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York Elementary School Monthly Parent Newsletter

It's time to think about Kindergarten Registration!!

Information and registration forms were mailed out last week to all eligible Kindergarteners. If you did not receive a packet in the mail, please call **402-362-1414**.

According to Nebraska law, children are eligible to attend Kindergarten the year that they turn five on, or before, July 31st. This is called a "cut-off date." School districts are allowed to enroll a child who missed the cut-off date, but turns five between August 1st and October 15th. Parents who are interested in enrolling their child early should contact York Elementary as soon as possible to ask about the procedure for early entry assessment.

Kindergarten Registration Information

You may register your child for Kindergarten any time between 9:00 – 11:00 a.m. & 1:00 – 4:00 p.m. on the following days:

- Monday, February 5th**
- Tuesday, February 6th**
- Wednesday, February 7th**
- Thursday, February 8th**

WE WILL HAVE AN EVENING REGISTRATION ON TUESDAY, FEBRUARY 6TH, FROM 5:00 – 7:00 P.M.

If you cannot register at one of these designated times, please call 402-362-1414 for an alternate time.

If you do not have a certified copy of your child's birth certificate, it can be obtained from the Nebraska Department of Health and Human Services Health Division. Their website is dhhs.ne.gov. It usually takes less than a week to receive it by mail.

Kindergarten Round Up!!

Save the Date!! February 23, 9-11am @ YES

Classroom Happenings.....

Fearless First Grade

First grade is busy learning about different states of matter and how to write personal narratives! Next month first grade will be focusing on Heroes, from famous heroes, like our February presidents, to community ones, to family heroes and how each of us is a hero. Students are also working hard in math and are learning about solving addition and subtraction problems with teen totals and continue to build their knowledge of place value.

Thrilling Third Grade

2018 is off to a great start in 3rd grade. We are doing amazing things this year. We loved our 100th day of school! We made ourselves look old and wrote about what we will be doing when we are 100 years old. In Math, we are reviewing addition and subtraction and are looking forward to our next unit on Geometry. We are learning all about light and sound in Unit Studies, doing some pretty cool experiments with our eyes and ears. We just finished up our winter writing assessment and will be moving on to biographies. We will be reading a biography in reading about Helen Keller. We have some exciting things coming up in 3rd grade. Our 3rd quarter AR party will be going bowling on March 16. We are looking to see some excellent bowling skills by our students. We are also in the process of planning our overnight zoo trip to the Henry Doorly Zoo on May 10th. This is always a great time and a favorite thing of all 3rd graders!

It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.

Important Dates:

Kindergarten

Registration

- Mon, Feb 5
- Tues, Feb 6
- Wed, Feb 7
- Thurs, Feb 8

Also Tuesday evening,
Feb 6, 5-7 pm

**York County Spelling
Bee**

Wednesday, February 7

5th Grade Musical

Thursday, February 22

Slushie Day

Friday, February 16

**Parent/Teacher
Conferences**

Week of Feb. 5 - 9

No Kindergarten

Friday, February 23

No School

Friday, February 9
Monday, February 12

**Wendy's Community
Night**

Monday, February 19

Science Expo

**Information & Resource
Night**

Thursday, Feb 15
5:30-7:00pm
Y.E.S. Media Center
Enter through the East
(middle) Door

2017-2018 Y.E.S. Meal &
Milk Pricing Information

Breakfast:

Student: \$1.45

Guest: \$2.15

Lunch:

Student: \$2.75

Guest: \$3.55

Milk only: \$.45



Let's Shower

Everest with lots of LOVE!!



For the month of February we will be collecting coins to add to our coin jar! Students can bring spare change from home and add it to our coin jar. When we get to certain fill lines on the jar we will earn fun things like Wacky Hair Day, Slushie Day, Crazy Sock Day, Extra Recess, etc..... We love to do the coin jar, it is a fun thing for everyone to participate in and the anticipation of whether or not we will fill it is always super exciting. This year we have decided that our coins will "Shower Everest with Love". Our EduPup in training, Everest, gets a trip to the groomer monthly to have a spa day (shampoo, nails trimmed, teeth cleaned and eyes and ears checked). This is to ensure that Everest is healthy and clean! York Animal Clinic Groomer, Christina Blender, gives us a great deal and we only have to pay around \$15 for this monthly service. We will use the coins we collect to continue Everest's spa day during the months that we are in school. Stay tuned for the fun days that our kids pick when we reach the different lines on our coin jar, we will send a note home with that information next week! Thanks in advance for helping us to Shower Everest with lots of Love!!!

YES Million Page Reading Challenge

Don't forget!! Keep writing down how many pages you are reading every day. You can also use pages from Nim's Island our OBOS book. We have already read over a half a million pages so far. Keep it up YES!!

Elks Hoop Shoot YES Qualifiers

York Elementary Champions:

- Kinsley Kern 8-9
- Lauryn Mattox 10-11
- Hayden Coffin 8-9
- Leyton Snodgrass 10-11
- Zander Madole 12-13

Alternates:

- Melah Stodeick 8-9
- Sophia Becker 10-11
- Drake Madole 8-9
- Summitt Sydow 10-11

YES Learning Showcase

At conferences again this year, we will have student work displayed all over the building. Make sure you walk the halls and see the amazing work our students do.

A Moment for Music

Come join the York Elementary 5th graders on a musical masterpiece entitled "American Voices." The theme of this program is celebrating America from its Armistice to the moon. The lyrics are set to musical styles from various countries and cultures around the world. The performance will take place on February 22 at 7:00 p.m. in the York High School Theater. The 5th graders are very excited to share this with you, and we hope you can join us!

**York
Elementary
Schools**

Media Center News & Events

yesmediacenter.
weebly.com

A Few Library Facts

Total Number of Book Checks outs since First Day of School	18,938
Total number of Books in the Y.E.S. library	13,861
Most Popular title checked out: Dog Man Unleashed by Dav Pilky It's been checked out...	56 times!



Y.E.S. HOST BANAGRAMS CHALLENGE

BANAGRAMS is a fast-paced competitive word-race game that requires no pencil, paper, board or waiting for turns! Up to eight students can play at once and the game is easy for anyone to pick up and enjoy. Each player races to build their own word grid at the same time as their opponent using a random selection of letter tiles.

The winner is the first person who uses all of their tiles!

Nim's Island for One School, One Book 2018

“SOOO good my family can't put it down!”

A quote heard from one of our 4th grade students!

Students have been LOVING our adventure on Nim's Island. It has been the talk of the school! Keep reading at home and encouraging

your student. We will celebrate our OSOB program completion on:

**Thursday,
February 8, is
PAJAMA DAY
and a special
celebration!**

We're going BANANAS!

All 4th & 5th grade will have a chance to compete to be named TOP Banana! Check out how to play:
<https://goo.gl/5RCCF5>

Educational Benefits

- Word recognition and spelling
- Visual attention
- Memory and recall
- Categorization
- Visual processing
- Sorting and classification

If your student wants to read more about Nim, there are a few more books in the series that we will be getting in the library soon:

[Rescue on Nim's Island](#)

[Nim at Sea](#)

Read Across America Week is **February 26– March 2**

Dress-Up Days are:

- Monday, 2-26-18:
Favorite Book Character Day
- Tuesday, 2-27-18:
I'd Rather Be
'Somewhere Else' Day
- Wednesday, 2-28-19:
Royal Dress Day
- Thursday, 3-1-18:
Wild West Day
- Friday, 3-2-18:
Blue & Gold Day

1501 Washington
Avenue
York, NE 68467

PHONE:

(402) 362-1414

FAX:

(402) 362-5488

Kris Friesen,
Principal
Ken Booth,
Asst. Principal

School Starts

8:20 AM

School Ends

3:25 PM

Wednesday

Early Dismissal

2:10 p.m.

Reminder from

PATT:

PATT is no longer taking soup labels. We still are doing box tops and the UPC codes from Village and Country Hearth bread and other products made by them.

Hey Kids, Run, Walk and Play Every Day



IT'S CLEAR: Children, teens and adults who are physically active have healthier bodies and minds than people who aren't. Regular physical activity keeps your heart healthy and strong and it helps you build healthy muscles, bones and joints.

Physical activity can also raise your self-esteem, improve your mood, help you sleep better and give you more energy. Making physical activity a part of your everyday life is also a good way to help achieve and maintain a healthy body weight. It's important to be physically active every day.

Physical activity should be as important to your daily routine as brushing your teeth, bathing and getting enough sleep.

How much physical activity should I be getting to stay healthy?

The American Heart Association recommends that children and adolescents get at least 60 minutes of moderate to vigorous aerobic activity every day. Examples of moderate activity include bike riding, swimming and brisk walking. Vigorous activities include jogging, soccer, aerobics or dancing. If your workout makes you breathe harder and sweat, you're helping your heart stay healthy.

FACT: Less than 30% of high school students get enough physical activity each day to keep their hearts healthy.

How can I make physical activity part of my daily routine?

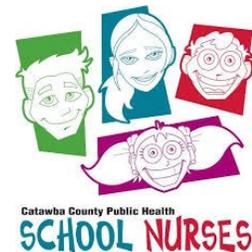
There are many ways to get more physical activity. The hard part is making the decision to get off the couch and be active. You don't have to exercise until you're exhausted. Just get your body up and get moving. Tell yourself that getting moving is something you need to do each day and decide what you want to do today!

Here are some ideas:

- Try brisk walking, dancing and biking for some fun physical activity.
- Go outside and play instead of watching TV or sitting down and playing games on the computer.
- When you play video games, play games that require you to get up and move, like those that involve dancing, exercise and sports.
- If you have time while you're doing other things, take physical activity breaks. Try short, brisk walks for at least 10 minutes at a time.
- After dinner, take your friend or your dog (or both!) along for a brisk walk around the neighborhood.
- Make it a family affair. Take walks after dinner, go for bike rides or hikes on the weekend with your parents and siblings.
- Get involved with school activities or other activities that include physical activity.
- Ride your bike or walk briskly to school or wherever you need to go.
- Plan a family field day that includes some of your favorite outdoor games like hiking, biking or swimming.
- Check out your local community center for opportunities to join sports clubs and other recreational activities.
- Start a new hobby like karate, yoga, boxing, running, fencing, basketball or whatever gets you moving. You'll meet new people and get healthier at the same time.
- Join a sports team at school or in the neighborhood.

Instead of just standing around on the playground, run!

Patti Vincent LPN
Donelle Ellison RN BSN



YPS “Lunch & Learn”

Wednesday, February 21st at 12:00

YORK SENIOR CENTER
725 N. Nebraska Avenue



Presentations will include updates about:

- *YHS Speech Team*
- *English Language Learner services*
- *Legislative update*

*** **Come get a FREE lunch at the SENIOR CENTER!** Email mike.lucas@yorkdukes.org by Tuesday, February 20th so we can get an accurate headcount for our sandwich bar. Bring a friend or two!

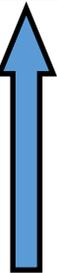
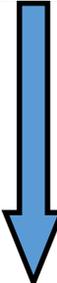
MAKING AN ONLINE LUNCH PAYMENT THROUGH INFINITE CAMPUS

- Visit our website at www.yorkpublic.org
- Under "Parents" click on "Parent Portal" and log into your Infinite Campus Parent Portal
If you don't have a parent portal account, contact your student's school office and they will set up an account for you. If you have students in multiple schools, you do not need multiple portal accounts as all students should show up on your login screen. If not, let the office know and they will make a simple adjustment.
- Click on "Payments" in the left column
- Add the amount of money you'd like to deposit into your student's account in the 'payment' box beside their name – minimum amount is \$5.00. Click "Continue" **Notice there is a convenience fee of \$2.00 per transaction for online payments. If you have multiple students in your family, you may add money to all of their accounts at the same time with one transaction.
- Choose the method of payment that you would like to use. Select "Add" if this is your first time using the online payment process. Add your payment method – **by using your checking or savings account instead of a credit or debit card, you will be helping YPS save money with no credit card fees**; click "Save" and then click "Back to Payments"
- Confirm that everything looks correct on the screen
- Click "Make Payment"
- Print a receipt if you would like
- Your student has lunch money!

If you have any questions, please contact Gayla at gayla.knight@yorkdukes.org or 402-362-6655 x 4

February 2018

Sun Mon Tue Wed Thu Fri Sat

					1 K-1-2-4-5 Red 3-Blue	2 K-1-2-4-5 Orange 3-Orange	3
4	5 K-1-2-4-5 Purple 3-Purple Kindergarten Registration 9-11AM 1-4PM	6 K-1-2-4-5 Green 3- Green Kindergarten Registration 9-11AM 1-4PM 5-7PM	7 K-1-2-4-5 Red 3- Red York County Spelling Bee Kindergarten Registration 9-11AM 1-4PM	8 K-1-2-4-5 Orange 3- Blue Kindergarten Registration 9-11AM 1-4PM One Book One School Celebration – 8:30-11 Pajama Day 2:10 Dismissal NO BOOST, NO DAYCARE	9 No School YES or YMS	10	
	 PARENT TEACHER CONFERENCES/LEARNING SHOWCASE 						
11	12 No School YES or YMS	13 K-1-2-4-5 Purple 3- Orange	14 K-1-2-4-5 Green 3- Purple	15 K-1-2-4-5 Red 3- Green Science Expo Resource Night 5:30-7 PM	16 K-1-2-4-5 Orange 3- Red SLUSHIES	17	
18	19 K-1-2-4-5 Purple 3- Blue Wendy's Night Out	20 K-1-2-4-5 Green 3- Orange	21 K-1-2-4-5 Red 3- Purple	22 K-1-2-4-5 Orange 3- Green 5th Grade Musical 7:00 YHS Theater	23 K-1-2-4-5 Purple 3- Red Kindergarten Roundup 9-11 AM NO KINDERGARTEN	24	
25	26 K-1-2-4-5 Green 3- Blue Favorite Book Character Day	27 K-1-2-4-5 Red 3- Orange Fd Rather Be Somewhere Else Day	28 K-1-2-4-5 Orange 3- Purple Royal Dress Day	1	2	3	



Breakfast Choices

- Available every day, breakfast includes:
- Breakfast entrée or Choice of cereals with toast
 - Fruit
 - 100% Fruit Juice
 - Milk choices



Fruit and Juice Available Every Day

Start your day off right

Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop & Go Breakfast-High School Only
STOP by the cafeteria. Bag your breakfast, and **GO** on with your day!



- Choices Daily:**
- Pancake or French Toast Minis
 - MiniCinis
 - Frudel
 - Yogurt with Goldfish Grahams
- Includes Fruit and 100% juice choice and milk
 This breakfast is available for students that qualify for free or reduced price meals.

Breakfast Meal Prices & Extras

Student Breakfast	\$1.45
Adult Breakfast	\$2.15
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

	Mon	Tue	Wed	Thu	Fri
				1 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	2 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
5	A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Sliced Pears	6 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Mixed Fruit	7 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	8 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches	9 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce NO SCHOOL-YMS/YES
12	A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	13 A. Iced Long John B. Cereal Choices and Toast Juice Choices Applesauce	14 A. Oatmeal with Topping Bar B. Cereal Choices and Toast Juice Choices Fresh Orange	15 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit	16 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears
	NO SCHOOL-YMS/YES				
19	A. Pancakes with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit	20 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	21 A. Ultimate Breakfast Round B. Cereal Choices and Toast Juice Choices Apple Wedges	22 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Applesauce	23 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
26	A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	27 A. Iced Long John B. Cereal Choices and Toast Mixed Fruit Juice Choices	28 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple		

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or m.novak@lunchtimesolutions.com
 Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

FARMERS MARKET



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

- M** Sandwich Choice
- T-Th** Sub Sandwich Choice
- W** Entrée Salad Choice
- F** Wrap or Sub Sandwich Choice

Choices vary. See menu board for details.

Lunch Meal Prices & Extras

ES Lunch	\$2.75	Extra Entrée	\$1.75
Adult Lunch	\$3.55	Extra Milk	\$0.45
Adult ONE TRIP	Fruit & Veggie Bar		\$1.75

Questions or comments:

Contact Mitch Novak, Food Service Director at 402-363-9169 or m.novak@lunchtimesolutions.com.

Applications for Free and Reduced Price meals are available in the school office.

Mon	Tue	Wed	Thu	Fri
<p>5 A. Chicken Fajitas B. Pork Fritter Sandwich</p> <p>Zesty Black Beans</p>	<p>6 A. Beef Stroganoff B. Corn Dog</p> <p>Peas Frosted Cinnamon Roll</p>	<p>7 A. Home-style Turkey & Gravy and Roll B. Chicken Nuggets and Dinner Roll</p> <p>Mashed Potatoes with Gravy</p>	<p>1 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich</p> <p>Baked Beans Chocolate Chip Cookie</p>	<p>2 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza</p> <p>Mixed Vegetables</p>
<p>12</p> <p>NO SCHOOL</p>	<p>13 A. Super Nachos B. Grilled Chicken Sandwich</p> <p>Refried Beans Cinnamon Bread Stick</p>	<p>14 A. Italian Dunkers with Marinara Sauce B. Cheeseburger</p> <p>Candied Carrots Home-style Coleslaw</p>	<p>8 A. Taco Burger B. Pizza</p> <p>Golden Corn</p>	<p>9</p> <p>NO SCHOOL</p>
<p>19 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich</p> <p>Steamed Carrots</p>	<p>20 A. Soft Shell Tacos B. Mini Corn Dogs</p> <p>Chili Lime Corn Animal Crackers</p>	<p>21 B. Breaded Beef Patty and Dinner Roll B. Chicken Nuggets and Dinner Roll</p> <p>Mashed Potatoes with Gravy</p>	<p>15 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog</p> <p>Roasted Mixed Vegetables Chocolate Chip Cookie</p> 	<p>16 A. Baked Fish Sandwich B. Pizza</p> <p>Golden Corn</p>
<p>26 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Hot Dog</p> <p>Baked Beans</p>	<p>27 A. Home-style Tuna & Noodles B. Cheeseburger</p> <p>Peas Chocolate Chip Cookie</p>	<p>28 A. Cheesy Ham Baked Potato with Dinner Roll B. Grilled Chicken Sandwich</p> <p>Mixed Vegetables</p>	<p>22 A. Hot Ham and Cheese B. Home-style Chicken Ranch Pasta and Dinner Roll</p> <p>Green Beans Sugar Cookie</p>	<p>23 A. Taquitos B. Pizza</p> <p>BBQ Beans</p>

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