



Kenny Loosvelt
PRINCIPAL

Volume 12
Number 8

Be Safe, Be Respectful, Be Responsible

MAY 2018

Greetings YMS Parent(s):

It is hard to believe we have only a few short weeks left of this school year. The students and teachers have been working extremely hard to make this 4th quarter our BEST QUARTER! We have finished with our NSCAS (used to be called NeSA) assessments and we are confident students have given their very best effort and that is all we ask at YMS.

Some great things will be happening at YMS in May to close out an excellent year.

- May 1st is our 6th-grade Wax Museum which begins at 6:00 p.m. Come learn about some important historical figures and donate money to a worthy cause.
- May 4th in the morning will be our Main Thing Day. Students will learn about many different day to day topics that should be a "Main Thing" students learn but often don't. Topics will include- how to plant a tree, how to make change, basic first aid, proper table manners, how to address an envelope, telephone etiquette, healthy snacks, how to fill out a job application, yoga, and more.
- May 4th in the afternoon over 35 careers will be shared with our students as they take part in the YMS Career Fair. We have mechanics, meteorologists, engineers, plumbers, electricians, doctors, lawyers, agriculture and teachers just to name a few.
- May 7th is our YMS Talent Show at 7:00 p.m. in the high school theater. Come see some very talented students.
- May 11th is our 42nd annual Almost Anything Goes Day (AAGD). In the morning all of our students will be participating in "Operation Clean-Up York". Students will be traveling to various parks around the city to do some "spring cleaning".
- May 18th at 11:00 a.m. we will have our 8th Grade Recognition in the YMS Gym.

I am very excited to watch our talented students perform and learn at these excellent events. Hopefully, you can come out and see for yourself just how talented our students are.

We truly have in my opinion the 'Best Middle School in Nebraska'. This is a place where the adults are working hard for kids and kids work hard to learn. This is a school that promotes individual growth and celebrates the "quirkiness" of students as they grow physically, emotionally, socially and academically.

Thank you, parents, for trusting YMS with your child's education. Best of luck to our 8th-grade students as they transition to YHS and WELCOME our new YMS 5th grade students from YES.

We had a fantastic year and we are going to have an even better next year!

Kenny Loosvelt
YMS Principal

Middle Years

Working Together for School Success



Short Stops

Imaginary language

Using a pretend language can sharpen your tween's listening and critical thinking skills. Have her make up nonsense words for actions (like *blergle* for *point* and *troni* for *sit*). Then, you do the same. Take turns using your languages—and motions—to communicate. Can you figure out what each other's words mean?

Attending concerts

If your middle grader asks to go to a concert, consider his request carefully. Ticket prices may be high, and the atmosphere might not be kid-friendly. Check into the act online or talk to other parents. If you allow him to go, avoid school nights, and have an adult attend, too.

DID YOU KNOW?

Your child's body clock shifts during puberty, making her naturally want to stay up later. Yet she needs 9–11 hours of sleep daily to support her memory, regulate hormones, and guard against stress. Discourage late-day naps, and avoid caffeine. Also, doing a quiet activity before bed, such as drawing, can signal to her body that it's time to sleep.

Worth quoting

"I declare after all there is no enjoyment like reading! How much sooner one tires of anything than of a book!"
Jane Austen

Just for fun

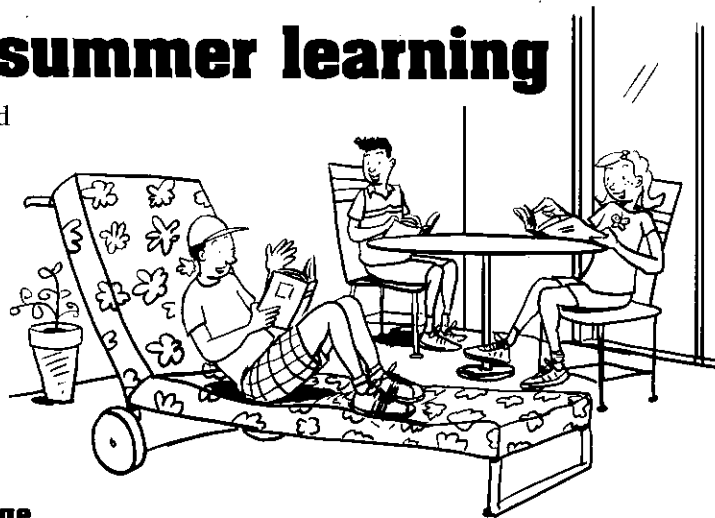
Q: Why aren't zebras good dancers?

A: Because they have two left feet.



Social summer learning

Summer alert! Did you know that students can lose up to two months of skills during the break from school? Keep that from happening to your child with these suggestions for learning the tween way—with friends.



Reading exchange

Let your middle grader create a shared document online where he and classmates list books they have read and share recommendations. They could summarize the books, rate them from 1 to 5 stars, and explain their opinions. They might even read together at a park or at each other's homes.

Baseball math

Play ball—with a math twist. During weekly get-togethers, friends can pitch to each other (three pitches per turn) and tally swings, hits, and misses. Have them calculate stats. What percentage of the

time did players hit the ball (total hits + swings \times 100)? Who had the best "batting average" (hits \div at-bats)? Let them graph their progress over the summer.

Map making

Encourage your child to turn a trip to the park into a geography expedition. Suggest that he and his friends each make a map, using a compass to label it north, south, east, and west. They could add landmarks like a basketball hoop, a slide, or a trail. Then, they take turns secretly choosing a landmark and using their maps to guide others to it. ("Walk north to the pond, then turn east.")

1-2-3 Kindness

Being a kind person helps children form strong relationships and enjoy a greater sense of belonging at school and at home. Try these steps to encourage kindness.

- 1. Develop ideas.** Together, brainstorm ways to show kindness. *Examples:* Ask an older relative to tell a story from his past. Send an inspirational quote to someone who's struggling.
- 2. Track actions.** Divide a sheet of paper into boxes, and write an idea in each square. Now look for opportunities to perform these acts of kindness. For each one completed, "x" it out.
- 3. Repeat.** When the sheet is filled, make a new one. There are always more ways to be kind—and discovering them will help your youngster make kindness a regular part of her life.



Home safe

You may not always be home while your child is out of school. Consider these ideas for handling summer supervision.

Stay alone? Decide whether your tween is ready to be home alone. Think about how responsible and resourceful she is—and whether she would be comfortable by herself. You'll want to get her input, too. *Note:* Check your state's age guidelines for leaving kids alone.



Buddy up. Talk to other parents about swapping supervision times, whether that means checking in on kids home alone or watching ones who aren't ready yet. Another idea is to look for another tween who would also be home alone and let them spend time together at one of your houses.

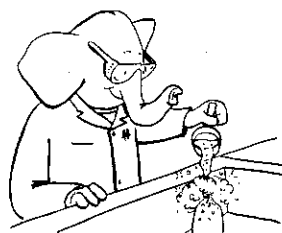
Set clear rules. Be firm about expectations. For instance, you might not allow your child to open the door, answer the phone unless she recognizes the name or number, or leave home without your approval. Explain that she shouldn't let callers know she's alone, and give her written instructions on who to contact and where to go in an emergency. 🍷

If an elephant brushed its teeth...

This science activity creates foam that looks like toothpaste the size an elephant would need! It also demonstrates an *exothermic* reaction, or a chemical reaction that releases energy. Share these directions with your middle schooler.

Mix

Place an empty 20-oz. plastic water bottle in the sink. Pour in $\frac{1}{2}$ cup hydrogen peroxide and $\frac{1}{4}$ cup dishwashing soap. (Tip: For colorful "toothpaste," he can add food coloring.) Gently swish the mixture around, being careful not to create too many bubbles.



Combine

In a separate cup, mix $\frac{1}{4}$ cup warm water with 1 packet (about $2\frac{1}{2}$ tsp.) dry yeast. Stir until the yeast dissolves. Pour the solution into the bottle. What happens?

React!

The yeast acts as a *catalyst*, causing the hydrogen peroxide to break down faster than normal. Oxygen is released and combines with the dish soap, resulting in overflowing foam. 🍷

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated

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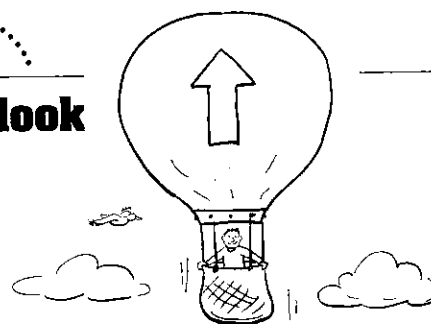
Parent to Parent

A positive outlook

My employer recently brought in a motivational speaker who said a positive attitude could help us perform better. As I was listening, it dawned on me that trying her tips with my son might help him, too.

I shared what I learned with Ben—when your attitude is "up," your brain is more creative and productive. We tried two exercises the speaker had suggested: First, we stared into each other's eyes. Then, I broke into a big smile while Ben had to try to keep a neutral expression. It's almost impossible! We both ended up laughing. Next, we each wrote about a positive experience from the last 24 hours. Reliving it brought back the good feelings.

Now, we're going to try another activity—choosing three things we're grateful for each day. I'm hoping it will help to keep both of our outlooks bright. 🍷



Q & A

On track toward a goal

Q My daughter has set goals in the past and then forgotten about them in a few weeks. How can she stay focused and see them through?

A When your daughter sets goals, it's important to make them specific and measurable so she'll be able to tell if she has reached them. Giving herself deadlines for each one will help her keep moving toward them, too.

For instance, instead of saying, "I want to get in shape," she could say, "I want

to be able to run 5 miles by September." Then, she needs to name specific steps to take each week, such as, "First week: Alternate walking 1 minute and running 1 minute for 1 mile."

At the end of each week, suggest she look over the steps to see how she did. If she didn't follow through, encourage her to make revisions if needed, recommit to her goal, and keep going. 🍷



8TH GRADE RECOGNITION FRIDAY, MAY 18

The last day of school is Friday, May 18, with a 12:00 noon dismissal. We will be honoring our eighth grade student body at 11:00 a.m. Parents and grandparents are invited to attend this event.



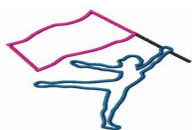
SPRING BAND CONCERT

Plan to attend our Spring Band Concert to be held on Thursday, May 3, at 7:00 p.m. in the York High School Theater. The concert will feature performances by the Middle and High School Concert Bands, Percussion Ensembles and soloists. There is no admission charge for the concert.



BEGINNING BAND LESSONS

Any 6th, 7th or 8th grade student interested in being a part of our band program next year can get a jump start with beginning band lessons. A parent and student meeting will be held on Monday, July 16, at 7:00 p.m. in the Middle School Band Room to answer any questions about our band program. A representative from Schmitt Music in Omaha will be available at the conclusion of the meeting to talk about their instrument rental plan. The lessons will be held on July 30th, 31st and August 1st in the Middle School Band Room. There will be no charge for lessons. Please contact Mr. Forsch for more details.



FLAG SQUAD AUDITIONS

Students interested in being a part of the 2018-2019 York High School Flag Squad may attend our audition rehearsals May 1st through 3rd beginning at 7:15 a.m. on the high school gym deck. Auditions will be held on Friday, May 4, at 7:15 a.m. For more information, please contact Mrs. Cooper or Mr. Forsch.



SENIOR HIGH SCHOOL BAND CAMP

Future High School Band members should mark their calendars for the beginning of next year's marching season. We will hold our "Band Camp" rehearsals August 6th, 7th, 8th and 9th from 9:00 a.m. to 1:30 p.m. in the High School Band Room. We will conclude rehearsals with our "Drill Marching Contest" at 7:00 p.m. on Thursday, August 9, at the high school marching rehearsal lot. A Band Booster meeting will be held immediately following the contest in the High School Band Room.



YMS Annual Talent Show



Please join us for the Annual YMS Talent Show! This final performance for the YMS Choirs will be held on Monday, May 7 in the York High School Theater at 7:00 p.m. Admission is free! We are looking forward to another great show!! We have many great dance, voice, and piano solo's along with some comedy routines. Hope to see you there!

*All students who are involved in **small acts** have a MANDATORY dress rehearsal on Friday, May 4 from 3:30-5:30 p.m. in the York High School Theater. This is our one rehearsal with the sound and light crew.*



Did your child forget to order a yearbook?

Don't miss out! You can still order one until the last day of school.

LUNCH BALANCES

Please have your son/daughter check on their lunch account balance. If possible, any negative lunch balance needs to be paid by Wednesday, May 9 and **must be** paid before checking out of school for the summer break. Any positive balances will remain in your child's account and will carry over to next year.

Eighth graders heading to York High School will have their balance transferred to the high school. If you're moving and need the money in your account refunded, please let us know. Thank you!



PHYSICALS



Nebraska requires **all** seventh grade students have a physical examination by a qualified doctor, Physicians Assistant or Nurse Practitioner. Seventh grade physical forms **must be** turned into the middle school office by October, 2018.

Seventh and eighth grade students participating in sports need to turn in their physical and parental consent forms **before the first practice begins**. Forms are available in the office or online at <http://www.yorkpublic.org> under the "Health News" tab.

We suggest that you call early to make the appointment after May 1, 2018 for the 2018-2019 school year.

If you have any questions about physicals, please call the middle school and ask for Donelle Ellison, RN. Thank you.

YPS Community Coffee

Tuesday, May 1st at 9:00 AM

at NPPD -- located at 907 W 25th Street

Use the north entrance after you park in the east lot



Presentations will include updates about:

- *YMS Community Service projects*
- *NPPD Educational Programming*
- *YPS projects and programming for the summer*
- *Overview of NPPD – York Operations Center and facility tour*



Nebraska Public Power District
Always there when you need us

EVERY STUDENT. EVERY DAY.



YORK PUBLIC SCHOOLS

YPS “Lunch & Learn”

Tuesday, May 8th at 12:00

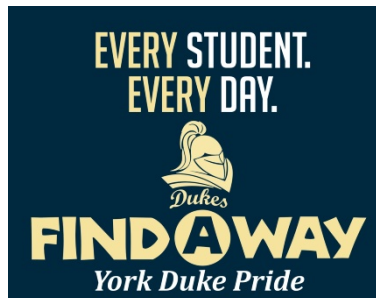
**YPS District Office
(east side of high school campus)**



Presentations will include updates about:

- *YMS Robotics*
- *YMS Manufacturing & Entrepreneurship*
- *YHS Greenhouse tour*

***** Come get a FREE lunch!** Email mike.lucas@yorkdukes.org by Monday, May 7th at 10:00 AM so we can get an accurate headcount for our sandwich bar. Bring a friend or two!





LAW ENFORCEMENT TORCH RUN® FOR SPECIAL OLYMPICS NEBRASKA



MAY 12TH @ 10AM

What is the Law Enforcement Torch Run?

The Law Enforcement Torch Run precedes the Special Olympics Nebraska State Summer Games and consists of law enforcement officers from various agencies across the state running the "Flame of Hope" throughout Nebraska for one week to raise money and awareness for Special Olympics Nebraska and the organization's 6,500 athletes who have an intellectual disability. During Torch Run Week, May 11-17, ceremonies are held in many Nebraska communities. The ceremonies consist of local law enforcement running the Special Olympics torch in their communities and celebrating with Special Olympics athletes, families, volunteers and supporters. The Torch Run is a great way to showcase the partnership between law enforcement and Special Olympics and to spotlight the talents and achievements of local athletes as they get ready to compete at Summer Games.

Torch Run shirts available: (blue)

Cotton T-Shirt: \$15
Dri-Fit Shirt: \$25

Fundraiser/Volunteer shirt: (grey)

Short sleeve: \$12
Long Sleeve: \$20



COME JOIN US!

**May 12th
East Hill Park
meet at 9:30 AM**

**All walkers,
runners and
joggers welcome!**

**Water and snacks
will be provided**

**We will do a 5K
starting at East
Hill Park and
ending at the
courthouse!**

FOR MORE INFO



Erika

**Day: 402-362-8823
Evening: 402-363-1238**

Erika.garcia@nebraska.gov

**Special Olympics
Nebraska**





MIDDLE SCHOOL SUMMER PROGRAM

WEEK 1: AG WEEK

WEEK 2: VACATION WEEK

WEEK 3: HISTORY OF YORK

WEEK 4: HEALTH WEEK

WEEK 5: BUSINESS WEEK

WEEK 6: AMERICAN HISTORY

FREE BREAKFAST AND LUNCH AGES 0-18

AT YES.





Parents/Guardians,

We have some exciting activities planned for York Public School summer program.

Here are the details of the Summer program:

- Summer program is FREE!!!
- Summer will run from May 29th to July 6th
- Holidays - NO PROGRAM on July 4
- Summer program will be Monday through Friday from 8AM to 12PM.
- Students must attend a minimum of five days.
- It will be open to the first 30 elementary students per grade level and 45 middle school students registered.
- Summer program will provide both educational opportunities and enrichment activities.

Attached, you will find the registration form for the summer program. You **will** receive a letter confirming your student's entry into the program. Please give the registration to your after school teacher, or YMS/YES office.

Thank you for enrolling your student in our summer program! It has been a great year and we are looking forward to continuing to serve you in the summer.

If you have any questions about our summer program, please don't hesitate to contact me at amy.vernon@yorkdukes.org.

Sincerely,

Amy Vernon

Amy Vernon
After-School Program Project Director

2018 York Public Schools Summer Program

For Current Grades K-7

Office Use Only	
Received:	_____
State ID:	_____
All Data Complete:	_____
Other:	_____

Student Information:

Name of Student: _____ **17-18** School Yr Grade: _____

Attends: ☐ York Public ☐ Other: _____ Gender: _____

Parents or Guardian: Father _____ Mother _____

Father Employer: _____ Mother Employer: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Number we can reach you: ☐ Home ☐ Cell ☐ Other _____

Emergency Contact (other than parents/guardians):

Name: _____ Relationship: _____

Phone: _____ Cell Phone: _____

Program Description:

Summer program runs from **8:00 AM – 12:00 p.m. Monday through Friday**. Each day will include a free breakfast, physical activity, academic work, educational enrichment and an optional free lunch.

Pick-up:

If a student does not have a parent available to pick them up by 12:05 PM if your student is not having lunch **OR** 12:45 PM if your student is staying for lunch:

1. A warning will be issued.
2. A second warning will be issued notifying the next time the student will be removed from Summer BOOST.
3. Student will be removed from Summer Program

☐ ***I have read and understand the late pick-up policy.***

End of Day: **Students must be picked up before 12:40 p.m.**

Which of the following will you allow at the conclusion of the day?

☐ My child will stay for lunch ☐ My child will **not** stay for lunch

☐ I will pick up my child. ☐ My child may walk home.

☐ If you need an alternative pickup time prior to 12p.m., please specify time: _____

I specifically authorize the following:

- Yes No I give permission to YPS Summer Program to use my son/daughter's photograph on the school website or in promotional material for the program.
- Yes No I give permission to summer staff to take my child off school premises. (Numerous field trips planned for the summer)
- Yes No My child has a NON-Food allergy. (If YES, please specify) _____
- Yes No My child has a food allergy. (If YES, please specify) _____

In order to insure the safety of students with food allergies, proper medical documentation must be provided.
Please request this paperwork upon enrollment.

Behavior Policy:

Students at York Public Schools Summer Program must be compliant with rules in order to provide a safe and fun environment for all students. We operate on a three strike system. When extreme behavior occurs parents will be contacted and a strike note will be issued. Extreme behavior would include but is not limited to, spitting on others, kicking, hitting, running or hiding from staff, injury to others, and defiant behaviors that results in an unsafe situation. Upon receiving the third strike the student will be dismissed from the YPS Summer Program.

☐ ***I have read and understand the behavior policy.***

Attendance: (Initial beside each statement)

- _____ I understand that YPS Summer School Program is grant funded and only receives funds for students that attend 5 days or more during the summer program.
- _____ I understand that enrolling my student say that I value the YPS Summer Program and will plan to meet or exceed the 5 day attendance goal.
- _____ I understand that YPS Summer Program is not a drop-in/as-needed program.

Please Mark all that apply:

This student:

- | | | |
|--|--|---|
| <input type="checkbox"/> is a resident of York School District | <input type="checkbox"/> in foster care | <input type="checkbox"/> is a ward of the court |
| <input type="checkbox"/> is a ward of the state | <input type="checkbox"/> has a current IEP | <input type="checkbox"/> opts in to YPS |

I grant permission for my son/daughter to participate in the YPS Summer Program. I hereby release York Public Schools, its employees, volunteers from any financial responsibility or claims for the sickness and/or accident to my child during the YPS Summer Program. I understand that this program is sponsored by York Public Schools and that my child must follow all school rules set forth by the York Elementary and Middle School. I understand that violations of school rules may result in suspension or removal from the program.

Parent/Guardian Signature

Date

If you have any questions, please contact:

Kris Friesen, Principal at York Elementary

Kenny Loosvelt, Principal at York Middle

Amy Vernon, Program Director amy.vernon@yorkdukes.org or 402-366-2454

END OF THE YEAR REMINDERS FROM THE HEALTH OFFICE

Parents of 6th graders soon to be 7th graders: It is a Nebraska law and school requirement that students going into 7th grade have a well-child physical and be updated on their immunizations. The 7th grade physical forms are the same ones used for sports physicals. Most students going into 7th grade will need a booster of Tetanus, Diphtheria and Pertussis which is a combination of 1 shot. Other immunizations you may want to consider, that are recommended but not required are: Meningitis – series of 2 shots, Gardasil – series of 3 shots and Hepatitis A. Attached is a schedule and times available at our local immunization clinic to help clarify. Please start this summer on these requirements as they are required at the beginning of the year. You may turn in your forms and proof of immunizations anytime this summer. Forms are available at the middle school office or they are available online now under the “Health News” tab.

Parents of students that are going to play a sport next year: *Your child will be required to have the appropriate forms completed before the first day of practice for their sport.* The forms are available at YMS or YHS and also on the school web-site under the “Health News” tab. The packet consists of: Insurance Form, NSAA Consent Form, Medical Clearance Form, Physical Form and Physical History Form. *All forms and current health insurance is required to participate in the first practice.* There will be health insurance available for you to buy through the school in August if you choose to do so. If you have difficulty getting health insurance please contact the nurse to see if she can assist. Sports physicals have to be completed after May 1st.

Parents of students with chronic illness, Asthma (use an inhaler or nebulizer), severe allergies or Seizures: Please make contact with the school nurse right away when we return to school next August to discuss the health concerns of your child. A nurse should be available at each school on “Back to School Nights” with health plan forms. It is necessary to have medical plans in place to keep your child safe while at school. We would like to talk with parents every year about what is needed at school should your child have a medical episode so we are prepared with proper medication or treatments as needed. The summer is a great time to schedule well-child physicals, dental and eye exams. Check to see if your insurance covers these exams under the preventative benefits.

Remember that YPS is a “Nut Safe” school. Be aware of foods with nuts and nut products and do not share them with other students. Check with teachers to see if there is a student who has a food allergy before bringing treats to school. Eating is not allowed on the buses during morning and afternoon routes.

SUMMER TIPS

Protection from mosquito and tick bites. Use an insect repellant containing deet, picaridin, oil of lemon or eucalyptus. Wear clothing that protects you from the bites and check for ticks often. Learn how to remove ticks the right way by following this link: http://www.cdc.gov/ticks/removing_a_tick.html

Provide sunscreen for your child and remind them to reapply. This will help prevent skin cancers and wrinkles when they get older. (Something they will thank you for later). Also, remember to protect eyes with sunglasses that have UV protection as the sun damage today is linked to cataracts when we get older.

Stay hydrated with WATER! Increase your fluid intake, regardless of your activity level. Don't wait until you're thirsty to drink. During heavy exercise in a hot environment, drink two to four glasses (16-32 ounces) of cool fluids each hour.

Encourage healthy snacking this summer. Have fresh fruits and vegetables available and ready to grab. Snacks with protein will help you feel less hungry longer. Limit carbohydrate snacks or those with a lot sugar.

Encourage outdoor time – away from technology!!!!



IMMUNIZATION INFORMATION 2018

Home Care Plus, Inc. is available to provide child immunizations from birth through age 18. The clinics are currently held on the second Monday of every month. Clinics are held in the **West View Medical Building** located at 2319 N. Lincoln Avenue in York, NE. (If this schedule does not work, the staff will work with you to come to the office for immunizations.)

You may qualify if you are underinsured, on Medicaid or do not have any insurance at all.

We request a \$15.00 administrative donation per child to cover costs; however, if a family is unable to pay the entire \$15.00, the child will still be able to receive his/her shots with no questions asked.

An appointment is also requested, but not required. Parents can call to arrange an appointment by calling **362-2566**, Monday thru Friday from 8:00 AM-4:30 PM.

Below is a recommended vaccine schedule, which is approved by the CDC (Centers for Disease Control) and the ACIP (Advisory Committee on Immunization Practices).

Birth	2 Months	4 Months	6 Months	12 Months	18 Months	4-6 Years	11-18 Years
	Pentacel	Pentacel	Pentacel			Polio	
					DTap	DTap	TDap Booster
	Pnuemococcal	Pnuemococcal	Pnuemococcal		Pnuemococcal		Meningococcal**
				MMR & Chicken Pox		MMR & Chicken Pox	
				Hepatitis A**	Hepatitis A**	Hepatitis A*	Hepatitis A*
			Flu** (6 months-18 years) → → → → →				
	Rotavirus	Rotavirus	Rotavirus				
Hepatitis B	Hepatitis B		Hepatitis B				
							Gardasil**

* May be obtained at this age if not completed at earlier date

**Highly recommended, but not a required vaccine for school or daycare

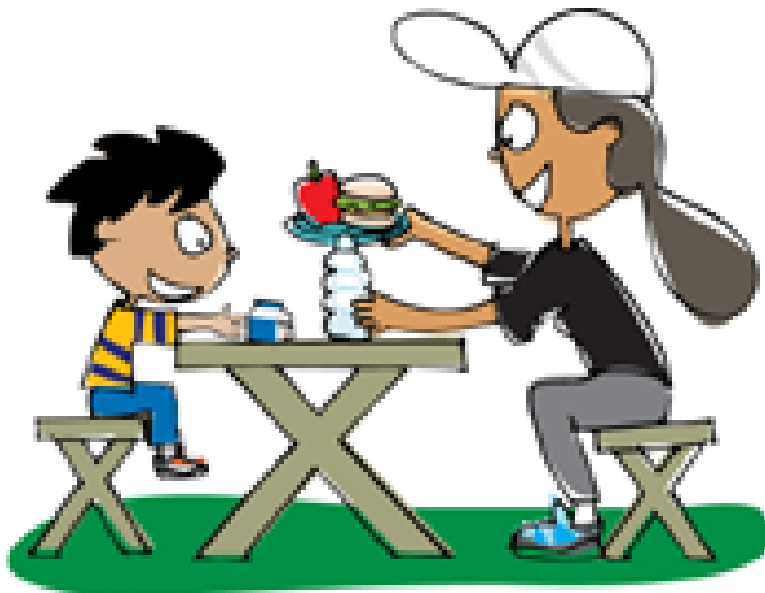
--Pentacel is a combination vaccination of Hib, Diphtheria, Tetanus, Pertussis, & Polio in infants

IMMUNIZATION SCHEDULE 2018

****Schedules may be extended or reduced dependent on appointment scheduling needs**

Monday, January 8 th 1:00-4:30 PM	Friday, August 3 rd 2:00-4:00 PM
Monday, February 12 th 1:00-4:30 PM	Monday, August 13 th 12:30-5:00 PM
Monday, March 12 th 1:00-4:30 PM	Monday, September 10 th 1:00-4:30 PM
Monday, April 9 th 1:00-4:30 PM	Monday, October 8 th 1:00-4:30 PM
Monday, May 14 th 1:00-4:30 PM	Monday, November 12 th 1:00-4:30 PM
Monday, June 11 th 1:00-4:30 PM	Monday, December 10 th 1:00-4:30 PM
Monday, July 9 th 12:30-5:00 PM	

Appointments: (402) 362-2566



Summer Food Rocks!

York Public Schools Summer Food Program

Where: York Elementary School 1501 Washington

When: May 29th to July 6th

Excluding July 4th

Breakfast 8am to 9am

Lunch 11:30 to 12:30

Cost: Free to children 1 to 18.

Adult Breakfast:\$2.50

Adult Lunch: \$3.75



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices

Come Join us for Lunch this Summer

Nutrition for our students is important to us all year! The summer meal program is a great way to ensure that every student has access to healthy food during the summer months. The Summer Food Program at York Elementary will be serving Monday through Friday Breakfast from 8:00a to 9:00a and Lunch from 11:30a to 12:30 from May 29 to July 6th.

These meals are FREE to any child age 1 to 18.

Adult Prices
Breakfast \$2.50
Lunch \$3.75

Additional Middle & High School Choices offered daily

- Smucker's Uncrustable
- Dutch Waffle
- Cheese Pretzel

Stop & Go Breakfast-High School Only

STOP by the cafeteria. Bag your breakfast, and **GO** on with your day!

Choices Daily:

- Pancake or French Toast Minis
- MiniCinis
- Frudel
- Yogurt with Goldfish Grahams



Includes Fruit and 100% juice choice and milk

This breakfast is available for students that qualify for free or reduced price meals.

Breakfast Meal Prices & Extras

Student Breakfast	\$1.45
Adult Breakfast	\$2.15
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
	1 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Applesauce	2 * Egg & Cheese Taco Roll * Cereal Choices with Toast Juice Choices Fresh Orange	3 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Mixed Fruit	4 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Sliced Pears
7 * Pancake Sausage Stick * Cereal Choices with Toast Juice Choices Mixed Fruit	8 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple	9 * Yogurt with Goldfish Graham * Cereal Choices with Toast Juice Choices Fresh Apple Wedges	10 * Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast Juice Choices Applesauce	11 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Sliced Peaches Juice Choices
14 * Ultimate Chocolate Chip Breakfast Round * Cereal Choices with Toast Juice Choices Fresh Apple Wedges	15 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Pineapple	16 * Waffles with Syrup * Cereal Choices with Toast Juice Choices Mixed Fruit	17 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple	18 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Applesauce
21	22	23	24	25
<p>Ready... Set... SUMMER!</p>				
28	29	30	31	

Questions or comments - Contact Mitch Novak, Foodservice Director at 402-363-9169 or m.novak@lunchtimesolutions.com
Applications for Free and Reduced price meal are available in all building offices.

This institution is an equal opportunity provider and employer.



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have 1/2 cup of fruits or vegetables on their tray.



Come Join us for Lunch this Summer

Nutrition for our students is important to us all year! The summer meal program is a great way to ensure that every student has access to healthy food during the summer months. The Summer Food Program at York Elementary will be serving Monday through Friday Breakfast from 8:00a to 9:00a and Lunch from 11:30a to 12:30 from May 29 to July 6th. These meals are FREE to any child age 1 to 18. Adult Breakfast \$2.50, Lunch \$3.75

Other Daily Entrée Choices :

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich Choice
T-Th Entree Salad Choice
F Sandwich Choice

Choices vary. See menu board for details.

D. Deli Wrap Entrées

M Combo Deli
T Fajita Chicken
W Turkey Deli
Th Ham Deli
F Grilled Chicken

E. Vegetarian Entrées

M-W Vegetarian Salad
T-Th-F Fruit, Yogurt & Cheese Plate include breadsticks
M-F Uncrustable, String Cheese, Bread stick

Lunch Meal Prices & Extras

MS Lunch	\$2.85	Extra Entrée	\$1.75
Chef Entrée	\$2.25	Extra Side	\$0.50
Adult Lunch	\$3.55	Extra Milk	\$0.45
Adult ONE TRIP Fruit & Veggie Bar			\$1.75

Questions or comments:

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Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
	1 * Home-style Chicken & Noodles * Breaded Steak Fingers Mashed Potatoes With Gravy	2 * Beef and Bean Burrito * Home-style Pizza Steamed Carrots	3 * Homestyle Spaghetti * Crispy Chicken Sandwich Peas Gelatin Dessert	4 * Beef Stroganoff * Chicken Nuggets Green Beans Fresh Baked Cinnamon Roll
7 * Home—style Scalloped Potatoes & Ham With Dinner Roll * Cheeseburger Green Beans	8 * BBQ Rib Sandwich * Pizza Hut Pizza Mixed Vegetables 	9 * Taco in a Bag * Hot Dog Chili Lime Corn Cinnamon Breadstick	10 * Hot Pepperoni Sub * Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	11 * Homestyle Meatloaf With dinner roll * Chicken Nuggets With dinner roll Mashed Potatoes With Gravy
14 * Sloppy Joe * Breakfast for Lunch Pancakes with Sausage Potato Triangle	15 * Hot Ham & Cheese Sandwich * Pizza Golden Corn	16 * Breaded Pork Fritter Sandwich * Chicken Nuggets Peas Carnival Cookie	17 * Home-style Pizza Pasta Bake * Mini Corn Dogs Green Beans Fresh Baked Sugar Cookie	18 NOON DISMISSAL NO LUNCH
21	25	23	24	25
<div>Ready... Set... SUMMER!</div> 				
28	29	30	31	

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May 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 YMS 5th Grade Orientation 8:30-10:30am YMS 6th Grade Wax Museum 6:00pm G	2 2:00 Dismissal B	3 YMS/YHS Spring Band Concert 7:00pm - YHS Theater  G	4 <i>Main Thing</i> YMS Career Day  B	5 Girls on the Run 10:00am YHS Track 
6	7 YMS Talent Show 7:00pm YHS Theater  G	8 B	9 2:00 Dismissal G	10 B	11 YMS A.A.G.D.  G	12 7 & 8 State Track Meet @ Gothenburg 9:00am
13 Mother's Day GRADUATION 2:00pm York City Auditorium 	14 Board of Education Mtg. B	15 Dodgeball Tournament 3:20pm  G	16 2:00 Dismissal B	17 G	18 YMS 8th Grade Recognition 11:00am End of 4th Quarter Last Day of School NOON DISMISSAL	19
20	21	22	23	24	25	26
27	28 Memorial Day 	29	30	31		Have a Fun-filled Summer! 