

February 2021

Volume 16, Issue 6

Important Dates

Week of February 1-5
Parent-Teacher Conferences

Tuesday, February 2
Arby's Night Out

Wednesday, February 3
2:10 Dismissal
No Boost, Daycare, or Movie

Thursday, February 4
2:10 Dismissal
No Boost or Daycare

Friday, February 5
No School

Monday, February 8
No School

Friday, February 12
Slushy Sales

Monday, February 15
Wendy's Night Out

Friday, February 26
Slushy Sales

One School, One Book

Stay tuned to find out which book will emerge victorious in our One School, One Book Tournament of Picture Books! So far, Paddington and Cloudy With a Chance of Meatballs have advanced to the 2nd round!

Y.E.S. Indeed!

York Elementary School Monthly Parent Newsletter

This week, we were able to celebrate our 100th Day of School! It was exciting to see all of the fun activities that students were able to participate in throughout the building to celebrate how much growth and learning has been made in this time. As we venture into February, there is much work to do yet to continue to learn, grow, and improve. Let's have a great February!

Parent-Teacher Conferences

Parent-Teacher Conferences are scheduled for the week of February 1-5. Information from your child's classroom teacher was sent last week. If the time and date scheduled does not work, please notify your child's classroom teacher. We are looking for 100% participation!

School Survey

Please take a moment to help us by completing our annual school survey. A link to a school-wide survey for parents and guardians was shared this week. Only one survey per family needs to be completed. We greatly appreciate you taking the time to share your thoughts!

Spelling Bee Contestants

Congratulations to these students who will represent York Elementary School at this year's York County Spelling Bee:

3rd Grade

Elyiahs Gusman, Jacoby Hansel, Barrett Miller, Cortland Peters, Autumn Pinneo, and Carl Wilson

4th Grade

Crue Eimermann, Rosalie Fairbanks, Jordan Franssen, Adelyn Kadavy, Braylyn Rystrom, and Samuel Van Gimple

5th Grade

Emma Bearden, Malekai Conrad, Victor Gonzalez Rodriguez, William Liston, Gloire Musungay, and Caleb Niemann



It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.

Classroom Happenings

Kindergarten

Kindergarten students have been counting the number of days of school through our student-led daily math routines. On Thursday, January 28, we celebrated the 100th day of school! How exciting to be 100 days smarter!

In Reading, we continue to blend more and more of our letter sounds to read words and to learn more sight words in order to read sentences. On February 12, we will have a visit from Abraham Lincoln. This will kick off our home reading program called, "Reading for Pennies". Parents, look for more information from your child's teacher and thank you in advance for cheering us on as we try to fill up our classroom jars with pennies.

Thank you to all of our families for attending your student's conference. We are looking forward to visiting with you and working together.

2nd Grade

In math, we will finish working on subtraction and word problems and start our unit on telling time and graphs. For writing, we will work on opinion writing and using good reasons to persuade someone to think a certain way. If you are ever looking for things to do at home with your child, try having them count spare change. Money is something that we touch on a few times throughout the year, but what an important life skill to have! We truly appreciate your effort in attending Parent Teacher Conferences this month!

4th Grade

February is an exciting month! The York County Spelling Bee will be happening and six of our own 4th graders will be participating. Good luck to them!

Also, February 3rd is Global School Play Day. We are inviting all students to bring in things to play with on this very special day. Throughout our day, we will be having unstructured play time that will still be supervised by teachers. This is such a FUN day to celebrate!

Contact Us

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1501 Washington Avenue
York, NE 68467

402-362-1414

Kris Friesen, Principal
Brad Luce, Assistant Principal

BOOST: 366-2454

Childcare: 363-2726

Bus Barn: 362-1988

Follow Us

Twitter: @YESDukePride

Facebook: York Elementary
School



PATT is still collecting Box Tops.
Please remember to scan your
receipts also for Box Tops.

We are also collecting UPCs from
Village Hearth and Country Hearth
bread products.

Box Tops will be mailed on March 1.

February is National Dental Health Month

Child Dental Care Tips

One of the best ways to prevent tooth decay in children is to get them enthusiastic about daily dental hygiene. After all, tooth brushing is probably not at the top of your child's list of favorite things to do. But you can make it more acceptable—and even fun—by choosing a toothpaste and toothbrush that your child will like and will want to use.

Look for toothpaste with fluoride that's child-friendly, with flavors and colors that appeal to kids. There are toothpaste choices more appropriate to adult needs as well, so many families find themselves using more than one type of toothpaste.

Knowing how to brush your teeth is just as important as the type of toothpaste you choose. Teach children the proper technique early to help encourage them to develop good oral health habits. Explaining how to brush your teeth doesn't have to be complicated. Start with these simple steps to get kids off to a good start.

- Hold your toothbrush at a 45-degree angle against the gums.
- Move the brush back and forth gently, in short strokes, over the fronts, backs and tops of your teeth. Don't scrub hard along the gum line; you can irritate your gums.
- Don't forget to brush (and floss) behind your top front teeth and behind the bottom front teeth. (The area behind the bottom front teeth is prone to tartar buildup and needs attention.) Use the top bristles of the brush to reach this area—some toothbrushes have a slightly longer tip to make it easier to reach these spots.

Combat the Effects of Sugar on Your Kids' Oral Care Routine

- Save treats like candy, cookies and pies for after mealtime, since this is when the amount of saliva produced in the mouth is greater and will therefore better help protect your child's teeth.
- Dairy acts as a buffer to the acids produced by oral bacteria, decreasing the possibility of tooth decay. So consider serving your children milk or cheese with holiday candies and treats.
- Hard candy can get stuck between kids' teeth, which can cause cavities. Flossing can help remove the candy particles. Try flossers adorned with your child's favorite character to help make flossing fun.
- To help pace the amount of candy your child is consuming around holidays like Halloween and Easter, store excess candy in a sealed container and establish set times when your child can have a treat.
- Encourage children to drink more water to help prevent tooth decay. If you choose bottled water, check the label for fluoride content. According to the American Dental Association, fluoridated water can reduce the number of cavities children get in their baby teeth.

Be certain that you are scheduling regular dental appointments for your children so that their teeth may last a lifetime!

Sue Arnold

Patti Vincent

402-362-1414

February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	K-1st-Red 2nd-5th-Green	2 K-1st-Blue 2nd-5th-Red Arby's Night Out	3 K-1st-Orange 2nd-5th-Orange Early Dismissal No BOOST/ DAYCARE	4 K-1st-Purple 2nd-5th-Purple Early Dismissal No BOOST/ DAYCARE	5 NO SCHOOL YES/YMS	6
	-----Parent/Teacher Conferences----->>>>>>>>					
7	8 NO SCHOOL YES/YMS	9 K-1st-Green 2nd-5th-Green	10 K-1st-Red 2nd-5th-Red	11 K-1st-Blue 2nd-5th-Orange	12 K-1st-Orange 2nd-5th-Purple SLUSHIES	13
14	15 K-1st-Purple 2nd-5th-Green Wendy's Night Out	16 K-1st-Green 2nd-5th-Red	17 K-1st-Red 2nd-5th-Orange	18 K-1st-Blue 2nd-5th-Purple	19 K-1st-Orange 2nd-5th-Green	20
21	22 K-1st-Purple 2nd-5th-Red	23 K-1st-Green 2nd-5th-Orange	24 K-1st-Red 2nd-5th-Purple	25 K-1st-Blue 2nd-5th-Green	26 K-1st-Orange 2nd-5th-Red SLUSHIES	27



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



Fruit and Juice Available Every Day

Start your day off right

Breakfast Meal Prices & Extras

Student Breakfast	\$1.45
Adult Breakfast	\$2.35
Extra Milk	\$0.45

Menus are subject to change without notice.

	Mon	Tue	Wed	Thu	Fri
1	A. Iced Long John B. Cereal Choices with Toast	2 A. Fresh Baked Sausage Biscuit Sandwich B. Cereal Choices with Toast	3 A. Strawberry Stuffed French Toast B. Cereal Choices with Toast	4 A. Ultimate Chocolate Chip Breakfast Round B. Cereal Choices with Toast	5 NO SCHOOL
8	NO SCHOOL	9 A. Home-style Stuffed Potato Breakfast Burrito B. Cereal Choices with Toast	10 A. Fresh Baked Biscuits & Gravy B. Cereal Choices with Toast	11 A. Bacon & Egg Breakfast Pizza B. Cereal Choices with Toast	12 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast
15	A. Fresh Baked Egg & Cheese Biscuit Sandwich B. Cereal Choices with Toast	16 A. Maple Long John B. Cereal Choices with Toast	17 A. Muffin Top & Yogurt B. Cereal Choices with Toast	18 A. Pancake Sausage Stick B. Cereal Choices with Toast	19 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast
	Juice Choices Sliced Peaches	Juice Choices Applesauce	Juice Choices Pineapple Tidbits	Juice Choices Sliced Pears	Juice Choices Fresh Orange Slices
22	A. Egg & Cheese Omelet with Toast B. Cereal Choices with Toast	23 A. Fresh Baked Biscuits & Gravy B. Cereal Choices with Toast	24 A. Monte Cristo Sandwich B. Cereal Choices with Toast	25 A. Sausage Breakfast Pizza B. Cereal Choices with Toast	26 A. Fresh Baked Cinnamon Roll B. Cereal Choices with Toast
	Juice Choices Applesauce	Juice Choices Mixed Fruit Cocktail	Juice Choices Fresh Orange Slices	Juice Choices Sliced Peaches	Juice Choices Pineapple Tidbits

YORK ELEMENTARY SCHOOL GR K-5

LUNCH MENU -- February 2021

Lunch Meal Prices & Milk

YES Lunch	\$3.00	Extra Milk	\$0.45
Adult Lunch	\$3.85		

Milk Choices

Choice of milk is included with the lunch meal every day.



Applications for Free and Reduced Price meals are available in the school office.
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights 1400 Independence
Avenue, SW Washington, D.C.
20250-9410
- fax: (202) 690-7442; or
- email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Mon	Tue	Wed	Thu	Fri
1 A. Ham & Cheese Deli Round B. Original Beef Goulash C. Fresh Baked Egg & Cheese Biscuit Sandwich Fresh Baby Carrots Golden Corn Fruit of the Day	2 A. Pizza Snackable B. Chicken Pot Pie C. Cheeseburger Fresh Broccoli Florets Steamed Carrots Fruit of the Day Blueberry Crisp	3 A. Turkey & Cheese Deli Round B. Oven-Roasted Hot Dog Sandwich C. Toasted Meatloaf Fresh Baby Carrots Steamed Broccoli Florets Fruit of the Day	4 A. Roasted Chicken & Cheese Snackable B. Popcorn Chicken Bites C. BBQ Rib Sandwich Fresh Broccoli Florets Baked Beans Fruit of the Day Fresh Baked Cinnamon Bun	5 NO SCHOOL
8 NO SCHOOL	9 A. Combo Deli Round B. Pork Fritter Sandwich C. Classic Beefy Chili and Crackers Fresh Broccoli Florets BBQ Baked Beans Fruit of the Day Fresh Baked Cinnamon Bun	10 A. Turkey & Cheese Deli Round B. Baked Breaded Steak Fingers C. Corn Dog Fresh Baby Carrots Mashed Potatoes with Chicken Gravy Fruit of the Day	11 A. Grilled Chicken Deli Wrap B. Chicken Nuggets with Dinner Roll C. Bacon, Egg & Cheese Biscuit Sandwich Fresh Broccoli Florets Golden Corn Fruit of the Day	12 A. Ham & Turkey Deli Round B. Pork Fritter Sandwich C. Teriyaki Chicken Dumplings Fresh Baby Carrots Green Beans Fruit of the Day Fresh Baked Holiday Cookie
15 A. Grilled Chicken Deli Wrap B. Home-style Chicken & Noodles C. Traditional Sloppy Joe Fresh Baby Carrots Crinkle Cut Fries Fruit of the Day	16 A. Combo Deli Round B. Cheeseburger Macaroni Skillet C. Hot Ham & Cheese Melt Fresh Broccoli Florets Golden Corn Fruit of the Day Apple Crisp	17 A. Nacho Snackable B. Tuna Noodle Casserole C. Oven-Roasted Hot Dog Fresh Baby Carrots BBQ Baked Beans Fruit of the Day	18 A. Ham & Cheese Deli Round B. Italian Dunkers with Marinara Dipping Sauce C. Cheeseburger Fresh Broccoli Florets Green Beans Fruit of the Day Rice Crispy Treat	19 A. Roasted Ham & Cheddar Deli Wrap B. Cheese Pizza C. Crispy Chicken Sandwich Fresh Baby Carrots Fresh Vegetable of the Day Fruit of the Day
22 A. Ham & Cheese Deli Round B. Pancakes & Sausage C. BBQ Rib Sandwich Fresh Baby Carrots Green Beans Fruit of the Day	23 A. Combo Deli Round B. Hot Pepperoni Sub C. Chicken Nuggets with Dinner Roll Fresh Broccoli Florets Steamed Carrots Fruit of the Day Brownie	24 A. Turkey & Cheese Deli Round B. Home-style Spaghetti C. Teriyaki Chicken Sandwich Fresh Baby Carrots Peas Fruit of the Day	25 A. Tuna Salad Deli Wrap B. Breaded Beef Patty Sandwich C. Creamy Macaroni & Cheese Fresh Broccoli Florets Western Green Beans Fruit of the Day Fresh Baked Sugar Cookie	26 A. Ham & Turkey Deli Round B. Pepperoni Pizza C. Fish Nuggets Fresh Baby Carrots Mixed Vegetables Fruit of the Day