

YMS



Kenny Loosvelt

PRINCIPAL

Volume 13

Number 6

Be Safe, Be Respectful, Be Responsible

MARCH 2019

Greetings YMS Parent(s):

Thank you to all parents who were able to attend parent-teacher conferences on February 6-8. Your attendance proves that you are making your child's education a priority. If you were unable to attend for any reason and would like to speak with your child's teacher you can call the school 402-362-6655 option 1 or you can find the teacher's e-mail by searching www.yorkpublic.org

In my office, I often get student issues with social media. Parents here are some tips on how you can keep your child safe and a responsible social media user from the National Crime Prevention Council and Parents.com

- Keep your home computer in a busy area of your house.
- Set up email and chat accounts with your children. Make sure that you know their screen names and passwords and that they don't include any personal information in their online profiles.
- Tell your children not to respond to any cyberbullying threats or comments online. However, do not delete any of the messages. Instead, print out all the messages, including the e-mail addresses or online screen names of the cyberbully.
- Regularly go over their instant messenger "buddy list" with them. Ask who each person is and how your children know him or her.
- Talk regularly and specifically with your children about online issues. Let them know they can come to you for help if anything is inappropriate, upsetting, or dangerous.
- Build trust with your children. Set time limits, explain your reasons for them, and discuss rules for online safety and Internet use. Ask your children to contribute to establishing the rules; then they'll be more inclined to follow them.
- If there are threats of physical violence or the bullying continues to escalate, get law enforcement involved.
- Tell your children that you won't blame them if they are cyberbullied. Emphasize that you won't take away their computer privileges - this is the main reason kids don't tell adults when they are cyberbullied.

With these few simple tips, you can help your child be safe and responsible users of social media. If you would have any concerns please don't hesitate to contact Mrs. Badura or Mr. Loosvelt.

Kenny Loosvelt
YMS Principal

Middle Years

Working Together for School Success



Short Stops

Write a poem

Encourage your tween to experiment with language by writing a family poem. Together, make up a title about something your family loves (*Tasty Tortilla Soup*). Agree on a format, such as a limerick or free verse (no rhyme or regular rhythm). Then, take turns writing the lines, and let your child read your poem aloud when you finish.

Problem-solving pro

If your middle grader leaves for school without something she needs (book, graphing calculator), resist the urge to rescue her. Handling the situation herself will teach her to be a good problem solver. She might find alternatives like borrowing from a friend who has the same class during a different period.

DID YOU KNOW?

Taking an opioid like oxycodone for as little as five days can lead to addiction. Share this fact with your teen, and explain that he should never take medication that isn't prescribed for him. If he is injured or has surgery, ask his doctor about alternatives to opioids. And if anyone in your home takes an opioid, keep it locked up, and discard leftovers immediately.

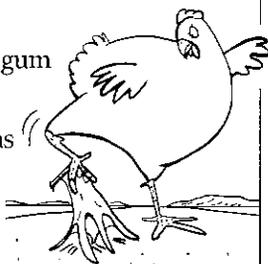
Worth quoting

"Happiness is when what you think, what you say, and what you do are in harmony." *Mahatma Gandhi*

Just for fun

Q: Why did the gum cross the road?

A: Because it was stuck to the chicken's foot.



Respect: The 4th R

Treating people with respect can help your tween form strong relationships with classmates, teachers, and family members. Consider these ideas to help your middle grader show consideration for others.

Look for examples

Point out respectful behavior to your child, such as knocking on a closed door or being quiet while others are speaking or performing. Likewise, let her know what disrespectful behavior looks like. After a concert, you might say, "It was not nice when the people behind us were whispering. That was disruptive to the musicians—and the audience."



Be a model

Middle graders are quick studies when it comes to life. What they see is what they learn. If you treat your child respectfully, she is apt to follow your lead. And if you embarrass her in front of her friends or invade her privacy for no reason, she will get the idea that actions like these are acceptable.

Set limits

Make it clear that disrespectful language is never allowed. If your tween loses her cool and behaves rudely, suggest that she take a break. Tell her you'll listen when she calms down. Letting her know that you won't tolerate disrespect provides the guidance she needs to change her behavior. 👍

Spring science

Warm weather brings opportunities to explore science outdoors. Share these activities with your tween.

Design detective. Georges de Mestral invented Velcro after noticing burrs stuck to his dog! Suggest that your child observe objects in nature, pick one, and invent something inspired by its structure. Maybe he'll watch a turtle emerge from its shell, then design a retractable phone case.

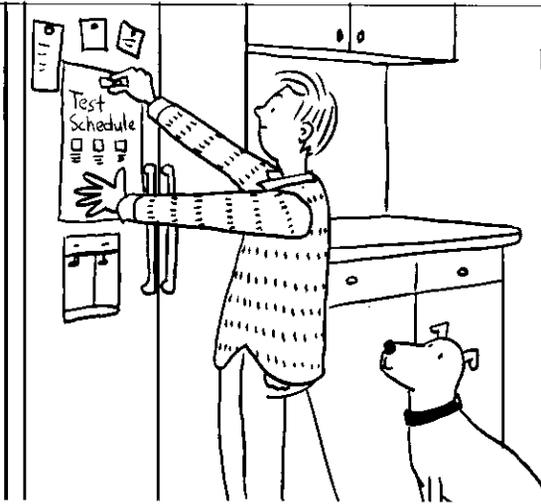
Energy consultant. Have your middle grader look closely at renewable energy sources like solar panels on buildings or wind turbines spinning in the March breeze. Based on his observations, perhaps he'll try making a model turbine that will spin in the wind. 👍



Standardized test success

Your child may be gearing up to take standardized tests soon. Here are ways to support him so he can do his best.

Plan ahead. Have your tween post the school testing schedule on the refrigerator and highlight dates for the ones he's taking. Then, try to be sure he gets 9–11 hours of sleep and eats a healthy breakfast on test day (and every day).



Ease nerves. Talk calmly and positively about the tests to reassure your middle grader. Explain that effort is what matters most. Also, he'll feel well prepared if he's in class each day leading up to the tests, since teachers often review material or give practice tests.

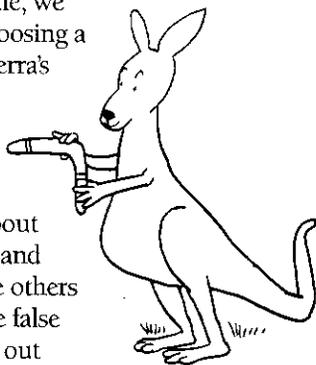
Follow up. After each test, ask your tween how it went. Which parts did he find easier, and which were more difficult? Reflecting on a test can help him do better on the next one. *Note:* When you receive the test results, go over them together. 👍



Parent to Parent Wordplay

Our family loves games like Scrabble and Boggle. They're fun, and they help my daughter, Sierra—and all of us—build vocabulary. Recently, we've started adding variety by inventing our own word games.

In one game, we take turns choosing a word from Sierra's textbooks or vocabulary lists and writing three statements about it—two true and one false. The others try to spot the false fact. I figured out Sierra's incorrect fact



for the math word *acute* ("A boomerang has an *acute* angle"), so it was my turn to pick a word.

We also made up a vocabulary version of 20 Questions. One player thinks of a word. Then we ask yes-or-no questions like "Is it a living thing?" and "Does it have fur?" The first person to figure out the word selects the next one. I wonder what new game we'll come up with next! 👍

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
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www.rfeonline.com
ISSN 1540-5540

Q & A A perfect image online

Q My eighth grader is new to social media. When she sees classmates' posts, she thinks they have perfect lives. Help!

A Suggest that your daughter compare scrolling through social media posts to watching a movie trailer. The trailer doesn't tell the whole story—it just shows scenes that will attract viewers' interest. On social media, children (and adults!) tend to share happy moments, not ones that are boring or embarrassing.

If your daughter feels jealous of a classmate's vacation pictures, for instance, have her think back to a trip she took, perhaps when you went camping last summer. Ask which moments from the trip she would and would not want made public.

Also, set limits on your child's social media use. Maybe she can check her accounts once after she finishes homework and then log off for the evening. Kids need time away from social media to experience real life—not the lives their friends are "creating" online. 👍



"Sunny" mornings

Daylight saving time begins March 10. Even if it's still dark when your tween wakes up, you can make mornings bright and cheerful in your home—and send him off to school ready to learn. Try these tips.

1. Turn on the lights.

Light sends signals to the brain that it's time to wake up.

2. Play music. Ask your middle grader to make a playlist called "Good morning!" He can include everyone's favorite upbeat songs.



3. Laugh. When you hear or see a funny joke, save it for morning. You could tell it at the breakfast table.

4. Exercise. Have sneakers and headlamps or reflective gear ready to go the night before, and head out for a quick run or to walk the dog together.

5. Enjoy trivia. Get everyone's brain in gear with a question of the day. Keep a deck of trivia cards on the table, or ask your smart speaker for today's Jeopardy question. 👍



Hats off to our YMS Spellers

Students from York Middle School competed at the York County Spelling Bee on Wednesday, February 6. Congratulations goes to Lily Houston, a sixth grader who took the first place ribbon for Division II.

Second place went to Naomi Spivey, a sixth grader. Leah Davis in seventh grade, snatched up third place, followed by fourth place winner, Kassidy Stuckey, a seventh grader. The alternate position went to Angelina Shaw, a seventh grader.

The Division III competition ended in an intense spell off for the first and second places.

Trey Harms, an eighth grader, ended up coming out on top at first place, while Alice Coehoorn, also in eighth grade slid into second place. Alice Coehoorn will represent York Middle School at the Midwest Spelling Bee in Omaha on March 2.

Way to go YMS students!



Read Across America

Friday, March 1



NEA'S Read Across America Day takes place each year on or near March 2, the birthday of Dr. Seuss. Across the country, thousands of schools, libraries and community centers participate by bringing together kids, teens, and books, and YOU CAN TOO! On March 2, the National Education Association calls for every child to be reading in the company of a caring adult. We encourage all of you adults to read with your children!

At YMS we will celebrate the birthday of Dr. Seuss the week of March 5–8. We have various activities planned for the students.



On Friday, March 8th, we will have One Fish, Two Fish, Red Fish, Blue Fish, Dress as You Wish Day as any Dr. Seuss character!

Buy a YMS Yearbook!

- Preserve great memories!
- Remember fun events!
- The YMS yearbook is loaded with school experiences, quotes, and candid photos.



Please make your checks payable to YMS.
The yearbooks will be delivered in the fall.



Track season begins on Monday, March 11. Students must have a physical, and a parental consent form on file in order to participate!



YMS MUSICAL

Coming soon to the YHS Theatre
the annual YMS Musical!

Thursday, March 14 and Friday, March 15
7:00 pm at the York High School Theater



Please join us for the YMS Musical *Guys and Dolls Jr!* A great cast of many YMS students promise a fun filled evening of entertainment!

Guys and Dolls follows gambler, Nathan Detroit, (Cole Schmid) as he tries to find the cash to set up the biggest dice game in town while the authorities breathe down his neck. Meanwhile, his girlfriend and Hot Box performer, Adelaide, (Leah Davis) laments that they've been engaged for fourteen years without ever getting married. Nathan turns to fellow gambler, Sky Masterson, (Trey Harms) for the dough, but Sky ends up chasing the straight-laced missionary, Sarah Brown (Mia Burke). *Guys and Dolls Jr.* takes us from the heart of Times Square to the cafes of Havana, but everyone eventually ends up right where they belong.

Admission is \$2 for students and \$3 for adults, no passes accepted!

We will also be needing many parent volunteers to help with set, props, snacks, etc. Please be watching for more information and contact us if you are willing to help at jessica.wagner@yorkdukes.org.

Parents, just a reminder, if your child is a part of the musical cast they need to bring their \$20 in as soon as possible.

Please note that a mandatory dress rehearsal for ALL cast members will be held Wednesday, March 13th in the YHS theatre from 2:30p.m. – 4:30p.m. This allows them time to work with light, sound, and stage crews from YHS.



Nineteenth Annual York Middle School Honor Band Day

We will be hosting our nineteenth annual "York Middle School Honor Band Day" on Saturday, March 16. We are expecting over 250 area 7th and 8th grade band students to attend. Students rehearse in the afternoon to prepare for a final concert which begins at 6:30 p.m. in the York High School Theater.

Rebecca Wilhelm from Lincoln's Moore Middle School will direct the 7th grade band. The conductor for the 8th grade band will be Jim Kucera, the Band Director at Waverly Middle School.

March Newsletter

School Counselor Connection

Although it is hard to imagine, spring really is right around the corner! And with spring comes sunshine, rain, field trips, outdoor recess, and...state summative assessments!

The Nebraska Student Centered Assessment System (NSCAS), pronounced “en-skass”, is the statewide assessment system that embodies Nebraska’s holistic view of students and helps them prepare for success in postsecondary education, career, and civic life. It uses multiple measures throughout the year to provide educators and decision makers with insights to support student learning. NSCAS is made up of formative assessments (used regularly in the classroom), interim assessments (NWEA MAP) and summative assessments (once a year NSCAS summative tests).

The **NSCAS Summative** is administered each spring to students in grades 3-8 and in grade 11 the students take the ACT. The NSCAS Summative is the statewide assessment that measures student performance against Nebraska’s content area standards in English Language Arts and Mathematics in grades 3-8 and in Science for grades 5 and 8.

To learn more about the statewide assessment system, feel free to access the Nebraska Student Centered Assessment System site <https://community.nwea.org/community/nebraska>. On this site, there is a Parent/Student tab that you can go to in order to access the Online Student Tutorial to learn more about the NSCAS Summative test. There is also a link titled “Item Type Sampler” that shows you types of questions on the Summative test.

YMS will be following the testing schedule below. It is very important that your child be at school on testing days and prepared to do their best.

NSCAS Science April 2 and April 3
NSCAS English Language Arts April 9 and April 10
NSCAS Math April 16 and April 17



YMS Talent Show



The final performance for the YMS Choirs will be the annual Talent Show.

It will take place on Monday, May 6. Auditions will be held April 2 - 4.

More details will be made available to the students during class time.

We are looking forward to another great show!!



Happy Spring Break

NO SCHOOL
FRIDAY, MARCH 1 AND
MONDAY, MARCH 4!!

A NOTE FROM THE SCHOOL NURSE

ENERGY DRINKS – NOT A GOOD IDEA ACCORDING TO NEW RESEARCH

According to a recent study done by Yale University, energy drinks like Monster, Full Throttle, Five Hour Energy, Redbull, Amp and Rockstar to name a few have been linked to hyper-activity and inattention in middle school students. The results from this study support the American Academy of Pediatrics recommendation that parents should limit consumption of sweetened beverages and children / teens should not consume any energy drinks. **Children who consumed energy drinks were 66 percent more likely to be at risk for hyperactivity and inattention symptoms**, according to the study in the current issue of the journal *Academic Pediatrics*. Along with causing problems such as hyperactivity and inattention, sugary drinks increase children's risk of obesity. About one-third of American children are overweight or obese, according to the latest estimates from the U.S. Centers for Disease Control and Prevention. **Energy drinks are not recommended to replace breakfast or any meal and do not make a good snack students.** If your child is tired or having problems staying awake his/her body is trying to tell you something. Maybe your child is getting sick? Did your child get enough sleep last night? Is your child eating healthy? Instead of grabbing an energy drink try eating a healthy snack and get 8-10 hours of uninterrupted sleep.

MARIJUANA – THE STONE COLD FACTS

Legal or illegal, marijuana, like alcohol, is one of the most common drugs of abuse among teens that has led to serious problems and consequences. **Remember the 80's commercial, "this is your brain on drugs", with the egg in the frying pan?** Well, that analogy might be more accurate than anyone truly knew at the time. Today, with all the mixed messages kids receive about marijuana, regardless of a state's legal stance, knowing the facts about marijuana is imperative in addressing the topic. Here are some facts you should know: **Marijuana is Addictive** - The main active ingredient in marijuana creates a feeling of pleasure. This effect is partly responsible for the "high" a person feels when he or she smokes marijuana. It is one of the main reasons people use marijuana again and again, which can lead to addiction. **Today's marijuana** – Marijuana being produced today has a much higher amount of THC the active ingredient in the drug, as compared to the versions available in the 1960's and 1970s. In fact, the National Institute on Drug Abuse (NIDA) reports that, on average, today's marijuana contains almost 10 percent THC. **Teen Brain Development** - Unlike adults, the teen brain is developing and often will not stop until the mid-20s. Marijuana and other drug used during this period can have a huge and damaging impact, affecting a teen's ability to develop and grow emotionally, academically and socially. **Learning & Memory** - The THC in marijuana affects the way that sensory information is processed by the part of the brain that controls learning and memory as well with children's emotion and motivation. All of this can lead to problems in studying and learning new things, as well as recalling recent events. **Coordination** - Marijuana can, and many times will, impair a person's balance, timing and agility/movement. This may lead to things such as diminished performance in athletics or cause impaired driving. **Judgment** - Since marijuana affects the area of the brain involved in decision making, using marijuana may only add to risky behaviors and/or poor decision making teens often partake in because of their brain development.

As mentioned before, legal or illegal, marijuana, like alcohol, is one of the most widely abused drugs by teens. So the next time you are having breakfast with your kids, crack open some eggs and talk to them about marijuana.

For more information on marijuana use and the brain please visit the NIDA website www.drugabuse.gov.

YORK FFA CHAPTER

York AG ED Celebrating 102 Years
York FFA Chapter Celebrating 91 Years

Congratulations To:

Marshall Buss
Wyatt Cast
Lauren Kaliff
Max Kohmetscher
Sam Kohmetscher
Shelbi Pieper
Hailee Pohl
Nikole Portz
Garrett Snodgrass
Dawson Tietmeyer
Maxx Troester

**For Earning the Nebraska
State FFA Degree**

**Congratulations
Marshall Buss
State Star Candidate
in
Ag Placement**

Congratulations

For Being a District FFA Proficiency Award
Winner and Being Declared as:

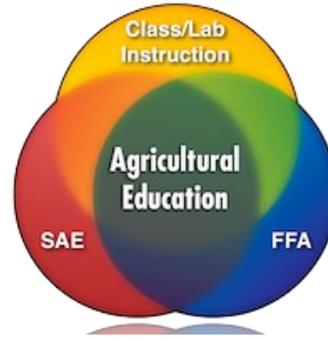
Gold-State Finalist

Shelbi Pieper
Nursery Operations Placement

Marshall Buss
Agricultural Mechanics
Repair & Maintenance Placement

Lauren Kaliff
Swine Production Placement

Hailee Pohl
Goat Production Placement



Fire Alarm Battery Check

for Elderly

Wednesday, 24th

2:30 pm till 6:30 pm

By

York FFA and Fire Department

Call to set up an appointment

308-379-1651

York FFA's Greenhouse

Opens April 6th

9:00-1:00 Sat.

3:30-5:30 M-F

The Greenhouse is almost full!



Again we will be hosting container potting

- * You bring your container
- * Select the plants you like
- * We will help you plant your container
- * We will grow your container until freeze warnings have passed.

Accepting Containers now!!

Call or Text:

Jason Hirschfeld: 402-366-5231

Cal Williams: 402-641-6564



Mon	Tue	Wed	Thu	Fri
<p>25</p> <p>Lunch Entree * Roasted Turkey with Dinner Roll * Oven-Roasted Hot Dog * Fajita Salad with Tortilla Chips * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>26</p> <p>Lunch Entree * Chef Demo Chicken Florentine Pasta * California Lasagna * Italian Melt * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>27</p> <p>Lunch Entree * Pork Roast with Dinner Roll * Chicken Nuggets with Dinner Roll * Grilled Chicken Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>28</p> <p>Misc. No School</p>	<p>1</p> <p>Misc. No School</p>
<p>4</p> <p>Misc. No School</p>	<p>5</p> <p>Lunch Entree * Classic Beefy Chili with Crackers * Corn Dog * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>6</p> <p>Lunch Entree * Pork Fritter Sandwich * Pancakes & Sausage * Chef Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>7</p> <p>Lunch Entree * Home-style Spaghetti * Spicy Chicken Sandwich * Fresh Baked Combo Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>8</p> <p>Lunch Entree * Pizza Hut Pizza * Beef & Bean Burrito * Ham & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>
<p>11</p> <p>Lunch Entree * Italian Dunkers with Marinara Dipping Sauce * Baked Breaded Fish Sandwich * Greek Chicken Salad with Fire Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>12</p> <p>Lunch Entree * Southwest Pulled Pork Nachos * Ham, Egg & Cheese Biscuit Sandwich * Fresh Baked Turkey & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>13</p> <p>Lunch Entree * Home-style Chicken & Noodles * Country Fried Steak * Taco Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>14</p> <p>Lunch Entree * Chef Demo: Chicken Gyro * Kickin' Beef Fajita * BBQ Rib Sandwich * Fresh Baked Ham & Cheese Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>15</p> <p>Lunch Entree * Green Eggs & Ham with Toast * Fresh Baked Cheesy Pizza * Fresh Baked Pepperoni Pizza * Ham & Turkey Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>
<p>18</p> <p>Lunch Entree * Traditional Sloppy Joe * French Toast Sticks & Sausage * Crispy Chicken Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>19</p> <p>Lunch Entree * Creamy Macaroni & Cheese * Breaded Beef Patty Sandwich * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>20</p> <p>Lunch Entree * Rito In-cog-neato: Poutine 'Rito * Crispy Chicken Sandwich * Southwest Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>	<p>21</p> <p>Lunch Entree * Pizza Pasta Bake * Mini Corn Dogs * Fresh Baked Italian Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter</p>	<p>22</p> <p>Lunch Entree * Pizza Hut Pizza * BBQ Pulled Pork Sliders * Roasted Chicken & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter</p>

Mon	Tue	Wed	Thu	Fri
25	26	27	28	29
Lunch Entree * Home-style Scalloped Potatoes & Ham with Dinner Roll * Cheeseburger * Fajita Salad with Tortilla Chips * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Taco in a Bag * Oven-Roasted Hot Dog * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Hearty Meatloaf with Dinner Roll * Country Potato Bowl with Fresh Baked Biscuit * Grilled Chicken Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Hot Pepperoni Sub * Chicken Nuggets with Dinner Roll * Fresh Baked Roasted Chicken Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Veggie Melt * Fresh Baked Cheesy Pizza * Fresh Baked Chicken Alfredo Pizza * Turkey & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter

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http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410

fax: (202) 690-7442; or

email: program.intake@usda.gov.

This institution is an equal opportunity provider.

March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 NO SCHOOL Spring Break	2
3	4 NO SCHOOL Spring Break	5	6 2:00 Dismissal Ash Wednesday	7	8 End of 3rd Quarter	9
10 Daylight Savings Time Starts 	11 Track practice Starts  Board of Education Mtg.	12	13 2:00 Dismissal	14  YMS MUSICAL 7:00PM ~ YHS THEATER	15	16  YMS HONOR BAND 1:00-8:00PM YHS THEATER
17 St. Patrick's Day 	18	19 8th grade class on a college visit	20 2:00 Dismissal First Day of Spring 	21	22	23
24	25 7 & 8 TR @ Central City Quad w/GICC/Westridge 2:00pm Board of Education Mtg.	26 York Athletic Dept. Friends & Family Night @ KFC/Taco Bell	27 2:00 Dismissal	28	29	30
31						