

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entree Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.

Lunch Meal Prices & Extras

ES Lunch	\$2.75	Extra Entrée	\$1.75
Adult Lunch	\$3.55	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or m.novak@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
			1 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	2 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza Mixed Vegetables
5 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans	6 A. Beef Stroganoff B. Corn Dog Peas Frosted Cinnamon Roll	7 A. Home-style Turkey & Gravy and Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	8 A. Taco Burger B. Pizza Golden Corn	9 NO SCHOOL
NO SCHOOL	13 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Cinnamon Bread Stick	14 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	15 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Roasted Mixed Vegetables Chocolate Chip Cookie 	16 A. Baked Fish Sandwich B. Pizza Golden Corn
19 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich Steamed Carrots	20 A. Soft Shell Tacos B. Mini Corn Dogs Chili Lime Corn Animal Crackers	21 B. Breaded Beef Patty and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	22 A. Hot Ham and Cheese B. Home-style Chicken Ranch Pasta and Dinner Roll Green Beans Sugar Cookie	23 A. Taquito B. Pizza BBQ Beans
26 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Hot Dog Baked Beans	27 A. Home-style Tuna & Noodles B. Cheeseburger Peas Chocolate Chip Cookie	28 A. Cheesy Ham Baked Potato with Dinner Roll B. Grilled Chicken Sandwich Mixed Vegetables		

This institution is an equal opportunity employer and provider.