



# DUKE NEWS

December 2018

Volume XXXIII Number 4

***Mitch Bartholomew***  
Principal

## **A MESSAGE FROM THE PRINCIPAL --**

### **YHS PROGRESS**

December is here and we've seen many great highlights from YHS students. First, I want to thank our students. Our student body has done a great job this first semester and I expect great things to happen after Christmas break. Second, thank you to the entire team at YHS. Our staff has worked hard on utilizing research based strategies that are designed to help all students. We've also been focused on communicating at a high level with students, parents and each other. I'm very lucky lead a very talented group of people.

### **ICU**

I'm very proud of our successful implementation of our Intensive Care Unit for missing assignments. During the second quarter, we have reduced the number of students failing one or more classes per week by nearly 10 percent. We've had many YHS students step up to the challenge and stay off the ICU list and we've had many students complete their missing assignments in a timely manner. We will continue to stress to all students that every student will complete every assignment.

### **LEGACY VS LIKES**

Currently we have a small group of students that have organized a YHS book club. The first book they are reading is Legacy vs Likes by Mike Smith. Legacy vs Likes is an excellent book for students and adults that focuses on the power of leadership and influencers. This past Wednesday we met for the first time and had a great conversation about why it's "more popular" to be a negative influencer in high school versus a positive one. This conversation reaffirmed to me we have many students that are having a positive influence in this building every day of the week.

### **YHS DONATION**

At the end of each academic quarter the York High School staff makes a donation to a worthy cause using funds donated by each person to our Friday jeans day contribution. At the end of the 2018-19 first quarter, YHS donated \$150 to Camp Kesem. Kesem is a nationwide community, driven by college student leaders, that supports students ages 6-18 through their parent's cancer. YHS is proud to support Camp Kesem Nebraska.

Mitch Bartholomew  
Twitter—@MitchBartYHS

### **Notice of Nondiscrimination**

It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.



## SEMESTER TEST SCHEDULE

### Tuesday, December 18

Periods 1	8:00 – 8:25
2	8:29 – 8:54
3	8:58 – 9:23
4	9:27 – 9:52
5	9:56 – 10:21
6	10:25 – 10:50
7	10:54 – 11:19
8	11:23 – 11:48
<b>Lunch</b>	11:48 – 12:30

### Semester Tests Begin

Period 4	12:30 – 1:55
Period 5	2:05 – 3:25

### Wednesday, December 19

<b>Block One</b>	8:00 – 9:30
<b>History</b> (Rasmussen, Maltsberger)	
Period 1	9:40 – 11:10
<b>Lunch</b>	11:10 – 12:00
Period 3	12:00 – 1:30
<b>Block Two</b>	1:40 – 3:10
<b>Math</b> (Saxer, Kroger)	

### Thursday, December 20

<b>Block Three</b>	8:00 – 9:30
<b>Science</b> (Miller, Maronde)	
Period 2	9:40 – 11:10
<b>Lunch</b>	11:10 – 12:00
<b>Block Four</b>	12:00 – 1:30
<b>Science</b> (Gallagher, Kohmetscher)	
Period 6	1:40 – 3:10

### Friday, December 21

Period 7	8:00 – 9:30
Period 8	9:40 – 11:10
<b>Lunch</b>	11:10 – 12:00
<b>Block Five</b>	12:00 – 1:30
<b>PE</b> (Malleck, Makovicka)	
Make-ups	1:40 – 3:10



### CHRISTMAS BREAK

Christmas Vacation will begin Monday, December 24th. School will resume on Thursday, January 3rd.



### POST-PROM

York Post Prom Committee is looking for some new parents to join the committee.

For information you can email [yorkpostprom@gmail.com](mailto:yorkpostprom@gmail.com) or you can contact Patsy Beins @ [402-366-6127](tel:402-366-6127).





## WEATHER RELATED EMERGENCY SCHOOL CLOSING PROCEDURES

**In case of a weather emergency, we will follow the same procedure that has been in practice in the past years. That procedure is as follows:**

1. Radio Station KOOL(103.5 FM 1370 AM), and KTMX-FM (104.9) will again serve as our primary source for dispensing "school closing information". They are 24 hour stations.
2. If severe weather necessitates an early dismissal, a school cancellation, or information concerning school buses, it will be broadcast on KOOL and KTMX.
3. Bus drivers are instructed to use good judgment in determining whether a road is passable. The Transportation Department will notify parents where children can be loaded if a specific road cannot be traveled. Buses will travel the regular routes and maintain a time schedule consistent with the conditions of the road.
4. "Duke Alerts/Emergency Messages" will be sent to our student's parents and guardians who have an email or cell phone number listed in Infinite Campus, and the YPS Staff. Information will be posted on our website at [www.yorkpublic.org](http://www.yorkpublic.org), on our Facebook page at York Public Schools and on Twitter at @YorkDukePower (#yorkdukes). **Parents and Guardians - please be sure to provide the school secretaries with your current email address and cell phone number in order to be notified!!**

### YORK ATHLETIC BOOSTER CLUB

Congratulations to the Fall Sports programs for another successful season!

Congratulations and a big thank you to the following:

- York Duke Unified Bowling York Invite Champs? Great Season!
- Thank you to the York football fans that chartered a bus to Scottsbluff and the donors who helped get them there.
- Congratulations to the 7 Duke Football players who were named B-3 All District First Team: Garrett Snodgrass, Brady Danielson, Noah Stafursky, Wyatt Cast, Jeb Lucas, Ben Kowalski and junior Jacob Diaz. Also, congrats to the 3 Dukes who were named B-3 Honorable Mention: AJ Beins, Gabe Miller and junior Tom Erwin. Seniors you will be dearly missed.
- Thank you seniors for your dedication to our volleyball team. To our volleyball underclassmen, the Booster Club gives all our support to a successful season next year.
- Ladies Golf had a great finish at State! Thank you seniors!
- Boys State Tennis Doubles Champs - Luca Struffi, exchange student from Italy, and senior Bradyn Heiss. Congratulations!!
- Big Congrats to the Boys and Girls Cross Country runners. We are SO PROUD of you! Seniors you are our leaders!
- Thank you to the volunteers that helped at the Middle School Girls Hoopla Tournament on Saturday, November 17th, it was a great success. The York Athletic Booster Club could not do it without you!

Check out the following dates to see if you can help out:

- December 14th is the Booster Club Bake Sale in the gym commons during the Aurora Basketball games at YHS. Donations are encouraged. Big thanks to Amy Pohl for organizing this! To donate contact Amy or Kerry Conner at [kerry.conner@yorkdukes.org](mailto:kerry.conner@yorkdukes.org).
- January 19th is the Middle School Boys Hoopla Basketball Tournament. We could use volunteers to staff this Saturday event at the entrance, in the concession stand, book, etc. Contact Sara Erwin at [sara7erwin@gmail.com](mailto:sara7erwin@gmail.com) to help.
- January 25th - Concession stand help needed.
- February 8th - Concession stand help needed.

Have a Great December!

York Athletic Booster Board Members

# YORK HIGH SCHOOL MUSIC DEPARTMENT NEWS!

DECEMBER 2018

## Special Points of Interest:

- Christmas Concerts
- Band Boosters Soup Supper
- Madrigal Dinner
- Merry Christmas!!

## MERRY CHRISTMAS!!

The YHS music department would like to wish you all a very merry Christmas and a blessed New Year. We thank you for the opportunity to work with your children and for all your support for music in our schools. Merry Christmas!!

Konda Cooper, Curtis Forsch,  
Jenna Schwarz & Jessica Wagner



## YMS & YHS CHOIR CHRISTMAS CONCERT

Please join us for an evening filled with song and Christmas joy. York High School's Chamber Singers, Concert Choir, and Dukes & Duchesses along with York Middle School's 6th grade choir, 7th & 8th grade choir and Expressions will be presenting a great concert on Monday, December 10th at 7:00 pm in the York High School Theater.



## HEAR YE HEAR YE! MADRIGAL DINNER!

The King and Queen would like to announce the York High School's Madrigal Dinners at 6:00 p.m., on December 1st and 2nd; to be held at the First United Methodist Church, 309 E 7th Street. Join us for a three course feast, musical entertainment, and a masque, all provided by the YHS Chamber Singers! Tickets are \$20 and may be purchased at the York High School office. **Tickets are still available for Saturday and Sunday.**

## HOLIDAY BAND CONCERT

Rehearsals are under way for this year's Holiday Band Concert that will be held at 7:00 p.m. on Tuesday, December 4<sup>th</sup>, in the High School Theater. The concert will feature selections from the Middle School and High School Bands. There is no admission charge for the concert.

## JAZZ BAND PERFORMS FOR NTV'S "HOLIDAY HARMONIES"

Our High School Jazz Band will travel to Kearney's Merryman Performing Arts Center on Thursday, December 6<sup>th</sup> to record their performance for this year's NTV's "Holiday Harmonies" Christmas Television Special. Their performance will be broadcast on NTV on Christmas Eve and again on KFXL FOX Nebraska on Christmas morning. We will announce a definite broadcast time when it is available.

## BAND BOOSTERS NOTES

Our Middle and High School solo and small ensemble groups will be performing holiday music during the Soup Supper hosted by the Band Boosters Organization in the cafeteria commons prior to the concert on Tuesday, December 4th from 5:00 to 6:45 p.m. The cost is \$5.00. All band students will need to bring in 24 individually wrapped desserts for that night.

Also, it is time to start thinking about volunteering for a position of Band Booster President, Vice President, and Secretary. We have had one individual agree to be the Treasurer already. We will have a meeting in February to elect new positions.

Reminder: Friends & Family Night @ KFC/Taco Bell night is December 11th.

## **SPEECH: It's not too late to get involved!**

**Speech competition is an NSAA sanctioned activity that promotes public speaking. Mrs. Becky Stahr, Ms. Avie Veldkamp, and Mrs. Patti Vincent will be coaching this year's team. According to [www.clark.edu](http://www.clark.edu), competitive speech has the following benefits:**

- \* Speech team sharpens your ability to research and analyze problems, think and listen critically, express your thoughts clearly and fluently and better understand public affairs.
- \* It increases your confidence and poise and provides constant intellectual stimulation.
- \* Many executives, lawyers, teachers, public relations officers, radio and television personalities, and prominent public figures testify to the benefits of their speech team participation. Many of them found life-long friends through their involvement. They also gained valuable skills for use in their careers.

### **SPEECH TEAM—Frequently Asked Questions**

#### **What is Speech?**

- An extra-curricular activity
- It promotes a student's ability to present in front of a group.

#### **What are the categories in which to compete? (You may compete in 2 events.)**

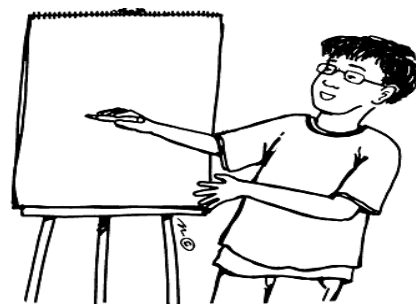
- Poetry: (6-8 min./use a script/one or several poems)
- Persuasive: (10 min./may use a script/problem → solution)
- Entertainment: (8 min./no script/entertaining/organization)
- Extemporaneous: (5-7 min./prepare in 1hr./use note card)
- Informative: (8 min./note card/organization/sources/visuals)
- Drama: (3-5 people/15 min./script/gestures/no acting)
- Duet: (2 people/12 min./no script/props of table & chairs)
- Serious Prose: (8-10 min./piece of lit./memorize & gestures)
- Humorous Prose: (8-10 min./piece of lit./memorize & gestures)

#### **When will we practice?**

- Practices are every Tuesday and Thursday at 7:00 p.m. in the library. **Group meetings will happen during lunch.** These will mainly occur a day or two before a contest.
- Work days
- Before school
- After school
- Lunch
- Evenings (One evening will be a mock contest with other teachers as the judges.)

#### **When are the competitions?**

- Speech meets are typically held on Saturdays. They are listed on the York High School calendar.
- We compete at Invitationals, Conference, Districts, and State.





# A message from the school nurse.....

## Early Cold and Influenza Signs

The common cold typically begins with a sore throat, which can make swallowing and even talking difficult. This condition usually lasts for a couple days and is often joined by runny nose and chest congestion. Overall, these symptoms should only last somewhere between a few days and a week. Influenza, however, proceeds in a different way. For one, all of the symptoms above are more severe and they're joined by other issues - including fever, headache, muscle aches, and soreness. Importantly, the flu is often marked by vomiting and diarrhea, which are rare with the common cold. A prime differentiator between cold vs. influenza is that similar symptoms will come on and worsen gradually with a cold, compared to a influenza which hits suddenly and hard with the following symptoms...

1. **Fever** - The initial sign that you have influenza, and not just a routine cold, will be a high fever that soars between 102- and 106-degrees Fahrenheit (or 38-degrees Celsius). Typically, children's fevers will be higher than adult fevers and can last 3 to 4 days before breaking.
2. **Breathing Difficulty** - Congestion and stubborn coughing will often cause chest tightness, constricted nasal passages, and as a result restricted breathing that can become labored. Influenza can also make existing asthma or breathing issues worse.
3. **Chills** - Periodic cold chills caused by sweating (particularly night sweats) as your fever comes and goes is very common with a nasty influenza as your body fights the illness and pushes it out of your body.
4. **Headache** - Headache, or more commonly, nasal and sinus pain, due to congestion is very typical with influenza, which will worsen before it gets better.
5. **Achy Muscles** - Aching muscles all over the body is very typical as influenza comes on. You'll especially notice muscle tenderness in the back, arms, legs, and chest (if you have a stubborn cough).
6. **Cough** - Chest congestion that starts with a loose, hacking cough and develops into a persistent, dry cough is common with influenza. The persistent hacking can become severe and cause the throat and chest to be very tender.
7. **Nasal Congestion** - Sinus and nasal congestion is common with influenza and a common cold. However, with influenza, the chances of it developing into bronchitis, pneumonia, or a sinus infection is much higher, and for young children and seniors, it can be life-threatening.
8. **Fatigue** - Weakness that drains and completely exhausts you is common with influenza. Compared to a regular cold, influenza fatigue comes on rapidly and can last up to 2 or 3 weeks before your energy returns fully.
9. **Sore Throat** - One of the most common symptoms of influenza is a sore throat, which can be described as burning or scratchy (particularly in the back of the throat). It may cause glands to swell and swallowing to become difficult.

**What should I do if I get sick?** Most people with influenza have mild illness and do not need medical care or antiviral drugs. If you get sick with flu symptoms, in most cases, you should stay home and avoid contact with other people except to get medical care.

If, however, you have symptoms of influenza and are in a high risk group, or are very sick or worried about your illness, contact your health care provider (doctor, physician assistant, etc.).

Certain people are at high risk of serious influenza -related complications(<https://www.cdc.gov/flu/about/disease/complications.htm#complications>) (including young children, people 65 and older, pregnant women and people with certain medical conditions). If you are in a high risk group and develop flu symptoms, it's best for you to contact your doctor early in your illness. Remind them about your high risk status for influenza. CDC recommends that people at high risk for complications should get antiviral treatment as early as possible, because benefit is greatest if treatment is started within 2 days after illness onset.

**Do I need to go the emergency room if I am only a little sick?** No. The emergency room should be used for people who are very sick. You should not go to the emergency room if you are only mildly ill. If you have the emergency warning signs of flu sickness, you should go to the emergency room. If you get sick with influenza symptoms and are at high risk of influenza complications or you are concerned about your illness, call your health care provider for advice. If you go to the emergency room and you are not sick with the influenza, you may catch it from people who do have it.

**What are the emergency warning signs of influenza sickness?**

**In children** *Fast breathing or trouble breathing \* Bluish skin color \* Not drinking enough fluids \* Not waking up or not interacting \* Being so irritable that the child does not want to be held \* Flu-like symptoms improve but then return with fever and worse cough \* Fever with a rash*

**In addition to the signs above, get medical help right away for any infant who has any of these signs:** *Being unable to eat \* Has trouble breathing \* Has no tears when crying \* Significantly fewer wet diapers than normal or not urinating much*

**In adults** *Difficulty breathing or shortness of breath \* Pain or pressure in the chest or abdomen \* Sudden dizziness \* Confusion \* Severe or persistent vomiting \* Influenza -like symptoms that improve but then return with fever and worse cough*

**Are there medicines to treat influenza?** Yes. There are drugs your doctor may prescribe for treating the flu called "antivirals." These drugs can make you better faster and may also prevent serious complications.

**How long should I stay home if I'm sick?** CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or other necessities. Your fever should be gone without the use of a fever-reducing medicine, such as Tylenol®. You should stay home from work, school, travel, shopping, social events, and public gatherings.

**What should I do while I'm sick?** Stay away from others as much as possible to keep from infecting them. If you must leave home, for example to get medical care, wear a facemask if you have one, or cover coughs and sneezes with a tissue. Wash your hands often to keep from spreading flu to others. Drink plenty of fluids and rest. Over the counter medications like acetaminophen and ibuprofen can help. Foods and drinks with vitamin C help boost the immune system. Warm fluids like tea with honey or chicken / beef broth help to sooth the throat.



## GUIDANCE NEWS

### IMPORTANT DATES:

**December 8**      **ACT** test administered. **REMINDER:** Practice test booklets are available in the counseling office and students are encouraged to come in and get these. Sophomores in the top half of their class and any juniors could take the ACT during second semester or in the summer.

**January 11**      Registration deadline for ACT test given February 9, 2019.

### SCHOLARSHIP SEARCH/FINANCIAL AID

Check the EducationQuest Foundation website at [www.EducationQuest.org](http://www.EducationQuest.org) for scholarships for which you may qualify and for help with financial aid. If you are filling out the FAFSA for the first time, you can make an appointment with them to have them help you fill out your forms at one of their offices. Make your appointment early because they do fill up. They have offices in Kearney (1-800-666-3721), Lincoln (1-800-303-3745) or Omaha (1-888-357-6300). ***You can also take advantage of Amanda from EducationQuest being right here in our YHS Counseling office to work with you. Appointments are still open for December 14 (and possibly the 21<sup>st</sup> if needed). She will continue to have scheduled dates in our office during second semester as well.***

Keep in mind that students and parents will each need to create a username and password at <https://fsaid.ed.gov> that will serve as your Federal Student Aid (FSA) ID for the FAFSA, IRS Data Retrieval and to apply for student loans. (Students should not use their school email address.) You will each need an email address to create an FSA ID. Let us know if you need assistance.

Federal money (PELL grants, etc.) is first come, first served so it's important to get your taxes figured and to apply as soon as possible.

Students are encouraged to check with their churches, parents' place of employment and other outside outlets for scholarships. Also remember to check the school website which is continually updated with scholarships not offered through the local scholarship process. To find this list, go to [www.yorkpublic.org](http://www.yorkpublic.org), then click on Schools, High School, then Counseling. The updated local scholarship list will not be available until late January/early February.

### NCAA ELIGIBILITY REMINDER

If you have decided you would like to participate in Division I or Division II athletics in college, you must register with the NCAA Initial-Eligibility Clearinghouse to be certified for play. Requirements and registration guidelines are on their website at [www.eligibilitycenter.org](http://www.eligibilitycenter.org). The colleges that offer Division I or II sports are: Chadron State College, Creighton University, Wayne State College and the University of Nebraska-Kearney, Lincoln and Omaha. **NOTE:** The Eligibility Center requires that your ACT score be sent directly from ACT, so if you are planning to take the test on December 8, be sure to request that your score be sent to the Eligibility Center by contacting ACT at 319-337-1270 or go to your ACT website account and add the code 9999 to your list of college choices. There is no charge to do this by the specified date. After this date, there is a fee for this service.

### NAIA ELIGIBILITY

If you plan to attend a smaller school that is a member of the NAIA and you would like to play a sport, you will also need to register with the NAIA Eligibility Center. Visit their website at [www.playnaia.org](http://www.playnaia.org) to review their requirements and register.

### COLLEGE CAMPUS VISIT

Just a reminder that seniors have two exempt absence days to use for college visits beyond the "YHS group" visits. We encourage students to use these days to step foot on campuses and get a true feeling of life there. If you need assistance setting up these visits, please call Mrs. Stuhr. She'll be glad to make this happen!

### SENIORS: PHOTOS

We are excited to start our Duke Graduates Board to showcase 2019 grads! Please bring a senior picture for us to post.

### SCHOLARSHIPS FROM COLLEGES

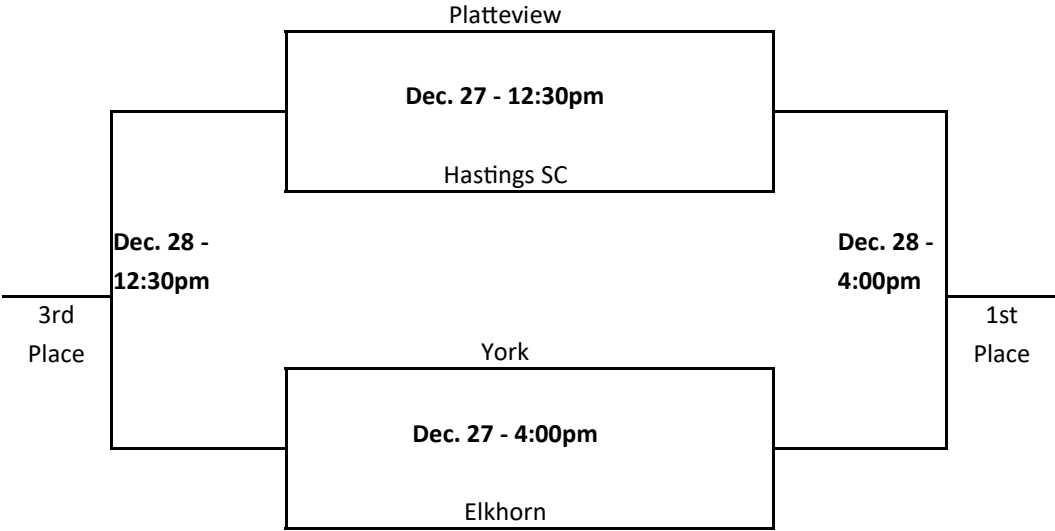
Seniors: Please report ALL scholarship offers to Mrs. Stuhr as soon as possible. Scholarships you do not plan to accept to schools you don't plan to attend STILL need to be reported for data collection. This is part of the Honors Night recognition. Thanks!



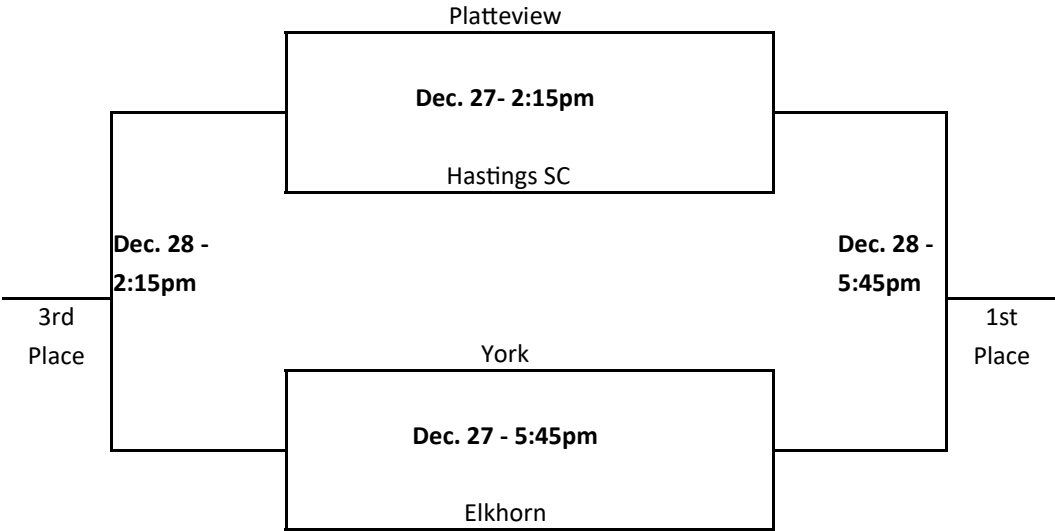
# YORK HOLIDAY BASKETBALL TOURNAMENT

## December 27 and 28

### Girls Bracket



### Boys Bracket





## Poinsettias for Sale

A great selection of extra-large Poinsettias

Arrive December 5<sup>th</sup>

Please Call:      402-710-3991    Max FFA President  
                          402-366-1532    Keeley FFA Officer  
                          402-641-6564    Cal  
                          402-366-5231    Jason

To order and pickup – while supplies last.

Jingle Bell



Ivory



Dark Red



# Caring for Poinsettias

The length of time your poinsettia will give you pleasure in your home is dependent on (1) the maturity of the plant, (2) when you buy it, and (3) how you treat the plant. With care, poinsettias should retain their beauty for weeks and some varieties will stay attractive for months

- After you have made your poinsettia selection, make sure it is wrapped properly because exposure to low temperatures even for a few minutes can damage the bracts and leaves.
- Unwrap your poinsettia carefully and place in indirect light. Six hours of light daily is ideal. Keep the plant from touching cold windows.
- Keep poinsettias away from warm or cold drafts from radiators, air registers or open doors and windows.
- Ideally poinsettias require daytime temperatures of 60 to 70°F and night time temperatures around 55°F. High temperatures will shorten the plant's life. Move the plant to a cooler room at night, if possible.
- Check the soil daily. Be sure to punch holes in foil so water can drain into a saucer. Water when soil is dry. Allow water to drain into the saucer and discard excess water. **Wilted plants will tend to drop bracts sooner.**
- Fertilize the poinsettia if you keep it past the holiday season. Apply a houseplant fertilizer once a month. Do not fertilize when it is in bloom.
- With good care, a poinsettia will last 6-8 weeks in your home.

## SELECTION AND CARE OF POINSETTIAS IN YOUR HOME

*A special thank-you to garden guild member, Carol Lynch, for compiling this information.*

### HOW TO SELECT A BEAUTIFUL POINSETTIA?

**BRACT COLOR:** Choose plants with thoroughly colored and expanded bracts. (Bracts are the colored portions of the plant, while the flowers are the yellow centers.) Avoid plants with too much green around the bract edges, as this is a sign of a plant shipped before it was sufficiently mature. Look for plants with dense, plentiful foliage all the way to the soil line. An abundance of rich green foliage is a vital sign of good plant health.

**SHAPE AND PROPORTION:** Proper proportion of plant height and shape relative to container size is the key to an aesthetically pleasing poinsettia. Plants should appear balanced, full and attractive from all angles. A generally accepted standard is the plant should be 2 1/2 times taller than the diameter of the container.

**DURABILITY AND FRESHNESS:** Select plants with stiff stems, good bract retention and no signs of wilting, breaking or drooping. Be wary of plants displayed in paper, plastic or mesh sleeves, or plants that are too closely crowded in a sales display. A poinsettia needs its space, and the longer a plant remains sleeved, the more the plant quality will deteriorate. Crowding can reduce airflow around the plants and cause premature bract loss or other problems. Examine the plant's soil. It is best to avoid waterlogged soil, particularly if the plant appears wilted. Such a condition could signify irreversible root rot. When transporting the plant, protect it from chilling winds and temperatures below 50° F. Re-inserting the poinsettia into a sleeve or a large, roomy shopping bag will usually provide adequate protection for transporting the plant home when it is cold and windy.

### THE DO'S OF POINSETTIA CARE

- DO place your plant in indirect sunlight for at least six hours per day. If direct sun cannot be avoided, diffuse the light with a shade or sheer curtain.
- DO provide room temperatures between 68 - 70° F. Generally speaking, if you are comfortable, so is your poinsettia.
- DO water your plant when the soil feels dry to the touch.
- DO use a large, roomy shopping bag to protect your plant when transporting it.

### THE DON'TS OF POINSETTIA CARE

- DON'T place plants near cold drafts or excessive heat. Avoid placing plants near appliances, fireplaces or ventilating ducts or the top of a television.
- DON'T expose plants to temperatures below 50° F. Poinsettias are sensitive to cold, so avoid placing them outside during the winter months.
- DON'T over water your plant, or allow it to sit in standing water. Always remove a plant from any decorative container before watering, and allow the water to drain completely.
- DON'T expose your plant to chilling winds when transporting it.
- DON'T fertilize your plant when it is in bloom.

### A LOVELY LEGEND

The poinsettia (*Euphorbia pulcherrima*) originates in Mexico, where it grows as a ten-foot-tall shrub. Although it was cultivated by the Aztecs, who made a reddish-purple dye out of the bracts and a medicine for fever from the plant's latex, the poinsettia's religious associations date back to the 17<sup>th</sup> century, when Franciscan priests, near Taxco, began to use the flower in nativity processions because of its brilliant color ("The Texas Poinsettia Guide").

## **HISTORY OF THE POINSETTIA IN THE UNITED STATES**

Poinsettias were first introduced in the United States in 1825 by Joel Roberts Poinsett. While serving as the first United States Ambassador to Mexico, he visited Taxco and found the flowers growing on the adjacent hillsides. Poinsett, a botanist of great ability, had some plants sent to his home in Greenville, S.C. They did well in his greenhouse and he distributed plants to botanical gardens and to horticultural friends, including John Bartram of Philadelphia. Bartram, in turn, supplied the plant to Robert Buist, a nurseryman who first sold the plant as *Euphorbia pulcherrima*, Willd. The name "poinsettia," however, has remained the accepted name in English-speaking countries.

## **THE POINSETTIA IS NOT POISONOUS**

The widespread belief that poinsettias are poisonous is a misconception. The scientific evidence demonstrating the poinsettia's safety is ample and well documented. Studies conducted by The Ohio State University in cooperation with the Society of American Florists concluded that no toxicity was evident at experimental ingestion levels far exceeding those likely to occur in a home environment. In fact, the POISINDEX Information Service, the primary information resource used by most poison control centers, states that a 50-pound child would have to ingest more than 500 poinsettia bracts to surpass experimental doses. Yet even at this high level, no toxicity was demonstrated. As with all ornamental plants, poinsettias are not intended for human or animal consumption, and certain individuals may experience an allergic reaction to poinsettias. However, the poinsettia has been demonstrated to be a safe plant. In fact, in 1992, the poinsettia was included on the list of houseplants most helpful in removing pollutants from indoor air. So, not only is the poinsettia a safe and beautiful addition to your holiday decor, it can even help keep your indoor air clean.

## **NATIONAL POINSETTIA DAY**

By an Act of Congress, December 12 was set aside as National Poinsettia Day. The date marks the death in 1851 of Joel Roberts Poinsett, who is credited with introducing the native Mexican plant to the United States. The purpose of the day is to enjoy the beauty of this popular holiday plant. So, be sure to give someone you love a poinsettia on December 12, National Poinsettia Day!



# FFA Holiday Sales

**Please Order by Monday, December 3rd**

**Fruit** - Our California grown oranges are coming straight from the grove. We are promised they are coming from some of the best orange growers in California. Meaning you will be getting the juiciest and freshest oranges available.

The apples are coming straight from Washington orchards. The varieties we are offering this year are: Red Delicious, Golden Delicious, Ambrosia, Fuji, Royal Gala, Cameo, and the **sweetest apples grown - Honey Crisp and Pink Lady**.

We also have Washington D' Anjou Pears, Dole "Tropical Gold" Costa Rican Pineapple, and Texas Rio Star Grapefruit.

Fresh produce means longer shelf life, sweeter tasting, and more nutritious for you.

**Gift Boxes** – York FFA is offering Five **Full Size White Holiday Gift Boxes** this year. The “Red” Gift Box: 12 Fuji, 12 Ambrosia, 12 Golden and 12 oranges. “Combo” Gift Box: 8 Fuji, 8 Ambrosia, 8 Golden, 10 Oranges, 8 Grapefruit and 8 Pears. “Deluxe” Gift Box: 10 Fuji, 10 Cameo, 6 Golden, 12 Oranges, 8 Grapefruit and 6 Pears. “Holiday” Gift Box: 6 Fuji, 6 Royal Gala, 6 Golden, 10 Oranges, 4 Grapefruit, 4 Pears, and 1 Pineapple. “Citrus” Gift Box: 22 Oranges, 9 Grapefruit and 1 Pineapple. There are **Three Medium Size Gift Boxes**. “Gift Box A”: 5 Fuji, 10 Cameo, 5 Golden and 10 Pears. “Gift Box B”: 2 Fuji, 2 Ambrosia, 2 Oranges, 2 Grapefruit, 2 Pears and 1 Pineapple. “Gift Box C” 5 Pink Lady, 5 Oranges, 5 Grapefruit, 5 Pears and 1 Pineapple.

**Gourmet Frozen Pies** – all are 10” pies made with the finest ingredients and contain over a quart of fruit.

Featured this year is **The Fruit of the Forest** made with apples, cherries, strawberries, rhubarb, and blueberries. Also available: Classic Pumpkin, Classic Apple, Gourmet Blueberry, Gourmet Peach, Gourmet Dutch Apple, Classic Strawberry Rhubarb, Classic Southern Pecan (T&S), Classic Cherry, Imperial French Silk Chocolate (T&S).  
(T&S = Thaw & Serve, all other pies are READY TO BAKE)

**Butter Braids** – a 22 oz. frozen pastry dough. When baked, it produces a homemade tasting breakfast entrée or dessert. Let it rise 10 – 12 hours until it doubles in size. Bake for 20 – 25 minutes to make a delicious special pastry.

Cinnamon, Blueberry Cream Cheese, Strawberry Cream Cheese, Cherry, Apple, Raspberry, Carmel Roll (9 count) and **New this year Four Cheese and Herb filled pastry with Marinara dipping sauce.**

**Pastry Puffins** – Thin layers of puff pastry dough filled with a dollop of scrumptious filling create a delicious pastry that is light and flakey. One frozen package of Pastry Puffins weighs 27 oz. and contains 12 individual Puffins. Two, 1.5 oz. frosting packets are included. Puffins are FREEZER-TO-OVEN easy to prepare. Pastry Puffins come in six delectable flavors: Cinnamon, Blueberry Cream, Strawberry Cream, Apple, and Cherry. **Puff Crust Pizza**: Pepperoni and Sausage. A one-of-a-kind pizza experience. The Puff Pastry Crust and unique Lattice top are infused with cheese and pizza seasoning. Delicious meats and cheeses are inside making this a Pizza-Lovers delight.

**NEW THIS YEAR! “Butter Hearts”: Classic and Raspberry**

Flakey, multi-layered puff pastry shaped like a heart that is sprinkled with sugar, baked until the sugar is caramelized. You will be thrilled with the delightful look and taste of this pastry cookie.

## ***From 4 Seasons***

***“Appetite Delights from Nature’s Pantry” features Wisconsin Cheeses, Summer Sausage, Beef Sticks, Cheese Spreads, Block Cheese, String Cheese, and Jerky.***

**Included are Four gift boxes: Goldfield’s Pride**: Three full pounds of Wisconsin’s most desired varieties, 16 oz. blocks of Colby, Cheddar and Co-jack. Net Wt. 48 oz. **Appetite Delight**: contains two 5 oz. links of summer sausage and 8 oz. sticks of Colby and Co-jack cheese, 4 oz. of Cheddar and a 4 oz. tube of smoked Cheddar spread. Net Wt. 34 oz. **Three’s Company**: 8 oz. sticks both Colby and Co-jack cheese and 5oz. summer sausage. Net Wt. 21 oz. **Snack n’ Go Pack**: Individually wrapped string cheese and 11 oz. package of our famous beef sticks. Approx. Net Wt. 22 oz.

***“The Parlour Collection” features the finest chocolates, nuts, gourmet caramel corn and candies.*** The gourmet Pecan Clusters, English Butter Toffee, and Dark Chocolate Caramels with Sea Salt are their featured products in this Collection.



# York FFA Holiday Sales 2018

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 FFA Member \_\_\_\_\_  
 FFA Member Cell: \_\_\_\_\_

**Orders are due Monday, December 3rd**

**Delivery will be the week of December 17<sup>th</sup>**

## A. Fruit

The Freshest fruit you will buy anywhere. Straight from the Orchard And Grove. The fruit will be picked the week before shipping.

All apples are Washington Extra Fancy, Extra Large and packed In a White Holiday Box.

Red Delicious Apples	Half	40 apples	_____ @ \$ 25.00
Golden Delicious	Half	40 apples	_____ @ \$ 25.00
Cameo	Half	40 apples	_____ @ \$ 25.00
Fuji	Half	40 apples	_____ @ \$ 25.00
Gala	Half	40 apples	_____ @ \$ 28.00
Ambrosia	Half	40 apples	_____ @ \$ 28.00

The sweetest apples you will find

Pink Lady	Half	40 apples	_____ @ \$ 29.00
Honey Crisp	Half	40 apples	_____ @ \$ 43.00

**California Grown Oranges - Direct from the Grove**

	Full	88 oranges	_____ @ \$ 41.00
	Half	44 oranges	_____ @ \$ 21.00

**Texas Rio Start Grapefruit**

	Full	36 Grapefruit	_____ @ \$ 36.00
	Half	18 Grapefruit	_____ @ \$ 18.00

**Washington D' Anjou Pears**

	Third	30 pears	_____ @ \$ 18.00
	Half	45 pears	_____ @ \$ 25.00
	Full	90 pears	_____ @ \$ 48.00

**Dole "Tropical Gold" Costa Rican Pineapple**

	Single	Pineapple	_____ @ \$ 4.00
	Case	6 pineapples	_____ @ \$ 22.00

**A. Total \$ Amount of Fruit Ordered** \_\_\_\_\_

## B. Full Size Gift Boxes

**"Red" Gift Box** \_\_\_\_\_ @ \$ 31.00

12 Fuji, 12 Ambrosia, 12 Golden, 12 Oranges

**"Combo" Gift Box** \_\_\_\_\_ @ \$ 33.00

8 Fuji, 8 Ambrosia, 8 Golden, 10 Oranges, 8 Grapefruit, 8 Pears

**"Deluxe" Gift Box** \_\_\_\_\_ @ \$ 35.00

10 Fuji, 10 Cameo, 6 Golden, 12 Oranges, 8 Grapefruit, 6 Pears

**"Holiday" Gift Box** \_\_\_\_\_ @ \$ 30.00

6 Fuji, 6 Gala, 6 Golden, 10 Oranges, 4 Grapefruit, 4 Pears, 1 Pineapple

**"Citrus" Gift Box** \_\_\_\_\_ @ \$ 29.00

22 Oranges, 9 Grapefruit, 1 Pineapple

### Medium Size Gift Boxes

**"Gift Box A"** \_\_\_\_\_ @ \$ 22.00

5 Fuji, 10 Cameo, 5 Golden, 10 Pears

**"Gift Box B"** \_\_\_\_\_ @ \$ 13.00

2 Fuji, 2 Ambrosia, 2 oranges, 2 Grapefruit, 2 Pears, 1 Pineapple

**"Gift Box C"** \_\_\_\_\_ @ \$ 21.00

5 Pink Lady, 5 Oranges, 5 Grapefruit, 5 Pears, 1 Pineapple

**B. Total \$ Amount of Gift Boxes Ordered** \_\_\_\_\_

## C. Gourmet Frozen Pies – Full 10 Inches Total

Classic Pumpkin	46oz	_____ @ \$ 7.00
Classic Apple	46oz	_____ @ \$ 7.00
Classic Strawberry Rhubarb	46oz	_____ @ \$ 9.00
Classic Southern Pecan	36oz	_____ @ \$ 9.00
Classic Cherry	46oz	_____ @ \$ 9.00
Gourmet Dutch Apple	47oz	_____ @ \$ 8.00
Gourmet Blueberry	47oz	_____ @ \$ 9.00
Gourmet Peach	47oz	_____ @ \$ 9.00
Gourmet Fruit of the Forest	48oz	_____ @ \$14.00
Imperial French Silk Chocolate	40oz	_____ @ \$14.00

**C. Total Amount of Pies Ordered** \_\_\_\_\_



## D. Butter Braids

**\$13 Each**

\_\_\_\_\_ Cinnamon  
 \_\_\_\_\_ Blueberry-Cream Cheese  
 \_\_\_\_\_ Strawberry Cream Cheese  
 \_\_\_\_\_ Apple  
 \_\_\_\_\_ Cherry  
 \_\_\_\_\_ Raspberry  
 \_\_\_\_\_ Caramel Rolls 9count  
 \_\_\_\_\_ *Four Cheese and Herb NEW*

**D. Total \$ Amount Ordered** \_\_\_\_\_



## PASTRY PUFFINS®

## E. Pastry Puffins

**\$13 Each**

\_\_\_\_\_ Cinnamon  
 \_\_\_\_\_ Strawberry Cream  
 \_\_\_\_\_ Blueberry Cream  
 \_\_\_\_\_ Apple  
 \_\_\_\_\_ Cherry  
 \_\_\_\_\_ Classic Butter Hearts  
 \_\_\_\_\_ *Raspberry Butter Hearts NEW*  
 \_\_\_\_\_ Pepperoni Puff Crust Pizza  
 \_\_\_\_\_ Sausage Puff Crust Pizza

**E. Total \$ Amount Ordered** \_\_\_\_\_

## Total Order:

<b>A. Fruit Total</b>	_____
<b>B. Gift Boxes Total</b>	_____
<b>C. Pies Total</b>	_____
<b>D. Butter Braid Total</b>	_____
<b>E. Puffin Total</b>	_____
<b>F. Appetite Delight Total</b>	_____
<b>G. Parlour Collection Total</b>	_____

**Grand Total \$\$** \_\_\_\_\_

**Paid by Cash** \_\_\_\_\_ **Check** \_\_\_\_\_

**Ck. #** \_\_\_\_\_

**F.**

**"Appetite Delights"**  
**Cheese, Jerky, Sausage, Soup Mix**

ITEM	#	Price	Total
2300 21 oz. Three's Company		\$ 20.00	
2301 34 oz. Appetite Delight		\$ 28.00	
2302 48 oz. Goldfield's Pride		\$ 30.00	
2305 3 lb. Summer Sausage		\$ 25.00	
2306 12 oz. Summer Sausage		\$ 12.00	
2307 22 oz. Snack Sticks		\$ 20.00	
2308 16 oz. Pepper Jack Cheese Spread		\$ 12.00	
2310 16oz. Asiago Cheddar Cheese Spread		\$12.00	
2311 16 oz. Jalapeno Cheddar Cheese Spread		\$ 12.00	
2312 16 oz. Bacon Cheddar Cheese Spread		\$ 12.00	
2313 16 oz. Sharp Cheddar Cheese Spread		\$ 12.00	
2314 16 oz. Horseradish Cheddar Cheese Spread		\$ 12.00	
2315 1 lb. Pepper Jack Cheese Block		\$ 12.00	
2318 22 oz. Snack n'Go Pack		\$ 21.00	
2319 12 oz. Smoke House Variety Pack		\$ 16.00	
2320 3.5 oz. Bacon Jerky		\$ 12.00	
2321 3.5 oz. Pepper Bacon Jerky		\$ 12.00	
2322 4oz. Cherry Maple Elk Bites		\$13.00	
2323 12 oz. White Cheddar Cheese Curds		\$12.00	
2324 7.6 oz. Jalapeno Ranch Cheese Curds		\$12.00	
2325 11 oz. Teriyaki Snack Stick		\$ 13.00	
S3010 5.1 oz. Baked Potato Soup Mix		\$12.00	

**F. Total \$ Amount of Appetite Delights Ordered** \_\_\_\_\_

**G.**

**The Parlour Collection**  
**Chocolates, Nuts, Candies, Cajun Mix**

ITEM	#	Price	Total
2400 8 oz. Pecan Clusters		\$ 14.00	
2401 7 oz. Caramel Apples		\$ 10.00	
2403 6 oz. Mint Penguins		\$ 10.00	
2405 7.5 oz. Peanut Caramel clusters		\$ 10.00	
2406 6.5 oz. Peanut Butter Bears		\$ 10.00	
2407 6 oz. English Butter Toffee		\$ 12.00	
2409 8 oz. Cashew Caramel Clusters		\$ 14.00	
2410 16 oz. Chocolate Covered Raisins		\$ 12.00	
2411 16 oz. Honey Roasted Peanuts		\$ 12.00	
2413 16 oz. Malted Milk Balls		\$ 12.00	
2414 16oz. Chocolate Covered Peanuts		\$ 12.00	
2415 16 oz. Gourmet Caramel Corn		\$ 12.00	
2416 16 oz. Hot Cajun Mix		\$ 12.00	
2417 14oz. Gummi Bears		\$ 12.00	
2418 14 oz. Whole Cashews		\$ 20.00	
2421 10 oz. Roasted Pistachios		\$ 16.00	
2422 6 oz. Cherry Cordials		\$ 10.00	
2425 6 oz. Dark Chocolate Caramels with Sea Salt		\$ 10.00	
2427 10 oz. Cheddar Bacon Popcorn		\$12.00	
2428 16 oz. Buffalo Ranch Pretzel Mix		\$ 14.00	
2429 8 oz. Peppermint Bark		\$ 12.00	

**G. Total \$ Amount of the Parlour Ordered** \_\_\_\_\_

**York FFA Chapter 2018 Holiday Sales**

*For any questions*

*Please call 362-6655, 641-6564*

*Or call an FFA member*

*Delivery will be The Week of Dec. 17<sup>th</sup>*

**Thanks again for the support!!**

# December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Note: 9 G/B BB-Home vs. Adams Central on December 1st has been rescheduled for Monday, December 3rd. Girls @ 6:00 and Boys @ 7:30 pm in the high school secondary gym.</p>						<p>1</p> <p>WR-York Dual Tournament - JV @ YMS/V @ YHS - 8:30 am YHS Madrigal Dinner @ York Methodist Church - 6:00 pm</p>
<p>2</p> <p>YHS Madrigal Dinner @ York Methodist Church - 6:00 pm</p>	<p>3</p> <p>Begin 11th Grade Registration for 19-20 State Unified Bowling @ Sun Valley Lanes - Lincoln 9 G/B BB-Home vs. Adams Central (Secondary Gym - G-6:00/B-7:30 pm 10 BBB-Home vs. Northwest - 6:30 pm State Mock Trial @ Federal Courthouse - Omaha</p>	<p>4</p> <p>Band Boosters Soup Supper - 5:00-6:45 pm Gym Commons YMS/YHS Holiday Band Concert - 7:00 pm GBB-Home vs. Columbus JV-5:30/V-7:00 pm</p>	<p>5</p> <p>Early Student Dismissal @ 2:03</p>	<p>6</p> <p>GBB @ Waverly - JV-4:30/V-6:00 pm BBB @ Waverly JV-4:30/V-7:30 pm</p>	<p>7</p> <p>State One-Act @ Norfolk</p> <p>Pearl Harbor Remembrance Day</p>	<p>8</p> <p>ACT Test @ York College WR @ Bellevue East H.S. Dual Tournament (V)-8:00 am 9 G/B BB @ Columbus H.S. G-10:00/B-11:30 am WR @ Meridian H.S. Invite (JV) - 10:00 am GBB-Home vs. Lexington JV-4:00/V-5:45 pm BBB-Home vs. Lexington JV-4:00 (Secondary Gym) V-7:30pm</p>
<p>9</p> <p>9 BBB-Home vs. Cross County (Secondary Gym) 6:30 pm YMS/YHS Christmas Choir Concert - 7:00 pm YHS Theater Board of Education Meeting</p>	<p>10</p> <p>9 WR @ Grand Island Senior High Invite 4:00 pm WR @ Ashland-Greenwood Tri w/Fillmore Ctrl. (V) 6:00 pm 10 BBB-Home vs. Lincoln Pius X (Secondary Gym) 6:30 pm Friends &amp; Family Night @ KFC/Taco Bell</p>	<p>11</p> <p>Early Student Dismissal @ 2:03</p>	<p>12</p> <p>WR @ Aurora Invitational (JV) - 4:30 pm 9 G/B BB-Home vs Bruning -Davenport-Shickley (Secondary Gym) G-6:00/B-7:30 pm WR-Home Dual w/Boone Central/Newman Grove (V) - 6:30 pm</p>	<p>13</p> <p>GBB-Home vs. Aurora JV-4:30/V-6:00 pm BBB-Home vs. Aurora JV-4:30 (Secondary Gym)/V-7:30 pm</p>	<p>14</p> <p>WR @ Wahoo Invitational (JV/V) - 9:00 am GBB @ Hastings JV-4:30/V-6:00 pm BBB @ Hastings JV-4:30/V-7:30 pm</p>	<p>15</p> <p>Moratorium NO PRACTICES</p>
<p>16</p> <p>9 G/B BB-Home vs. Central City - G-6:00/B-7:30 pm</p>	<p>17</p> <p>GBB @ Adams Central JV-7:00/V-5:30 pm BBB @ Adams Central JV-5:30/V-7:00 pm</p> <p>Semester Tests</p>	<p>18</p> <p>Early Student Dismissal @ 2:03</p>	<p>19</p> <p>GBB @ Schuyler JV-7:30/V-6:00 pm BBB @ Schuyler JV-6:00/V-7:30 pm</p>	<p>20</p> <p>End of 2nd Quarter</p>	<p>21</p> <p>Moratorium NO PRACTICES</p>	<p>22</p> <p>WR @ Fillmore Central Invitational (JV/V) 9:00 am</p>
<p>23</p> <p>Moratorium NO PRACTICES</p>	<p>24</p> <p>NO SCHOOL Christmas Break</p> <p>Christmas Eve</p>	<p>25</p> <p>Christmas</p>	<p>26</p>	<p>27</p> <p>G/B BB York Holiday Tournament (V) 12:30 pm</p>	<p>28</p>	<p>29</p>
<p>30</p> <p>NO SCHOOL Christmas Break</p> <p>New Year's Eve</p>	<p>31</p>	<p>A VERY MERRY <b>CHRISTMAS</b> and Happy New Year!</p>				