

December 2019

Volume 15, Issue 4

Important Dates

Friday, December 6

Slushy Sales

December Birthdays Free

Thursday, December 12

3rd Grade Program

7:00 PM (YHS Theater)

Monday, December 16

Wendy's Community Night

Friday, December 20

Slushy Sales

End of the 2nd Quarter

December 23-January 3

Christmas Break

Monday, January 6

School Resumes (Orange Day)

It is the policy of York
Public Schools not to
discriminate on the
basis of gender,
disability, race, color,
religion, marital status,
age, or national origin
in its educational
programs,
administration,
policies, employment,
or other district
programs.

Y.E.S. Indeed!

York Elementary School Monthly Parent Newsletter

As we enter the holiday season, our YES Family would like to take the chance to thank you for the opportunity to work with your child on a daily basis! We appreciate your partnership in ensuring that together we find a way to provide the most positive learning environment for teaching and learning to take place on a daily basis. Have a joyous and wonderful holiday season!

Classroom Happenings

Kindergarten

December will be a busy month in Kindergarten! We will continue to read new and challenging books and enjoy many December stories. We will be working on simple addition and subtraction, as well as building teen numbers. We will also learn about new and different countries as we "travel" to Israel, Mexico, Sweden, Venezuela, and Germany to learn about their December traditions and holidays during our Kinderblender time. From all of the YES kindergarten teachers, we wish you a very happy holidays! Thank you for sharing your student with us!

2nd Grade

Students need to keep reading 20 minutes every night. We will start our first AR goal in January. Students that pass six AR tests on books at their reading level can earn an ice cream party at the end of the 3rd quarter! For Math, we are finishing up our measurement unit and moving to subtracting three-digit numbers. During Writing, we are revisiting how to write a narrative story. For Social Studies this month, we are talking about traditions of the past. We will wrap up the unit with our annual trip to Wessel's Living History Farm the last week before winter break. Watch for notes coming home soon with more details! Also, look for a note coming home about building gingerbread houses the last week in December. Such a fun month ahead!

4th Grade

We are a busy bunch in the 4th grade. In math, we just finished up with a unit on division. We are now focusing on problem solving. Please keep studying multiplication facts at home. November is Imaginative Narrative month in writing. Students are creating their own made up story. Also, Tanya Crawford from the York County Extension office will be visiting our classrooms six times this year educating the students about good healthy choices.

Report Cards

At Y.E.S., report cards are distributed after the conclusion of each semester. The report cards for the 1st Semester will be mailed out or given to your student on January 10.

One School One Book

"When a whole school reads a book, there's a lot to talk about."

With your help, we can build a community of readers at our school. Every family will receive a free copy of the same book and you will be asked to read together about 10-15 minutes each night. Y.E.S. cannot wait to read along with your family. The One School One Book title will be announced and handed out on January 10, 2020.

Lost and Found

The lost and found is beyond capacity. If you suspect that a missing item of your student's may be in there, please have them check the Lost and Found in the MPR. Items leftover at the start of Christmas Break will be donated.

Science Expo 2020

It's not too early to start thinking about a project for Science Expo 2020. Kindergarten is a great time to start participating in the Science Expo! If your child participates all six years of their elementary years, they will receive a medal! These are some important dates to put on your calendar:

- Learn about Science Expo 2020- Monday, January 13 @ 5:30
- Information and Resource Night-Monday, January 13 @ 5:30-6:30
- Information and Resource Night-Tuesday, February 11 @ 5:30-6:30
- Help Night-Tuesday, March 3 @ 5:30-6:30
- Entry Deadline-Monday, February 26
- Science Expo Setup-Monday, March 23 @ 3:30-6:00
- Science Expo 2020-Tuesday, March 24



Bundle Up!

If the real temperature and wind-chill are above 10° F, we will have outdoor recess.

Contact Us

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402-362-1414

Kris Friesen, Principal
Brad Luce, Assistant Principal

BOOST: 366-2454

Childcare: 363-2726

Bus Barn: 362-1988

Follow Us

Twitter: @YESDukePride

Facebook: York Elementary
School

BOOST News

Our afterschool program will be switching gears a bit after Thanksgiving Break. We are going to flip our homework time and our club time. This means we will spend 20 minutes on homework prior to starting our extended learning clubs. Additionally, a new group of clubs will begin after the New Year. We are thinking of offering a new club that focuses on the world beyond the walls of the school. This means students will explore nature, wildlife, domestic animals, agriculture, and so much more.

It is never too late to enroll your student in our afterschool program. The program is free to families of students in grades 2-5. Since the program is grant funded, each student is required to attend 30 days or more. Attendance of students drive the funding for the program. During afterschool time students eat a snack, have recess, receive homework help and participate in extended learning activities. Join the fun! Enrollment forms can be picked up in the front office.

It's Turkey Time!

Thanksgiving is an opportunity to enjoy time with family and friends, to be grateful and reflect on what's important. The Nebraska Department of Health and Human Services provides these tips to support your efforts for a healthy and safe holiday season:

Bacteria and Burns

As you prepare holiday meals, prevent food-related illness and burns.

- Wash hands often. Wash your cutting boards, dishes, utensils and counter tops with hot soapy water after preparing each food item.
- Avoid cross-contamination by keeping raw meat, poultry, seafood and eggs away from ready-to-eat foods and eating surfaces.
- Do not leave perishable foods out for more than two hours. Refrigerate promptly.
- Keep hot food away from little hands. Use the back burner of the stove and make sure pot handles, dishes and pans aren't close to the edge of the stove, counter or table.

Let's Talk Turkey

No matter how you prepare your turkey, prevent your celebration from becoming a food poisoning disaster.

- If you buy a fresh turkey, be sure you purchase it only 1-2 days before cooking. Do not buy a pre-stuffed fresh turkey.
- Thaw turkey in the refrigerator or in a sink of cold water that is changed every 30 minutes, or in the microwave. Avoid thawing foods on the counter.
- Use a food thermometer to check the internal temperature of the turkey to ensure it's fully cooked. It should reach 165°F throughout the bird.

Don't Let Flu Give You the Holiday Blues

Get your flu shot. Flu vaccine is the best way to protect yourself and your family from the flu.

- Everyone 6 months and older should get a flu vaccine every year.
- If you are sick, stay home for at least 24 hours after your fever is gone except to get medical care or other necessities.



Be a Coach & Make a Difference!

Recruiting
Coaches
NOW!

“Girls on the Run of Nebraska is such a great program to be a part of. Seeing the transformation in the girls is really

mind-blowing.

Enjoy the ride!”

---15-time Coach

“Coaching GOTR is such an **amazing experience** that you will not understand until you are part of it!”

---First-time Coach

Now seeking coaches!

Girls on the Run is an after-school program that helps girls in grades 3-5 put their best foot forward.

As a coach you will ---

- Teach valuable life lessons
- Encourage girls to exercise by playing interactive running games.
- Help your team train for a 5K

NOTE! You don't have to be a runner to coach! You just need a positive, can-do attitude and a desire to help young girls succeed.

Coaching is FUN!

Don't wait! Training & Season Begin SOON!

Go to www.GOTRNebraska.org today for more information.

Get involved to find out for yourself why “Girls on the Run is so much fun!” Email Deb at dpotter@gotrnebraska.org to learn more about this rewarding (and FUN!) short-term volunteer opportunity. Hurry, coach training starts soon!



Coaches Needed

www.GOTRNebraska.org

“Girls on the Run was a very positive program that allowed my quiet girl to meet friends and learn to build confidence.”

—GOTR-Nebraska Parent



December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 K-Orange 1st-5th-Green	3 K-Purple 1st-5th-Red 1N-Pinatas 11:30	4 K-Green 1st-5th-Orange	5 K-Red 1st-5th-Purple 1M-Pinatas 11:30	6 K-Blue 1st-5th-Green 1p-Pinatas 1:30 SLUSHIES December Birthdays Free	7
8	9 K-Orange 1st-5th-Red	10 K-Purple 1st-5th-Orange	11 K-Green 1st-5th-Purple	12 K-Red 1st-5th-Green 3rd Grade Program-YHS Theater 7:00 PM	13 K-Blue 1st-5th-Red	14
15	16 K-Orange 1st-5th-Orange Wendy's Night Out 2M-Wessels 9-11 AM and Gingerbread Houses 2:30	17 K-Purple 1st-5th-Purple 2S-Wessels 9-11 AM and Gingerbread Houses 2:30	18 K-Green 1st-5th-Green 2H-Wessels 9-11 AM and Gingerbread Houses 12:20	19 K-Red 1st-5th-Red 2C-Wessels 9-11 AM and Gingerbread Houses 2:30	20 K-Blue 1st-5th-Orange 1st Grade Fiesta 12:30 3rd Grade Christmas Feast 11:30 SLUSHIES	21

Christmas Break– Enjoy your holidays! See you January 6, 2020!



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



Fruit and Juice Available Every Day

Start your day off right

Breakfast Meal Prices & Extras

- Student Breakfast \$1.45
- Adult Breakfast \$2.25
- Extra Milk \$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
2 A. Chocolate Iced Long John B. Cereal Choices with Toast Juice Choices Mixed Fruit Cocktail	3 A. Pancake and Scrambled Eggs B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	4 A. Ultimate Chocolate Chip Breakfast Round B. Cereal Choices with Toast Juice Choices Sliced Peaches	5 A. Breakfast Sliders B. Cereal Choices with Toast Juice Choices Sliced Pears	6 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast Juice Choices Pineapple Tidbits
9 A. French Toast Sticks with Syrup Dipping Sauce B. Cereal Choices with Toast Juice Choices Sliced Peaches	10 A. Home-style Stuffed Potato Breakfast Burrito B. Cereal Choices with Toast Juice Choices Sliced Pears	11 A. Fresh Baked Biscuits and Gravy B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	12 A. Bacon & Egg Breakfast Pizza B. Cereal Choices with Toast Juice Choices Fresh Orange Slices	13 A. Glazed Donut B. Cereal Choices with Toast Juice Choices Applesauce
16 A. Ham, Egg & Cheese Biscuit Bake B. Cereal Choices with Toast Juice Choices Mixed Fruit Cocktail	17 A. Iced Long John B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	18 A. Muffin & Goldfish Grahams B. Cereal Choices with Toast Juice Choices Sliced Peaches	19 A. Pancake Sausage Stick B. Cereal Choices with Toast Juice Choices Sliced Pears	20 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast Juice Choices Pineapple Tidbits
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <h3>No School December 23 – January 3</h3> </div>				

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



Lunch Meal Prices & Milk

ES Lunch	\$2.95	Extra Milk	\$0.45
Adult Lunch	\$3.75		



Applications for Free and Reduced Price meals are available in the school office.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

This institution is an equal opportunity employer.

Mon	Tue	Wed	Thu	Fri
2 A. Home-style Scalloped Potatoes & Ham with Dinner Roll B. Cheeseburger C. Pizza Snackable Green Beans	3 A. Taco in a Bag B. Oven-Roasted Hot Dog C. Fresh Baked Ham & Cheese Sub Zesty Black Beans Cherry Crisp	4 A. Hearty Meatloaf with Dinner Roll B. Popcorn Chicken Bites with Dinner Roll C. Grilled Chicken Salad with Roasted Flatbread Mashed Potatoes with Brown Gravy	5 A. Hot Pepperoni Sub B. Breaded Beef Patty Sandwich C. Fresh Baked Roasted Chicken Sub Home-style Creamy Coleslaw Zesty Pasta Salad Frosted Chocolate Cake	6 A. California Lasagna B. Crunchy Fish Tacos C. Roasted Chicken & Cheese Snackable Mixed Vegetables
9 A. Honey Garlic Glazed Chicken over Rice B. Oven-Roasted Hot Dog C. Nacho Snackable Garlic Herb Roasted Carrots	10 A. Beef Stroganoff B. Corn Dog C. Fresh Baked Ham & Turkey Sub Baked Beans Fresh Baked Cinnamon Bun	11 A. Turkey & Gravy with Dinner Roll B. Baked Breaded Steak Fingers with Dinner Roll C. Chef Salad with Roasted Flatbread Mashed Potatoes with Chicken Gravy	12 A. Baked Spaghetti with Garlic Breadstick B. Crispy Chicken Sandwich C. Fresh Baked Combo Sub Green Beans Gelatin Dessert	13 A. Mexi Tots with Dinner Roll B. Pepperoni Pizza C. Ham & Cheese Snackable Golden Corn
16 A. Traditional Sloppy Joe B. Cheeseburger C. Pizza Snackable Sweet Potato Fries	17 A. Super Nachos B. Grilled Chicken Sandwich C. Fresh Baked Turkey & Cheese Sub Refried Beans Fresh Baked Cinnamon Stick	18 A. Home-style Tater Hotdish with Dinner Roll B. Baked Breaded Fish Sandwich C. Taco Salad with Tortilla Chips Mixed Vegetables	19 A. Baked Ham with Dinner Roll B. Chicken Nuggets with Dinner Roll C. Fresh Baked Ham & Cheese Sub Scalloped Potatoes Classic Green Bean Casserole Fresh Baked Holiday Cookie	20 A. Pizza Hut Pizza B. Kickin' Beef Fajita C. Pretzel Snackable Golden Corn

No School December 23 – January 3