



Be Safe, Be Respectful, Be Responsible

November 2018

Hello YMS Parent(s)!

What a fantastic first quarter we had at YMS. Students were challenged by their teachers to be creative, collaborate with each other and to think critically. Teachers at YMS are constantly pushing students to grow. They expect great things from your child and they are happy to be the driving force that pushes them to succeed.

The last week in October was Red Ribbon week at YMS. Red Ribbon week was started by parents in response to the murder of DEA agent Enrique Camarena. The parents wore Red Ribbons as a symbol of their commitment to raise awareness of the killing and destruction caused by drugs and alcohol in America. Here are some suggestions for parents of middle school kids from the Partnership for Drug Free-Kids.

- Make it very clear that you do not want them to use alcohol, tobacco, marijuana or other drugs.
- Find out if they really understand the consequences of alcohol, tobacco and other drug use.
- Get to know their friends by taking them to and from after-school activities, games, the library, and movies. Check in with his/her friends' parents often to make sure you share the same anti-drug stance.
- Be sure you know his online friends – as well as his other online activities such as websites he visits, with whom he emails, chats and instant messages, his Facebook page, and who he text messages.
- Volunteer for activities where you can observe your child at school.
- Get your kids involved with adult-supervised after-school activities.
- Make it easy for your child to leave a situation where alcohol, tobacco, or other drugs are being used.
- Call kids' parents if their home is to be used for a party; get assurance that no alcoholic beverages or illegal substances will be at the party.
- Set curfews and enforce them.
- Encourage open dialogue with your children about their experiences.

At YMS we are continuously working on changing student mindsets. A *mindset* according to Dr. Carol Dweck is a self-perception or "self-theory" that people hold about themselves. Believing that you are either "intelligent" or "unintelligent" is a simple example of a mindset.

Here are some examples:

Students with a fixed mindset believe that they are born with basic abilities, intelligence and talents and they can't change that. Their goal is to look smart and never look dumb.

Students with a growth mindset believe that their talents and abilities can be developed through effort, good teaching and persistence. They believe everyone can get smarter if they work at it. They are not afraid to fail and therefore don't mind not knowing the answer.

Students with a fixed mindset fear failure and are less likely to take risks.

Students with a growth mindset value the challenges of taking a risk and know that they will learn from their failure and improve.

Here are some strategies you can use at home to help your child change from a fixed to a growth mindset.

1. Have a daily learning discussion. Ask your student "What did you learn today?" "What did you try hard at today?"
2. DO praise the process DON'T praise ability. Instead of saying "you are so smart" "you are good at playing the piano" say "You really work hard on your Math." "Your many hours of practice on the piano are paying off."
3. Explain to kids that their brain is never done growing. Remind them they can always learn and improve throughout their life.
4. Let your kids fail. It is OK to fail. It is NOT OK to give up. When students fail ask them "How can you get better next time?" "What did you learn from your mistake?" Then as students finally succeed praise their persistence.
5. Encourage positive talk in your home. Stop the use of the words "I can't" and instead remind people in your house to say "I can't, yet"

We are going to have a fantastic second quarter at YMS. Teachers and staff are here for your student(s). We are going to continue to push them to grow and be better students and young men and women. Thank you for your help as we work together to make the years at YMS some of the best years in their academic life.

Kenny Loosvelt
YMS Principal

TIME FOR FLU SHOTS!

There are several places in York that offer walk-in clinics (no appointment necessary) to get your flu shots for minimal cost or some will bill to your insurance depending on your coverage. Consider having your school age child immunized this year. We had several cases last year towards the end of 1st semester.

The flu shot or Influenza vaccine protects you from a virus that causes symptoms like chills, fever, runny nose, sore throat, muscle pains, headache (often severe), coughing, weakness/ fatigue and general discomfort. The flu shot does not keep you from getting the nausea, vomiting or diarrhea type "flu" also seen in these fall/winter/spring months. Keep in mind that the flu shot takes about 2 weeks before it is working in your body to provide protection. Influenza season may start as early as October and last as late as May with the peak usually in January and February. Your student should stay home from school with a temperature of 100 F or above.

These are some options in York and surrounding areas for the flu shot.

Call to see when their walk-in clinics are or if you need an appointment.

Many insurances cover the cost of the shot. Depending on your circumstance you may be eligible for a free or low cost shot. If you need assistance call the school nurse.

Home Care Plus/York County Immunization Clinic

402-362-2566



Urgent Care

402-745-6279

Walmart

402-362-2095

Walgreen's

402-362-1280

York Medical Clinic

402-362-5555

Middle Years

Working Together for School Success



Short Stops

Conferences in middle school

A parent-teacher conference is the perfect opportunity to work with the school to support your child. You may meet with one of his teachers who will share information from all the others. Or you might spend a few minutes with each teacher. If you have questions for specific teachers or need more time with them, call or email to follow up.

Fit in fitness

An hour of daily physical activity promotes good health. Suggest that your tween calculate how many minutes of exercise she gets each day. She could include walking to school and participating in PE. Encourage her to add more exercise, perhaps by meeting a friend to swim at an indoor pool or by following along with a Zumba video.

Promptness, please

Being at his desk when the bell rings means your middle grader won't miss class instruction or important announcements. Have him add a five-minute "cushion" to his morning so he has time to deal with the unexpected (missing shoe, early bus).

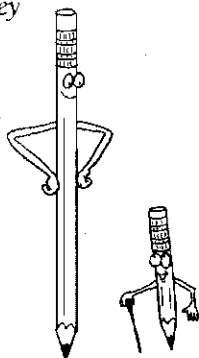
Worth quoting

"I am not a product of my circumstances. I am a product of my decisions." *Stephen Covey*

Just for fun

Q: What's tall when it's new and short when it's old?

A: A pencil.



Study secrets—revealed

Anna knows what she needs to accomplish when she sits down to study. She stays focused and tends to remember the material. Her secret? Strong study skills! Share these strategies with your tween.

Skill: Set goals.

Strategy: Encourage your child to jot down specific goals for each study session and check off each one as she meets it. She should be as detailed as possible. *Example:* "Learn 30 vocabulary words before Friday's Spanish test." It may also help to make deals with herself. ("I can take a break after I've learned 15 words.")

Skill: Stay focused.

Strategy: Suggest that your middle grader eliminate distractions before she studies. For instance, she should silence her phone and put it in another room. Hunger and



fatigue can also make her mind wander, so she could eat a healthy snack or go for a quick jog before she buckles down.

Skill: Monitor understanding.

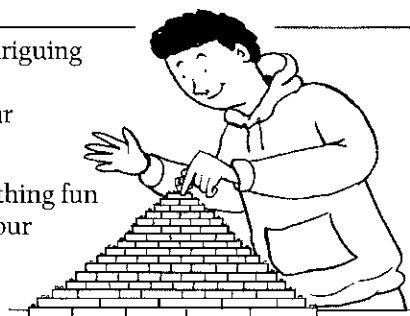
Strategy: After your tween reviews her notes, handouts, and textbook, she can make up a quiz. Taking the quiz and checking her answers will show her what she still needs to work on. Have her write anything she doesn't understand on a sticky note and ask her teacher for help. 👍

Spotlight on history

History is full of fascinating places and intriguing people for your child to discover. With these ideas, he can step into the past—right in your living room:

■ Work separately or together to create something fun that represents a time period. For instance, your family might build a Lego model of an Egyptian pyramid. Or tape large sheets of paper to a wall, and draw or paint an Aztec mural.

■ Have each person secretly pick a historical figure to research, maybe Benjamin Franklin or Amelia Earhart. Then, host a game show where everyone asks yes-or-no questions to guess each other's characters. 👍



Serving our community

Volunteering as a family can teach your middle grader about empathy and helping others. Here's how to get started.

1. Have your tween research community service opportunities for families. He should list ideas that match the ages of family members, and also jot down the time involved for each job. He could visit websites such as createthegood.org and volunteermatch.org. He might also call or email community centers, shelters, and places of worship to ask if they need help.



2. Review your child's list together. Talk about possibilities that interest everyone, and pick one to sign up for. If your family loves animals, maybe you could feed and play with dogs and cats in a shelter. Or if you like to cook together, maybe you'll volunteer at a soup kitchen or a fire station's spaghetti dinner.

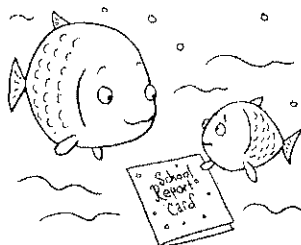
3. Talk about those you'll be helping, such as people who don't have enough to eat or animals who need attention and comfort. Considering how others feel will show your middle grader how important it is to help out—and make your volunteer experience more meaningful. 🍷

Parent to Parent

Report cards: Find the positives

My sixth-grade daughter just got her first report card with letter grades. In elementary school, she always received "Excellent" or "Good," so I was surprised to see a C in English.

I decided to focus on the positives first. I pointed out Chelsea's good attendance, an A in science, and a nice comment from her chorus teacher.



Then, we discussed her English grade. Chelsea said she had fallen behind on assigned readings. As a result, she struggled to answer comprehension questions and participate in class discussions. We brainstormed solutions, including reading a certain number of pages each night and jotting down points to make in class.

Chelsea said that when she gets her next report card, she hopes that one of the first things I can point out will be a B in English! 🍷

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com
ISSN 1540-5540

© 2018 Resources for Educators, a division of CCH Incorporated



Same answer, different strategies

There's often more than one way to approach a math problem. Try these tips for using family game night to help your tween talk through math strategies—and see that for herself!

Monopoly. When a player decides to buy (or not to buy) a property or add houses or hotels, have her share her thinking. Your child might calculate how many times an opponent would need to land on her properties to cover the cost. Or she could total her cash, subtract the cost of the hotels, and consider her liability (the rent she would owe if she lands on other players' properties before getting "paid" again).

Yahtzee. Let family members explain how they determine where to record their rolls of the dice. Say your middle grader gets four sixes and one five. Will she score it as four of a kind or as her sixes roll? Perhaps she'll consider the probability of rolling four of a kind again (unlikely) and decide to check off four of a kind rather than risk scoring zero in that spot. Or maybe she'll count it as sixes, which will put her on the path to earning a bonus. 🍷



Q & A Concern about anxiety

Q Several of my friends and neighbors have mentioned that their kids have anxiety. My son gets stressed out sometimes—could he suffer from anxiety, too?

A It's normal for middle graders to feel stressed from time to time about school, friends, or growing up. But if they're excessively anxious for long periods of time and miss

out on activities because of it, that may signal a bigger problem.

Anxiety disorder symptoms include worrying persistently for weeks or months, trouble sleeping, frequent headaches or stomachaches, and avoiding school or friends.

If you notice any of these symptoms in your son, contact your pediatrician. She can refer you to a specialist if necessary. 🍷





Veterans Day Celebration Friday, November 9

We will be honoring our veterans with a special program on Friday, November 9 at 10:00 a.m. in the high school theater. The program will include presenting the flag, singing the national anthem, reciting the Pledge of Allegiance, singing patriotic songs, and honoring the men and women who have served in the armed forces. Our guest speaker will be York veteran and Purple Heart recipient Tom McBride.

We hope you're able to attend our Veterans Day assembly, and we thank you for your years of service!

CHANGE OF WEATHER

As we move into the fall and winter months the days begin to get colder. Sometimes middle school students feel they are invincible and don't need to wear a coat.



Please take time to address this issue with your child. On days when we are not having precipitation or it is not extremely cold we will continue to go outside over lunch time.



Box Tops for Education

Clip Box Tops and earn cash for our school every time you shop for groceries!

Clip Box Tops from hundreds of your favorite products. Each Box Top is worth 10 cents for our school and that adds up fast. Making a difference has never been easier.



When your child is going to be absent . . .

When your child is ill and unable to attend school we want to hear from you. Please give us a call at 362-6655, option 1, between 7:30 - 8:30 a.m.

YMS

Food Drive



Thank you to all those who donated to our annual **CANNED FOOD DRIVE** once again this year. The items were delivered on Thursday, November 1.

"Twitter and Social Media 101" For Parents and Patrons

Monday, November 12th from 6:00-7:00 PM in the YHS Media Center



ALL parents and patrons of YPS are invited to the high school media center to learn more about Twitter and social media.

Attendees will learn how to connect, communicate, follow, and promote on social media. This will be a basic presentation for those that want to get started or are just getting started on various social media platforms.

We hope to see YOU on November 12th from 6:00-7:00 PM in the YHS Media Center.

November

School Counselor Connection

At York Middle School, our students participate in the Second Step program once a week during Family time. This curriculum helps build a culture of connectedness and empowers middle school students with skills to succeed socially and academically.

During the next several weeks, students will be discussing the unit titled Values and Friendships. Students will be thinking about their values, how their values can help them make decisions, and how values can play a positive role in a group setting. Students will also consider what they value in a friend, how to be a friend, and how to make and maintain positive friendships.

Take some time to discuss values as a family and how values have helped you make decisions throughout your life such as decisions about marriage, children, career choices, where to live, hobbies, and friends.

Friendships...making and maintaining positive friends is a lifelong process. It can be difficult for many children. Keeping lines of communication open and non-judgmental is important as your child shares with you the ups and downs of friends. No one friend is perfect and your child isn't a perfect friend either. Helping children learn to manage conflicts effectively, independently, and maturely is a life-long skill that will serve them now and in years to come.

Congratulations to Jordyn Harms and Naomi Spivey for being selected, by audition, for the Sing Around Nebraska Honor Choir. The event will be held in Lincoln at Nebraska Wesleyan on November 2nd & 3rd.



Come join us for the YHS & YMS Christmas Choir Concert. The students have been working very hard and are looking forward to giving you a great performance. It will be held on Monday, December 10, at 7:00 p.m. in the York High School Theater.

The concert will feature selections by the YMS 6th, 7th & 8th grade choirs and the Expressions Show Choir. The concert will also include the YHS Choirs, including the Dukes & Duchesses. This evening will fill your heart with song.

The first choir performance of the spring will be the YMS musical. The students are anxiously waiting to hear what this year's show will be! We will be learning the audition materials after the Christmas Concert and holding auditions on Tuesday, January 15th and Wednesday, January 16th.

This year's show is going to be great and we want to see a great turn out at auditions!



The American Psychological Association (APA) released its Stress in America™ report highlighting the stress experienced by American youth (teens ages 13-17) stating "high stress and ineffective coping mechanisms appear to be ingrained in our culture". Since the survey has begun, it has continued to find that American adults report higher stress levels than what they believe to be healthy. For example, recent results indicated that adults report that stress impacts their physical health (30 percent) and mental health (33 percent). This report, continues to drive home one important message, "we need to improve our health system to equally address both physical and mental health".

Suggestions for coping with stress and anxiety for your student

Get more sleep Between homework, activities and hanging with friends, it can be hard to get enough sleep, especially during the school week. Ideally, adolescents should get nine hours a night. To maximize your chance of sleeping soundly, cut back on watching TV or engaging in a lot of screen time in the late evening hours. Don't drink caffeine late in the day and try not to do stimulating activities too close to bedtime.

Focus on your strengths Spend some time really thinking about the things you're good at, and find ways to do more of those things. If you're a math ace, you might tutor a younger neighbor who's having trouble with the subject. If you are a spiritual person, you might volunteer at your church. If you're artistic, take a photography class. Focusing on your strengths will help you keep your stresses in perspective.

Engage in physical activity Physical activity is one of the most effective stress busters. That doesn't mean you have to go for a jog if you hate running. Find activities you enjoy and build them into your routine such as yoga, hiking, biking, skateboarding or walking. The best types of physical activities are those that have a social component. Whether you're into team sports, or prefer kayaking or rollerblading with a friend or two, you're more likely to have fun — and keep at it — if you're being active with friends.

Do things that make you happy Besides physical activities, find other hobbies or activities that bring you joy. That might be listening to music, going to the movies or drawing. Make a point to keep doing these things even when you're stressed and busy.

Talk to someone It's so much easier to manage stress when you let others lend a hand. Talk to a parent, teacher or other trusted adult. They may be able to help you find new ways to manage stress. Or they may help put you in touch with a psychologist who is trained in helping people make healthy choices and manage stress.


York School District
2018-2019 Lunch, Grades 6-8
November 2018

Mon	Tue	Wed	Thu	Fri
29 Lunch Entree * Chicken Pot Pie * Ham & Cheese Bagel Melt * Crispy Chicken Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	30 Lunch Entree * Rito In-cog-neato: Cowboy 'Rito * Soft Shell Beefy Tacos * Mini Corn Dogs * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	31 Lunch Entree * Crispy Chicken Sandwich * Cheeseburger Macaroni Skillet with Breadstick * Southwest Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	1 Lunch Entree * Chicken Ranch Pasta * BBQ Rib Sandwich * Fresh Baked Italian Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	2 Lunch Entree * Taquito Grande with Dipping Sauce * Pizza Hut Pizza * Roasted Chicken & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter
5 Lunch Entree * Cheeseburger Soup with Dinner Roll * Oven-Roasted Hot Dog * Fajita Salad with Tortilla Chips * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	6 Lunch Entree * Chicken Fried Rice * Italian Melt * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	7 Lunch Entree * Roasted Turkey with Dinner Roll * Baked Breaded Steak Fingers with Dinner Roll * Grilled Chicken Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	8 Lunch Entree * Original Beef Goulash with Garlic Breadstick * Teriyaki Chicken Sandwich * Fresh Baked Roasted Chicken Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	9 Lunch Entree * Taco Burger * Fresh Baked BBQ Chicken Pizza * Fresh Baked Cheesy Pizza * Turkey & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter
12 Lunch Entree * Chicken and Waffle Breakfast Burrito * Cheeseburger * Oriental Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	13 Lunch Entree * Classic Beefy Chili with Crackers * Corn Dog * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	14 Lunch Entree * Home-style Chicken & Noodles * Country Fried Steak * Chef Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	15 Lunch Entree * Home-style Spaghetti * Spicy Chicken Sandwich * Fresh Baked Combo Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	16 Lunch Entree * Pizza Hut Pizza * Beef & Bean Burrito * Fresh Baked Turkey & Cheese Sub * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter
19 Lunch Entree * Italian Dunkers with Marinara Dipping Sauce * Baked Breaded Fish Sandwich * Greek Chicken Salad with Fire Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	20 Lunch Entree * Chef Demo: Cajun Steak Flatbread * Southwest Pulled Pork Nachos * Ham, Egg & Cheese Biscuit Sandwich * Fresh Baked Turkey & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	21 Misc. No School	22 Misc. No School	23 Misc. No School

Mon	Tue	Wed	Thu	Fri
26	27	28	29	30
Lunch Entree * Traditional Sloppy Joe * French Toast Sticks & Sausage * Crispy Chicken Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Creamy Macaroni & Cheese * Breaded Beef Patty Sandwich * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Cheese Quesadilla with Beef Enchilada Soup * Crispy Chicken Sandwich * Southwest Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Pizza Pasta Bake * Mini Corn Dogs * Fresh Baked Italian Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Pizza Hut Pizza * BBQ Pulled Pork Sliders * Roasted Chicken & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410



fax: (202) 690-7442; or

email: program.intake@usda.gov.

This institution is an equal opportunity provider.



November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Deliver Canned Goods 6th grade D.A.R.E Graduation 7:00 pm @ YMS B	2 G	3
4  FFA Harvest Moon Celebration 5:30pm @ Holthus Convention Center Daylight Savings Time Ends 	5 7 & 8 WR-Home invite w/Crete, Fairbury, Hastings, Fillmore Central 4:00pm B	6 7 & 8 GBB @ Hastings St. Cecilia H.S. 4:30pm G	7 2:00 Dismissal B	8 7 & 8 WR @ Crete MS Tri w/Schuyler 4:30pm G	9 VETERAN'S DAY PROGRAM @ YHS B	10
11 Veteran's Day	12 8 GBB-Home vs Westridge MS @ YMS-4:00pm Board of Education Mtg. G	13  School Picture Retakes 7 & 8 WR @ Westridge MS Tri w/Aurora - 4:30pm B	14 2:00 Dismissal G	15 7 GBB-Home vs Hastings @ YMS 4:00pm B	16 G	17 7 & 8 GBB-York Hoopla Tourn. w/Col. Lakeview/ Col. Scotus, Crete 10:00am @ YHS
18	19 7 GBB @ Crete MS - 4:30pm 8 GBB-Home vs Crete @ YMS 4:30pm B	20 7 & 8 WR @ Fillmore Central Tourn. @ Fillmore H.S. - 4:30pm G	21	22  Thanksgiving Day NO SCHOOL ~ Thanksgiving Break	23	24
25	26 Board of Education Mtg. B	27 7 & 8 WR @ David City Dual 4:30pm 7 GBB-Home vs NW @ YMS 4:30pm 8 GBB @ NW 4:30pm G	28 2:00 Dismissal B	29 7 GBB-Home vs Aurora @ YMS 4:30pm 8 GBB @ Aurora @ Aurora H.S. 4:30pm G	30 B	