



# DUKE NEWS

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April 2016

Volume XXX Number 8

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***Mitch Bartholomew***  
Principal

***Aaron Plas***  
Activities Director/Assistant Principal

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## FROM THE PRINCIPAL'S OFFICE —

### OPPORTUNITIES FOR YHS STUDENTS

I'm tremendously proud of the progress we've made developing career based opportunities for York High School students. One successful program that was developed two years ago is our Diesel Technology Internship with Truck Center Companies. On Wednesdays after school, students have the opportunity to complete fifteen objectives established by professionals at Truck Center Companies. Some of the objectives are:

- Air Suspension
- Electrical
- Engine
- Foundation Brakes
- HVAC
- Preventative Maintenance

This internship is giving these students a very valuable experience and Truck Center Companies has been outstanding to work with. I look forward with partnering with more businesses in York to give our students career focused experiences.

### YORK DUKE PATH TO SUCCESS

Last month I focused on a new missing assignment process that YHS teachers and administration would implement during the 4<sup>th</sup> quarter. Once the quarter started, all teachers reviewed the new process with all students and we are seeing some successful results. Here are the steps when a student doesn't turn an assignment in:

- Step 1 – Teacher communicates with the student and creates a plan
- Step 2 – Teacher communicates with student again, creates a plan and communicates with parents.
- Step 3 – Teacher communicates with administration and student receives closed lunch, detention, etc.
- Step 4 – Student attends closed lunch, detention, etc.
- Step 5 – Student receives a zero for the assignment

Over the past two weeks we have seen a reduction of missing assignments. I believe this process has helped our students and teachers be more consistent about missing assignments. Please continue to support this process and communicate with your student about their homework. If you have any questions, please don't hesitate to contact me.

Mitch Bartholomew  
mitch.bartholomew@yorkdukes.org  
@MitchBartYHS

## FROM THE ASSISTANT PRINCIPAL'S OFFICE —

### York is a Great Place!

York is a great place! As we go through the year and have teams come to compete against our kids you can't help but compare your school, your town, and your kids to neighboring districts. That is human nature to compare and wonder what it must be like to be from another city. As I do this during games I always come back to same result, "York is a great place!" We have some of the nicest, most accepting, and most competitive kids that you will see the entire year. Our facilities are better than every school we go up against. Our town is as or more supportive than any rural town in the eastern side of the state. And our teachers and coaches do an excellent job preparing our students to become successful in life. This makes me beam with pride when I am wearing the Navy and Vegas Gold!

I would encourage you to take some time to look around and think of all of the amazing opportunities the city and school give to our students. It is truly amazing! York is a great place!

### Reminder

A quick reminder that the Academic Eligibility Policy will go back into effect in the fourth week of the quarter. The first report will be run on Monday, April 4<sup>th</sup>.

Aaron Plas  
Assistant Principal/Activities Director  
Twitter—@aaronplasYHS

## Honors Night

Honors Night will be held in the high school theater on Monday, April 18th at 7:00 p.m. This event is designed to honor our students for their participation and achievements during this school year.

Please consider taking the time to join us in support and appreciation of the fine young men and women who will be recognized for their outstanding achievements.

### 8TH GRADE ORIENTATION

On Wednesday, April 13th at 1:35 p.m., 8th grade public and parochial students are invited to YHS for 8th Grade Orientation.

8th grade students will meet YHS teachers and learn more about activities, athletics, curriculum and tour the building.

### VARSITY DUKETTE TRY-OUTS

Registration forms will be available in the YMS/YHS offices on April 6th. Registration forms must be turned in to the YMS/YHS offices by Friday, April 15th.

Try-out practices will be Monday, April 18th–Thursday, April 21st. Dukette try-outs will be Friday, April 22nd from 5:30-7:30 p.m. in the YHS Gym.



Juniors and Seniors at York High School are invited to this year's prom, "Rustic Romance", on April 9th. This year's prom will be held at the Holthus Convention Center.

All tickets are \$20. Tickets may be purchased in the York High School office, and photo reservations can be made at the time tickets are purchased. Tickets and photo reservations will be available in the York High School office starting on March 14th.

Doors will be opened at 6:30 pm, and students must have their tickets to enter. The meal will be served at 7:00 pm with coronation following at 8:15 pm. After coronation is complete, the dance will begin and go until 11:00 pm.

Students will not be allowed to enter after 7:30 pm, and once a student leaves prom, they will not be allowed to re-enter.

Parents are invited to the coronation of this year's Duke and Duchess as well. The ceremony will begin at 8:15 pm; doors for the parents will open at 8:00 pm. Limited seating will be available during the ceremony.

### **YORK ATHLETIC BOOSTER CLUB NEWS**

Congratulations to all the winter athletes on another successful season! I know our girls basketball players are disappointed that we didn't make it into the latter rounds of the state tournament but just getting there is a great accomplishment! We are so proud of you and all that you have accomplished through your hard work and dedication! And congratulations on all of your post-season honors! Congratulations to our boys basketball team for getting to state this year! What an exciting finish to the season! Hard work pays off!

We are gearing up for the spring season with soccer, track, tennis and golf and looking forward to the spring weather!! There are lots of events scheduled over the next 6 weeks and we look forward to avoiding any weather problems and seeing how well our spring athletes have prepared for competition! Boys and girls soccer had a cold and snowy start to their season in March, but nicer spring weather is on the way! We look forward to hearing about all of the spring sports success in the near future!

The Yowell track meet is set for Saturday, April 23rd! This is our big home track invite and it requires many volunteer hours. If you are interested in helping and we don't already have you on a list, please let Lorraine Grenfell ([402-366-2437](tel:402-366-2437)) or one of your board members know and we'd be happy to put you to work! We had a great turnout of track parents at the spring sports meeting and we have all the food we need for the Yowell meal. We could use a few extra volunteers to take tickets, sell t-shirts, and help with the field events. It takes a village to pull off all of these events and we really appreciate all of you who step up and help year after year. And even though the athletes may not say it often enough, I know they truly appreciate your hard work and commitment so they can take part in these home events!

The Athletic Booster Club is looking forward to celebrating all our athletes at the annual All-Sports Banquet. Mark your Calendars for Friday May 6th at the city auditorium. Tickets will be available at the school office starting April 15th. Hope to see you at the banquet and don't forget to get out and support the spring athletes!

It's a great time to be a Duke!!

York Athletic Booster Club



# YORK HIGH SCHOOL MUSIC DEPARTMENT NEWS!

April 2016

## Special Points of Interest:

- *Show Choir & Chamber Choir Auditions*
- *District Music Contest*
- *Men's Choir*
- *End of the Year Dates*

### YORK MEN'S CHOIR

Again this year, the vocal music department will assemble a Men's Choir to perform on the Pops Concert on Tuesday, May 10th! All men are welcome, regardless of age or experience; students, teachers, dads, grandpas, teammates, etc. Rehearsals will be on Tuesdays from 6:00-7:00 pm and Thursdays from 7:00-7:45 am beginning on April 5th. If you have questions or would like more information, contact Mrs. Wagner.

## D&D, SHOW CHOIR & CHAMBER SINGERS AUDITIONS

Auditions for next years Dukes & Duchesses Show Choir and Chamber Singers will take place on Wednesday, April 27th, 2:30—4:30pm. D&D audition will consist of a singing audition and a dancing audition; Chamber auditions will simply be singing. We will have choreography rehearsal on Tuesday, April 26th and Wednesday, April 27th from 7:00-7:45 am. This is when the students will learn and rehearse the dance portion of the audition. Please be watching for more audition information.

## END OF THE YEAR AT A GLANCE

As we come to the end of the year, we have a few dates to remember.

April 21 & 22 - District Music Contest

April 25-29 - Pops Concert Auditions

April 26 & 27 - D&D Audition Rehearsal, 7:00 am

April 27 - D&D & Chamber Auditions, 2:30 - 4:30 pm

May 2 - Fine Arts Banquet

May 9 - YMS Talent Show, 7:00 pm

May 10 - Choir 'Pops' Concert 7:00 pm

May 12 & 13 - YHS Musical, *Into The Woods*, 7:30 pm

May 15 - Graduation (Band & Choir will be playing & singing)

## DISTRICT MUSIC CONTEST

District Music Contest will be held at Norris High School on Thursday, April 21st and Friday, April 22nd.

The following Vocal Music groups will be performing:

- Groups performing on Thursday, April 21st are: Piano Solos and Show Choir.
- Groups performing on Friday, April 22nd include: Women's Ensemble, Concert Choir, Small Ensembles and Solos.

A Vocal Music event schedule will be made available at a later date.

Senior High Band members are rehearsing to enter the following solo/small ensemble categories in this year's District Music Contest.

### Instrumental Events

Thursday, April 21<sup>st</sup>

**Piano Solo**

Ann Wagner

3:12 p.m. / Room: Auditorium



## DISTRICT MUSIC CONTEST (CONT.)

### Instrumental Events

Friday, April 22<sup>nd</sup>

<b><u>Flute Solo</u></b>	Kira Horn	12:48 p.m. / Room: S-3
<b><u>Clarinet Duet</u></b>	Cami Bolte/Emily Geiger	12:54 p.m. / Room: S-3
<b><u>Alto Saxophone Solo</u></b>	Braydon Conell	1:00 p.m. / Room: Band
<b><u>Tenor Saxophone Solo</u></b>	Ethan Milleson	1:06 p.m. / Room: Band
<b><u>Jazz Ensemble</u></b>	Megan Quast-Flute/Ann Magner-Piano Paul Holmes-Bass Guitar/Jared Fletcher-Drums	1:12 p.m. / Room: Band
<b><u>Clarinet Solo</u></b>	Emily Geiger	1:36 p.m. / Room: S-3
<b><u>Clarinet Solo</u></b>	Alexandra Saathoff	1:42 p.m. / Room: S-3
<b><u>Woodwind Ensemble</u></b>	Maria Hernandez-Banda (Giselle)-Clarinet/Morgan Moore-Clarinet Mayra Cerritos-Clarinet/Brisa Lara-Gonzalez-Clarinet Jennifer Rodriguez-Clarinet/Norah Hernandez-Banda-Flute	1:48 p.m. / Room: S-3
<b><u>Trumpet Duet</u></b>	Angelo Lara-Gonzalez/Hayley McClelland	2:12 p.m. / Room: S-6
<b><u>Guitar Solo</u></b>	Paul Holmes	2:18 p.m. / Room: S-6
<b><u>Clarinet Duet</u></b>	Kortnie Sheppard/Kalee Walbrecht	3:36 p.m. / Room: S-3
<b><u>Clarinet Duet</u></b>	Kimberly Hallisey/Madason Wilson	3:42 p.m. / Room: S-3
<b><u>Tuba Solo</u></b>	Tommy Eckhart	3:54 p.m. / Room: S-6
<b><u>Trumpet Duet</u></b>	Bryce Carson/Angelo Lara-Gonzalez	4:00 p.m. / Room: S-6

### FINE ARTS BOOSTERS

The "Fine Arts Fiesta" will be Monday, May 2nd at Chances "R" at 6:30 p.m.



Tickets go on sale the end of April. Fine Arts seniors will receive a complimentary ticket.

More information will be in the May newsletter.

### GIRLS ON THE RUN 5K

The Southeast Regional GIRLS ON THE RUN 5k presented by York Medical Clinic will be Saturday, May 7<sup>th</sup> at 10:00 a.m. at the York High School Track area. We will be celebrating our 10<sup>th</sup> Anniversary!

The 5k is open to males and females of all ages. Walkers are welcome! The deadline for a guaranteed T-shirt is April 7th.

Entry forms are available online at [GOTRNebraska.org](http://GOTRNebraska.org).

We are also seeking volunteers to help on race day, whether it be on the race route, the registration table, the happy hair station, or a variety of other jobs. If you would like to volunteer, please contact Lori Suddarth at 402-362-6700.

## **APRIL NURSE'S NOTES**

### **SPRING HAS ARRIVED**

#### **Allergy Prevention Tips**

Over 67 million Americans suffer from allergies every day. We don't want allergies to control your life. Severe allergy sufferers: get the up-to-the-minute local pollen count you need to help plan your daily activities...so you can take your allergy medication when it matters...before the allergies start. Check your local daily pollen counts. Just because you have allergies doesn't mean you should stop enjoying the outside world.

- ◆ Keep your windows closed in your home and car to avoid letting in pollen, especially when the local pollen count is high. Set your air conditioners to re-circulate in your home and vehicle, to avoid drawing in outside pollen-rich air.
- ◆ Sign up for allergy alerts so you can easily monitor the allergy counts in your area. Forewarned is forearmed.
- ◆ The pollen counts are the highest between 5am and 10am, so limiting your outside exposure during those times can be extremely helpful for diminishing your allergies.
- ◆ Limit exposure on mornings that are especially warm and dry; these will usually be the high pollen count days. Days that are dry and windy also have high pollen counts. The best time for outdoor activities is immediately following a heavy rainfall.
- ◆ Avoid line drying your clothes and bedding outdoors when your local pollen count is high.
- ◆ Wash your face and hands after you've been outside to remove pollen. Also, change and wash clothes if they've been exposed to pollen.
- ◆ Bathe and shampoo hair daily before going to bed to remove pollen from hair and skin in order to keep it off your bedding. Wash bedding in hot, soapy water once a week.
- ◆ Minimize contact with items that have come in contact with pollen, such as pets and people that have spent a large amount of time outdoors.
- ◆ Wear sunglasses to protect your eyes from pollen, and in severe allergy cases, wear a facemask when daily pollen counts are extremely high.
- ◆ Visit your allergist or doctor to see if the allergy shot is for you. Be consistent with your allergy medications for best results.
- ◆ If you're traveling, check our allergy forecasts for your destination. Also, be sure to check out our helpful traveling tips for allergy sufferers.

#### **Fight the Bite of Mosquitoes**

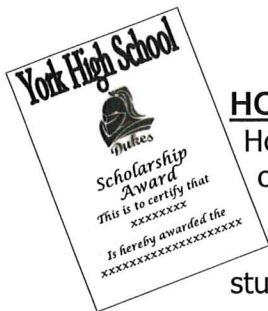
- ◆ Avoid being outside during early morning or early evening.
- ◆ Wear long sleeves and pants when outdoors.
- ◆ Use an insect repellent containing DEET and is safe for children.
- ◆ Use screened windows and doors so insects don't enter your home.
- ◆ Screen or cover rain barrels.
- ◆ Empty all containers that collect standing water such as flowerpots, pet bowls, buckets, tires, toys, bird baths, tarps, etc.
- ◆ If you can, avoid wooded and bushy areas with high grass and leaf litter.
- ◆ Walk in the center of paths.
- ◆ Wear a long-sleeved shirt, long pants and socks.
- ◆ Tuck the shirt into the pants, tuck pants into socks.
- ◆ Use an insect repellent that contains DEET.

#### **Symptoms of Diseases Spread by Mosquitoes**

- ◆ Most people don't have any symptoms. But, the most common symptoms are like the flu:
- ◆ Fever, headache, and body aches
- ◆ Nausea, vomiting, and tiredness
- ◆ Some people may have a rash or swollen lymph glands

#### **Find and Remove Ticks**

- ◆ Check yourself at least twice a day.
- ◆ Check under arms, in and around ears, inside the belly button, behind the knees, between the legs, around the waist, and in hair.
- ◆ Take a bath or shower as soon as you can after coming indoors (within two hours) to wash off and more easily find ticks that are crawling on you.
- ◆ To remove a tick, use fine-tipped tweezers to grasp the tick as close as you can to the skin's surface.
- ◆ Pull slowly and steadily until the tick lets go. Do not twist or jerk the tick.
- ◆ Wash the bite and your hands with rubbing alcohol, or soap and water.
- ◆ Monitor the site that you pulled the tick from for any changes and report to the doctor if there is redness or swelling. Report to the doctor if you have fever, chills, headache or body aches.



## GUIDANCE NEWS

### HONORS NIGHT/SENIORS AND PARENTS:

Honors Night will be held on Monday, April 18 at 7:00 p.m. If your student has received college scholarships and/or is planning to go into the **MILITARY (including National Guard)**, please let us know so we can include them in our program. Colleges and other organizations do not always let us know about these and we want to honor those students for their accomplishments.

### AFTER HONORS NIGHT:

After Honors Night, seniors will be sent important information on how to collect their scholarship funds. An e-mail will be sent to each student. (If a parent wishes to also receive this e-mail, please send an e-mail to Deb Stuhr at [deb.stuhr@yorkdukes.org](mailto:deb.stuhr@yorkdukes.org) requesting this.) Most scholarships are paid per semester, so it's important to hold onto these contacts through second semester because you will be asked to submit your information to these committees again. If you do not receive the information a few weeks, please let the guidance office know.

Students are also required to promptly write a thank you note for each scholarship received. The notes are provided by the Guidance office, but postage must be handled by your student.

### REMINDER: SUMMER SCHOOL CLASSES FOR CREDIT RECOVERY

Summer school classes for credit recovery will be offered at the Enrichment Center again this year. This is only through the month of June for students who are at risk of not meeting York High School graduation requirements. Space is limited and priority will be given to first semester failures. There is a fee for attending summer school. A letter will be sent out to parents with at-risk students later in April explaining the process to follow if you want your child to take a class. If you have questions, please feel free to contact your child's counselor as soon as possible.

### 2016-2017 SENIORS

If you are considering college and plan to apply for scholarships, we encourage you take the June ACT test. Fee waivers for the June test are available until the regular registration deadline of May 6. ACT scores from tests taken in the junior year are used for Regents scholarship competition. Seniors have three chances (September, October and December) to better their scores for scholarships and college entrances (UNL, UNK and UNO require a score of 20). Many scholarships have very early deadlines (example: Horatio Alger – Oct. 31) so taking those earlier tests ensures scores will be available when needed.

### ACT TEST DATES

Saturday, June 11

### REGISTRATION DEADLINE

May 6 (Late fee dates-May 7-20)

### FEE WAIVERS:

Cost should never be a deterrent when it comes to college opportunities. If this is an issue for your child, please take full advantage of fee waivers available through the ACT, SAT or the NAIA and NCAA. These are available for our students who qualify for free or reduced lunches. If you would like to know if you qualify or just want to pick up a waiver, you or your student needs to come to the guidance office.

### NAIA AND NCAA REGISTRATION

If you want to play sports in college, you will need to register with the NAIA (fee is charged) or the NCAA, depending on the college you wish to attend. These two organizations require ACT scores sent directly from the ACT testing center so you will need to include the NAIA code (9876) or the NCAA code (9999) in your choices of where you want your scores sent. If scores need to be sent later, there is a fee for each score sent. *Please also be sure Mrs. Stuhr is aware of your college sport participation so your final transcript gets sent to these entities.*



## **SOPHOMORE AND JUNIOR PARENTS: CAREER ACADEMY AND SCHOLARSHIPS**

Sophomore and junior parents are invited to a meeting on Wednesday, April 6, beginning at 6:00 PM to learn first-hand from our representatives from Southeast Community College about Career Academy classes. These college classes are held at YHS during the school day, and students receive college credit as well as high school credit! We will also touch on opportunities and scholarships as your students approach their senior year. Now is the time to prepare and organize! (This meeting should last less than one hour.)

## **COLLEGE CAMPUS VISIT**

Our final college campus visit for this school year is planned for Monday, April 25, and this will be for our freshmen students. All freshmen will visit the campus of Central Community College in Hastings and Hastings College. Information is sent to the parents of each student. If you have questions, please call the Guidance office.

It is our hope that these campus visits throughout the school year have helped expose our students to an exciting world of post-secondary educational opportunities and the many facets suited to each individual college. Once again, we're grateful for the College Access Grant and the community support to make these endeavors possible.

## **PETER KIEWIT**

Summer opportunities are ready for applications from 10<sup>th</sup> and 11<sup>th</sup> grade students. The Holland Academy of Excellence (June 12-15) is for students currently in 10<sup>th</sup> grade. This unique program was established as an initiative to actively engage high school students who excel in math and science, and who have an interest in engineering and technology. This three-day development experience allows students to apply engineering and technology concepts by attending faculty-lead workshops in state-of-the-art labs.

The Academy of Sustainable Environments and Renewable Resources (July 25-28) is for 11<sup>th</sup> grade students. This academy focuses on the growing need to promote green building practices, technologies, policies and standards to build an environmentally responsible, economically profitable, and healthy future for the region. Students will experience interactive workshops, hands-on demonstrations in our labs as well as tour LEED Certified buildings. To apply go to Peter Kiewit Institute site and select the academy and click Apply here. Share application information with Ms. Hubbard so she can do your academic verification form and recommendation. If you have questions, see Ms. Hubbard.



## **CELEBRATING SENIORS**

We have extremely awesome seniors at York High School! Therefore, we look forward to celebrating them and their future plans with some special recognition on Thursday, April 28. Seniors are strongly encouraged to wear a t-shirt representing the college he/she plans to attend and stay for lunch at school that day so a class photo can be taken.

We are proud of these hard-working students and future leaders!



## **SUMMER DRIVER'S EDUCATION DATES**

We are planning on offering summer driver's education again this summer. We will be offering **2 sessions**. Both sessions will be from 8:00 a.m. to 1:00 p.m. Our first session will run from **Tuesday, May 31st through Friday, June 3rd**. The second session will run from **Monday, June 6th through Thursday, June 9th**. Students must have a permit (Learners or School permit) by August 1 to be able to complete the driving portion of the class. PLEASE NOTE: Sign up is on a first come-first serve basis. If you have a special need to get into one of these sessions, please make arrangements to do so early.

Driver's Education courses will offer classroom instruction and behind-the-wheel training. The cost is \$275.00 for in-district and \$325.00 for out-of district students. If you are interested, please contact the high school office. **The deadline for signing up and payment will be Friday, May 6th.**



## YORK FFA CHAPTER

York AG ED Celebrating 99 Years  
York FFA Chapter Celebrating 88 Years

Don't Forget about:

• **York FFA's Greenhouse - Open**

**April 9th 9am to 1pm**

- Also available this year we will be hosting several container potting sessions.
  - \* You bring your container
  - \* Select the plants you like
  - \* We will help you Plant your container
  - \* We will grow your container until freeze warnings have passed.

**Accepting Containers now!!**

Call or Text: Jason Hirschfeld: 402-366-5231  
Cal Williams: 402-641-6564



## **Congratulations**

**Being Recognized at the  
State FFA Convention for  
Outstanding Dedication and  
Service to FFA!!**

**Mitch Bartholomew**

**Cornerstone Award**

**Administrator**

**State FFA Degree**

**Jason Hirschfeld**

**Agriculture Education Teacher**

**Honorary State Degree**

**Pam Williams**

**Honorary State Degree**

## **What Color Do You Bleed?**

**“DUKE BLUE”**

The York Fire Dept., York FFA, and  
Community Blood Bank

**Our Next Blood Drive  
is Wednesday, April 27th  
High School East Parking Lot  
Look for the Mobile Unit  
11:00 am till 3:00 pm**

**PLEASE BE THE TYPE THAT GIVES!**

Please call  
**402-641-6564 or 402-362-6655**

To sign up and support this  
Outstanding Community Project

We receive \$10 per unit collected for the FFA  
Scholarship Fund.

**THANK YOU TO THE 48 DONORS WHO MADE THE  
JANUARY BLOOD DRIVE A SUCCESS!!!!**



**District Contest Results—Congratulations to the following for an outstanding performance at Beatrice.**  
 Fifteen schools are in District 5 and each contest averages 70 to 100 individuals.  
**York FFA earned 31 medals, 2 plaques, and 8 teams are going to state for Career Development Events.**  
 Top 10 Individuals in a contest earn medals. **\*\*State Qualifier.**

### **CONGRATULATIONS – QUALIFYING FOR STATE FFA CONVENTION**

#### **Ag Biotechnology 1<sup>st</sup> \*\***

Madison Harcrow  
 Maria McDougall  
 Tayte Hansen  
 Mara Stuhr  
 Erin Lee  
 Mary Heng  
 Holly Rockenbach

#### **Nat'l Resources 5<sup>th</sup> \*\***

Carlos Munoz  
 Tyler Cast  
 Genevieve Tonniges  
 Colin Kitt

**Good Luck to the York  
 FFA Members & Teams  
 Qualifying for State!!**

#### **IN CAREER DEVELOPMENT EVENTS Eight Teams Qualified**

*Ag Sales*  
*Ag Marketing*  
*Agriscience*  
*Ag Biotechnology*  
*Floriculture*  
*Food Science*  
*Natural Resources*  
*Veterinary Science*

#### **Ag Sales 1<sup>st</sup> \*\***

Sam Redfern  
 Paige Cradick  
 Madison Harcrow  
 Riley Osentowski  
 Leon Linhart  
 Gage Sinsel  
 Jayden Vanderheiden  
 Alex Kowalski

#### **Ag Science 3<sup>rd</sup> \*\***

Sam Kohmetcher  
 Max Kohmetcher  
 Garrett Snodgrass  
 Mayson Conner  
 Lucas Stuckey  
 Jeb Lucas  
 Reid Hoffmann  
 Ben Kowalski

#### **Vet Science 2<sup>nd</sup> \*\***

Camryn Wiens  
 Sam Reorda  
 Erika Hinz  
 Nicole Mittman  
 Lauren Kaliff  
 Kaiya Alexander  
 Shelby Pieper  
 Max Kohmetcher

#### **Food Science 2<sup>nd</sup> \*\***

Maria McDougall  
 Tayte Hansen  
 Mara Stuhr  
 Erin Lee

#### **Earning the State Degree**

**Camryn Wiens**  
**Tonya Grotz**  
**Jason Gloystein**  
**Allee Maronde**  
**Ali Riley**  
**Ethan Thorne**  
**Carter Fernau**  
**Ethan Cradick**

#### **Marketing Plan 2<sup>nd</sup> \*\***

Holly Rockenbach  
 Kate Erwin  
 Kirsten Wagner  
 Kinsley Flynt

#### **Floriculture 2<sup>nd</sup> \*\***

Holly Rockenbach  
 Sam Redfern  
 Paige Cradick  
 Tayte Hansen  
 Mary Heng  
 Maria McDougall  
 Tonya Grotz

### **LEADERSHIP SKILLS: The Following Qualified for State**

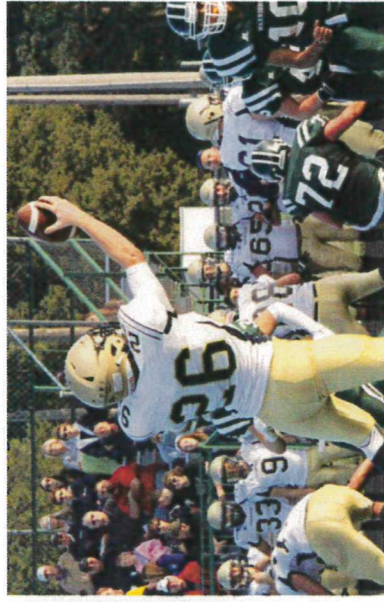
<u><b>Discovery Speaking</b></u> Lindsey Stuckey	<u><b>Ag Literacy</b></u> Lilly Holthus	<u><b>Extemp Speaking</b></u> Max Kohmetscher	<u><b>Job Interview</b></u> Paige Cradick
<u><b>Creed Speaking</b></u> Lauren Kaliff 1st Alternate	<u><b>Junior Public Speaking</b></u> Genevieve Tonniges 1st Leon Linhart 2nd	<u><b>Senior Public Speaking</b></u> Sam Redfern 1st Riley Osentowski 2nd	
<u><b>Jr. Parli Pro</b></u> Tenly Hansen, Sam Kohmester, Simon Otte, Bryce Danielson, Max Kohmetsher, Lauren Riley, Nicole Mittman			



# 6th Annual York Future Dukes Football Camp



You are the future of our  
program!!

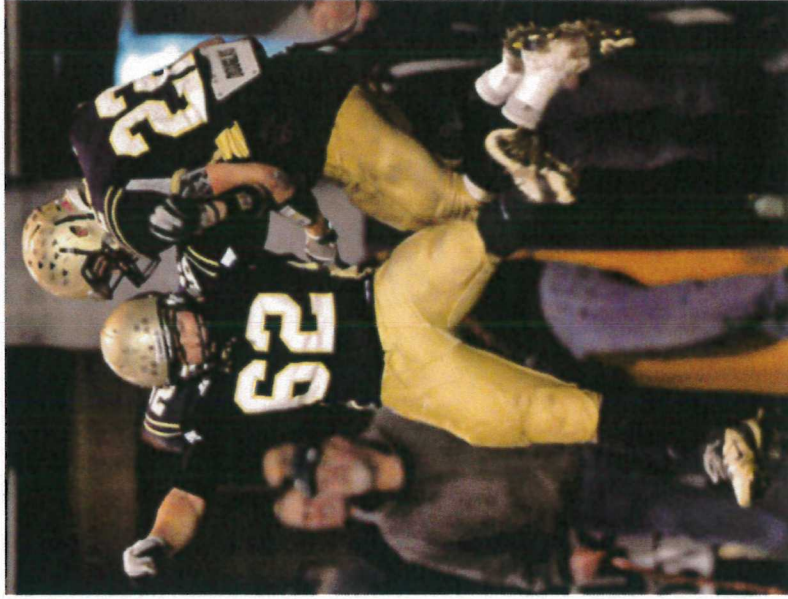


WE PLAY FOR THOSE WHO CAME  
BEFORE US. WE SET THE STANDARD  
FOR THOSE TO COME

**May 23rd-May 25th**

**-3rd-5th grade 9:00-11:00:**

**-6th-8th grade 11:00-1:00**



**DUKE POWER**

**Coach Snodgrass Phone (308)325-6555**

(402)362-6655

York High School

1005 Duke Drive

York, Ne 68467

## Camp Staff

Coach Glen Snodgrass

Coach Matt Kern

Coach Jordan Crawford

Coach Randy Howell

Coach Matt Brackhan

Coach Jake Snodgrass

Coach Scott Kahmetscher

Jr High Coaching staff



**York Duke Football**

**BAND OF BROTHERS**

## WHAT\WHEN\WHERE

This will be a NON CONTACT football skills camp, focusing on safety, fundamentals, basic football strategy, and rules.

This is a great opportunity for your son or daughter to develop basic football knowledge at an early age. This camp will also use terminology, plays, and skills that the York Varsity, Freshman, and Jr. High teams will use. This camp will prepare your child to become a Duke in a FUN and SAFE environment. **FREE T-SHIRT**



Future Duke  
Football  
Camp  
May 24th-  
May 26th

## HOW MUCH:

\$30.00 per student athlete

Make checks out to York Football

**WHEN:** May 23rd-May 25th.

## **WHO:**

Students going into 3rd-5th grade will begin at 9:00 AM and be finished daily at 11:00 AM.

Students going into 6th-8th grade will begin at 11:00 and be finished daily at 1:00

**\*\*please have students at the field 5-10 minutes early**

## **WHERE**

**Camp will take place at the YORK HIGH SCHOOL Field.** In case of bad weather, camp will take place in the gym.

**WHAT TO BRING:** Shorts, t-shirt, cleats if possible. if not, athletic shoes are fine.



## **Application:**

**Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Grade entering:** \_\_\_\_\_

**T-shirt size:** YS YM YL S M L XL

**Contact:** \_\_\_\_\_

**Home phone:** \_\_\_\_\_

**Work phone:** \_\_\_\_\_

**Cell:** \_\_\_\_\_

I hereby certify that the York Duke Future Duke camp staff has full and unconditional authority to proceed with diagnosis and treatment as judgment indicates for injuries during camp. The camp staff shall not be held responsible for any consequences resulting from such injuries. We, the undersigned parents or guardians of the above named minor, do hereby authorize the camp staff or their designee to select hospital facilities and or a physician of his choice and authorize treatment of the above-named camper on an emergency basis in the event such treatment becomes necessary as a result of the participation in the Future Duke Camp. We hereby grant permission for him to participate in the camp and acknowledge the fact that he is physically able to participate in camp activities. I will be responsible for all medical bills incurred as a result of illness or accidents for which medical treatment is necessary while the above applicant is at camp. I declare that I am the father\mother\guardian of the above-named minor.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**\*\*PLEASE HAVE FORMS TURNED IN BY MAY 6TH TO GUARANTEE A T-SHIRT. LATE FORMS WILL BE ACCEPTED UP TO THE FIRST DAY OF CAMP.**



## Sexual Imagery on the Internet

We want to help our kids develop healthy perspectives about sex, and not let the media be their only source of information. On the Internet, even innocent searches can lead to sexual imagery or pornographic content. So, it's important to talk early and often to make sure your kids get the messages you care most about communicating.

- **Figure out what you want your kid to know.**

Identify your own personal concerns: What are you most worried about with respect to sexual imagery on the Internet? Why? How might the Internet interfere with your goals for your child's healthy sexual development? What alternative messages do you want to make sure they receive?

It may be awkward, but it's important to talk to your kid about:

- your key concerns regarding his or her exposure to age-inappropriate sexual images and messages
- why you have these concerns
- what you hope for your son or daughter with respect to intimate relationships, now and for the future

At the same time, you can encourage your kids to view media messages critically. Point out that sex often gets everyone's attention, so in the media sex is often used to sell something. It is important that your children understand that scripted sex is not reality. Pornography is extreme and not representative of the vast landscape of human sexuality; plus it can convey an exploitive and degrading perspective.

- **Pay attention to your tone.**

It is important to remember that how you talk to your teen regarding this subject is just as important as what you discuss. Your tone and body language will communicate as much as your words! Think of two or three adjectives that describe how you hope you'll come across to your child when talking about sexuality. Then, keep those words in the front of your mind as you enter the conversation. Humiliating, shaming, or using scare tactics on your child regarding their sexual curiosity is both damaging and counterproductive. Your child's interest and exploration of sex and their own sexuality is both natural and normal. By making your son or daughter feel ashamed, you will lose the opportunity to help him or her navigate future challenges and develop his or her own values.



- **Take that first (difficult) step.**

A great way to start the conversation is by simply asking your child if any of their friends have had conversations with their parents about pornography or sexual imagery on the Internet. You can say, "I know it can be awkward to talk about at first, but there are some really important things I want you to know." If you are nervous, write down what you want to say or practice when no one is around.

Remember that no matter how the first conversation goes, this isn't meant to be a one-time discussion; you can (and should!) revisit or continue the conversation later if you forgot to include something or want to reemphasize a particular point. You've already fought half the battle just by taking on the conversation. Just by starting a conversation, you have communicated to your child that this is on your mind and that you're clued-in, aware, and concerned.

If you or your teen comes across any material that sexually exploits minors, you do have a duty to report it. You can report it to your local authorities or contact the CyberTipline for the National Center for Missing and Exploited Children. You can contact the center 24 hours a day at 1-800-THE-LOST or report an incident online at **[www.cybertipline.com](http://www.cybertipline.com)**.

## Time to start thinking about the NEBRASKA 2016 STATE FAIR!

Dennis Haack will be sponsoring the students competing. I will be sending in list of student competitors to the NE State Fair before I finish my contract with YHS. If you have competed on the testing and performance days in the past, you will be entered in the same competitions you have done before. If you want to add new contests, please let me know. Please get me a current tee shirt size. Anyone interested in being a new competitor in the testing and performance competitions please contact me. Students are eligible for testing and performance contests if they have completed 3<sup>rd</sup> grade; students are entered as the grade level they are in the spring of 2016. Transportation will be provided for students in 7<sup>th</sup> grade or above if needed; transportation for younger students must be provided by parents or guardians or approved adult. If you have questions please contact me 402-362-6655 option #2 or sheila.hubbard@yorkdukes.org.

Please consider entering the early entry competitions. The early entry contests are for students completing kindergarten – 12<sup>th</sup> grade. Descriptions for all competitions are available on the NE State Fair web site, <http://www.statefair.org>; in the golden area at top click on middle tab-Get Involved; select Domestic Exhibits from the list and from this list select education there you will find the Education Entry Book, select and the book will come up. Please read about the various contests. The performance or live testing contests at the State Fair, will be on Saturday and Sunday, August 27 & 28, 2016. Preliminary times are listed in the entry book. Each contest students want to participate in needs to be entered on the master entry spread sheet; I will submit this on May 31, 2016. The essay, poetry, penmanship, and the power point entries must be submitted digitally, essays, poems, and penmanship have a variety of submission options all need to be submitted by 7/15/16 by the individual student. Please inform me you are entering these contests so you are listed on the master entry form. . All other early entries are to be delivered to Dennis by August 10, 2016. Dennis and I will correctly mount, label, and he will deliver them to Grand Island. The themes for Art, Brick Art, Computer Graphics, Essay, Poetry, and Power Point are listed beside the contest below and in the entry book. Penmanship has excerpts to be copied in the individual's best penmanship. The excerpts are from a NE author, different selections for different ages. The excerpts are available from me when you send me your name to be entered in this contest. S. Hubbard & Dennis Haack, YPS State Fair Education Competition Coach

Performance contests denoted by \*; new contests this year denoted by #:

3-D Art	*Impromptu Speaking
Art – winter in NE, may enter two pieces	*Math Test
Brick Art – My NE	*Monologue (any 25-60 line for all ages)
Computer Graphics – A local or NE park or historical site (maybe Wessel's Living History Farm)	
Penmanship	*Quiz Bowl
*Construction Science	Poetry – winter in NE
*Cup Stacking	Power Point – a local or NE state park or historical site
Environment Poster	*Science Test
Essay – grades 3-12 Do students have too much homework?	
K-2 What I like or don't like or both about winter in Nebraska.	
Science Display (this can be from the local Science Expo)	
Service Project Group	Service Project Individual
*Grammar Test	*Social Studies Test
*Improvisation	*Spelling Test
*Poetry Recitation (Poetry Out Loud for HS)	Warmth for Veterans
group art project	story board about a book and/or author
#Cut Snowflakes, any pattern, 3X3 up to 9X9 inches diameter, may enter 1-3 snowflakes	
#Zen Coloring Any Zen coloring page, 9X12. May enter 1 or 2	
#Short Story – grades 9-12 max words 2000; grades K-8 max words 1500. If a story can be told with much less that is fine.	



## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



## Fruit and Juice Available Every Day

Start your day off right

## Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

## Stop & Go Breakfast-High School Only

STOP by the cafeteria. Bag your breakfast, and GO on with your day!

### Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams



Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

## Breakfast Meal Prices & Extras

Student Breakfast	\$1.35
Adult Breakfast	\$2.05
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
4 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices	5 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	6 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	7 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices	1 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices
11 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	12 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	13 A. Scrambled Eggs And Toast B. Cereal Choices and Toast Juice Choices Fresh Orange Milk Choices	14 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	15 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices
18 A. Pancakes with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	19 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	20 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges Milk Choices	21 A. Oatmeal w/ Toppings B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices	22 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices
25 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears Milk Choices	26 A. Iced Long John B. Cereal Choices and Toast Juice Choices Mixed Fruit Milk Choices	27 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple Milk Choices	28 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Sliced Peaches Milk Choices	29 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce Milk Choices

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or mitch@lunchtimesolutions.com  
Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.



Lunchtime  
Solutions, Inc.





# YORK HIGH SCHOOL (9-12)

MY LUNCHTIME  
MY CHOICES!

# LUNCH MENU - APRIL 2016

## Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

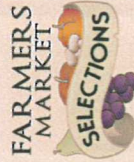
Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>



## Other Entrée Choices Available Daily:

### C. Sub/Salad/Sandwich Entrées

**M-W** Sub Sandwich Choice  
**T-Th** Entree Salad Choice  
**F** Sandwich Choice

Choices vary. See menu board for details.

### D. Deli Wrap Entrées

**M** Combo Deli  
**T** Fajita Chicken  
**W** Turkey Deli  
**Th** Ham Deli  
**F** Grilled Chicken

### E. Vegetarian Entrées

**M-W** Vegetarian Salad  
**T-Th-F** Fruit, Yogurt & Cheese Plate




All E. include roll or breadsticks

## Lunch Meal Prices & Extras

HS Lunch	\$2.70	Extra Entrée	\$1.75
Chef Entrée	\$2.00	Extra Milk	\$0.45
Adult Lunch	\$3.40	Extra Side	\$0.50
Adult ONE TRIP Fruit & Veggie Bar	\$1.75		\$1.75

**Questions or comments:** Contact Mitch Novak, Food Service Director at 402-363-9169 or [mitch@lunchtimesolutions.com](mailto:mitch@lunchtimesolutions.com)

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
<b>Schoolin' the Street</b> <b>Jerk Chicken Flatbread</b> Boldly seasoned chicken served on a warm flatbread and topped with a tangy coleslaw. A Caribbean favorite in your lunch line.				1 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Breadstick
4 A. Chicken Fajitas B. Pork Fritter Sandwich Baked French Fries	5 A. Pizza Hut Pizza B. Taco Burger Roasted Garbanzo Beans 	6 A. Turkey & Gravy and Dinner Roll B. Crispy Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	7 A. Home-style Spaghetti with Meat Sauce and Bread Stick B. Crispy/Spicy Chicken Sandwich Green Beans Gelatin Dessert	8 A. Home-style White Bean Chicken Chili and Crackers B. Corn Dog Golden Corn Frosted Cinnamon Roll
11 A. Cheeseburger B. Orange Chicken over Rice Green Beans	12 A. Pizza B. Golden Macaroni & Cheese and Dinner Roll Peas	13 A. Italian Dunkers with Marinara Sauce B. BBQ Rib Sandwich Candied Carrots	14 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	15 A. Super Nachos B. Baked Fish & Cheese Sandwich Refried Beans Cinnamon Bread Stick
18 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich Peas	19 A. Sloppy Joe B. Pizza Hut Pizza BBQ Beans Sugar Cookie 	20 A. Breaded Beef Patty and Dinner Roll B. Crispy Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	21 A. Home-style Chicken Ranch Pasta and Bread Stick B. Mini Corn Dogs Green Beans Kale 	22 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich Chili Lime Corn Carnival Cookie
25 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Cheeseburger Mixed Vegetables	26 A. Pizza B. Taquito Grande Peas	27 A. <b>Schoolin' the Streets: Jerk Chicken Flatbread</b> B. Pork Fritter Sandwich Baked Beans	28 A. Home-style Beef Goulash and Bread Stick B. Grilled Chicken Sandwich Green Beans Sugar Cookie	29 A. Buffalo Chicken Pasta and Dinner Roll B. Hot Dog Golden Corn Chocolate Chip Cookie

This institution is an equal opportunity employer and provider.





## Cruisin' Café

Cruisin' Café provides complete nutritional meals for students who are on-the-go. Choose Cruisin' instead of skipping lunch or purchasing your lunch outside of school.

### ALL Cruisin' Café Meals Include:

- \* Fruit Choices
- \* Fresh Vegetable with Dip
- \* Milk Choices
- \* Sunny Delight



### Why Choose Cruisin' instead of fast food?



- Less money-better value
- Charge to your lunch account- no cash or debit card required
- Get your food faster - it's right here!
- Lower Fat & Sodium - served with fruits & vegetables.

# MY LUNCHTIME CHOICES!

### Lunch Meal Prices & Extras



Cruisin' Café	\$3.95	Extra Cruisin'	\$2.50
Adult Cruisin'	\$4.50	Entrée	
Bottled Water	\$0.75	Extra Milk	\$0.45

Cruisin' Café is available for students that qualify for free or reduced-price meals.

### Questions or Comments:






Contact Mitch Novak, Food Service Director, at (402) 363-9169 or [mitch@lunchtimesolutions.com](mailto:mitch@lunchtimesolutions.com)

# CRUISIN' CAFÉ MENU - APRIL 2016

Mon	Tue	Wed	Thu	Fri
				1 A. Popcorn Chicken B. Bacon Cheeseburger Baked Eagle Crisps
4 A. Italian Meatball Sub B. Chicken Nuggets Potato Salad Baked Eagle Crisps	5 A. Popcorn Chicken B. Pizza Hut Baked Eagle Crisps 	6 A. Golden Crispy Chicken Sandwich B. Bacon Cheeseburger Baked Beans Baked Lays Chips	7 A. Buffalo Chicken Flatbread B. Bosco Sticks with Marinara Baked Lays Chips	8 A. Meat and Cheese Burrito B. Pizza Burger Baked Lays Crisps
11 A. BBQ Chicken Flatbread B. Popcorn Chicken Potato Salad Baked Eagle Crisps	12 A. Homestyle Pizza B. Italian Chicken Sub Baked Lays Chips	13 A. Double Cheeseburger B. Golden Crisp Chicken Baked Lays Chips	14 A. Stuffed Chicken Burrito B. 1/4 Pound Hot Dog BBQ Beans Baked Lays Chips	15 A. Buffalo Chicken Sandwich B. Bacon Cheeseburger Baked Lays Chips
18 A. Bosco Stick with Marinara B. Meat and Cheese Burrito Potato Salad Baked Eagle Crisps	19 A. Pizza Hut B. Italian Meatball Sub Baked Lays Chips 	20 A. Golden Crispy Chicken Sandwich B. Hot Hawaiian Flatbread Baked Beans Baked Lays Chips	21 A. Bacon Cheeseburger B. Popcorn Chicken Baked Eagle Crisps	22 A. Cheeseburger Sliders A. Chicken Nuggets Baked Lays Chips
25 A. Italian Chicken Sub B. 1/4 Pound Hot Dog Potato Salad Baked Lays Chips	26 A. Homestyle Pizza B. Meat and Cheese Burrito Baked Lays Chips	27 A. Double Cheeseburger B. Buffalo Chicken Sandwich BBQ Beans Baked Lays Chips	28 A. Hot Ham & Cheddar Sandwich B. Golden Crispy Chicken Sandwich Baked Lays Chips	29 A. Popcorn Chicken B. Bacon Cheeseburger Baked Eagle Crisps

This institution is an equal opportunity provider and employer.  
Menus are subject to change without notice.

# April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 GT-York Invitational (V) - 10:00 am SC @ Lincoln Southwest (JV only) - G/B-5:00 pm  April Fool's Day	2 TR @ North Platte Invitational (V) 12:30 pm
					8 TR @ Waverly Invitational (V) - 10:00 am  Jr./Sr. Prom 6:30-11:00 pm @ Holthus Convention Center Prost Prom 11:30 pm-4:00 am @ YHS	9
					15 TR @ Central City Invitational (V)-2:00 pm SC @ Lincoln High (JV Boys only) - 5:00 pm  ACT Test @ York College SC Central Conference Tournament (V-G/B) @ Columbus Lakeview TBD	16
10	11 GT-Home Tri. w/Gretna, Elkhorn South (JV/V) 4:00 pm SC-Home vs. Columbus (JV only) - G/B-5:00 pm Board of Education Meeting	12 GT @ GICC (JV/V) (Ryder Park) - 4:15 pm TR @ Fillmore Central Tri. w/Central City (V)-4:30 pm SC-Home vs. Nebraska Lutheran (V only) G/B-5:00 pm	13 Early Student Dismissal 2:03 NeSA-Math test for Juniors 8th Grade Orientation 1:35-3:20 @ YHS	14 SC Central Conference Tournament (V-G/B) - TBD BG-York Invitational (V) 9:00 am 9 TR @ Columbus Invitational 2:45 pm GT-Home vs. Waverly (JV/V) - 4:00 pm	22 BG @ Grand Island Sr. High Invitational (JV only) (Jackrabbit Run) - 9:00 am  Dukette try-outs 5:30-7:30 pm-YHS Gym	23 GT @ Lincoln Plus X Invitational (V) (Woods Tennis Ctr.) - 9:00 am TR-Yowell Invitational (V) - 10:00 am
17	18 Honors Night 7:00 pm - YHS Theater  Dukette try-out practices	19 BG @ McCook Invitational (V) - 9:00 am GT @ Hastings St. Cecilia (JV/V) - 4:00 pm SC @ Holdrege V-G/B-5:00/JV-G/B-6:30 pm	20 Early Student Dismissal 2:03  State SkillsUSA Convention	21 BG @ Columbus Scotus Invitational (V) - 9:00 am  District Music Contest	29 BG @ Crete Invitational (V) (Crete Country Club) 9:00 am TR @ Holdrege Invitational (V) - 1:00 pm	30 TR @ GINW (JV) 9:30 am
24	25 BG @ Beatrice Invitational (V) - 9:00 am BG @ High Plains Tri. w/Shelby (JV only) (Osceola Country Club) 4:15 pm SC-Home vs. Seward V-G/B-5:00/JV-G/B-6:30 pm Board of Education Meeting	26 GT @ GICC Invitational (V) (Ryder Park) - 9:00 am SC-Home vs. Lincoln East (JV only) - G/B-5:00 pm State Speech Champions Medal Ceremony 7:30 pm - YHS Theater	27 Early Student Dismissal 2:03 BG @ Centura Invitational (JV only) (Centura Hills-Cairo) - 9:00 am NeSA-S Test FFA/Community Blood Drive-11:00 am-3:00pm YHS East Lot	28 YHS Senior Day GT-Home vs. Kearney Catholic (JV/V) - 4:00 pm SC @ Crete (The Den-Doane College) (Boys only) V-4:30/JV-6:15 pm SC-Home vs. Crete (Girls only) V-5:00/JV-6:30 pm		



**YORK HIGH SCHOOL  
1005 DUKE DRIVE  
YORK, NE 68467**

Non-Profit  
Organization  
U.S. Postage  
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York, NE 68467  
Permit No. 7

CHANGE SERVICE REQUESTED

## **"Duke Pride"**

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### **Notice of Nondiscrimination**

It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs. The following person has been designated to handle inquiries regarding complaints, grievance procedures or the application of these policies of nondiscrimination:

**Name: Dr. Mike Lucas**  
**Title: Superintendent**  
**Address: 1715 N. Delaware Avenue**  
**York, NE 68467**  
**Phone #: 402-362-6655**

If parents, employees and students do not feel that their complaints regarding Title IX, Title VI, Section 504 have met with resolution at the local level, they can appeal their grievances to the regional Department of Education, Office for Civil Rights.

**Office for Civil Rights**  
**8930 Ward Parkway, Suite 2037**  
**Kansas City, MO 64114**  
**816-268-0550**  
**FAX: 816-823-1404; TDD: 800-437-0833**

