and at times, can be dangerous. We need assistance from parents to please be patient during this time and help to ensure the safety of our students!

## School Hours

Supervision at York Middle School begins at 7:40 a.m. We ask that students not arrive on campus prior to that time. One staff member supervises the cafeteria. Students are welcome to congregate in that area. Once students get to YMS, they are expected to come on campus and remain there. Students enter the halls at 7:50 a.m. with classes beginning at 8:00 a.m. Dismissal is at 3:13 p.m. Students are expected to clear campus and return home as soon as school is dismissed unless they are participating in a supervised extra-curricular activity, staying after school with a teacher, or participating in the YMS After-School Clubs.

On early dismissal days, students must leave campus and return for sports practice no earlier than 3:15 p.m., **unless** the student is involved in an After-School Club.



## 7th Grade Physicals

State law requires that **all** seventh grade students have a physical examination by a qualified physician. Seventh grade physical forms must be turned into the YMS office by October 31, 2017. If you have any questions, please contact Donelle Ellison, the school nurse, at 362-6655.

## Fall YMS Athletics

The fall middle school athletic season is just around the corner. Football practice will begin on **Monday, August 21.**



Seventh & eighth grade students going out for volleyball or football: Be sure to have your physical **before** the first day of practice. You will need to turn in *both* the physical form, and the parent consent form in order to practice.

## YMS ACCESS



All YMS doors will be locked during school hours, 8:00 a.m. – 3:13 p.m. Anyone wishing to enter the building will need to access the buzzer system located at the main, west entrance of YMS. This system will alert office staff. Once visitors have been identified and viewed through the video monitoring system, they will be allowed to enter.

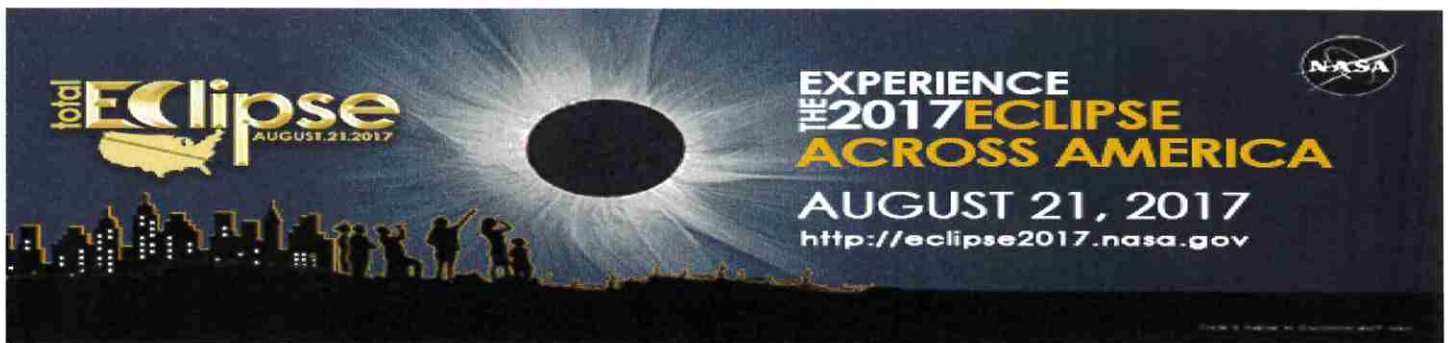


# YMS NEWS

York Middle School will welcome back the students on Wednesday, August 16. We will have a student assembly in the morning that features a hypnotist. This event was a hit with the students last year. The hypnotist provided an atmosphere that kept students safe and entertained.

During this fast moving, tastefully done, and age appropriate program we watched in amazement as students got involved in numerous skits. Current music and school topics of interest are utilized to keep everyone totally engaged for the entire performance.

Please call the school office at 402.362.6655 if you feel this entertaining program is NOT something that you would like your child to attend or participate in and we will excuse them from attending the event.



**A TOTAL ECLIPSE** happens when the moon completely covers the sun. In a total solar eclipse, the sun's outer atmosphere can be seen. This will be the first total solar eclipse visible in the continental United States in 38 years.

It is never safe to look directly at the sun – even if the sun is partly obscured. During the short time when the moon completely obscures the sun – known as the period of totality – it is safe to look directly at the sun, but it's crucial that you know when to take off and put back on your solar eclipse viewing glasses.

While the safety of our students is our utmost concern we will have eclipse-safe viewing glasses for all students and staff. All students will be required to wear glasses provided and will not be allowed to view the eclipse through cameras, telescopes, binoculars, or cell phones. If you do not want your child to participate in this event, please contact the office at 402.362.6655, option 1.

# YMS After -School Clubs

**Starting Monday, August 28**

York Middle After School staff has been working hard to get ready for the school year. This year you will have the chance to get involved in some new club options. First quarter club offerings are;

**Create Your Heart Out** - Express your creativity as you make pieces you can display or give as gifts. Students will create pieces using wood, paint, canvas, string, the Cricut machine and so much more.

**York Middle Shark Tank** - What to learn to make money? Have some ideas for a business? Join this club and learn to start a bona fide business. Your parents won't have to be your ATM anymore!

**Herbal Gardening** - Learn to grow a herbal garden. This club will be making dried herbs and herbal teas to sell to the public.

**STEM/Kne'x** - Get ready to participate in some hands-on experiments and build using science, technology, engineering, and math. You won't want to miss this one.

**Gamers** - Kick back and relax while spending time playing all sorts of games with your friends. Learn new games, teach old games, and compete with friends. Good sportsmanship is a must in this club.

Enrollment will be held on August 14, 2017, the night of the York Middle School Open House. We look forward to having you as part of our clubs this year.

## STUDENT INSURANCE



If you desire to purchase school insurance, below is the link to find out more information on the Student Accident Insurance offered through Cornerstone Insurance.

<http://markel.sevencorners.com>

You may also call Ben Royal at (402)362-7477 with Cornerstone Insurance Group with any questions you may have.

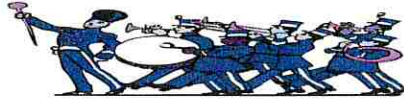


## YMS School Pictures

YMS will have school pictures taken on Tuesday, September 26, by Jack Martin Studios. We will remind students in the daily announcements of the pictures and what would be appropriate apparel for the best photo.



## 7TH AND 8TH GRADE MARCHING BAND



The York Middle School 7<sup>th</sup> and 8<sup>th</sup> Grade Band students will perform for the Yorkfest Parade in downtown York at 10:00 a.m. on Saturday, September 9. We will also march in the Homecoming Parade that will be scheduled the week of September 11.

Band members will be wearing navy blue band polo shirts and blue jeans or blue jean shorts as their parade and concert band uniform. We will be placing orders for our Middle School Band polo shirts the first full week of school. The shirts are the same style as last year, in navy blue with the Middle School Band logo. Cost for the shirt is \$12.00 each. (Checks payable to York Middle School.) A chart of available shirt sizes is included below.

### Youth Sizes:

Small	(6-8)
Medium	(10-12)
Large	(14-16)
X-Large	(18-20)

### Adult Sizes:

Small	(34-36)
Medium	(38-40)
Large	(42-44)
X-Large	(46-48)

## Admission Prices for Activities



The admission price for varsity activities for the 2017-2018, school year will be \$5.00 for adults and \$4.00 for students. The admission price for 7th, and 8th grades will be \$3.00 for adults and \$2.00 for students. Admission prices to track meets will be \$3.00 for adults and \$2.00 for students. The purchase of an activity ticket will get you into all of these events.

Activity tickets are available for purchase in the YMS office for a price of:

<b>K-12 \$15.00</b>	<b>ADULT \$60.00</b>	<b>FAMILY \$135.00</b>	<b>GOLDEN PASS \$35.00</b>
			(age 60 and over)



## Back-to-School Celebration and Community Pep Rally, August 23

York Public Schools will host the "Back to School Celebration" and Community Pep Rally on Wednesday, August 23 at East Hill Park.

The "Celebration" will begin at 5:30 p.m. We will again have bouncy houses, music, vendors, etc. The "Pep Rally" will begin at 7:30 p.m. inside the football stadium.

## REQUEST TO RECEIVE AN ELECTRONIC COPY OF THE MONTHLY

### YORK MIDDLE SCHOOL NEWSLETTER

The York Middle School's monthly newsletter is accessible on the school website, at [www.yorkpublic.org](http://www.yorkpublic.org). Click on the school tab and follow the YMS link.

Please complete the following information as to how you wish to receive the monthly newsletter, either by e-mail or by accessing the newsletter on the school website. If you **don't** have access to a computer a hard copy can be mailed to you.

Please **CHECK** one of the following:

☐

I would like to receive the newsletter by e-mail at the following e-mail address:

\_\_\_\_\_

☐

I am willing to access the monthly newsletter on the school website at [www.yorkpublic.org](http://www.yorkpublic.org)

☐

I will need a copy of the newsletter mailed to my address.

\_\_\_\_\_  
Parent's Name

\_\_\_\_\_  
Student's Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City, State, Zip Code

*Please return to the York Middle School office.*

## YMS Student Handbook

In an attempt to streamline the process of our handbook, we are offering the handbook online on the school website. We will be able to save a considerable amount of money in printing costs by going this route. Printed hard copies will be available in the middle school office **as needed**. In the Parent-Student Folder you will find a signature sheet for students and parents to sign. Those signatures mean you have been made aware of the availability of the handbook both online and in print form, and that you acknowledge that you, and your child are responsible for the content of the handbook. The signature sheet needs to be returned the first week of school.

Thank you in advance in helping us out with this process!



## BUS TRANSPORTATION

If you think that your son/daughter will be riding the school bus to and/or from school, you must complete a transportation registration form and return it to the Transportation Department.

The transportation registration form is located on the York Public Schools website.

The Transportation Department will be present at the YMS Open House on Monday, August 14th to answer any questions you may have.



## Here are a few important reminders from the health office



**Annual school health screenings.** Vision and hearing will start right away for designated grades. So encourage your student to wear their glasses or contacts every day all year long. Dental, heights, and weights will take place later. Remember these are basic screenings. See your health care provider if you suspect your child has concerns.

**Allergy & Asthma season.** Monitor all symptoms closely and follow your health care provider's advice and see your doctor if symptoms aren't controlled. Asthma/Allergy care plans, rescue inhalers, and Epi-pens are a necessity, and may save a life! Contact the school nurse for more information on how we can work together at school to keep student's safe.

**Medical Conditions.** If your student has a health condition or needs special care during the school day such as medication, treatments or monitoring - please inform the school nurse right away.

**Medications.** When possible medications should be given at home. All medications must be sent in the original container with proper labeling along with a note from the parent stating how it is to be administered at school. Forms are available in all schools. Students must have parent permission for Tylenol/acetaminophen to be given during the school day.

Students may carry an asthmatic "quick relief" inhaler or an emergency Epi-pen if:

- \* The medication has the prescription label.
- \* There is a signed parent permission form on file.
- \* The school nurse is aware they have the emergency medication.

**Students who use the Epi-pen should always report to the school nurse office immediately or if a student uses the "quick relief inhaler" and they do not experience relief.**

**Feel free to contact the school nurse at any time for questions or concerns.**

## Start the day off right!

Get a good night's sleep - 8 to 10 hours of un-interrupted sleep.  
Minimize noise and turn off phones.

Eating a healthy breakfast – prevents head and stomach aches  
Breakfast is available for all students at school too.

Dress appropriately for our ever changing Nebraska weather.

### Classroom Infection Prevention

Your child's physician can help you determine if your child is able to return to school, however it is important to make sure that they are truly feeling well and able to make it through 7+ hours of the school day. If they still seem tired, pale, with little appetite, not tolerating solid foods, and generally "not him/herself", please consider keeping them home from school. Here are some guidelines to help make that determination.

#### **Students should not attend school if:**

- The student has a temperature 100°F or greater
- If antibiotics are prescribed. The student may return to school after taking the antibiotics for a **minimum** of 24 hours and without a temperature over 100°F while not taking any fever reducing medications.
- The student is vomiting or has diarrhea. The student may return to school 24 hours *after* symptoms resolve **and** are able to tolerate a normal diet.
- The student is diagnosed with a contagious disease or condition. (For example, strep throat, conjunctivitis (pink eye), live head lice, chicken pox (Varicella), impetigo, scabies, and pertussis). Please contact your school nurse before sending your child back to school.
- The student has an undiagnosed rash. A rash may be indicative of many things, frequently of illnesses that are contagious. Therefore, a student will be excluded from school until a physician evaluates and determines the nature and contagiousness of the rash. A note is required from the physician upon return to school.
- The student has severe cold symptoms, a persistent cough, a runny nose that they cannot manage by themselves and/or contain with tissues or other symptoms that would interfere with effective school participation.

***With viral illnesses, it may take longer before your child is well enough to return to school.***





## **ATTACK ON ASTHMA**

Throughout Nebraska schools a protocol is followed for emergency treatment of a student or staff member with **life threatening** asthma or allergic reaction. The protocol steps are designed to provide quick, effective care to prevent death. Certain staff members have been trained to call 911, give an injection of epinephrine and deliver a nebulizer treatment of albuterol to improve breathing. The protocol is a standing medical order that has been signed by the physicians and physician assistants of the York Medical Clinic.

If your student has asthma or a potentially life threatening allergy, it is critically important you communicate this information to our school staff and to Donelle Ellison, RN or Patti Vincent, LPN. The plan and medications you and your physician provide to school will be followed for your student.

Please complete and return an action plan available from York Public Schools or submit the plan your physician provides. Direct any questions to Donelle Ellison or Patti Vincent at 362-6655.



### **When your child is going to be absent....**

When your child is ill and unable to attend school we want to hear from you. Give us a call at 362-6655, option 1, between 7:30 a.m. and 8:30 a.m.

Please let the office know in advance when your child is going to be absent for an appointment or will be going out of town. **For the safety of your child, we make sure all absent children are accounted for!**

### **7th Grade Well-Child Physical**

All students going into 7<sup>th</sup> grade are required to have a well-child physical done by a medical doctor and be current on their immunizations per Nebraska State Law. This also is a good time to have their eyes checked by an eye doctor and see a dentist. Please schedule these appointments over the summer so your student is ready to go to school in the fall. The well-child exam can also be used if your child is going to play sports next year. Please schedule this physical after May 1st. Forms are available in the office or online at <http://www.yorkpublic.org> under the "Health News" tab. Most students going into 7<sup>th</sup> grade will need a Tetanus, Diphtheria and Pertussis booster (all in one shot). Please check with your doctor if they recommend other immunizations like Meningitis, HPV or Hepatitis A. These are sometimes recommended immunizations, but not mandatory. Please turn in the copies of the physical and immunizations over the summer or at Back To School Night in August. York does have an immunization clinic that asks for a small donation, but it is not required. You can schedule an appointment by calling [402-362-2566](tel:402-362-2566). They are located in the West View Medical Building at 2319 N. Lincoln Ave here in York. If you have any questions, or concerns please contact Donelle Ellison, BSN, RN at 402.362.6655.

# Summary of the School Immunization Rules and Regulations 2017-2018

Student Age Group	Required Vaccines
Ages 2 through 5 years enrolled in a school based program not licensed as a child care provider	<p>4 doses of DTaP, DTP, or DT vaccine</p> <p>3 doses of Polio vaccine</p> <p>3 doses of Hib vaccine or 1 dose of Hib given at or after 15 months of age</p> <p>3 doses of pediatric Hepatitis B vaccine</p> <p>1 dose of MMR or MMRV given on or after 12 months of age</p> <p>1 dose of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted.</p> <p>4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age</p>
Students entering school (Kindergarten or 1 <sup>st</sup> Grade depending on the school district's entering grade)	<p>3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4<sup>th</sup> birthday</p> <p>3 doses of Polio vaccine</p> <p>3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age</p> <p>2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month</p> <p>2 doses of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. If the child has had varicella disease, they do not need any varicella shots.</p>
Students entering 7 <sup>th</sup> grade	<p>Must be current with the above vaccinations</p> <p>AND receive</p> <p>1 dose of Tdap (contain Pertussis booster)</p>
Students transferring from outside the state at any grade	Must be immunized appropriately according to the grade entered.

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. . For additional information, call 402-471-6423.

The School Rules & Regulations are available on the internet: <http://www.hhs.state.ne.us/reg/t173.htm> (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011)  
Updated 1/25/2017





## 2017/2018 Membership Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Past Member? Y N (please circle)

E-mail: \_\_\_\_\_

**MEMBERSHIP LEVELS:** *(Please indicate if your donation is a memorial and for whom)*

- \_\_\_\_\_ CORPORATE MAESTRO, \$1000+
- \_\_\_\_\_ CORPORATE BENEFactor, \$500
- \_\_\_\_\_ CORPORATE PATRON, \$250
- \_\_\_\_\_ CORPORATE FRIEND, \$150
- \_\_\_\_\_ MAESTRO, \$100+
- \_\_\_\_\_ BENEFactor, \$50
- \_\_\_\_\_ PATRON, \$25
- \_\_\_\_\_ FRIEND, \$15

We are excited for another amazing year of fine arts activities in our schools. New volunteers and members are always welcome. If you would like to assist in FAB activities such as locker tags, snacks, or assisting at activities, please place a check in the space and we will be happy to contact you as activities arise. Also, if you are interested in joining our meetings, please indicate that below, or e-mail [yorkfineartsboosters@gmail.com](mailto:yorkfineartsboosters@gmail.com)

\_\_\_\_\_ YES, I would like to help out with various FAB activities

We thank you for your donation! Your donation helps support students participating in Fine Arts Programs in the York Public Schools.

Please make checks payable to the **FINE ARTS BOOSTER CLUB**.

Please mail forms and checks to: Jeanette Postier, 7 Quail Cove Rd. York, NE 68467

## **York Athletic Booster Club Membership**

The York Athletic Booster Club appreciates your support! Join the 2017-2018 Athletic Booster Club at the level of your choice. You **do** make a difference!!

### **GO DUKES!!!!!!**

- ❖ **DUKE BOOSTER (\$100 & OVER)**
- ❖ **BLUE BOOSTER (\$75 & OVER)**
- ❖ **BUFF BOOSTER (\$50 & OVER)**
- ❖ **FAMILY BOOSTER (\$25 & OVER)**

### **PLEASE PRINT THE FOLLOWING INFORMATION:**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

The York Athletic Booster Club supports the athletic programs at YHS.  
The Board Members for 2017-2018 are:

President: Jeff Beins  
Vice President: James Cast  
Treasurer: Lisa Riley  
Secretary: Steve Hunzeker  
Publicity: Barb Ivey & Stacy Kohmetscher  
Advisor: Todd Case  
Membership: Kerry Conner

Thanks again for your support. Please fill out and either mail to York High School at 1005 Duke Drive, York, NE 68467 or turn in to the high school office.

## **Booster Club Events**

Please circle any/all events you are willing to help with.

- ✓ Hamburger Feed – September 1st Home Football Game
- ✓ Golf Tournament – September 24
- ✓ 7<sup>th</sup> & 8<sup>th</sup> Grade Girls Basketball Tournament – November 18
- ✓ 7<sup>th</sup> & 8<sup>th</sup> Grade Boys Basketball Tournament – January 20
- ✓ Bake Sale – January or February
- ✓ Yowell Track Meet – April 21
- ✓ All-Sports Banquet – May 4





## Welcome Back FFA Members

Start the year off right –  
Come and share Ice Cream with the Officers  
During the Open House Mon Aug 14<sup>th</sup> 7pm  
Fill out a membership form  
And  
Get ready for an exciting year!

**York AG ED**  
**Celebrating 100 Years**  
**York FFA**  
**Celebrating 90 Years**

### 2017 – 18 FFA OFFICERS

**President:** Bryce Danielson  
**V Pres:** Carlos Munoz & Max Kohmetscher  
**Secretary:** Lauren Kaliff  
**Treasurer:** Lauren Riley  
**Reporters:** Lindsey Stuckey & Lilly Holthus  
**Sentinel:** Nicole Mittman  
**Parliamentarian:** Tenly Hansen  
**Chaplain:** Hailee Pohl

#### Program Of Activities Vice Presidents:

**VP Building Communities:**

Genevieve Tonniges

**VP Strengthening Agriculture:**

Leon Linhart

**VP Growing Leaders:**

Holly Rockenbach

#### **Advisors:**

Mr. Jason Hirschfeld

Mr. Cal Williams

### **What Color Do You **Bleed**?** **“DUKE BLUE”**

The York Fire Dept., York FFA, FCCLA, Skills  
USA, FBLA and Nebraska Community Blood  
Bank

#### **First Blood Drive for 2017/18**

**Wednesday. August 23<sup>rd</sup>**  
**10:00am till 3:00 pm**

**High School East Parking Lot**  
**Look for the Mobile Unit**

**PLEASE BE THE TYPE THAT GIVES!**

Please call 402-641-6564 or 402-362-6655  
To sign up and support this Outstanding  
Community Project

**We receive \$10 per unit collected**  
**for the Scholarship Fund.**

*the*  
**HARVEST**  
**MOON**

**York FFA's Harvest Moon Celebration**  
Dinner and Entertainment

**November 5, 2017**  
**5:30 PM**  
**Holthus**  
**Convention Center**

**Special Entertainment**  
**Will Be Provided**

**Silent Auction**  
**Labor Auction**

**Proceeds help with:**  
**Live Animal Lab**  
**Greenhouse**  
**Chapter Fees & Activities**  
**Ag Ed Displays**

**Order Tickets: 366-5231**





# FREE AND REDUCED LUNCH

Free and reduced price lunch applications are available in your student packet or online. If you wish to apply, please complete the form and either send it to school with your son/daughter or mail the application to the Superintendent's Office. An application must be completed for ***each new school year***. If your child/children qualified for free or reduced price meals at the end of last school year, you must submit a new application by **September 28, 2017**, in order to avoid an interruption in meal benefits.

**ALL APPLICATIONS WILL BE KEPT IN STRICT CONFIDENCE!**

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## **MAKING AN ONLINE LUNCH PAYMENT THROUGH INFINITE CAMPUS**



- Visit our website at [www.yorkpublic.org](http://www.yorkpublic.org)
- Under "Parents" click on "Parent Portal" and log into your Infinite Campus Parent Portal
  - \* If you don't have a parent portal account, contact your student's school office and they will set up an account for you. If you have students in multiple schools, you do not need multiple portal accounts as all students should show up on your login screen. If not, let the office know and they will make a simple adjustment.
- Click on "Payments" in the left column
- Add the amount of money you'd like to deposit into your student's account in the 'payment' box beside their name- minimum amount is \$5.00. Click "Continue" \*\*Notice there is a convenience fee of \$2.00 per transaction for online payments. If you have multiple students in your family, you may add money to all of their accounts at the same time with one transaction.
- Choose the method of payment that you would like to use. Select "Add" if this is your first time using the online payment process. Add your payment method- **by using your checking or savings account instead of a credit or debit card, you will be helping YPS save money with no credit card fees**; click "Save" and then click "Back to Payments"
- Confirm that everything looks correct on the screen
- Click "Make Payment"
- Print a receipt if you would like
- Your student has lunch money!

If you have any questions, please contact Gayla at [gayla.knight@yorkdukes.org](mailto:gayla.knight@yorkdukes.org) or 402-362-6655 x 4



Go to your Portal Account and click on Payments, you might need to select a payment to pay before you are allowed to set up your bank information. Then you will see this screen below. Click on Add

The screenshot shows a user portal with a sidebar menu on the left containing links like Family, Messages, Discussions, Household Information, Family Members, Calendar, Fees, Payments, Food Service, To Do List, User Account, Contact Preferences, Access Log, and Notification Settings. The 'Payments' section is active, displaying 'Accepted Payment Methods' with logos for VISA, MasterCard, DISCOVER, and echeck. A 'Payment history' button is in the top right. A 'Total: \$7.00' is shown above a 'Select the payment method' prompt with 'Add' and 'Edit' buttons. Below this, a message states 'There are no saved Payment Methods. Click Add to create a Payment Method.' At the bottom of the section are 'Back' and 'Continue' buttons. A red arrow points to the 'Add' button.

This screen will pop up, you will enter your billing information in the boxes, and provide your Bank Routing Number, and Account Number.

The 'Add Payment Method' form contains the following fields: 'Billing Information' with sub-fields for Name (required), Address (required), City (required), State / Zip (required), and Country. The values entered are Nick Cardinal, P.O. Box 5555, Greeley, CO 80631, and UNITED STATES - US. Below this is the 'Account Type' section with radio buttons for Checking (selected), Savings, and Credit/Debit Card. There are also input fields for 'Routing Number' and 'Account Number'. At the bottom are 'Back to Payments' and 'Save' buttons. Red arrows point to the 'Add' button in the previous screen, the 'Checking' radio button, the 'Routing Number' field, the 'Account Number' field, and the 'Save' button.

Example of where on your check displays Routing Number and Account Number. Then Save

The image shows a check from Bank of America. The 'MICR' line at the bottom contains the numbers 4379012345678901001. Below this line, four boxes identify the numbers: 'ABA Check Routing Number' (437901), 'Account Number' (23456789), 'Check Number' (1001), and 'ACH Routing/Transit Number' (123456789). The check also includes fields for 'Your Name', 'Pay to the Order of', and 'Amount'.

# infoodservice

INFORMATION  
PAYMENTS  
MEAL PRICES  
MENUS  
LOCATIONS  
CONTACTS

 Lunchtime  
Solutions, Inc.



We look forward to the coming school year at York Public Schools as Lunchtime Solutions continues to provide the food service program. The purpose of this communication is to provide you with an overview of the school food service program this year. If you have any questions or comments about our program, please feel free to contact Mitch Novak, Foodservice Director, at 402-363-9169 or [m.novak@lunchtimesolutions.com](mailto:m.novak@lunchtimesolutions.com). For your convenience, our menu is posted monthly on the school website. Lunch and breakfast prices are listed below, along with extra entrée prices and extra milk prices.

## School Breakfast

Breakfast is served in the dining areas of all schools before school starts. Please encourage your student to participate in school breakfast. Research studies show that eating breakfast can help students perform better in the classroom.

**Stop & Go Breakfast** - High school students have the option of selecting this "Grab & Go" meal which includes a choice of 4 entrées daily as well as juice and milk.

## School Lunch

School lunch will offer a wide variety of choices for students. Elementary students have three entrée choices daily; Middle School students are offered six choices daily and High School students are offered thirteen choices daily. All meals include an entrée choice, a hot vegetable plus the unlimited Fruit & Veggie Bar, and milk choices.

**Chef Entrée** - Lunchtime Solutions' school chef will again be visiting to prepare special entrées, giving students an additional healthy, contemporary meal choice. The entrée is available for \$2.25 and students have the option of purchasing the Fruit & Veggie bar & milk separately, or the entrée can be purchased in addition to a regular complete meal.



	Paid	Reduced	Free
<b>Lunch Prices</b>			
K-5 Lunch	\$2.75	\$0.40	\$0.00
6-12 Lunch	\$2.85	\$0.40	\$0.00
Extra Lunch Entrée	\$1.75	\$1.75	\$1.75
Chef Prepared Entrée (HS/MS only)	\$2.25	\$2.25	\$2.25
Extra Milk	\$.45	\$.45	\$.45
<b>Breakfast Prices</b>			
PK-12 Student	\$1.45	\$.30	\$0.00
Extra Breakfast Entrée	\$1.00	\$1.00	\$1.00
<b>ALL CHECKS SHOULD BE MADE OUT TO "York Public Schools"</b>			



## INFORMATION ONLINE:

Monthly menus  
Health and wellness articles  
Fun recipes  
Locally grown selections





#### Extra Entrée – Extra Milk

All Students, at an extra cost, can purchase an additional entrée or milk offered as part of the school lunch program. For example if a student wants a second entrée, or an additional entrée, like a slice of pizza, that entrée can be selected in the lunch line and charged to the student's account. Extra entrees are only sold to students who first purchase a school lunch. Again, all students who purchase a school lunch can have extra servings of canned fruit, fresh fruit, vegetables and salad from the Fruit & Veggie Bar, at no charge. All extra servings of these items are free. If a student is free or reduced they may receive one entrée with their meal but they must have money in their account to purchase any extra entrees.

#### School Lunch Account

The District's Lunch Account Policy for the 2017-2018 School year allows students to charge up to \$15.00. When an account balance reaches zero all a la carte purchases will stop. When an account reaches a negative \$15.00 all purchases will stop. If the student qualifies for free lunch, they still will be able to purchase a school lunch, but no extra entrées will be allowed.

A Point of Sale (POS) software system is used for the school lunch program. Please note the following important information:

- Each student will have his/her own individual Student Account.
  - If sending cash with a student, place in a sealed envelope, along with the student's name and lunch account number.
  - We are not responsible for lost, unidentified, or stolen cash.
- Deposits should be turned in by 9:00 a.m. at the student's school office.

**Lunch Account Deposits must be made before school starts.** To insure that your deposit is credited to your student's lunch account on the first day of school, please send your first deposit, for each student in your family, to the office of the school your student attends. Be sure to include your name, your student's name, and your student's lunch account number. Also include any changes in your address or telephone number.

#### Diet Modifications

Families are responsible for notifying the School Food Service if their child requires a diet modification because of a life threatening disability. A licensed physician must provide specific written medical documentation. Please contact Mitch Novak at 402-363-9169 or [mitch@lunchtimesolutions.com](mailto:mitch@lunchtimesolutions.com) for more information.

**Free & reduced meal applications may be submitted at any time during the school year but eligibility won't apply until the application is approved.** Applications can be picked-up at the administration building, at each school office, or are available online at [www.yorkpublic.org](http://www.yorkpublic.org). Previous eligibility will carry over to **September 28, 2017**. At that time, students will revert to paid status until a current Free & Reduced application has been received and approved.

#### Join us Anytime!

Please feel free to join your child for a meal any day. The cost for an adult breakfast is \$2.15 and lunch is \$3.55. Please pay for your lunch at the school office. We hope to see you there!



**Lunchtime  
Solutions, Inc.**

[www.lunchtimesolutions.com](http://www.lunchtimesolutions.com)

Contact: Mitch Novak, Food Service Director  
at 402-363-9169 or [m.novak@lunchtimesolutions.com](mailto:m.novak@lunchtimesolutions.com)  
Or

Susan Gracey, Area Director at  
402-984-4546 or [s.gracey@lunchtimesolutions.com](mailto:s.gracey@lunchtimesolutions.com)

*This institution is an equal opportunity provider and employer.*



**UNLIMITED  
SERVINGS  
OF  
FRUITS &  
VEGGIES**





## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



## Fruit and Juice Available Every Day

Start your day off right

## Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

**Stop & Go Breakfast-High School Only**  
**STOP** by the cafeteria. Bag your breakfast, and **GO** on with your day!



Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams


Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

## Breakfast Meal Prices & Extras

Student Breakfast	\$1.45
Adult Breakfast	\$2.15
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
1 	2	3	4	
7	8	9	10	11
14	15	16	17 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	18 A. Iced Long John B. Cereal Choices and Toast Juice Choices Apple Wedges
21 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Sliced Pears	22 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Mixed Fruit	23 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	24 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches	25 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce
28 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	29 A. Iced Long John B. Cereal Choices and Toast Juice Choices Applesauce	30 A. Yogurt with Goldfish Grahams B. Cereal Choices and Toast Juice Choices Fresh Orange	31 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit	

**Questions or comments** - Contact Mitch Novak, Foodservice Director at 402-363-9169 or m.novak@lunchtimesolutions.com  
Applications for Free and Reduced price meal are available in all building offices.

*This institution is an equal opportunity provider and employer.*



### Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

Learn more about this month's selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

FARMER'S MARKET



### Other Daily Entrée Choices:

#### C. Sub/Salad/Sandwich Entrées

- M-W** Sub Sandwich Choice
- T-Th** Entree Salad Choice
- F** Sandwich Choice

Choices vary. See menu board for details.

#### D. Deli Wrap Entrées

- M** Combo Deli
- T** Falita Chicken
- W** Turkey Deli
- Th** Ham Deli
- F** Grilled Chicken

#### E. Vegetarian Entrées

- M-W** Vegetarian Salad
- T-Th-F** Fruit, Yogurt & Cheese Plate  
include breadsticks
- M-F** Uncrustable, String Cheese, Goldfish Crackers



### Lunch Meal Prices & Extras

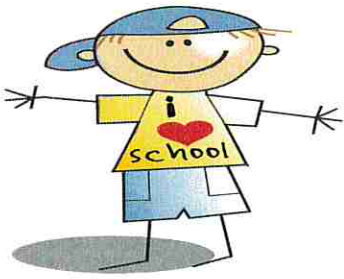
MS Lunch	\$2.85	Extra Entrée	\$1.75
Chef Entrée	\$2.25	Extra Side	\$0.50
Adult Lunch	\$3.45	Extra Milk	\$0.45
Adult ONE TRIP	Fruit & Veggie Bar		
			\$1.75

### Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or [m.novak@lunchtimesolutions.com](mailto:m.novak@lunchtimesolutions.com)

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
1 	2	3	4	
7	8	9	10	11
14	15	16	17 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	15 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Bread Stick
21 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans Eclipse Cookie	22 A. Taco Burger B. Cheese or Pepperoni Pizza Pizza Hut Golden Corn	23 A. Home-style Turkey & Gravy with Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	24 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans Gelatin Dessert	25 A. Beef Stroganoff B. Corn Dog Peas Frosted Cinnamon Roll
28 A. Orange Chicken over Rice B. BBQ Rib Sandwich Green Beans	29 A Baked Fish Sandwich B Home Style Cheese Pizza B Home Style Pepperoni Pizza Corn on the Cob 	30 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	31 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	



# August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1  YMS Beginning Band Lessons 9:00 am - 4:00 pm YMS Band room	2	3	4	5
6	7	8	9	10  New Teacher Orientation	11  Staff Work Day Meetings	12
..... YMS New Student Registration — 9:00 am - 12:00 noon & 1:00 - 3:00 pm .....						
13	14  <b>YMS Open House</b> 5:30 pm  Board of Education Mtg.	15	16  First Day of School Noon Dismissal (All Schools)  B	17  7th & 8th VB Mtg. after school 7th & 8th FB Check-out 3:30pm  G	18  VB practice starts  B	19
20	21  Football practice starts  G	22  B	23  2:00 Dismissal Back-to-School Celebration 5:30-7:15pm & Community Pep Rally @ 7:30pm East Hill Park G	24  Student Senate Candidate Mtg. 7:40am  B	25  Student Senate applications due  G	26
27	28  Student Senate Campaign starts YMS After School Clubs start  Board of Education Mtg. B	29  G	30  2:00 Dismissal Band @ State Fair  B	31  Student Senate Campaign ends YMS Believe Fundraising Campaign Starts G		



# September 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	YMS Book Fair will be held during Parent-Teacher Conferences September 27 - 29				1  Student Senate Mtg. 7:30am  B	2
3	4  <b>NO SCHOOL Labor Day</b>	5   G	6  2:00 Dismissal  B	7 7 VB @ Adams Central - 4:30pm 8 VB - Home vs Adams Central @ YMS - 4:30pm 7 & 8 FB @ Columbus Scotus (Bradshaw Park) 7 @ 5:00/8 @ 6:30pm G	8   B	9  YMS Band @ Yorkfest Parade 10:00 am 
10	11  7 FB - Home vs Crete MS - 4:30pm 8 FB @ Crete (Doane College) 4:30pm Board of Education Mtg. G	12  7 VB @ Crete MS 4:30pm 8 VB - Home vs Crete MS @ YMS 4:30pm B	13  2:00 Dismissal  G	14  7 & 8 VB - Home vs Columbus Lakeview 7 @ YES/8 @ YMS 4:30pm YMS Believe Fundraising Campaign Ends B	15  FB - Home vs Holdrege 7:00pm Homecoming G	16
17	18  7 & 8 VB @ Beatrice MS 4:00pm 7 & 8 FB - Home vs Beatrice 7@ 4:00pm 8 @ 6:00pm B	19  8 VB - Home vs Seward (@YMS) 4:30pm 7 VB @ Seward MS 4:30pm G	20  2:00 Dismissal  B	21  7 FB @ Aurora 4:30pm G	22   B	23
24	25  Board of Education Mtg. G	26 YMS  School Pictures 8 VB @ Seward MS 4:30pm 7 VB - Home vs Seward @ YMS 4:30pm 8 FB @ Seward HS 4:30pm B	27  2:00 Dismissal YMS Parent-Teacher Conferences 4:30-8:30pm G	28  2:00 Dismissal YMS P-T Conferences 4:30-8:30pm 8 VB @ Aurora 4:30pm 7 VB-Home vs Aurora @ YMS 4:30pm 7 FB-Home vs Seward 4:30pm B	29  <b>NO SCHOOL YES &amp; YMS only</b>  Parent-Teacher Conferences	30

YORK MIDDLE SCHOOL  
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*Change Service Requested*

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### **Notice of Nondiscrimination**

It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.

The following person has been designated to handle inquiries regarding complaints, grievance procedures or the application of these policies of nondiscrimination:

**Name:** Dr. Mike Lucas  
**Title:** Superintendent  
**Address:** 1715 N. Delaware Avenue,  
York, NE 68467  
**Phone #:** 402-362-6655 (option #4)

If parents, employees and students do not feel that their complaints regarding Title IX, Title VI, Section 504 have met with resolution at the local level, they can appeal their grievances to the regional Department of Education, Office for Civil Rights.

**Office for Civil Rights**  
8930 Ward Parkway, Suite 2037  
Kansas City, MO 64114  
816-268-0550  
FAX: 816-823-1404; TDD: 800-437-0833