



Be Safe, Be Respectful, Be Responsible

APRIL 2019

Greetings YMS Parent(s):

Well, we **marched through March** at YMS! Our **vocal music** students put on a **fantastic performance** of “Guys and Dolls”, we completed a **tornado drill**, & track **practice** got rolling. Our **TECH** class toured UNL College of Journalism, Huskervision, and 10/11 News studios. 8th grade students got to tour **SCC-Lincoln and Doane college**. We had a very successful celebration of Growth and Achievement with parents. Nationally known speaker Mike Smith spoke to our students about **helping those in need** and **serving others**.

With Spring Break over it is time for **everyone** at YMS to do our **best work**. We are going to **challenge your student(s)** to do their best **in class, in the halls**, at **performances**, and especially on the Nebraska State **assessments** at the **end of the month**.

Speaking of those state assessments the name has changed. What you might have once known as NeSA is now called the **Nebraska Student-Centered Assessment System or NSCAS**. At YMS it doesn't matter what anyone calls it, we are here to give our very best effort and we are constantly trying to **improve each and every day**.

YMS **8th grade** students will be taking the NSCAS Science test on **April 3 & 4**. All **6-8 grade** students will be taking the NSCAS English Language Arts test on **April 10 & 11**. Finally, all **6-8 grade** students will be taking the NSCAS Math assessment on **April 16 & 17**.

Here are **a few tips** that you can **do as parents** to help ensure that your child performs to the best of their ability as we tackle these important tests.

- Make sure that if your child is **able to be in school** that they are **in school**. Missing these test dates will require your child to miss regular instruction time to make up the test, so please make sure you do **everything in your power** to have them **in school** on these days.
- Ensure that your child has **at least 9 hours of sleep** on the nights **preceding their tests**. The morning of the tests please make sure they have **a nutritious breakfast**. Make sure you remind them to do their very best and that **you believe in them**.
- Encourage your child to do their best while reminding them that these tests are not “**all or nothing**” exams. Yes, we want all our students to do well on these exams but we are very **confident in what we are doing at YMS**. A substandard result on a test will not result in anything more than **a chance for students to grow**. We **know** that we are doing **great things for kids** not only *academically but socially and emotionally here at YMS and that is as important as any assessment grade*.

In the **fourth quarter** of football games teams will often **hold up four fingers** to let the opposing teams know that **they “own” the fourth quarter**. At YMS we're putting up our **four fingers** to let everyone know that this is the time **when we do our best work**. This is the time that we show why **we give a great effort**. This is a time we show everyone that York Middle School has the **hardest working students**, the most **dedicated staff** and is the **best middle school in the state**.

Kenny Loosvelt
YMS Principal

Middle Years

Working Together for School Success



Short Stops

Year-end planning

As the school year winds down, your child's schedule will fill up with exams, projects, and events. To stay on top of everything, she might write obligations on a wall calendar. Or she could use an electronic calendar and share it with you so you're in the loop.

Acne advice

A good skin-care routine helps prevent or reduce acne. Encourage your middle grader to wash his face with a cleanser twice a day. Tell him not to pop pimples, since that could cause scarring. If the problem persists, consider taking him to a dermatologist.

Sixty-second challenges

For a quick, fun way to connect with your tween, have family members create challenges you can do in a minute or less! For example, set a timer and race to see who can stack the most plastic cups one-handed. Or compete to be the first to wriggle a cookie from your forehead to your mouth.

Worth quoting

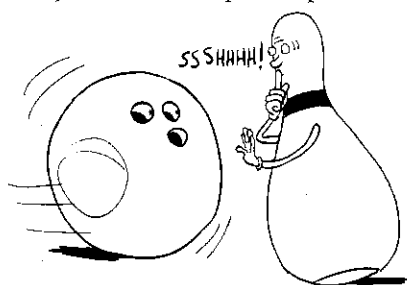
"It is spring again. The earth is like a child that knows poems by heart."

Rainer Maria Rilke

Just for fun

Q: Why should you be quiet at a bowling alley?

A: So you can hear a pin drop.



On a roll with reading

Reading for pleasure on a regular basis will boost your tween's vocabulary and general knowledge, and it may improve his test scores, too. Get him on board with these strategies.

Find a good fit

Falling in love with reading may simply be a matter of finding the right books. Suggest that your middle grader try the first book in a popular series—if he enjoys it, he may be eager to read the next one. Also, he can get lists of books similar to those he likes by googling the title plus the term "read-alikes."

Read with friends

Offer to drive your child to meet friends at the library. They might browse the shelves for fiction or nonfiction based on their own interests, then find a spot to settle in and read side by side. Or perhaps they'll all get copies of the same book to

read at home. When they finish, they could meet up to discuss their thoughts about the book.

Family story hour

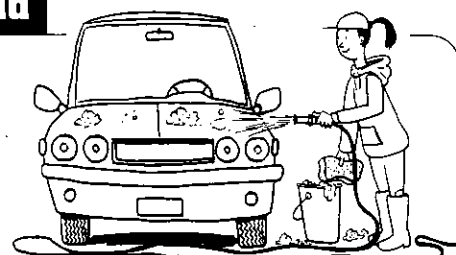
If you think your tween has outgrown listening to you read to him, think again! In fact, children of all ages benefit from being read to. Offer to read the first chapter or two of a book out loud. Then, leave the book where he'll find it. He just may get hooked and read the rest on his own. 🍌



Raise an appreciative child

Tweens don't always realize how much their parents and others do for them. Help your child feel and express appreciation, and ward off a sense of entitlement, with these ideas:

- Teach your tween to be grateful for things she might consider no big deal. Maybe you wait in the car every week during her music lesson, or a friend's mom drives her to a birthday party. Encourage her to think about the effort involved ("It was nice of Mrs. Lake to go out of her way to pick you up") and to say thank you.
- Explain that you provide for your middle grader's *needs*, but set an expectation that she'll save or work for *wants*, like a skateboard or video game. Suggest that she do odd jobs, such as babysitting or washing cars, to earn money. 🍌



Conflict resolution: Find your path

When your child has a disagreement with a friend or sibling, she can actually use the experience to improve her relationship. How? By handling the situation the right way. Suggest these steps.

1. Ask your tween to think about how she normally reacts to a conflict. Is she a “hippo” who charges into an argument, a “turtle” who withdraws from clashes, or a “deer” who freezes when a squabble puts her in the spotlight?
2. Once your middle grader knows her usual response, she can adjust as needed. A hippo may need to walk away to



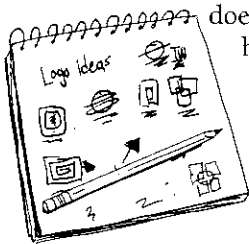
calm down or to remind herself to listen quietly. A turtle might think about how good it feels when problems are solved, then make an effort to discuss the situation. A deer could admit, “I don’t know what to say,” and agree to talk after she thinks things over.

3. Encourage your child to practice new responses until they feel natural. Discuss how conflicts work out when she responds one way vs. another—what seems to get the best results? 🍊

Design a logo

Ask your child to imagine he’s starting his own company. What logo would send the right message to his audience? By designing one, he’ll practice creative thinking and build communication skills. Here’s how.

First, encourage him to think critically about logos on websites, food packaging, and clothing. For instance, why does the Amazon logo have an arrow that goes from A to Z?



Then, have your middle grader research what people associate with certain colors, shapes, and fonts. For example, yellow is often considered cheerful, and squares are thought to hint at trust and stability. Different fonts can convey everything from fun to elegance.

Now your tween could use what he learned to design his logo. For a tech support company, he might choose yellow, a square, and a futuristic-looking font to suggest that he’s cheerful and that customers can trust him to solve their technology problems. 🍊

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
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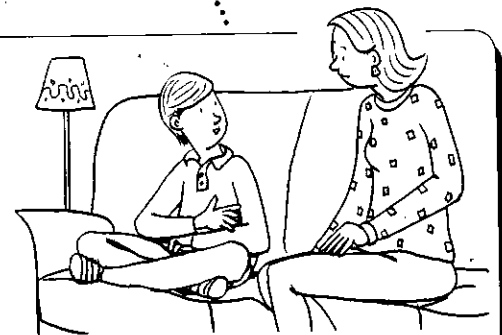
Mental health ed

Q My son’s school started putting mental health lessons into health class. Why is this necessary?

A The school wants to keep students safe and healthy—physically and mentally. That’s why they’re trying to help children recognize and deal with mental health problems like depression and suicidal thoughts.

Ask your son what he’s studying in health class, just as you would with any subject. For example, he may be learning about symptoms of depression or how to ask for help if he has suicidal thoughts. Let him know he can come to you if he feels down or thinks about harming himself.

If you’d like to find out more, talk to your son’s health teacher, school counselor, or administrator about the curriculum they use and how you can support him at home. 🍊



Parent to Parent

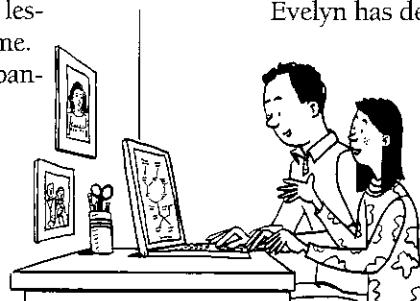
Learning about heritage

I recently started researching my family’s genealogy. When I mentioned this to my daughter, Evelyn, she wanted to help out. It turned out to be an interesting history and geography lesson for her—and for me.

I knew about our Spanish heritage, but after talking to my parents and digging a little deeper online, Evelyn and I discovered that we also had ancestors from England and

France. On one genealogy site, she searched for old census records that traced some relatives all the way back to the mid-1700s. Then we looked at maps to see where they lived.

Evelyn has decided to make a family tree for an upcoming social studies project. She needs to know where the other half of her family came from, so she’s going to do genealogy research on her mom’s side of the family next. 🍊





York High School Show Choir, Dukes & Duchesses, and Chamber Singers Auditions

Any 8th graders who are interested in being a member of the York High School Show Choir, Dukes & Duchesses, or Chamber Singers, auditions will be held on Wednesday, April 24, from 2:15-4:30 p.m. in the high school choir room. For more details and to sign up please see Mrs. Wagner.



The Annual YMS Talent Show!!



We are getting ready for the annual YMS Talent Show. The Talent Show is scheduled for Monday, May 6 at 7:00 p.m. in the York High School Theater. All students in 6th, 7th & 8th grade choir will be a part of this show. Those who are interested in performing a small act, auditions will be held on April 2 & 3. Students who were selected to perform small acts will need to be at the required dress rehearsal on Friday, May 3 from 3:30 – 5:30 p.m. in the YHS Theater. We are looking forward to another great show, showcasing a lot of talented students!!



TEAMMATES®
MENTORING PROGRAM
Together We Transform Lives

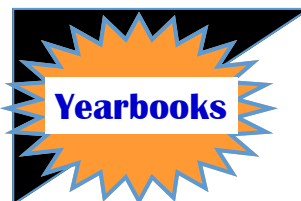
Tuesday,

April 2, 2019

**Runza will be donating 10%
of their sales from both
locations all day to the York
Chapter of TEAMMATES**



**Help Runza Restaurants support
TEAMMATES!**



Buy a YMS Yearbook!

- Preserve great memories!
- Remember fun events!
- The YMS yearbook is loaded with school experiences, quotes, and candid photos.

Make checks payable to YMS.

The yearbooks will be delivered in the fall!

School Counselor Connection

NSCAS Summative and MAP Growth Assessments

I am often asked about the differences between the Nebraska Student Centered Assessment System (NSCAS) Summative test and the Measure of Academic Progress (MAP) Growth assessment. NSCAS Summative and MAP Growth are two different assessments with distinct purposes.

Below is some of the information about each assessment as well as the schedule for this spring:

NSCAS Summative is a criterion referenced computer summative assessment created by the Nebraska Department of Education in partnership with NWEA. Students across the state who are in grades 3-8 take the assessment every spring. The NSCAS Summative measures student performance in relation to Nebraska's grade level standards. The assessments are developed to satisfy state and federal requirements in determining school performance. The data provides information about student performance in relation to grade level standards and data is also used to help educators evaluate program and curriculum effectiveness. Individual results are placed in categories of Developing/Below the Standards, On Track/Meets the Standards and College and Career Ready Benchmark/Exceeds the Standards.

NSCAS Spring 2019 Schedule

Please make sure students are in school these days.

April 2 & 3 Science (grade 8 only-- during science class)

April 9 & 10 English Language Arts 8:00-10:00

April 16 & 17 Math 8:00-10:00

MAP Growth is a norm referenced computer adaptive assessment created by NWEA. The test can be administered to students up to four times per year (fall, winter, spring, summer). MAP Growth adapts across grade levels, adjusting to each student's performance--whether the student performs on, above, or below grade level. MAP Growth reveals what the student knows and is ready to learn next. MAP Growth results allow us to compare scores over time to measure academic growth of a student. The MAP Growth reports also have normative data so that student's scores can be compared with other students in the same grade and subject.

MAP Growth Spring 2019 Schedule

Testing Window: April 23-May 10



Exciting activities planned for the York Public School summer program.

- **June 3-7 Manufacturing Camp:** Build a wood project, discover other ways to manufacture items, visit manufacturing businesses in York.
- **June 10-14 Cooking Camp:** Learn the basics of cooking and baking. Create a variety of different recipes from scratch. At the end, attendees will have their own cookbook of everything they have created.
- **June 17-21 Fine Arts Camp:** Learn and practice creating a variety of artwork; introduction to a variety of instruments; develop acting skill and watch a dress rehearsal of the children's theater.
- **June 24-28 Camp Create:** Create your own book! From comic strips to children's books and beyond, students will learn about writing and illustrating their own unique works!
- **July 1-3 Wessels:** Spend a week on the farm out at Wessels!
- **July 8-12 Maker's Space**

The summer program runs from 8:00 AM – 12:00 p.m. Monday through Friday. Each day will include a free breakfast, physical activity, academic work, educational enrichment, and an optional free lunch. Summer program students also get to experience field trips during the summer program.

YORK FFA CHAPTER
York AG ED Celebrating 102 Years
York FFA Chapter Celebrating 92 Years

**York FFA's Greenhouse
Opens April 6th
We Have Filled the Greenhouse to
Overflowing!!**



Greenhouse Hours

3:30 - 5:30 M-F

9:00 - 1:00 SAT.

while supplies last...



**We can bring beauty to your home, business or garden.
Let us plant or help plant your containers and we will grow them in the greenhouse through May.**

If you are searching for a new container to plant in—we offer those as well.

Come on in and see the hard work the York FFA Chapter has put in.

We are planting containers now!

- * You bring in your container
- * Select the plants you like
- * We will help you plant your container
- * We will grow your container until freeze warnings pass

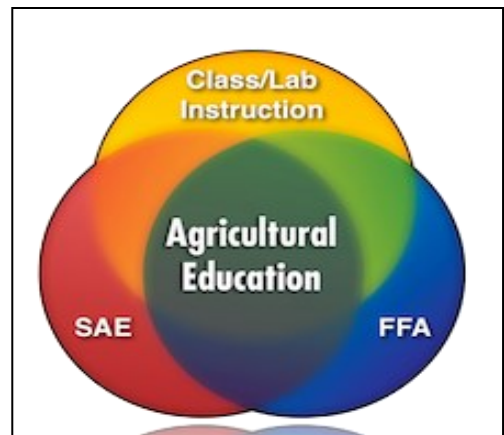
Call or Text:

Jason Hirschfeld: 402-366-5231

Cal Williams: 402-641-6564

Rachelle Allen: 402-710-2661

**OR Bring Your Containers to the Greenhouse
Saturday Morning or After School.**



**What Color Do You Bleed?
“DUKE BLUE”**

The York Fire Dept., York FFA, FBLA and
Community Blood Bank

**Our Next Blood Drive
Is Thursday, April 25th
East Parking Lot
11:00 am till 3:00 pm**

PLEASE BE THE TYPE THAT GIVES!

Please call
402-641-6564 or 402-362-6655

**We receive \$10 per unit collected
for the FFA Scholarship Fund.**





York School District

2018-2019 Lunch, Grades 6-8

April 2019

Mon	Tue	Wed	Thu	Fri
1 Lunch Entree * Chicken Fajita * Pork Fritter Sandwich * Oriental Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	2 Lunch Entree * Chef Demo: Pork Lo Mein * BBQ Rib Sandwich * Home-style Chicken Chili with Crackers * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	3 Lunch Entree * Traditional Beefy Lasagna with Garlic Breadstick * Spicy Chicken Sandwich * Chef Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	4 Lunch Entree * Turkey & Gravy with Dinner Roll * Baked Breaded Steak Fingers with Dinner Roll * Fresh Baked Combo Sub * Turkey & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	5 Lunch Entree * Pizza Hut Pizza * Mexi Tots with Dinner Roll * Fresh Baked Turkey Club Sub * Grilled Chicken Deli Wrap * Vanilla-Berry Yogurt Parfait with Goldfish Grahams * Uncrustable & Cheese Platter
8 Lunch Entree * Corn Dog * Home-style Tater Hotdish with Dinner Roll * Greek Chicken Salad with Fire Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	9 Lunch Entree * Super Nachos * Grilled Chicken Sandwich * Fresh Baked Turkey & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	10 Lunch Entree * Rito In-cog-neato: Pad Thai 'Rito * Cheeseburger * Taco Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	11 Lunch Entree * Baked Ham with Dinner Roll * Popcorn Chicken Bites with Dinner Roll * Fresh Baked Ham & Cheese Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	12 Lunch Entree National Grilled Cheese Day: Meatball Hero Grilled Cheese * Fresh Baked Cheesy Pizza * Fresh Baked Taco Pizza * Ham & Turkey Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter
15 Lunch Entree * Chicken Pot Pie * Ham & Cheese Bagel Melt * Crispy Chicken Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Caramel Apple Yogurt Parfait with Graham Crackers * Uncrustable & Cheese Platter	16 Lunch Entree * Soft Shell Beefy Tacos * Mini Corn Dogs * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	17 Lunch Entree * Cheeseburger Macaroni Skillet with Breadstick * Crispy Chicken Sandwich * Southwest Salad with Tortilla Chips * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	18 Misc. No Meal Service Today	19 Misc. No School
22 Misc. No School	23 Lunch Entree * Chicken Fried Rice * Home-style Chicken Supreme Burrito * Fresh Baked Ham & Cheese Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	24 Lunch Entree * BBQ Pulled Pork Sliders * Chicken Nuggets with Dinner Roll * Grilled Chicken Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter	25 Lunch Entree * Original Beef Goulash with Garlic Breadstick * Teriyaki Chicken Sandwich * Fresh Baked Roasted Chicken Sub * Roasted Ham & Cheddar Deli Wrap	26 Lunch Entree * Taco Burger Pizza Station: Fresh Baked Cheeseburger Pizza * Fresh Baked Cheesy Pizza * Fresh Baked Turkey & Cheese Sub * Grilled Chicken Deli Wrap

Mon	Tue	Wed	Thu	Fri
		* Uncrustable & Cheese Platter	* Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	* Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter
29	30	1	2	3
Lunch Entree * Mozzarella Bosco Sticks with Marinara Dipping Sauce * Cheeseburger * Oriental Salad with Roasted Flatbread * Turkey Combo Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Oven-Baked Chili Cheese Dog * Beef Stroganoff * Fresh Baked Ham & Turkey Sub * Fajita Deli Wrap * Vegetarian Chef Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Home-style Spaghetti * Grilled Chicken Sandwich * Chef Salad with Roasted Flatbread * Turkey & Cheddar Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter	Lunch Entree * Home-style Chicken & Noodles * Country Fried Steak * Fresh Baked Combo Sub * Roasted Ham & Cheddar Deli Wrap * Sweet Pepper Vegetarian Salad with Roasted Flatbread * Uncrustable & Cheese Platter	Lunch Entree * Pizza Hut Pizza * Beef & Bean Burrito * Ham & Cheese Sandwich * Grilled Chicken Deli Wrap * Fruit, Yogurt & Cheese Platter * Uncrustable & Cheese Platter

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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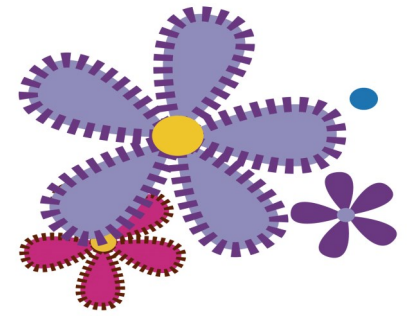
mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410

fax: (202) 690-7442; or

email: program.intake@usda.gov.

This institution is an equal opportunity provider.

April 2019



SUN	MON	TUE	WED	THU	FRI	SAT
	1 B	2 TeamMates Dine at Runza G	3 2:00 Dismissal B	4 7 & 8 TR @ Crete MS Dual (Doane University) 4:00pm G	5 B	6 YHS Greenhouse Open House FFA Plant Sales Start 
7	8 Board of Education Mtg. G	9 7 & 8 TR @ Aurora Tri w/ Seward 4:00pm B	10 2:00 Dismissal G	11 B	12 G	13 Husker Spring Football Game
14	15 7 & 8 TR @ Columbus MS Invite (Pawnee Park) 9:00am B	16 G	17 2:00 Dismissal 8th grade register at YHS 2:00pm B	18 Noon Dismissal All Schools 7 & 8 TR @ Aurora Invite 9:00am G	19 NO SCHOOL Easter Break Good Friday	20
21 Easter 	22 NO SCHOOL Easter Break Board of Education Mtg.	23 York Athletic Dept. Friends & Family Night @ KFC/Taco Bell B	24 2:00 Dismissal G	25 7 & 8 TR @ Fairbury Quad 3:30pm B	26 Arbor Day G	27
28	29 7 & 8 TR York Invite 4:00pm Fine Arts Fiesta 6:00pm @ Chances R B	30 YMS 5th Grade Orientation 8:30-10:30am YMS 6th grade Wax Museum G	<div> <p>8th grade students will be taking the NSCAS Science test on Tuesday, April 2 & Wednesday, April 3.</p> <p>All 6-8 students will be taking the NSCAS English Language Arts test on Tuesday, April 9 & Wednesday, April 10. All 6-8 students will be taking the NSCAS Math assessment on Tuesday, April 16 & Wednesday, April 17.</p> </div>			