

What's Inside...

Page 1

- ~Title 1 meeting
- ~Summer Breakfast/Lunch
- ~Summer Boost

Page 2

- ~Classroom Happenings
- ~Transportation
Registration

Page 3

- ~Nurses' Notes

Page 4

- ~Encore Calendar

Page 5 & 6

- ~Home and School

Pages 7 & 8

- ~May Breakfast
and Lunch menus



May 2017

Volume 12 Issue 11

York Elementary School

Monthly Parent Newsletter

Y.E.S. Indeed!

Dear Parents:

Schools in communities that meet certain income requirements can use Federal Title money for the whole school. This is called a school-wide program. YES became eligible for this school-wide title program in 2010. This means that all children have access to academic support as needed and determined by staff.

As a part of the Title I Nebraska State Regulations, the school district will hold an annual public meeting for parents of all children who participate in the Title I program.

You are invited to attend a public meeting at the District Office on the east side of the high school campus on Monday, May 8, 2017, at 4:00 p.m. The Title I program will be explained and discussed at this meeting and I will attempt to answer any questions you may have.

Sincerely,
Mike Lucas, Superintendent
mike.lucas@yorkdukes.org

Free Breakfast and Lunch!!

York Public Schools Summer Food Program

Where: York Elementary School 1501 Washington Ave

When: May 30th to July 7th, Excluding July 3rd & 4th

Times: Breakfast 8:00 a.m. to 8:30 a.m., Lunch 11:45 a.m. to 12:45 p.m.

Price: **Free to children 1 to 18**

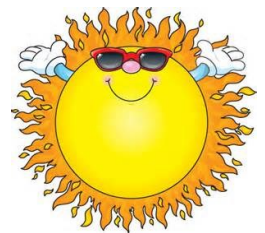
Adult Breakfast: \$2.50 Adult Lunch: \$3.75

SUMMER BOOST & ALL STAR PROGRAMS

Does your student get bored in the summer? Occupy their time and solve their boredom by enrolling them in Summer Boost. Summer Boost is open from 8 AM to 12 NOON.

We serve breakfast, and lunch is also served from noon to 12:45 PM. The best part is that both meals and the program are FREE.

To check out our plans for summer and to enroll your student go to: <http://yps21cclc.wixsite.com/21cclc>. Across the top of the page you will find the enrollment link and the summer plan link. We only take the first 30 per grade level in grades K-4 and a total of 45 in grades 5-7. Enroll soon!



You can find enrollment forms at www.yorkpublic.org, at the YES office, or by emailing a request to amy.vernon@yorkdukes.org.

Reminder from

PATT:

We are accepting
Campbell labels, Box
Tops and Country &
Village Hearth labels

Thanks for your
support!

Important Dates:

KG Field Trip to Lincoln Children's Museum
Friday, May 5

2nd Grade Field Trip to Hastings IMAX & Fossil Museum
2C, 2G: Mon, May 8
2BH, 2JH, 2M:
Thurs, May 11

Slushie Day
Friday, May 12

Girls on the Run
5K
Sat, May 6

5th Grade Fun Fitness Day
Friday, May 5

5th Grade Recognition
Monday, May 15
7:00 pm
at York High School

4th Grade Field Trip to Lincoln
4L, 4P, 4K:
Monday, May 15
4C, 4S:
Tuesday, May 16

KG Graduation
Tuesday, May 16
2:00 pm

Last Day of School
Wednesday, May 17
12:10 Dismissal
(No Breakfast/No Lunch)

Classroom Happenings....

Kindergarten Corner....We are busy learning and growing in Kindergarten. During our story, *Old MacDonald Had a Woodshop*, we recently visited the YHS animal lab, woodshop, and greenhouse. There were so many sights, sounds, and smells to learn about! Thank you to Mr. Hirschfeld, Mr. Williams and their students for making our learning come to life. We are also looking forward to our trips to the York Children's Museum and Kilgore Memorial Library, as well as the Lincoln Children's Museum and Antelope Park. We hope you will take advantage of the amazing activities happening at our library this summer. Students will be bringing a schedule home with them.

Our caterpillars have arrived and are growing and changing. Soon we will have beautiful butterflies! We will release them just before the end of the school year and kindergarten graduation which will be Tuesday, May 16, at 2:00 in our YES gym. A special thank you to all of our parents who have been incredible teaching partners with us this year. Thank you for sharing your children with us. We look forward to seeing how they learn and grow in the coming years!

Second Grade Snippets....

We are wrapping up the school year quickly here in second grade! Our final science unit is all about magnets, where the students will get to perform lots of cool experiments. Even though our school year is coming to a close, we strongly encourage the students to keep reading during the summer so they are ready to go in third grade. There are great programs happening at Kilgore Memorial Library and the school is offering a summer BOOST program. Also, practicing those math facts would be a great idea over the summer. Maybe they could even make a game out of it while at the pool or playing outside with sidewalk chalk?

Important dates

May 8th- Gardner and Culotta field trip

May 11th- Hansen, Harlow, and McConnell field trip

May 15th- class picnic

For all students requiring transportation during the 2017-2018 school year:



Registering your child or children is a yearly responsibility and all who ride **MUST** register. Routes for over 500 students, including stops and times, are designed based on the information we receive by the deadline. Please fill out and return to your child's school* no later than **July 7, 2017**. Any registration received after this deadline will not be eligible for or receive transportation during the first week of school. Please note that **ALL school registration nights are after this date and those who choose to register at Back to School night will not be eligible to ride until August 23rd.**

For those that pre – register:

Stop information will be printed on a bright blue card that will be placed in your child's Back to School folder or packet. This card is for you to keep. If you receive a bright blue card in your packet, you will **NOT** need to stop at the Transportation Department table on Back to School night. On the first day of school, color cards will be handed out to all students K – 12 who registered prior to the deadline. This card displays your child's name, teacher or building, and stop location.

Any student not possessing a bus card will not receive transportation and will be sent back into their school and allowed to call their parent. Any registrations received after July 7th, will be contacted by the Transportation Department and informed of their start date. If you have any questions, the Transportation Department can be reached at 402-362-1988. Thank you for joining us in our efforts to make the first days of school run smoothly at route times.

*Registrations turned in after the last day of school may be sent to the District Office:

York Public Schools
Attn: Transportation Dept.
1715 N Delaware
York, NE 68467

**1501 Washington
Avenue
York, NE 68467**

**PHONE:
(402) 362-1414
FAX:
(402) 362-5488**

**Kris Friesen,
Principal**

**Ken Booth,
Asst. Principal**

Website:
www.yorkpublic.org

At YES it is:

- **Never okay to be hurtful**
- **Never okay to be disruptive.**
- **Always okay to be kind**

Twitter:
YESDukePride

Facebook Page:
**York Elementary
School**

Boost Phone #:
(402) 366-2454

Childcare Phone #:
(402) 363-2726

Bus Barn #
(402) 362-1988

Nurse Notes.....Summer Reminders and Safety

Summer is a great time to schedule those well-child check-ups, eye exams, and dental checks.

Also, do you have or know an incoming kindergartener? Let's get those kindergarten shots!

Kindergarteners will need a booster of DTAP, which is a combination of Tetanus, Diphtheria, and Pertussis, a Polio booster, the second MMR, which is a combination of Measles, Mumps and Rubella and the second Varicella, or chicken pox. You can get the required immunizations at shot clinics, doctor's offices, urgent care clinics, and some drug stores, such as Walgreens. There are several medical clinics, dental clinics and optometrists in the area. Do you need help scheduling any of the appointments; just give your school nurse a call!

Does your child have a chronic illness, Asthma, severe allergies or seizures? Please be certain you contact your school nurse at your school's open house. We, as your school nurses, need to have medical plans in place to keep your child safe at school.

You will also be receiving a health history to be completed prior to the first day of school. We would like these forms completed fully so that we know what medication your child may be on, what health conditions affect your child and any other information you think we should know so that we can keep your child as safe and healthy as possible. Even if your child does not take his/her medication at school, it is important that we have a listing of what your student is on, so that we can be aware of any potential side effects of their medication.

You can help keep your kids healthy while they enjoy summer fun! Kids like to dive into summer to relax, unwind and have fun. Warm weather brings more opportunity to enjoy the outdoors. Here are some ways to stay safe while indoors and outdoors:

Master water safety!

Swimming and other water activities are excellent way to get the physical activity and health benefits needed for a healthy life. Get the most from these activities while helping everyone stay safe and healthy. Always be certain that children are properly supervised around water, wear life jackets when boating. Take an evening to learn CPR or refresh your CPR skills. Always remember to liberally apply sunscreen when outside and make sure you are refreshing it often.

Beat the Heat!

Watch out for the heat; the best defense for heat is prevention. Take advantage of early morning and evenings to do your lawn work, outside exercise and any other strenuous outside activities. Make sure you are educated on the signs of heat exhaustion and heat stroke.

Be safe at home and at play!

Play it safe on the playground. Learn what to do if a concussion occurs. A concussion is a type of traumatic brain injury caused by a bump, blow or jolt to the head that can change the way your brain normally works. Let's remember to always wear helmets, when appropriate!

Please enjoy this time to relax, unwind, reconnect with your family and have fun!

Patti Vincent LPN
Donelle Ellison RN BSN
402-362-1414

YPS is going Nut Safe beginning with the 2017-2018 school year so please be aware of the foods you send to school. More information to come in the August newsletter explaining what Nut Safe means to you.

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2 & 4 Green K-1-3-5 Purple	2 2 & 4 Red K-1-3-5 Green	3 2 & 4 Blue K-1-3-5 Red	4 2 & 4 Orange K-1-3-5 Orange	5 2 & 4 Purple K-1-3-5 Purple All Kindergarten Field Trip to Lincoln 5th Grade Fun/Fitness Day	6 Girls on the Run 10:00 YHS Track
7	8 2 & 4 Green K-1-3-5 Green 2C & 2G to Hastings	9 2 & 4 Red K-1-3-5 Red 5th Grade Field Trip to Lincoln	10 2 & 4 Blue K-1-3-5 Orange	11 2 & 4 Orange K-1-3-5 Purple 2BH-2JH-2M to Hastings	12 2 & 4 Purple K-1-3-5 Green SLUSHIES	13
14	15 2 & 4 Green K-1-3-5 Red 4L-4P-4K to Lincoln 1st Grade Picnic 10:00-2:00 East Hill 2nd Grade Picnic 10:30-12:30 Harrison Park 5th Grade Recognition 7:00 YHS Theater Kindergarten Snack Picnic 11-11:30	16 2 & 4 Red K-1-3-5 Orange 4C-4S to Lincoln Kindergarten Graduation 2:00	17 Last Day of School Noon Dismissal	18	19	20
5th Grade departure times: Bubak/Luce at 7:45, Bellows/Friesen at 8:45.						

Home & School

Working Together for School Success

CONNECTION[®]

May 2017



York Elementary School
NEWSLETTER

SHORT NOTES

Thank you, teacher

Encourage your youngster to decide how she wants to thank her teacher for a great year. Maybe she'll make a card that tells what she liked best. ("The engineering projects were cool. I really had fun building a bridge.") She can hand-deliver the card along with a homemade gift, perhaps a bird feeder or a pencil jar.

Middle school ahead

Do you have a child moving on to middle school? He will feel more confident if he knows what to expect. Make sure he attends orientation, where he'll meet staff and begin to learn his way around. He might also ask older kids for advice about getting from one class to another on time or finding a seat in the cafeteria.

Happy parent, happy child

A happy parent equals a happier household. To increase your family's overall happiness, try to find time every day to do something that pleases you. *Examples:* enjoy a hobby, spend time with a friend, read a book.

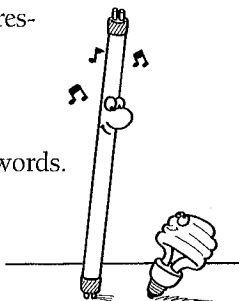
Worth quoting

"Good actions give strength to ourselves and inspire good actions in others." *Plato*

JUST FOR FUN

Q: Why do fluorescent light bulbs always hum?

A: Because they don't know the words.



Explore the outdoors

From sunny mornings when dew sparkles on the grass to dark nights when stars appear in the sky, the great outdoors is the perfect summer "classroom" for your child. Enjoy these activities together to help him appreciate nature and learn more about it.

Observe nature

Have your youngster put together an outdoor exploration kit. He could fill a shoebox or a reusable grocery bag with a magnifying glass for examining bugs, binoculars for gazing at constellations, and a sketch pad and colored pencils for drawing and labeling what he sees. Let him use his kit all summer long in your backyard, at the park, or on hikes.

Count collections

Encourage your child to gather leaves, nuts, seeds, and other objects from the ground. He'll practice math skills as he counts, sorts, and graphs his "finds." He might make a pictograph to compare the number of seeds, nuts, and leaves he collected. *Idea:* Suggest that he research his



discoveries in nature guides and display his collection with facts on index cards. ("A sweetgum ball is the fruit of a sweetgum tree.")

Take poetry walks

Go on poetry walks. Your youngster can jot down notes on what he sees, hears, feels, and smells. Perhaps he'll walk barefoot across damp grass, sniff a patch of honeysuckle, or run his hand over the bark of a tree. Then, he could use his notes to write a poem, such as:

*Dew is cool under my bare feet
The honeysuckle smells so sweet. ♥*

Celebrate learning

Let your child know how proud you are of her efforts this school year by holding a learning celebration. Here are suggestions:

- Be your youngster's audience as she reads aloud stories or reports she wrote. Asking questions will show you're interested.
- Help your child make a hallway gallery of her artwork. Hang up favorite pieces, and invite family members to take a tour.
- Show her all the progress she has made! Pull out samples of her homework or projects from early in the year. She will enjoy seeing how much she has learned and improved. ♥



Expressing empathy

How can you help your youngster develop empathy? Encourage her to be aware of how others feel and to take action with these ideas.

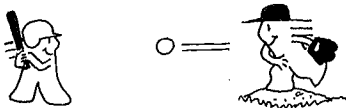
1. Recognize. This activity lets your child see the world from various points of view. First, have her cut out magazine photos of a dozen faces. Take turns choosing one and making up a story about how the person feels. Say your youngster picks a frowning child gazing out



the window on a rainy day. She could say, “He feels disappointed that he can’t go out and play.” Continue until you’ve used up all the pictures.

2. Act. Now explain that it’s time to put this knowledge into action. Ask your youngster to imagine how people feel in real life and then express empathy for them. As she goes about her day, she should keep an eye out

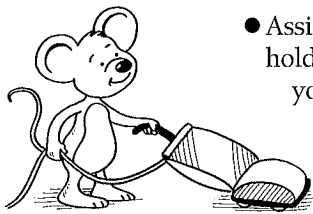
for people’s feelings. Perhaps she will spot a girl on the playground who looks anxious for a turn on the swings and offer to let her go first.♥



Routines that work

Sticking to routines in the summer makes it easier for your child to adjust to school routines in the fall. Try these tips:

- Have your youngster get up and go to bed at around the same time each day. That way, early school mornings won’t be such a big change.



- Assign household chores so your child stays in the habit of having regular

responsibilities, just like he does in the classroom. He could vacuum, sweep, or dust, for example.

- Eat regular meals together when possible. You might enjoy an early breakfast before work and reconnect with a family dinner in the evening.

- Play outdoors every day. Your youngster will stay active and burn off energy—and work toward the 60 minutes of daily recommended physical activity.♥

ACTIVITY CORNER

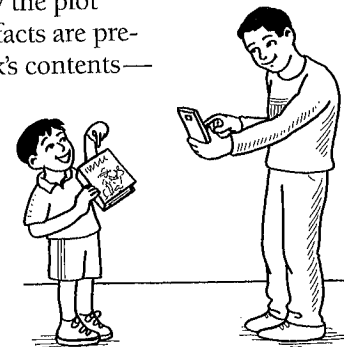
My book trailer

“You’re going to love this book! Here’s why.”

Let your child introduce friends or family to books he reads by creating his own “book trailers”—videos that give sneak peeks into books the way movie trailers do for movies.

He’ll need to think about a book’s details, how the plot unfolds, who the main characters are, and what facts are presented. Remind him to give clues about the book’s contents—but not give away the ending or any plot twists. He could practice speaking while holding up the book to show pictures.

When he’s ready, record him with a camera or cell phone. He can watch the video and re-record until he’s pleased. Then, have him share his trailer with others. Anytime he reads a book he thinks friends would like, suggest that he make a new trailer.♥



Q & A

Prevent summer math slide

Q: I’m concerned that my daughter’s math skills will get rusty while school is out. What should I do?

A: Keeping math “muscles” strong is fun!

Look for ways to add math to outdoor games. For instance, write math facts like $7 + 8$ or 9×6 in hopscotch squares. As your daughter jumps to each box, she calls out the answer. If she’s “It” during hide-and-seek, she could count to 100 by 2s, 5s, or 10s while players hide.

Also, give her opportunities to estimate. Cut open a watermelon, and ask how many seeds she thinks it contains. Or have her estimate how many people are in the deep end of the swimming pool or in your row at a baseball game. Then, she should count to check her answers. As she estimates and counts, her skills will improve.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com

ISSN 1540-5621



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



Fruit and Juice Available Every Day

Start your day off right

Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop & Go Breakfast-High School Only
STOP by the cafeteria. Bag your breakfast, and **GO** on with your day!



Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams

Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

Breakfast Meal Prices & Extras

Student Breakfast	\$1.40
Adult Breakfast	\$2.10
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
1 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Pineapple	2 A. Sausage Gravy over Biscuit and Toast B. Cereal Choices and Toast Juice Choices Applesauce	3 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Fresh Orange	4 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Mixed Fruit	5 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears
8 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit	9 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	10 A. Oatmeal with Topping Bar B. Cereal Choices and Toast Juice Choices Apple Wedges	11 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Applesauce	12 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
15 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges	16 A. Sausage Gravy over Biscuit and Toast B. Cereal Choices and Toast Juice Choices Pineapple	17 A. Waffles with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit	18 NO SCHOOL	19 NO SCHOOL
22	23	24	25	26
29	30 Summer Meals Start Breakfast 8 -8:30 Lunch 11:45- 12:45	31		

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com
 Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.



Lunchtime
Solutions, Inc.

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M Sandwich Choice
 - T-Th Sub Sandwich Choice
 - W Entrée Salad Choice
 - F Wrap or Sub Sandwich Choice
- Choices vary. See menu board for details.

Lunch Meal Prices & Extras

- ES Lunch \$2.65 Extra Entrée \$1.75
- Adult Lunch \$3.45 Extra Milk \$0.45
- Adult ONE TRIP Fruit & Veggie Bar \$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or mitch@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
1 A. Chicken Fajitas B. Corn Dog Refried Beans	2 A. Pork Fritter Sandwich B. Chicken Nuggets Green Beans Chocolate Chip Cookie	3 A. Breaded Beef Fingers B. Chicken & Noodles Mashed Potatoes with Gravy	4 A. Lasagna with Dinner Roll B. Crispy Chicken Sandwich Peas Carnival Cookie	5 A. Beef & Bean Burrito B. Pizza Steamed Carrots
8 A. Home-style Cajun Chicken Panne B. Cheeseburger Steamed Broccoli	9 A. Southwest Enchilada Bake B. Chicken Nuggets Steamed Carrots Cinnamon Bread Stick	10 A. Beef Stroganoff B. Bosco Sticks with Marinara Golden Corn	11 A. BBQ Pork Rib Sandwich B. Hot Dog BBQ Beans Home-style Coleslaw Chocolate Chip Cookie	12 A. Pizza B. Teriyaki Chicken Sandwich Mixed Vegetables
15 A. Pancakes & Sausage B. Pizza Burger Potato Triangle	16 A. Pizza B. Crisptos Black Beans	17 Noon Dismissal NO LUNCH	18 NO SCHOOL	19 NO SCHOOL
22	23	24	25	26
29	30 Summer Meals Begin at York Elementary School Breakfast 8-8:30 Lunch 11:45-12:45	31		

This institution is an equal opportunity employer and provider.