



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Daily Entrée Choices :

C. Sub/Salad/Sandwich Entrées

- M-W** Sub Sandwich Choice
- T-Th** Entree Salad Choice
- F** Sandwich Choice

Choices vary. See menu board for details.

D. Deli Wrap Entrées

- M** Combo Deli
- T** Fajita Chicken
- W** Turkey Deli
- Th** Ham Deli
- F** Grilled Chicken

E. Vegetarian Entrées

- M-W** Vegetarian Salad
- T-Th-F** Fruit, Yogurt & Cheese Plate
include breadsticks
- M-F** Uncrustable, String Cheese, Bread stick





Lunch Meal Prices & Extras

MS Lunch	\$2.85	Extra Entrée	\$1.75
Chef Entrée	\$2.25	Extra Side	\$0.50
Adult Lunch	\$3.55	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar	\$1.75		

Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or m.novak@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
2 NO SCHOOL	3 A. Taco Burger B. Pizza Golden Corn	4 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans	5 A. Home-style Turkey & Gravy & Dinner Roll B. Chicken Nuggets And Dinner Roll Mashed Potatoes With Gravy	6 A. Beef Stroganoff B. Corn Dog Peas Frosted Cinnamon Roll
9 A. Orange Chicken over Rice B. BBQ Rib Sandwich Green Beans	10 A. Baked Fish Sandwich B. Pizza Hut Pizza Golden Corn 	11 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	12 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	13 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Cinnamon Bread Stick
16 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich Steamed Carrots	17 A. Taquito Grande B. Pizza BBQ Beans	18 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich Chili Lime Corn Carnival Cookie	19 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs  Roasted Asparagus Sugar Cookie 	20 A. Breaded Beef Patty And Dinner Roll B. Chicken Nuggets And Dinner Roll Mashed Potatoes With Gravy
23 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Hot Dog Baked French Fries	24 A. Mexi Tots with Dinner Roll B. Pizza Hut Pizza Golden Corn 	25 A. Chili Smothered Baked Potato & Dinner Roll B. Grilled Chicken Sandwich Mixed Vegetables	26 A. Home-style Beef Goulash and Garlic Bread Stick B. BBQ Rib Sandwich Green Beans Sugar Cookie	27 A. Home-style Buffalo Chicken Pasta B. Epic Meltdown: Bacon Apple Grilled Cheese Baked Beans Chocolate Chip Cookie 
30 A. Chicken Fajitas B. Corn Dog Refried Beans			Chef Entree Chicken Cordon Blue Creamy Swiss Cheese Sauce with Chicken, Ham, Pasta, and Broccoli	Epic Meltdown The Big Apple  Melty Cheddar Cheese with Bacon, Crisp Apple and Sweet Blackberry Jam.

This institution is an equal opportunity employer and provider.