

Kenny Loosvelt PRINCIPAL

Volume 10 Number 6

Be Safe, Be Respectful, Be Responsible

March 2016

Greetings YMS Parent(s):

Thank you to all parents who were able to attend parent teacher conferences February 17,18, and 19. Your attendance proves that you are making your child's education a priority. If you were unable to attend for any reason and would like to speak with your child's teacher you can call the school at 402-362-6655 option 1, or you can find the teacher's e-mail by searching www.yorkpublic.org

In my office I often get student issues regarding social media. Parents, here are some tips on how you can keep your child safe and tips on how to be a responsible social media user from the National Crime Prevention Council and Parents.com

- Keep your home computer in a busy area of your house.
- Set up email and chat accounts with your children. Make sure that you know their screen names and passwords and that they don't include any personal information in their online profiles.
- Tell your children not to respond to any cyberbullying threats or comments online. However, do not delete any of the messages. Instead, print out all the messages, including the e-mail addresses or online screen names of the cyberbully.
- Regularly go over their instant messenger "buddy list" with them. Ask who each person is and how your children know him or her.
- Talk regularly and specifically with your children about online issues. Let them know they can come to you for help if anything is inappropriate, upsetting, or dangerous.
- Build trust with your children. Set time limits, explain your reasons for them, and discuss rules for online safety and Internet use. Ask your children to contribute to establishing the rules; then they'll be more inclined to follow them.
- If there are threats of physical violence or the bullying continues to escalate, get law enforcement involved.
- Tell your children that you won't blame them if they are cyberbullied. Emphasize that you won't take away their computer privileges this is the main reason kids don't tell adults when they are cyberbullied.

With these few simple tips you can help your child be safe and responsible users of social media. If you would have any concerns please don't hesitate to contact Mr. Doud or Mr. Loosvelt.

This month of March is an important month for the students at YMS. The adults in this building will continue to work hard to give your son or daughter a great middle school experience. Go Dukes!

Kenny Loosvelt YMS Principal

Vorking Together for School Success

School (still) comes first

Spring is just around the corner! As the days warm up, your middle grader may be tempted to enjoy the weather instead of studying or going to school. Let her know you expect her to keep up her schoolwork and attendance. Discuss ways she could feel refreshed, like reorganizing her study space or doing homework outdoors.

Late bloomer?

If your child isn't developing as fast as his peers, he may feel self-conscious. Reassure him that his body will catch up. Share your experience—if he's a late bloomer, it's likely one of his parents was, too. Then, suggest he focus on what he can control, such as staying healthy by eating well and exercising.

A humble attitude

Being humble makes it easier for your tween to accept feedback from teachers and coaches and to ask others for assistance. Putting others' needs first is one way to practice humility. For example, she might help a younger sibling with homework even if she'd rather watch YouTube videos.

Worth quoting

"The way to get started is to quit talking and begin doing." Walt Disney

Just for fun

Q: What gets bigger the more you take from it?



Ready for future careers

Fifty years ago, no one could have predicted the jobs of today. And it's likely to be the same for the jobs of tomorrow. Help your middle grader prepare for a world of change with these suggestions.

Know how to learn

Equip your child to pick up new skills as he goes. When he needs to figure something out, have him brainstorm ways to get information or instructions that will help. This will teach him not to give up if his first idea doesn't work. If he's stuck on a science project, for example, he might consult library books, talk to an aunt in the field, or look online.

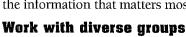
Be information-smart

On the job, your middle schooler may need to analyze and understand large amounts of information. He can practice now when he reads material for classes. For instance, he should read with specific questions in mind-looking for the answers will keep him focused. Also,

making an outline of the important points could help him concentrate on the information that matters most.



Your child will likely collaborate with people very different from him at work. When he does group projects, point out that including people from other backgrounds can make his team stronger since they'll bring different viewpoints for what he has in common with others. Classmates may be from different cultures but have the same favorite school subject or enjoy similar hobbies.



to the table. Also, encourage him to look

Standardized test success

Your child will probably take standardized tests around this time of year. Here are helpful tips:

■ Have your tween post the test schedule on your refrigerator so she'll know the dates she'll be tested on each subject.



- Encourage your middle grader to pay close attention to directions. Many tests require students to go beyond filling in a bubble—she may be asked to show her work on a math problem or select two answers on a multiple-choice question.
- Even if a test is not timed, she should work steadily and avoid spending too much time on a single item so she doesn't get frustrated. When she is finished, she can go back to skipped questions and also double-check her work.

Middle Years March 2016 • Page 2

Dealing with

Middle graders may sometimes be unsure about the right thing to do, from handling friendship issues to facing peer pressure. Encourage your child to make good decisions with these strategies.

Think through choices. When no answer seems right, talking things through can help. Perhaps your tween doesn't know whether to tell her friend that a classmate said something behind her back. Ask what would happen if she told (the friend may be hurt and the classmate would probably get mad) or didn't tell (her friend might keep trusting someone



she shouldn't). Also, suggest she put herself in the other person's shoes. If she were being badmouthed, would she want to know?

Tip: Help your tween understand that there's not always a perfect answerjust a better one for her.

Plan ahead. Wanting to fit in may make it hard for your child

to do what's best in the moment. She might know something is wrong, but not know how to get out of it. Role-play scenarios, and brainstorm ways to respond. Say friends want her to distract a store clerk while they steal makeup. She could describe the consequences ("We could be arrested," "I could be kicked off the track team") or go to the restroom and call you, giving her time to avoid the situation. €



1 My son gets decent grades, but his teachers say he's always sleepy and has trouble concentrating. Any suggestions?

A If he's eating well and shows no signs of illness or drug abuse, he may just be tired. The average 13-year-old needs as much as 10 hours of sleep every night.

During adolescence, your son's body

signals him to go to sleep and wake up later than normal. So,



he may have to train himself to fall asleep earlier. Choose a bedtime when it's easy for him to doze off. Then, move bedtime 15 minutes earlier for a few nights in a row. To make his new sleeping schedule simple to follow, your son should get up at the same time every day.

If your child still has trouble concentrating even with more sleep, contact his pediatrician. €_

O U R PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Music to my ears

Music offers a fun way to connect with your tween. Try these ideas.

Make a family playlist

Have everyone pick songs they like and put them together on one list. Let your child show

you how-he's probably the expert! Then, turn on your playlist when everyone can sing or dance along (say, while doing chores together).

Hold a lip sync contest

Ask each person to choose a family-friendly song and practice mouthing the lyrics along with it. Pick a date to perform your songs for each other, and vote for a winner.

Name that tune

Listen to the radio or a playlist, and award a point to the person who names each song the fastest. Give an extra point to the first one to name the band or artist.

Learn challenging words

My middle schooler comes across some tough

vocabulary terms in her classes. When Melanie got frustrated, I suggested she ask her teachers for ideas on how to approach learning the words.

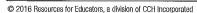
One teacher encouraged her to think about a word's root. For instance, audi is the root of audible, audiology, and auditorium. Piecing together the definitions of the root word (audi = hearing, listening, sound) and any prefix or suffix

(*ology* = a subject of study) will help her grasp the meaning.

Another teacher said she should try to use these words as much as possible to get familiar with them. For example, she could quiz herself with open-ended questions. ("How is an exothermic reaction different from an endothermic one?") She might also use them when talking

to others about homework or giving answers in class.

Melanie has been using her words around the house, too—and now we're all learning new vocabulary! ೯೪೨





YMS Parent Coffee Friday, March 18 7:00 a.m.

Let's kick off spring with
a get-together.
Parents of York Middle School
students are invited for coffee
and doughnuts on Friday morning
March 18, at 7:00 a.m.

A reception area will be set up in the media center.

We hope to see you there!

GIRLS ON THE RUN 5K



The Southeast Regional GIRLS ON THE RUN 5k

presented by York Medical Clinic will be Saturday, May 7th at 10:00 a.m. at the York High School Track area. We will be celebrating our 10th Anniversary!

The 5k is open to males and females of all ages. Walkers are welcome! Registration opens on March 10th and the deadline for a guaranteed T-shirt is April 7th.

Entry forms are available online at GOTRNebraska.org.

*Registration is required for all GOTR girls and their Run Buddies.

We are also seeking volunteers to help on race day, whether it be on the race route, the registration table, the happy hair station, or a variety of other jobs. If you would like to volunteer, please contact Lori Suddarth at 402-362-6700.



Track



Track season begins on Monday,
March 7. Students, must have a
physical, and a parental consent
form on file, and their Blue Card
to participate!



BOX TOPS\$ FOR EDUCATION

Keep saving your General Mills Box Tops, Campbell's labels, and Our Family labels. Be sure to clip the entire coupon.

If you have General Mills box tops accumulating at home, please send them to school with your son or daughter.

Making a difference has never been easier. Thanks for your help!

YMS Top Spellers

Congratulations goes to Alyssa Gilliland (first place), Andrea Saxer (second), Jake Werts (third), Reyannon Gossard (fourth place), with Brock Melvin as (alternate) in the York County Spelling Bee. The top four advance to the district spell-down March 5 in Fairbury. Way to go students! We are so very proud of our great spellers!



Read Across America

Wednesday, March 2



NEA'S Read Across America Day takes place each year on or near March 2, the birthday of Dr. Seuss. Across the country, thousands of schools, libraries and community centers participate by bringing together kids, teens, and books, and YOU CAN TOO! On March 2, the National Education Association calls for every child to be reading in the company of a caring adult. We encourage all of you adults to read with your children!

Celebrate the joy of reading with your child!

YMS Musical

March 17 & 18 at the York High School at 7:00 p.m.

Please join us for this year's production of *The Lion King Jr!* Born into the royal family, precocious lion cub Simba (Chase Collingham) spends his days exploring the sprawling savanna grasslands and idolizing his kingly father, Mufasa, (Anthonie Gomez) while youthfully shirking the responsibility his position in life requires. When an unthinkable tragedy, orchestrated by Simba's wicked uncle, Scar, (Jake Schmid) takes his father's life, young Simba flees the Pride Lands, leaving his loss and the life he knew behind. The young prince Simba (Reed Malleck) must return to take on a formidable enemy and fulfill his destiny to be king. *The Lion King* is a story of love and redemption that nobody should miss.

Please note that a mandatory dress rehearsal for **ALL** 6^{th} , 7^{th} and 8^{th} grade choir students will be held Wednesday, March 16^{th} in the YHS theatre from 2:30 p.m. – 4:30 p.m. This allows them time to work with light, sound and stage crews from YHS.

Please join us for the performance on Thursday, March 17th & Friday, March 18th in the YHS theater at 7:00 p.m. Admission is \$2/per person or an activity pass.



YMS Talent Show



The final performance for the YMS Choirs will be the annual Talent Show. It will take place on Monday, May 9th. Auditions will be held toward the end of March. More details will be made available to the students during class time. We are looking forward to another great show!!

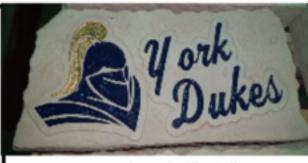




Approximately 8"x 12"



Approximately 8" x 14"



Approximately 8" x 16"



Approximately 8" x 16"

York Post Prom Rock Fundraiser

Name				
Email address_				
	Choice of Rock:	Quantity of Each	Total 🔅	Checks Payable to
	Husker Welcome - \$61			York Post Prom
	Husker N - ÷51			Cash Check #
	Pukes Fan - ÷69			
	York Pukes - \$69			Total ė ė
	Forever a Puke - ÷69			10 (414 4

Order Forms are Due by March 7th, along with payment. Please return form to any school office.

Orders will be ready approximately 6 weeks after the Due Date

We will contact you via phone or email for info on where and when to pick up your rock.

Thanks for you order!

National Day of Unplugging Sundown March 4th to Sundown March 5th Try turning off your technology for the day.



10 Tips for Parents in the Digital Age healthchildren.org

In a world where children are "growing up digital," it's important to help them learn healthy concepts of digital use and citizenship. Parents play an important role in teaching these skills.

Here are a few tips from the American Academy of Pediatrics (AAP) to help parents manage the digital landscape they're exploring with their children.

- 1. **Treat media as you would any other environment in your child's life.** The same parenting guidelines apply in both real and virtual environments. Set limits; kids need and expect them. Know your children's friends, both online and off. Know what platforms, software, and apps your children are using, where they are going on the web, and what they are doing online.
- 2. **Set limits and encourage playtime.** Tech use, like all other activities, should have reasonable limits. Unstructured and offline play stimulates creativity. Make unplugged playtime a daily priority, especially for very young children. And—don't forget to join your children in unplugged play whenever you're able.
- 3. **Families who play together, learn together.** Family participation is also great for media activities—it encourages social interactions, bonding, and learning. Play a video game with your kids. It's a good way to demonstrate good sportsmanship and gaming etiquette. And, you can introduce and share your own life experiences and perspectives—and guidance—as you play the game.
- 4. **Be a good role model.** Teach and model kindness and good manners online. And, because children are great mimics, limit your own media use. In fact, you'll be more available for and connected with your children if you're interacting, hugging and playing with them rather than simply staring at a screen.

- 5. **Know the value of face-to-face communication.** Very young children learn best through two-way communication. Engaging in back-and-forth "talk time" is critical for language development. Conversations can be face-to-face or, if necessary, by video chat, with a traveling parent or far-away grandparent. Research has shown that it's that "back-and-forth conversation" that improves language skills—much more so than "passive" listening or one-way interaction with a screen.
- 6. **Create tech-free zones.** Keep family mealtimes and other family and social gatherings tech-free. Recharge devices overnight—outside your child's bedroom to help children avoid the temptation to use them when they should be sleeping. These changes encourage more family time, healthier eating habits, and better sleep, all critical for children's wellness.
- 7. **Don't use technology as an emotional pacifier.** Media can be very effective in keeping kids calm and quiet, but it should not be the only way they learn to calm down. Children need to be taught how to identify and handle strong emotions, come up with activities to manage boredom, or calm down through breathing, talking about ways to solve the problem, and finding other strategies for channeling emotions.
- 8. **Apps for kids** do your homework. More than 80,000 apps are labeled as educational, but little research has demonstrated their actual quality. Products pitched as "interactive" should require more than "pushing and swiping." Look to organizations like Common Sense Media for reviews about ageappropriate apps, games, and programs to guide you in making the best choices for your children.
- 9. **It's OK for your teen to be online.** Online relationships are part of typical adolescent development. Social media can support teens as they explore and discover more about themselves and their place in the grown-up world. Just be sure your teen is behaving appropriately in both the real and online worlds. Many teens need to be reminded that a platform's privacy settings do not make things actually "private" and that images, thoughts, and behaviors teens share online will instantly become a part of their digital footprint indefinitely. Keep lines of communication open and let them know you're there if they have questions or concerns.
- 10. Remember: Kids will be kids. Kids will make mistakes using media. Try to handle errors with empathy and turn a mistake into a teachable moment. But some indiscretions, such as sexting, bullying, or posting self-harm images, may be a red flag that hints at trouble ahead. Parents should take a closer look at your child's behaviors and, if needed, enlist supportive professional help, including from your pediatrician.

Media and digital devices are an integral part of our world today. The benefits of these devices, if used moderately and appropriately, can be great. But, research has shown that face-to-face time with family, friends, and teachers, plays a pivotal and even more important role in promoting children's learning and healthy development. Keep the face-to-face up front, and don't let it get lost behind a stream of media and tech.

Editor's Note: 10 Tips for Parents in the Digital Age was written in part from the proceedings of the <u>Growing Up Digital: Media Research Symposium</u>, a gathering of media experts, researchers and pediatricians held in 2015 to address new developments in research and media and their impact on children. These tips expand upon and add to the AAP's policies on this topic, including the <u>Children, Adolescents, and the Media</u> and <u>Media Use by Children Younger than 2 Years</u>, and will be used to help inform future policies and updates.



FACT: Students who eat breakfast have better attention and memory. Research indicates the quality of foods children eat impacts cognition — with poor nutrition linked with absenteeism, hunger symptoms and psychosocial problems.

Source: The Wellness Impact Report, 2013 (Compiled by the National Dairy Council, GENYOUth, the American School Health Association, and the American College of Sports Medicine).

FACT: Students who eat school breakfast attend, on average, 1.5 more days of school per year and score 17.5% higher on standardized math tests.

Source: Ending Childhood Hunger: A Social Analysis, 2013 (Compiled by Share Our Strength and Deloitte)

FACT: Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

Source: Breakfast for Learning, 2014 (Compiled by the Food Research and Action Council)

FACT: The School Breakfast Program significantly improves the cognitive abilities and learning capacities of children. Children who receive school breakfast do better on a variety of indicators peers who go without breakfast. Significantly, the better outcomes associated with school breakfast include educational preparedness (attendance, energy, alertness, memory) and educational outcome measurements (math scores, grades, reading ability).

Source: Impact of School Breakfast on Children's Health & Learning, 2008 (Compiled by The Sodexo Foundation)

YORK SCHOOL DISTRICT GR K-12



Breakfast Menu - March 2016

Lunchtime Solutions, Inc.

Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



Fruit and Juice Available Every Day

Start your day off right

Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop & Go Breakfast-High School Only STOP by the cafeteria. Bag your breakfast,

Stop & Go

and GO on with your day!

Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams

Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

Breakfast Meal Prices & Extras

Student Breakfast	\$1.35
Adult Breakfast	\$2.05
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue Wed Thu		Fri	
	A. Iced Long John B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	3 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices	4 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices
7 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	9 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Fresh Orange Milk Choices	NO SCHOOL	11 NO SCHOOL
14 NO SCHOOL	15 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	A. Oatmeal with Topping Bar B. Cereal Choices and Toast Juice Choices Apple Wedges Milk Choices	17 A. Egg & Cheese Biscuit B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	18 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices
21 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges Milk Choices	over Biscuit B. Cereal Choices B. Cereal Choices and Toast and Toast Duice Choices Juice Choices Pineapple Mixed Fruit B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices		A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	25 No School
28 NO SCHOOL	29 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	30 A. Iced Long John B. Cereal Choices and Toast Juice Choices Apple Wedges Milk Choices	31 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices	

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.



ORK MIDDLE SCHOOL GR 6-8 LUNCH MENU - MARCH 2016

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or

http://server.lunchtimesolutions.com:81/farmersmarket.pdf

Other Daily Entrée Choices:

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich Choice **Entree Salad Choice** T-Th Sandwich Choice

Choices vary. See menu board for details.

<u>D.</u>	Deli Wrap Entrées	s E. Vegetarian Er

Combo Deli Faiita Chicken Turkev Deli Th Ham Deli

Grilled Chicken

ıtrées

M-W Vegetarian Salad T-Th-F Fruit. Yogurt & Cheese Plate

All F include breadsticks

Lunch Meal Prices & Extras

MS Lunch	\$2.70	Extra Entrée	\$1.75
Chef Entrée	\$2.00	Extra Side	\$0.50
Adult Lunch	\$3.40	Extra Milk	\$0.45

Adult ONE TRIP Fruit & Veggie Bar \$1.75

Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or mitch@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri	
	1 A. Pizza Hut Pizza B. Toasted Cheese Sandwich and Tomato Soup Peas	2 A. Pork Fritter Sandwich B. Taquito Black Beans on F&V Bar	3 A. Home-style Beef Goulash B. Grilled Chicken Sandwich Green Beans Sugar Cookie	A. Home-style Buffalo Chicken Pasta B. Baked Breaded Fish & Cheese Sandwich Golden Corn Chocolate Chip Cookie	
7 A. Chicken Fajitas B. Corn Dog Refried Beans	8 A. Schoolin' the Streets Shrimp Po' Boy B. Crispy Chicken Sandwich Baked Beans Gelatin Dessert	9 A. Home-style Chicken & Noodles B. Baked Breaded Beef Fingers Mashed Potatoes with Gravy	NO SCHOOL	NO SCHOOL	
NO SCHOOL	15 A. Pizza B. Grilled Chicken Sandwich Steamed Broccoli Chef Day	16 A. Home-style Cajun Chicken Penne B. Italian Dunkers with Marinara Sauce Roasted Zucchini	17 A. Home-style BBQ Pork Sandwich B. Hot Dog French Fries Home-style Coleslaw Chocolate Chip Cookie	18 A. Southwest Enchilada Bake B. Crispy Chicken Nuggets Black Beans Cinnamon Bread Stick	
21 A. Pancakes & Sausage B. Sloppy Joe Potato Triangle	18 A. Hot Ham & Cheese Sandwich B. Pizza Golden Corn	23 A. Home-style Cavatini B. Mini Corn Dogs Baked Beans	24 A. Baked Ham Slice and Dinner Roll B. Chicken Nuggets and Dinner Roll Scalloped Potatoes Home-style Green Bean Casserole Holiday Cookie	NO SCHOOL	
28 No School	A. Toasted Cheese and Tomato Soup B. Pizza Hut Pizza	30 A. Meatloaf and Dinner Roll B. Crispy Chicken Nuggets and Dinner Roll	31 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	Schoolin' the Street Shrimp Po' Boy Crisp, breaded shrimp on a fresh baked sub roll topped with a tangy coleslaw. A New	

Mashed Potatoes with

Gravy

This institution is an equal opportunity employer and provider.



Orleans' favorite in

vour lunch line.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2:00 Dismissal	3 Track Check-out	4	5
		G	B	G	В	
6	7 Track practice starts	8	9 2:00 Dismissal End of 3rd Quarter	10	11	12
	G	В	G	NO SCHOOL	SPRING BREAK	
13	14 NO SCHOOL SPRING BREAK	15	16 2:00 Dismissal	17 St. Patrick's Day	18	19
	3.1		YMS Musical 7:00 pm - YHS Theater			
	Board of Education Mtg.	В	G	В	G	
20	21	22	23 2:00 Dismissal B	24 7 & 8 TR @ G.I. Westridge M.S. 4:00 pm	25 NO SCHOOL Easter Break Good Friday	26
27	28	29	30	31		
Happye Faster	NO SCHOOL Easter Break		2:00 Dismissal Staff Appreciation			
	Board of Education Mtg.	В	G	В		