

# November 2019

Volume 15, Issue 3

## Important Dates

### **Sunday, November 3**

Daylight Savings Time Ends  
(Set clocks back)

### **Tuesday, November 5**

2<sup>nd</sup> Grade Musical (2C and 2S)

### **Wednesday, November 6**

2<sup>nd</sup> Grade Musical (2H and 2M)

### **Friday, November 8**

College Day  
4<sup>th</sup> and 5<sup>th</sup> to Veteran's Day

### **Tuesday, November 12**

Picture Retakes

### **Friday, November 15**

Slushy Sales

### **Monday, November 18**

Wendy's Night Out

### **Friday, November 22**

Slushy Sales

### **November 27-29**

No School-Thanksgiving Break

Thank you PATT for the Wiggle Bikes!



# Y.E.S. Indeed!

## York Elementary School Monthly Parent Newsletter

Each year, York Elementary School looks for opportunities to highlight our awesome students. This year, students from every grade level have an opportunity to be sent down to the office to be honored for their hard work, kindness, achievements, etc. to sign the "Woo Hoo Wall". When students sign the Woo Hoo Wall, they will also get their picture taken and they receive a prize of their choosing. It has been a lot of fun celebrating our students on a daily basis!



## Wall of Honor

Each year, students at York Elementary School have a chance to honor a Veteran in their lives. If you wish to have your student participate, there is an attachment near the end of the newsletter. Please fill out the information and return it to school by Wednesday, November 6<sup>th</sup>.



## November 8- College Day!

Every student may not be bound for a university, but there is no reason that every child shouldn't at least consider it. This is the philosophy behind "College Day," at York Elementary School. The Y.E.S. staff will focus on sharing their excitement for higher education, and making college more familiar and accessible to students. Thinking about education beyond elementary may just make what happens today in the classroom a little more relevant for kids. Set Goals! Dream Big! Your student can join us in celebrating College Day by wearing a shirt that represents a college (maybe one a family member is/has attended, a favorite school you feel connections with, or you can always come up with a Husker shirt!).



It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.

## Classroom Happenings

### 1st Grade

First graders have been learning about Native Americans and will continue to learn about them as we introduce Pilgrims during the month of November. First graders will also be working on writing personal narratives, where we will continue to learn how to write complete sentences and focus on transition words.

### 3rd Grade

Third graders are busy wrapping up their second unit in multiplication and division. We will be venturing onto measurement. The students just finished a unit about magnets. We have begun our Pilgrim simulation. We are learning why we want to leave England, and set sail for the New World. Then, we will set sail across the Atlantic Ocean. We are hoping to survive the first year in our new colonies. Cursive is a must in third grade, and we are working hard at it. Along with all of that, we are practicing for the winter program. This will take place on December 12 at 7 PM at the YHS Theater. All in all, we are a busy bunch.

### 5th Grade

The fifth graders have been busy in their reading classes. They have been getting acquainted with their new reading program and have been learning and practicing skills such as problem/solution, theme, and finding text evidence.

In Social Studies and Science, the fifth graders have been covering many topics. In Science, they are learning about mixtures and solutions or ecosystems. In Social Studies, they are learning about regions of the United States or the Revolutionary War and early America.

Fifth graders have the opportunity to be a part of two awesome groups at YES, Student Voice and Kinderpals. In Student Voice, they are part of various committees that help out around the school. Some jobs in these committees are doing the morning announcements, planning Spirit Rallies, and helping in the preschool classrooms. In Kinderpals, each 5th grade student is paired with a Kindergartener and we get together each Friday to do a fun activity.

## Contact Us

York Elementary School  
1501 Washington Avenue  
York, NE 68467

402-362-1414

Kris Friesen, Principal  
Brad Luce, Assistant Principal

BOOST: 366-2454

Childcare: 363-2726

Bus Barn: 362-1988

## Follow Us

Twitter: @YESDukePride

Facebook: York Elementary  
School



**Lost and  
Found items  
will be  
donated by  
Thanksgiving.**

### **Elks Hoop Shoot/PE Reminders**

2nd-5th grades will be competing in the Elks' Hoop Shoot during their PE classes November 7-12. Make sure to use the remaining days that are still nice outside to practice up!

Also, as the weather starts changing, please remember to send PE shoes on PE days. Please take the time to ask your student what Encore they have each day and also refer to the Encore Schedule and any information from your child's homeroom teacher regarding Encore dates.



### **Shine the Light on Literacy Recap**

Over one hundred children, parents, business and community leaders came together on October 15 at a Lights On Afterschool/Literacy rally at York Elementary to celebrate the achievements of afterschool students and draw attention to literacy and to the need for more afterschool programs to serve the millions of children nationwide who are unsupervised and at risk each weekday afternoon. The gathering was one of more than 8,000 such events across the nation emphasizing the importance of keeping the lights on and the doors open after school.

“We are all very proud of our afterschool students,” said Amy Vernon, Program Director. “There's no reason that learning should stop at 3 p.m., particularly if the alternative is unsupervised time in front of a television set, or any of the dangerous or unhealthy behaviors that can ensnare children in the afternoons. Like so many other afterschool programs around the nation, ours is supported by funding from the federal 21st Century Community Learning Centers Initiative.”

York's after-school program opened in 2010 with a 21st Century Community Learning Centers grant from the U.S. Department of Education. It now serves around 200 children, providing homework assistance, mentoring, tutoring, and classes and clubs in sports, recreation, mathematics, chess, and dozens of other subjects.

A special thanks to those that sponsored our evening of literacy and awareness. Our sponsors included: York Elementary PATT, Beyond School Bells, Western Edge, York Skating Rink, York Parks & Recreation, Sunset Bowling, Wagner's & Isaiah's Toy Box, Grand Central Foods, Pizza Hut, and Kilgore Memorial Library.

### **Boxtops for Education**

PATT is still collecting box tops as well as Country Hearth and Village Hearth UPC codes. Remember to scan your receipts for the new box tops. Thank you!



## Everyday Preventive Actions Can Help Fight the Flu

### 1. The first and most important step is to get a flu vaccination each year.

2. If you get sick with flu, take prescription antiviral drugs if your doctor prescribes them. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women.

3. Take everyday preventive actions that may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.

### How does flu spread?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Less often, a person might get flu by touching a surface or object that has flu virus on it and then touching his or her own mouth, nose, or possibly eyes. Many other viruses spread these ways too. People infected with flu may be able to infect others beginning 1 day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

### What are everyday preventive actions?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.
  - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
  - Clean and disinfect surfaces and objects that may be contaminated with germs that can cause respiratory illnesses like flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.
  - If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.

**For more information, visit: [www.cdc.gov/flu](http://www.cdc.gov/flu) or call 1-800-CDC-INFO**

A Wall of Honor will be displayed near the office in observance of Veteran's Day. Each child in our school is invited to add the name of a veteran they would like to recognize. Please complete the following form if you are interested in participating in this activity and send back by Wednesday, November 6!

**PLEASE CUT OUT BEFORE TURNING IN!**



Name of Veteran: \_\_\_\_\_

Branch of the Military: \_\_\_\_\_

Years of Service: \_\_\_\_\_

Interesting Information:  
\_\_\_\_\_  
\_\_\_\_\_

Honored by (Student name): \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_



Name of Veteran: \_\_\_\_\_

Branch of the Military: \_\_\_\_\_

Years of Service: \_\_\_\_\_

Interesting Information:  
\_\_\_\_\_  
\_\_\_\_\_

Honored by (Student name): \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_



# November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 K-Green 1st-5th-Orange	2
3 Daylight Savings Time Ends (set clocks back)	4 K-Red 1st-5th-Purple	5 K-Blue 1st-5th-Green 2C&2S Musical 9:30 AM	6 K-Orange 1st-5th-Red 2H&2M Musical 9:30 AM	7 K-Purple 1st-5th-Orange	8 K-Green 1st-5th-Purple College Day	9
10	11 K-Red 1st-5th-Green	12 K-Blue 1st-5th-Red KFC Friends & Family Night <b>Picture Retakes!</b>	13 K-Orange 1st-5th-Orange	14 K-Purple 1st-5th-Purple	15 K-Green 1st-5th-Green Slushies	16
17	18 K-Red 1st-5th-Red Wendy's Night Out	19 K-Blue 1st-5th-Orange	20 K-Orange 1st-5th-Purple	21 K-Purple 1st-5th-Green	22 K-Green 1st-5th-Red Slushies-November Birthday's Free	23
24	25 K-Red 1st-5th-Orange	26 K-Blue 1st-5th-Purple	27 <b>NO SCHOOL</b> Thanksgiving Break	28 <b>NO SCHOOL</b> Thanksgiving Break	29 <b>NO SCHOOL</b> Thanksgiving Break	30







## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



## Fruit and Juice Available Every Day

Start your day off right

## Breakfast Meal Prices & Extras

- Student Breakfast \$1.45
- Adult Breakfast \$2.25
- Extra Milk \$0.45

Menus are subject to change without notice.



Lunchtime Solutions, Inc.

Mon	Tue	Wed	Thu	Fri
4 A. Egg & Cheese Taco Roll B. Cereal Choices with Toast Juice Choices Mixed Fruit Cocktail	5 A. Fresh Baked Sausage Biscuit Sandwich B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	6 A. Chocolate Iced Long John B. Cereal Choices with Toast Juice Choices Sliced Peaches	7 A. Breakfast Sliders B. Cereal Choices with Toast Juice Choices Sliced Pears	1 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast Juice Choices Sliced Pears
11 A. French Toast Sticks with Syrup Dipping Sauce B. Cereal Choices with Toast Juice Choices Sliced Peaches	12 A. Iced Long John B. Cereal Choices with Toast Juice Choices Sliced Pears	13 A. Pancakes with Syrup B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	14 A. Bacon & Egg Breakfast Pizza B. Cereal Choices with Toast Juice Choices Fresh Orange Slices	15 A. Fresh Baked Caramel Roll B. Cereal Choices with Toast Juice Choices Applesauce
18 A. Waffles with Syrup B. Cereal Choices with Toast Juice Choices Mixed Fruit Cocktail	19 A. Maple Long John B. Cereal Choices with Toast Juice Choices Fresh Apple Wedges	20 A. Home-style Stuffed Potato Breakfast Burrito B. Cereal Choices with Toast Juice Choices Sliced Peaches	21 A. Pancake Sausage Stick B. Cereal Choices with Toast Juice Choices Sliced Pears	22 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast Juice Choices Pineapple Tidbits
25 A. Egg & Cheese Omelet with Toast B. Cereal Choices with Toast Juice Choices Applesauce	26 A. Scrambled Eggs with Toast B. Cereal Choices with Toast Juice Choices Fresh Orange Slices	27 No School	28 No School	29 No School

## Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is now required to have 1/2 cup of fruits or vegetables on their tray.



## Lunch Meal Prices & Milk

ES Lunch	\$2.95	Extra Milk	\$0.45
Adult Lunch	\$3.75		



Lunchtime Solutions, Inc.

Applications for Free and Reduced Price meals are available in the school office.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

This institution is an equal opportunity employer.

	Mon	Tue	Wed	Thu	Fri
4	A. Oven-Roasted Hot Dog B. Cheeseburger Soup with Dinner Roll C. Pizza Snackable Green Beans	5 A. Italian Melt B. Breaded Beef Patty Sandwich C. Fresh Baked Ham & Cheese Sub Golden Corn Apple Crisp	6 A. Pancakes & Sausage B. BBQ Rib Sandwich C. Grilled Chicken Salad with Roasted Flatbread Steamed Carrots	7 A. Teriyaki Chicken Sandwich B. Original Beef Goulash C. Roasted Chicken & Cheddar Deli Wrap Herb Roasted Broccoli Fresh Baked Sugar Cookie	8 A. Taco Burger B. Pepperoni Pizza C. Roasted Chicken & Cheese Snackable Zesty Black Beans
11	A. Chicken Pot Pie B. Cheeseburger C. Nacho Snackable Baked Beans Fresh Baked Holiday Cookie	12 A. Classic Beefy Chili and Crackers B. Corn Dog C. Roasted Ham & Cheddar Deli Wrap Candied Carrots Fresh Baked Cinnamon Bun	13 A. Country Fried Steak B. Home-style Chicken & Noodles C. Chef Salad with Roasted Flatbread Mashed Potatoes with Country Gravy Southwest Sweet Potato Salad	14 A. Home-style Spaghetti B. Crispy Chicken Sandwich C. Fresh Baked Combo Sub Peas	15 A. Pizza Hut Pizza B. Cheese Quesadilla with Beef Enchilada Soup C. Ham & Cheese Snackable Green Beans
18	A. Baked Breaded Fish Sandwich B. Italian Dunkers with Marinara Dipping Sauce C. Pizza Snackable Steamed Carrots Home-style Pineapple Coleslaw	19 A. Southwest Pulled Pork Nachos B. Ham, Egg & Cheese Biscuit Sandwich C. Fresh Baked Turkey & Cheese Sub Refried Beans Fresh Baked Cinnamon Stick	20 A. Pork Fritter Sandwich B. Traditional Beery Lasagna C. Taco Salad with Tortilla Chips Golden Corn	21 A. Roasted Turkey with Dinner Roll B. Chicken Nuggets with Dinner Roll C. Crispy Chicken Deli Wrap Mashed Potatoes with Chicken Gravy Classic Green Bean Casserole Frosted Pumpkin Bar	22 A. Cuban Hot Dog B. Cheese Pizza C. Pretzel Snackable Steamed Broccoli Florets
25	A. Traditional Sloppy Joe B. French Toast Sticks & Sausage C. Nacho Snackable Hash Brown Triangle	26 A. Creamy Macaroni & Cheese B. Crispy Chicken Sandwich C. Fresh Baked Ham & Turkey Sub Peas Brownie	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>