

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entree Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.

Lunch Meal Prices & Extras

ES Lunch	\$2.75	Extra Entrée	\$1.75
Adult Lunch	\$3.55	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or m.novak@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
2 NO SCHOOL	3 A. Chicken Fajitas B. Corn Dog Zesty Black Beans	4 A. Home-style Turkey & Gravy & Dinner Roll B. Chicken Nuggets And Dinner Roll Mashed Potatoes Chocolate Chip Cookie	5 A. Chili Smothered Baked Potato & Dinner Roll B. Grilled Chicken Sandwich Mixed Vegetables	6 A. Taco Burger B. Pizza Golden Corn Carnival Cookie
9 A. Orange Chicken over Rice B. BBQ Rib Sandwich Green Beans	10 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Cinnamon Bread Stick	11 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	12 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	13 A. Baked Fish Sandwich B. Pizza Golden Corn
16 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich Steamed Carrots	17 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich Chili Lime Corn Carnival Cookie	18 A. Breaded Beef Patty and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	19 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs Roasted Asparagus Sugar Cookie	20 A. Taquito Grande B. Pizza BBQ Beans
23 A. Home-style Chicken Stew over Fresh Biscuit B. Hot Dog Baked French Fries	24 A. Home-style Buffalo Chicken Pasta B. Cheeseburger Baked Beans Chocolate Chip Cookie	25 A. Beef Stroganoff B. Corn Dog Peas	26 A. Home-style Beef Goulash and Garlic Bread Stick B. BBQ Rib Sandwich Green Beans Sugar Cookie	27 A. Mexi Tots with Dinner Roll B. Pizza Golden Corn
30 A. Chicken Fajitas B. Pork Fritter Sandwich Refried Beans				

This institution is an equal opportunity employer and provider.