York Middle School Gr 6-8 — My Lunchtime My Choices! Lunch Menu - February 2018

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

Farmers Market Selections

Learn more about this month's selection on the poster in the dining area or at:

http://server.lunchtimesolutions.com:81/farmersmarket.pdf

Other Daily Entrée Choices :

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich Choice
T-Th Entree Salad Choice
F Sandwich Choice

Choices vary. See menu board for details.

D. Deli Wrap Entrées

M Combo Deli
T Fajita Chicken
W Turkey Deli
Th Ham Deli
F Grilled Chicken

E. Vegetarian Entrées

M-W Vegetarian Salad
T-Th-F Fruit, Yogurt & Cheese Plate
include breadsticks
M-F Uncrustable, String Cheese, Breadstick

Lunch Meal Prices & Extras

MS Lunch	$2.85	Extra Entrée	$1.75
Chef Entrée	$2.25	Extra Side	$0.50
Adult Lunch	$3.55	Extra Milk	$0.45

Adult **ONE TRIP** Fruit & Veggie Bar $1.75

Questions or comments:
Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or m.novak@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
Epic Meltdown Nacho Grilled Cheese Seasoned taco meat with all the fix ins stuffed inside a gooey grilled cheese.			1 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	2 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Breadstick
5 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans	6 A. Taco Burger B. Pizza Golden Corn	7 A. Beef Stroganoff B Corn Dog Peas Frosted Cinnamon Roll	8 A. Home-style Turkey & Gravy and Roll B. Chicken Nuggets And Dinner Roll Mashed Potatoes With Gravy	9 **NO SCHOOL**
12 **NO SCHOOL**	13 A. Grilled Chicken Sandwich B. Pizza Hut Pizza Golden Corn	14 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	15 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Roasted Mixed Vegetables Chocolate Chip Cookie	16 A. Super Nachos B. Baked Fish Sandwich Refried Beans Cinnamon Bread Stick
19 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich Steamed Carrots	20 A. Soft Shell Tacos B. Mini Corn Dogs Chili Lime Corn Animal Crackers Chef Day	21 B. Breaded Beef Patty and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	22 A. Epic Meltdown: Nacho Grilled Cheese B. Home-style Chicken Ranch Pasta and Dinner Roll Green Beans Sugar Cookie	23 A. Taquito B Home-style Pizza BBQ Beans
26 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Hot Dog Baked French Fries	27 A Mexi Tots B. Pizza Hut Pizza Corn	28 A. Cheesy Ham Baked Potato with Dinner Roll B. Grilled Chicken Sandwich Mixed Vegetables		**Chicken Florentine** Chef Day Chef Mitch's take on an Italian classic – sautéed tender chicken tossed with spaghetti, spinach, diced tomatoes and garlic with a touch of red pepper flakes.

This institution is an equal opportunity employer and provider.

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