Greetings YMS Parent(s):
Well we marched through March at YMS! Our vocal music students put on a fantastic performance of "Beauty and the Beast", we completed a tornado drill, \& track practice got rolling. We celebrated Read Across America week by wearing red and DEAR (Drop Everything And Read) time. Students who accumulated 100 AR points got to go see the movie "A Wrinkle in Time". Students participated in the Science Olympiad, and 8th grade students got to tour SCC-Milford and Doane college.

With Spring Break over it is time for everyone at YMS to do our best work. We are going to challenge your student(s) to do their best in class, in the halls, at performances, and especially on the Nebraska State assessments at the end of the month.

Speaking of those state assessments the name has changed. What you might have once known as NeSA is now called the Nebraska Student Centered Assessment System or NSCAS. At YMS it doesn't matter what anyone calls it, we are here to give our very best effort and we are constantly trying to improve each and every day.

YMS 8th grade students will be taking the NSCAS Science test on Thursday, April 12. All 6-8 grade students will be taking the NSCAS English Language Arts test on Thursday, April 19. Finally all 6-8 grade students will be taking the NSCAS Math assessment on Tuesday, April 24.

Here are a few tips that you can do as parents to help ensure that your child performs to the best of their ability as we tackle these important tests.

- Make sure that if your child is able to be in school that they are in school. Missing these test dates will require your child to miss regular instruction time to make up the test, so please make sure you do everything in your power to have them in school on these days.
- Ensure that your child has at least 9 hours of sleep on the nights preceding their tests. The morning of the tests please make sure they have a nutritious breakfast. Make sure you remind them to do their very best and that you believe in them.
- Encourage your child to do their best while reminding them that these tests are not "all or nothing" exams. Yes, we want all our students to do well on these exams but we are very confident in what we are doing at YMS. A substandard result on a test will not result in anything more than a chance for students to grow. We know that we are doing great things for kids not only academically but socially and emotionally here at YMS and that is as important as any assessment grade.

In the fourth quarter of football games teams will often hold up four fingers to let the opposing teams know that they "own" the fourth quarter. At YMS are putting up our four fingers to let everyone know that this is the time when we do our best work. This is the time that we show why we give a great effort. This is a time we show everyone that York Middle School has the hardest working students, the most dedicated staff and is the best middle school in the state!

## Finish strong

As your child thinks ahead to summer, he may be tempted to relax his efforts in school. Explain that staying focused in every class will help him learn and prepare him for end-of-year tests. And by keeping on top of final projects, he'll prevent a last-minute scramble.

## Spring clothes

Now is a good time to review the school dress code with your tween so you're on the same page about what to wear. For instance, maybe bike shorts, tank tops, or flip-flops aren't allowed. Suggest that your child keep school clothes and shoes separate from those for working out or wearing around the house. This will make choosing outfits easier.

## Publish a book review

Have your middle schooler think more deeply about her reading with this idea. After she finishes a novel, she might enjoy writing a review that will give others a good idea of what the book is about. Let her publish her review at an online bookstore for others to read. Note: Be sure she doesn't use her real name.

## Worth quoting

"A good laugh is sunshine in the house." William Makepeace Thackeray

## Just for fun

a: l'm as light as a feather, but the world's strongest person can't hold me for long. What am 1 ?
A: A breath.


## Electronics: Greating a balance

Technology lets middle graders do research with the touch of a button or video-chat with relatives who live far away. Too much technology, however, might cause your tween to feel isolated and to sit still much longer than is good for her. Consider these ways to keep her usage in check.

## Sat the stage

Encourage face-to-face interaction by putting away devices (including yours) at established times, such as during meals,
 family outings, or a siblings lacrosse game. When you're using a device and your child interrupts, switch your attention to her. She'll see that the person in front of you is more important than what's on the screen.

## Wait for social media

Most social media sites require users to be 13 or older, yet some children are using fake birth dates to create accounts. Let your middle schooler know she must be old enough and get your okay to join. Consider setting up a family account, but
keep the password to yourself. She can send you photos or links to post.

## Harness the good

Suggest that your tween take advantage of technology to connect with family members or to do research. She might play an electronic version of a board game with a cousin in another town. Or if she's stumped on a craft project, she could look up instructions online. Also, let her use the internet to research extracurricular activities or summer programs, $\varepsilon_{3}$

## Tinker with enginearing

STEM activities are popular with tweens these days. Encourage your child to explore the " E " in STEM with these engineering ideas.
■ Take apart. Have him disassemble-and then reassemble-simple mechanical objects like a pen or flashlight. In the process, he can figure out what each part is used for and how it works.


■ Design. Let your middle grader draw an invention to solve an engineering problem. He might sketch a more efficient system for delivering clean water to areas that lack it , for instance.
$\square$ Build. Suggest that your tween use household materials to engineer projects related to what he's studying in class. If he's learning about thermal energy, he could make a pizza-box solar oven. $\hat{\xi}^{\Omega}$,

## Funny-or not?

Joking around is a good way for tweens to let off steam and bring people together. But humor may also hurt people's feelings-or even be considered bullying if it's done repeatedly to make someone feel bad. Here's how to help your child draw the line.
Demonstrate differences. Show your middle grader that a joke that's funny to one person might not be funny to someone else. Let him and friends or family members list types of jokes they think are humorous (such as knockknock jokes) on one piece of paper and those
$\qquad$

they don't (like practical jokes) on another. Then, share lists. Your tween may be surprised if what appears in his "funny" category falls into another person's "not funny" one.
Think it through. Before your child tells a joke, suggest that he consider how it will affect those around him. Is the topic one that somebody might be sensitive about, such as weight? Could the joke come across as a put-down? If so, he should avoid it. Tip: If he'll feel the need to say "Just kidding" or "No offense" afterward, that's a sign the joke may be hurtful.

## Parent 11 Paient <br> Still in touch with school

Recently, I started feeling bogged down with the school-year routine. I wasn't keeping up with papers my daughter Molly brought home. When another parent mentioned a meeting I didn't know about, I realized I had to get back to being more involved.

Thanks to the other parent, Molly and I attended a meeting for next fall's cross country team. We
 learned about summer conditioning and signed up for coaches' updates. Had we skipped the meeting, Molly might have missed out on participating altogether.

Now l've started opening school emails right away. I also have Molly put papers on my nightstand so I'm reminded to read them before bed. Staying in touch has made me more enthusiastic about her school and activities. And I think it makes Molly feel good in knowing I care. $\hat{E}_{3}$

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue - Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com www.rfeonline com
ISSN 1540-5540

## Facts about opioids

The opioid epidemic is making headlines everywhere. Take steps now to protect your tween from these highly addictive, and potentially deadly, drugs.

## Be informed

Opioids include prescription pain relievers such as Vicodin, oxycodone, and fentanyl. Heroin is also an opioid.

## Be cautious

Middle graders may be prescribed painkillers after a sports injury or a wisdom tooth extraction, for example. Ask the doctor or dentist about alternatives to opioids. If your child is given medicine, dispense each dose to her. Keep it locked up between doses, and discard any leftovers.

## Be observant

If you notice that your tween has mood swings, withdraws from family and friends, or loses interest in favorite activities, talk to her pediatrician. $\hat{B}_{3}$

## (1) A surcessful IPP meating

My son was just diagnosed with a learning disability. What can I expect at our first IEP meeting?
A An IEP (Individualized Education Program) meeting lets you talk with an entire team about how everyone can help your son learn.

Before the meeting, write down questions and concerns. Get your son's input, too. What does he feel he's doing well? What is hard for him? What goals would he like to set?


This meeting can be emotional for you as a parent, since you'll hear about what your child struggles with. There will also be a lot of information to absorb. Consider taking along a spouse, friend, or relative to provide support and to help you remember what was said.

Also, remember that you're a key part of the IEP team. If there's an accommodation you think could boost your son's success, such as keeping one set of textbooks in his locker and another at home, it's important to speak up. है,


## York High School Show Choir,

Dukes \& Duchesses, and Chamber Singers Auditions

Any $8^{\text {th }}$ graders who are interested in being a member of the York High School Show Choir, Dukes \& Duchesses, or Chamber Singers, auditions will be held on Wednesday, May 2nd, from 2:15-4:30 p.m. in the high school choir room. For more details and to sign up please see Mrs. Wagner.


## The Annual YMS Talent Show!!

We are getting ready for the annual YMS Talent Show. The Talent Show is scheduled for Monday, May 7 at 7:00 p.m. in the York High School Theater. All students in $6^{\text {th }}, 7^{\text {th }} \& 8^{\text {th }}$ grade choir will be a part of this show. Those who are interested in performing a small act, auditions will be held on April 3 \& 4. Students who were selected to perform small acts will need to be at the required dress rehearsal on Friday, May 4 from 3:30-5:30 p.m. in the YHS Theater. We are looking forward to another great show, showcasing a lot of talented students!!


## Buy a YMS Yearbook!

- Preserve great memories!
- Remember fun events!
- The YMS yearbook is loaded with school experiences, quotes, and candid photos. Make checks payable to YMS.

The yearbooks will be delivered in the fall!


Parents/Guardians,


We have some exciting activities planned for York Public School summer program.

Here are the details of the Summer program:

- Summer program is FREE!!!
- Summer will run from May $29^{\text {th }}$ to July $6^{\text {th }}$
- Holidays - NO PROGRAM on July 4
- Summer program will be Monday through Friday from 8AM to 12PM.
- Students must attend a minimum of five days.
- It will be open to the first 30 elementary students per grade level and 45 middle school students registered.
- Summer program will provide both educational opportunities and enrichment activities.

Attached, you will find the registration form for the summer program. You will receive a letter confirming your student's entry into the program. Please give the registration to your after school teacher, or YMS/YES office.

Thank you for enrolling your student in our summer program! It has been a great year and we are looking forward to continuing to serve you in the summer.

If you have any questions about our summer program, please don't hesitate to contact me at amy.vernon@yorkdukes.org.

Sincerely,

## Amy Vernon

Amy Vernon
After-School Program Project Director

## 2018 York Public Schools Summer Program

$\qquad$
$\qquad$
$\qquad$ For Current Grades K-7

## Student Information:

Name of Student:
17-18 School Yr Grade: $\qquad$
Attends: $\square$ York Public $\square$ Other: $\qquad$ Gender: $\qquad$
Parents or Guardian: Father $\qquad$ Mother $\qquad$
Father Employer: $\qquad$ Mother Employer: $\qquad$
Address: $\qquad$ City: $\qquad$ Zip: $\qquad$
Home Phone: $\qquad$ Cell Phone: $\qquad$
Number we can reach you: $\square$ Home $\square$ Cell $\square$ Other $\qquad$
Emergency Contact (other than parents/guardians):
Name: $\qquad$ Relationship: $\qquad$
Phone: $\qquad$ Cell Phone: $\qquad$

## Program Description:

Summer program runs from 8:00 AM - 12:00 p.m. Monday through Friday. Each day will include a free breakfast, physical activity, academic work, educational enrichment and an optional free lunch.

## Pick-up:

If a student does not have a parent available to pick them up by 12:05 PM if your student is not having lunch $\underline{\text { OR 12:45 }}$ PM if your student is staying for lunch:

1. A warning will be issued.
2. A second warning will be issued notifying the next time the student will be removed from Summer BOOST.
3. Student will be removed from Summer Program
$\square$ I have read and understand the late pick-up policy.

## End of Day: Students must be picked up before 12:40 p.m.

Which of the following will you allow at the conclusion of the day?
$\square$ My child will stay for lunchMy child will not stay for lunchI will pick up my child.My child may walk home.If you need an alternative pickup time prior to 12 p.m., please specify time: $\qquad$

## I specifically authorize the following:

| Yes | No $\quad$I give permission to YPS Summer Program to use my son/daughter's photograph on the school website <br> or in promotional material for the program. |
| :--- | :--- | :--- |
| Yes $\quad$ No $\quad$I give permission to summer staff to take my child off school premises. (Numerous field trips planned for <br> the summer) |  |
| Yes No $\quad$ My child has a NON-Food allergy. (If YES, please specify) |  |

Yes No My child has a food allergy. (If YES, please specify)

## In order to insure the safety of students with food allergies, proper medical documentation must be provided. Please request this paperwork upon enrollment.

## Behavior Policy:

Students at York Public Schools Summer Program must be compliant with rules in order to provide a safe and fun environment for all students. We operate on a three strike system. When extreme behavior occurs parents will be contacted and a strike note will be issued. Extreme behavior would include but is not limited to, spitting on others, kicking, hitting, running or hiding from staff, injury to others, and defiant behaviors that results in an unsafe situation. Upon receiving the third strike the student will be dismissed from the YPS Summer Program.
$\square$ I have read and understand the behavior policy.

## Attendance: (Initial beside each statement)

$\qquad$ I understand that YPS Summer School Program is grant funded and only receives funds for students that attend 5 days or more during the summer program.
$\qquad$ I understand that enrolling my student say that I value the YPS Summer Program and will plan to meet or exceed the 5 day attendance goal.
$\qquad$ I understand that YPS Summer Program is not a drop-in/as-needed program.

## Please Mark all that apply:

This student:
$\square$ is a resident of York School Districtin foster careis a ward of the courtis a ward of the statehas a current IEPopts in to YPS

I grant permission for my son/daughter to participate in the YPS Summer Program. I hereby release York Public Schools, its employees, volunteers from any financial responsibility or claims for the sickness and/or accident to my child during the YPS Summer Program. I understand that this program is sponsored by York Public Schools and that my child must follow all school rules set forth by the York Elementary and Middle School. I understand that violations of school rules may result in suspension or removal from the program.

Parent/Guardian Signature
Date

If you have any questions, please contact:
Kris Friesen, Principal at York Elementary
Kenny Loosvelt, Principal at York Middle
Amy Vernon, Program Director amy.vernon@yorkdukes.org or 402-366-2454

## SPRING HAS ARRIVED

## Allergy Prevention Tips

Over 67 million Americans suffer from allergies every day. We don't want allergies to control your life. Severe allergy sufferers: get the up-to-the-minute local pollen count you need to help plan your daily activities...so you can take your allergy medication when it matters...before the allergies start. Check your local daily pollen counts. Just because you have allergies doesn't mean you should stop enjoying the outside world.

- Keep your windows closed in your home and car to avoid letting in pollen, especially when the local pollen count is high. Set your air conditioners to re-circulate in your home and vehicle, to avoid drawing in outside pollen-rich air.
- Sign up for allergy alerts so you can easily monitor the allergy counts in your area. Forewarned is forearmed.
- The pollen counts are the highest between 5am and 10am, so limiting your outside exposure during those times can be extremely helpful for diminishing your allergies.
- Limit exposure on mornings that are especially warm and dry; these will usually be the high pollen count days. Days that are dry and windy also have high pollen counts. The best time for outdoor activities is immediately following a heavy rainfall.
- Avoid line drying your clothes and bedding outdoors when your
local pollen count is high.
- Wash your face and hands after you've been outside to remove pollen. Also, change and wash clothes if they've been exposed to pollen.
- Bathe and shampoo hair daily before going to bed to remove pollen from hair and skin in order to keep it off your bedding. Wash bedding in hot, soapy water once a week.
- Minimize contact with items that have come in contact with pollen, such as pets and people that have spent a large amount of time outdoors.
- Wear sunglasses to protect your eyes from pollen, and in severe allergy cases, wear a facemask when daily pollen counts are extremely high.
- Visit your allergist or doctor to see if the allergy shot is for you. Be consistent with your allergy medications for best results.
- If you're traveling, check our allergy forecasts for your destination. Also, be sure to check out our helpful traveling tips for allergy sufferers.


## Fight the Bite of Mosquitoes

- Avoid being outside during early morning or early evening
- Wear long sleeves and pants when outdoors
- Use an insect repellent containing DEET and is safe for children
- Use screened windows and doors so insects don't enter your home
- Screen or cover rain barrels
- Empty all containers that collect standing water such as flowerpots, pet bowls, buckets, tires, toys, bird baths, tarps, etc.
- If you can, avoid wooded and bushy areas with high grass and leaf litter.
- Walk in the center of paths.
- Wear a long-sleeved shirt, long pants and socks.
- Tuck the shirt into the pants, tuck pants into socks.
- Use an insect repellent that contains DEET


## Symptoms of Diseases Spread by Mosquitoes

- Most people don't have any symptoms. But, the most common symptoms are like the flu:
- Fever, headache, and body aches
- Nausea, vomiting, and tiredness
- Some people may have a rash or swollen lymph glands


## Find and Remove Ticks

- Check yourself at least twice a day.
- Check under arms, in and around ears, inside the belly button, behind the knees, between the legs, around the waist, and in hair.
- Take a bath or shower as soon as you can after coming indoors (within two hours) to wash off and more easily find ticks that are crawling on you.
- To remove a tick, use fine-tipped tweezers to grasp the tick as close as you can to the skin's surface.
- Pull slowly and steadily until the tick lets go. Do not twist or jerk the tick.
- Wash the bite and your hands with rubbing alcohol, or soap and water.
- Monitor the site that you pulled the tick from for any changes and report to the doctor if there is redness or swelling. Report to the doctor if you have fever, chills, headache or body aches


## York School District Gr k-12

Breakfast Menu - Appil 2018

## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or

Choice of cereals with toast

- Fruit
- $100 \%$ Fruit Juice
- Milk choices



## Fruit and Juice Availalale Every Day Start your day off right

## Additional Middle \& High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop \& Go Breakfast-High School Only STOP by the cafeteria. Bag your breakfast, and GO on with your day!

## Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel

- Yogurt with Goldfish Grahams

Includes Fruit and 100\% juice choice and milk
This breakfast is available for students that qualify for free or reduced price meals.

## Breakfast Meal Prices \& Extras

| Student Breakfast | $\$ 1.45$ |
| :--- | :--- |
| Adult Breakfast | $\$ 2.15$ |
| Extra Breakfast Entrée | $\$ 1.00$ |
| Extra Cereal | $\$ 0.85$ |
| Extra Toast | $\$ 0.25$ |
| Extra Milk | $\$ 0.45$ |

Menus are subject to change without notice.

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| 2 | 3 <br> A. Egg \& Cheese Taco Roll <br> B. Cereal Choices and Toast <br> Juice Choices Mixed Fruit | 4 <br> A. Sausage Gravy over Biscuit <br> B. Cereal Choices and Toast <br> Juice Choices Pineapple | 5 <br> A. Breakfast Pizza <br> B. Cereal Choices and Toast <br> Juice Choices Sliced Peaches | 6 <br> A. Fresh Baked Cinnamon Roll <br> B. Cereal Choices and Toast <br> Juice Choices Applesauce |
| 9 <br> A. Breakfast Pizza <br> B. Cereal Choices and Toast <br> Juice Choices Pineapple | 10 <br> A. Iced Long John <br> B. Cereal Choices and Toast <br> Juice Choices Applesauce | 11 <br> A. Yogurt with Goldfish Grahams <br> B. Cereal Choices and Toast <br> Juice Choices Fresh Orange | 12 <br> A. Pancake Sausage Stick <br> B. Cereal Choices and Toast <br> Juice Choices Mixed Fruit | 13 <br> A. Fresh Baked Cinnamon Roll <br> B. Cereal Choices and Toast <br> Juice Choices Sliced Pears |
| 16 <br> A. Pancakes with Syrup <br> B. Cereal Choices and Toast <br> Juice Choices Mixed Fruit | 17 <br> A. Sausage Gravy over Biscuit <br> B. Cereal Choices and Toast <br> Juice Choices Pineapple | 18 <br> A. Ultimate Breakfast Round <br> B. Cereal Choices and Toast <br> Juice Choices Apple Wedges | $19$ <br> A. Breakfast Pizza <br> B. Cereal Choices and Toast <br> Juice Choices Applesauce | 20 <br> A. Fresh Baked Cinnamon Roll <br> B. Cereal Choices and Toast <br> Juice Choices Sliced Peaches |
| 23 <br> A. Breakfast Sliders <br> B. Cereal Choices and Toast <br> Juice Choices Sliced Pears | 24 <br> A. Iced Long John <br> B. Cereal Choices and Toast <br> Mixed Fruit Juice Choices | 25 <br> A. Breakfast Pizza <br> B. Cereal Choices and Toast <br> Juice Choices Pineapple | 26 <br> A. Egg \& Cheese Biscuit <br> Sandwich <br> B. Cereal Choices and Toast <br> Juice Choices Sliced Peaches | 27 <br> A. Fresh Baked Cinnamon Roll <br> B. Cereal Choices and Toast <br> Juice Choices Applesauce |
| 30 <br> A. French Toast Sticks <br> B. Cereal Choices and Toast <br> Juice Choices Pineapple |  |  |  |  |

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or m.novak@lunchtimesolutions.com Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.

## York Middle School ger 6-8

## Fruit \& Veggie Bar \& Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have $1 / 2$ cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

Learn more about this month's selection

on the poster in the dining area or at:
http://server.lunchtimesolutions.com:81/farmersmarket.pdf

## Other Daily Entrée Choices:

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich Choice
T-Th Entree Salad Choice
F Sandwich Choice
Choices vary. See menu board for details.

## D. Deli Wrap Entrées

M Combo Deli
T Fajita Chicken
W Turkey Deli
Th Ham Deli
F Grilled Chicken
E. Vegetarian Entrées

M-W Vegetarian Salad T-Th-F Fruit, Yogurt \& Cheese Plate include breadsticks M-F Uncrustable, String Cheese, Bread stick

Lunch Meal Prices \& Extras

| MS Lunch | $\$ 2.85$ | Extra Entrée | $\$ 1.75$ |
| :--- | ---: | :--- | :--- |
| Chef Entrée | $\$ 2.25$ | Extra Side | $\$ 0.50$ |
| Adult Lunch | $\$ 3.55$ | Extra Milk | $\$ 0.45$ |
| Adult ONE TRIP |  |  |  |
| $l$ |  |  |  |

## Questions or comments:

Contact: Mitch Novak, Foodservice Director at (402) 363-9169 or m.novak@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
Menus are subject to change without notice.

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| 2 NO SCHOOL | 3 <br> A. Taco Burger <br> B. Pizza <br> Golden Corn | 4 <br> A. Chicken Fajitas <br> B. Pork Fritter Sandwich <br> Zesty Black Beans | 5 <br> A. Home-style Turkey \& Gravy \& Dinner Roll <br> B. Chicken Nuggets And Dinner Roll <br> Mashed Potatoes With Gravy | 6 <br> A. Beef Stroganoff <br> B. Corn Dog <br> Peas <br> Frosted Cinnamon Roll |
| 9 <br> A. Orange Chicken over Rice <br> B. BBQ Rib Sandwich <br> Green Beans | 10 <br> A. Baked Fish Sandwich <br> B. Pizza Hut Pizza <br> Golden Corn | 11 <br> A. Italian Dunkers with Marinara Sauce <br> B. Cheeseburger <br> Candied Carrots Home-style Coleslaw | 12 <br> A. Home-style Tater Hot Dish and Dinner Roll <br> B. Hot Dog <br> Mixed Vegetables Chocolate Chip Cookie | 13 <br> A. Super Nachos <br> B. Grilled Chicken Sandwich <br> Refried Beans Cinnamon Bread Stick |
| 16 <br> A. Home-style Cheeseburger Soup and Dinner Roll <br> B. Crispy Chicken Sandwich <br> Steamed Carrots | 17 <br> A. Taquito Grande <br> B. Pizza <br> BBQ Beans | 18 <br> A. Soft Shell Tacos <br> B. Hot Ham \& Cheese Sandwich <br> Chili Lime Corn Carnival Cookie | 19 <br> A. Home-style Chicken Ranch Pasta and Dinner Roll <br> B. Mini Corn Dogs FARMERS SELECTIONS <br> Roasted <br> Asparagus <br> Sugar Cookie | 20 <br> A. Breaded Beef Patty And Dinner Roll <br> B. Chicken Nuggets And Dinner Roll <br> Mashed Potatoes With Gravy |
| 23 <br> A. Home-style Chicken Stew over Fresh Baked Biscuit <br> B. Hot Dog <br> Baked French Fries | 24 <br> A. Mexi Tots with Dinner Roll <br> B. Pizza Hut Pizza <br> Golden Corn | 25 <br> A. Chili Smothered Baked Potato \& Dinner Roll <br> B. Grilled Chicken Sandwich <br> Mixed Vegetables | 26 <br> A. Home-style Beef Goulash and Garlic Bread Stick <br> B. BBQ Rib Sandwich <br> Green Beans <br> Sugar Cookie | 27 <br> A. Home-style Buffalo Chicken Pasta <br> B. Epic Meltdown: Bacon Apple Grilled Cheese <br> Baked Beans Chocolate Chip Cookie |
| 30 <br> A. Chicken Fajitas <br> B. Corn Dog <br> Refried Beans |  |  | Chef Entree <br> Chicken Cordon Blue Creamy Swiss Cheese Sauce with Chicken, Ham, Pasta, and Broccoli | Epic Meltdown <br> The Big Apple <br> Melty Cheddar <br> Cheese with Bacon, <br> Crisp Apple and Sweet <br> Blackberry Jam. |

## April 2018



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 <br> EASTER | 2 <br> NO SCHOOL <br> Easter Break | $3 \times 10$ | $4$ <br> 2:00 Dismissal | 5 <br> 7 \& 8 TR-Hom <br> Dual w/Crete MS <br> 4:00pm | 6 | 7 <br> Greenhouse Open House FFA Plant Sales Start |
| 8 | 9 <br> Board of Education Mtg. <br> G | 10 TeamMates Dine at Runza 7 \& 8 TR-Home Tri w/Aurora Seward MS 4:00pm | 11 <br> 2:00 Dismissal <br> G | $12$ | 13 | 14 |
| 15 | 16 <br> 7 \& 8 TR@ <br> Columbus Invite <br> (Pawnee Park) <br> 9:00am <br> B | $17 \times 10$ | 18 <br> 2:00 Dismissal <br> B | $19$ | $20$ | 21 <br> $7 \& 8$ TR@ Aurora Invite 9:00am <br> NE Spring Game |
| 22 | Board of Education Mtg. <br> G | $24$ | 25 <br> 2:00 Dismissal <br> 8th grade class <br> to YHS for <br> Orientation | 26 <br> 7 \& 8 TR-Home Quad w/Crete MS, Fairbury, <br> Seward - 3:30pm | 27 <br> Luck of the <br> Draw <br> AG Center <br> 6:00 pm <br> G | 28 |
| 29 | $30$ <br> 7 \& 8 TR York Invite 4:00 pm Fine Arts Banquet 6:00pm - Chances "R" | 8th grade students will be taking the NSCAS Science test on Thursday, April 12. All 6-8 grade students will be taking the NSCAS English Language Arts test on Thursday, April 19. Finally, all 6-8 grade students will be taking the NSCAS Math assessment on Tuesday, April 24. |  |  |  |  |

