

YMS



Kenny Loosvelt

PRINCIPAL

Volume 8

Number 1

Be Safe, Be Respectful, Be Responsible

AUGUST - SEPTEMBER 2022

Hello, York Middle School Parents and Students. I am extremely excited to begin my eighth year as principal at York Middle School.

Here are a few things you need to know about YMS!

- We have the Best Middle School in Nebraska.
- We have an outstanding staff that is dedicated to the growth of young men and women not only academically but physically, emotionally, and socially.
- We have students who give a great effort and have a strong character.
- We have a school district that is focused on students and strives to improve constantly.

The middle school experience is both an exciting and anxious time for students, especially new students to the building. During this crucial time in the life of adolescents, they are searching for more independence, more responsibility, and new experiences. They are learning how to control and express emotions. They are more self-conscious about the physical changes occurring to their bodies. Rest assured your child has a committed administration, faculty, and staff at YMS in supporting each and every child to ensure all individual potential is reached.

PBiS at YMS- PBiS stands for Positive Behavior Interventions and Supports. Last year we began this program to promote positive behaviors at YMS. Along with promoting positive behaviors we *teach and expect students to be Safe, Respectful, and Responsible. This is The Duke Way. Students are rewarded and taught behavior expectations throughout the school. We had a successful start to this process but we are going to strive to improve.*

What can I control?- These three short years at YMS are full of physical, emotional, social, and academic changes for students. Two constants that everyone can control are your attitude & effort. I want all students to come to school each day knowing that if they choose a positive attitude and give a great effort, they will have a successful day. Parents thank you for encouraging your middle school child to choose a positive attitude & give a tremendous effort each day!

Safety— In this newsletter, you will find information concerning the arrival, departure, parental pickup, and drop-off of students. Please have a conversation with your child about safety during this time. Students walking or riding bicycles to and from school are encouraged to be aware of their surroundings, cross streets at appropriate areas, and respect all traffic around them. The first several days of school will be spent educating students on the importance of safety during this time.

This is a monthly publication designed to keep parents informed of the news and activities relating to York Middle School. This issue is packed with information regarding the necessary preparations to get your student ready for the first day of school.

The York Middle School newsletter is also online. You will be able to access it by using the district's website. If you do not have access to a computer, you may sign up to continue to receive a hard copy. Details are inside this edition.

Open House - There is important information concerning this event in this issue. This event is vital to the successful beginning of the school year. Please plan to attend and get a positive start to the school term.

The first day of school - Our first day of school will be Wednesday, August 17th, beginning at 8:00 AM. Students will first report to their student families. The school will dismiss at noon with no lunch being served. Buses will run immediately after school is dismissed. Thursday and Friday will be a normal school days.

I am excited to start this eighth year armed with the knowledge from the previous years. I am determined to make this year better than last year. I am excited to work with your child(ren) and make this year one of their best. We are going to have a great year! If you have any questions or concerns please don't hesitate to stop in my office or give me a call at 362-6655. Go, Dukes!

Sincerely, Kenny Loosvelt, Principal www.yorkpublic.org, @YMSDukes Like us on Facebook!

YMS Open House
Monday, August 15
6:00 p.m. - 7:00 p.m.

Welcome, students to York Middle School!

It can be difficult to start school in a different building: learn where rooms are located and meet new teachers and friends. To aid in this transition, we are holding an Open House to invite all incoming students, along with their parents.

The Open House will be from 6:00 - 7:00 p.m. Students and parents are welcome to tour the building, find their locker, and visit with the teachers.

The office will be open to purchase activity tickets, and you may put money into your child's lunch account. If you can take the time to complete the forms in your child's packet, the office will gladly accept those as well.

We look forward to seeing you on Monday, August 15th!

YMS NEWS

York Middle School will welcome back the students on Wednesday, August 17. We will have a student assembly in the morning that features a hypnotist. This event is a hit with the students. The hypnotist provides an atmosphere that keeps students safe and entertained.

During this fast-moving, tastefully done, and age appropriate program we watched in amazement as students got involved in numerous skits. Current music and school topics of interest are utilized to keep everyone totally engaged for the entire performance.

Please call the school office at 402.362.6655 if you feel this entertaining program is **NOT** something that you would like your child to attend, or participate in and we will excuse them from attending the event.

Loading and Unloading of Students Before and After School

Parent drop off and pick up is on the west (Delaware Avenue) side of the building. Stay to the right and follow the signs. Please pull forward to the blue parking line. Pulling forward will keep the traffic flowing and will reduce the waiting time for other parents dropping off their son/daughter.

The East side of the building (Maine Avenue) is for bus drop off and pick up only.



Before and after school the streets surrounding York Middle School will become very congested, and at times, can be dangerous. We need assistance from parents to please be patient during this time and help to ensure the safety of our students!

School Hours

Supervision at York Middle School begins at 7:40 a.m. We ask that students not arrive on campus prior to that time. One staff member supervises the cafeteria. Students are welcome to congregate in that area. Once students get to YMS, they are expected to come on campus and remain there. Students enter the halls at 7:50 a.m. with classes beginning at 8:00 a.m. Dismissal is at 3:13 p.m. Students are expected to clear campus and return home as soon as school is dismissed unless they are participating in a supervised extra-curricular activity, staying after school with a teacher, or participating in the YMS After-School Clubs.

On early dismissal days, students must leave campus and return for sports practice no earlier than 3:30 p.m., **unless** the student is involved in an After-School Club.

Fall YMS Athletics



The fall middle school athletic season is just around the corner. **Volleyball practice will begin on Monday, August 22.**
Football practice begins on Friday, August 19.



7th & 8th grade students going out for volleyball or football: Be sure to have your paperwork turned into the office **before** the first day of practice.

7th Grade Physicals



State law requires that **all** seventh grade students have a physical examination by a qualified physician. Seventh grade physical forms must be turned into the YMS office by October 31, 2022. If you have any questions, please contact Sue Arnold, the school nurse, at 362-6655.

YMS ACCESS



All YMS doors will be locked during school hours, 8:00 a.m. – 3:13 p.m. Anyone wishing to enter the building will need to access the buzzer system located at the main, west entrance of YMS. This system will alert office staff. Once visitors have been identified and viewed through the video monitoring system, they will be allowed to enter.

Student-Parent Packet

Your son/daughter will be receiving their Student-Parent information at the YMS Open House on Monday, August 15. The information will contain your child's schedule, as well as several forms for you to fill out. In order for us to communicate effectively, as well as file reports to the state we need to make sure we have accurate, up-to-date information.

For us to do our job well, it is critical that you fill out and return all forms to the middle school. We will then go through and update the information.

We would like all parental forms returned to the YMS office by September 1.

We appreciate your help in this process!

YMS Student Handbook

In an attempt to streamline the process of our handbook, we are offering the handbook online on the school website. We will be able to save a considerable amount of money in printing costs by going this route. Printed hard copies will be available in the middle school office as needed. In the Student-Parent Packet you will find a signature sheet for students and parents to sign. Those signatures mean you have been made aware of the availability of the handbook both online and in print form, and that you acknowledge that you, and your child are responsible for the content of the handbook. The signature sheet needs to be returned the first week of school. Thank you in advance!



BUS TRANSPORTATION

If you think that your son/daughter will be riding the school bus to and/or from school, you must complete a transportation registration form and return it to the Transportation Department.

The transportation registration form is located on the York Public Schools website.

The Transportation Department will be present at the Open House on Monday, August 15th to answer any questions you may have.



YMS SCHOOL PICTURES

YMS will have school pictures taken on Wednesday, October 5 by Jack Martin Studios. We will remind students in the daily announcements of the pictures and what would be appropriate apparel for the best photo.

REQUEST TO RECEIVE AN ELECTRONIC COPY OF THE MONTHLY YORK MIDDLE SCHOOL NEWSLETTER

The York Middle School's monthly newsletter is accessible on the school website, at www.yorkpublic.org. Click on the school tab and follow the YMS link.

Please complete the following information as to how you wish to receive the monthly newsletter, either by e-mail or by accessing the newsletter on the school website. If you **don't** have access to a computer a hard copy can be mailed to you.

Please **CHECK** one of the following:

☐

I would like to receive the newsletter by e-mail at the following e-mail address:

☐

I am willing to access the monthly newsletter on the school website at www.yorkpublic.org.

☐

I will need a copy of the newsletter mailed to my address.

Parent's Name

Student's Name

Mailing Address

City, State, Zip Code

Please return to the York Middle School office.

Admission Prices for Activities

Admit One

The admission price for varsity activities for the 2022-2023 school year will be \$6.00 for adults and \$4.00 for students. The admission price for 7th, and 8th grade games will be \$4.00 for adults and \$3.00 for students. The purchase of an activity ticket will get you into all of these events. There is no admission charge to Fine Arts performances (band, vocal, play production) with the exception of the middle school musical.

Activity tickets are available for purchase in the YMS office for a price of:

K-12 \$15.00



ADULT \$70.00



FAMILY \$145.00



GOLDEN PASS \$40

(age 60 and over)





YMS After School Program Begins on August 29

- Monday - Thursday
- Students MUST preregister at York Middle School
- Open to students who attend York Public Schools or live in the York Public School attendance zone
- Free

Enrollment will be held on Monday, August 15 the night of Open House.
We look forward to having you as part of our program this year.

After School Club:

Hello YMS, welcome back to the new 2022/2023 school year!
This year our after school club will be offering some new things never done before!!! First off we will be starting an exciting ESports Club this year!!! Woohoo!!!

We are super excited to be starting this club up for our middle schoolers. The Esports Team will be playing Rocket League, Hearth Stone, and Mario Kart 8. These are just a few games they will be learning and a few others. They will learn team sportsmanship, online etiquette and how to play fairly. We will have practice Mon - Thur from after school to 4:30 p.m. and snacks will be provided.

Another new thing this year is we will be adding a couple of Fridays for our After School Club Middle Schoolers to have fun on an out of school day.

For those of you who have not heard of our after school club, we provide a fun but safe environment for your students to get extra assistance if needed on their homework every day, a snack, and activities that will teach them life skills in a fun hands-on way.

Come visit us at our booth on the back to school night at YMS!!!

Thank you,
Michelle Paris
YMS A.S.C. Site Coordinator



SCHOOL COUNSELOR CONNECTION

AUGUST 2022

Hello York Middle School students and families. My name is Jennifer Badura and I am so excited to welcome you to the 2022-2023 school year.

I hope that you and your family have had a wonderful and relaxing summer break and are geared up for a fantastic year of learning, growth, and new experiences. Middle School is such an exciting time and it is my goal as the school counselor to help make each student's middle school experience a positive one.

This school year will be full of successful experiences, lots of learning, and the making of terrific memories. To get the year off to a good start, below are some strategies for success:

- Establish a routine and stick to it
 - * Get plenty of sleep. Experts say that tweens and teenagers actually need 9-10 hours of sleep every night.
 - * Let your middle schooler set time for homework/reading. Some may prefer doing this immediately after school and school activities while others may need a break before doing school work.
- Set priorities and goals.
 - * Take some time to discuss expectations for the school year.
 - * Be sure to revisit these goals throughout the school year.
- Stay organized
 - * Use a family calendar.
 - * Use a planner to keep track of projects, assignments, and assessments.
 - * Determine a designated place for academic practice (homework).
 - * Get clothes, school work and papers, and backpacks ready to go the night before.
- Spend time together
 - * Eat supper together.
 - * Discuss the day. Ask questions.
 - * Listen, listen, and listen some more.
 - * Find a hobby or activity that the family can do together.
 - * Laugh and have fun.

Middle school is such an exciting time of growth, development, and self discovery. I feel privileged to be able to work with the middle schoolers and their families at YMS. If you need to contact me, you can call the middle school or email me at jen.badura@yorkdukes.org.

I look forward to meeting you and am excited about this upcoming school year.



Go Dukes!

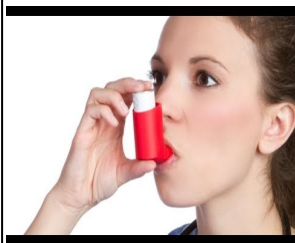
From the School Nurse,

As the first day of school approaches, I want to remind you of a few health related items:

- Students entering pre K, Kindergarten, 7th grade and students transferring from out-of-state have specific immunization/ physical and eye exam information required by the State of Nebraska. If you have questions or need more information, contact your student's school office. **The completed information is to be provided prior to the first day of the school year.**
- If your child has asthma, severe allergies, diabetes, seizures or other health concerns, please contact the school health office prior to the first week of school to review medical information for your child. Forms requesting specific information may need to be completed by you and your child's healthcare provider. **Medical information needs to be current for the school year.**
- If your student has been diagnosed with asthma or a severe allergy, and is going to carry an inhaler or epi-pen, a self-management form needs to be completed by parent/guardian and student, and a **physician signature is needed on the asthma/anaphylaxis form stating that student may self-administer.**
- If you have identified a food allergy for your student, there is a form that needs to be completed and is available through the food service department.
- If your child has been prescribed an epi-pen, it is requested that an epi-pen be provided for the student to be kept at school. Please consider having your child carry their epi-pen with them at all times.

When possible, prescribed and over the counter medication should be given at home. Your physician may be able to adjust the time schedule for a prescribed medication so that the medicine can be given at home before or after school. **When a prescribed medication is to be administered at school,** it needs to be in a container prepared by your pharmacist. The label on the container must include: the child's name, medication name, physician's name, current date, dosage, route and time to administer. **If your physician provides samples of a prescription medication,** the doctor will need to provide you with a written note including the above information if the medication will be administered at school. **Any medication (prescribed or over-the-counter) must be sent in the original container or package, along with a permission form completed and signed by the parent/guardian and all medication sent to school is to be administered through the health office. Over the counter medication must be age appropriate. When sending a medication to school, please note the time that the most recent dose was given, along with your signature/date.**

Thank you for your cooperation with the above. Please contact your school health office regarding any questions. Happy August!



ATTACK ON ASTHMA

Rule 59 Protocol-School response to breathing emergencies

All schools in Nebraska are required to be prepared to respond to life-threatening asthma and anaphylaxis (severe allergic reaction) emergencies during the school day. The protocol directs school staff members to identify signs and symptoms of a breathing emergency and to respond. A specific team of staff members at each school are trained to carry out the protocol which includes calling 911 and administering auto-injectable epinephrine followed by nebulized albuterol while EMS is enroute. Epinephrine is a medication that acts as a bronchodilator and works to rapidly open the airway. Albuterol relaxes the bronchi and helps to open the airway and move mucus out of the lungs.

As a parent/guardian, it is your responsibility to:

- notify the school of your student's allergies/asthma
- provide written medical documentation, instructions, and medications as directed by a physician and participate in the development of the asthma/allergy action plan
- provide the school with instructions for contacting parents or other responsible adults in case of an emergency

Student responsibilities include:

- avoiding known triggers for allergies/asthma
- recognizing the need to have prescribed medication available at school and to use appropriately
- Reporting symptoms immediately to teacher/staff member/nurse

In the event that a student experiences a life threatening asthma attack or systemic allergic reaction, we will refer to the specific information/medication that has been provided by parent/guardian. If there is no medical documentation on file, the protocol will be implemented. If you have questions or concerns regarding the protocol or your student's health, please contact the school nurse.



When your child is going to be absent....

When your child is ill and unable to attend school we want to hear from you. Give us a call at 362-6655, option 1, between 7:30 a.m. and 8:30 a.m.

Please let the office know in advance when your child is going to be absent for an appointment or will be going out of town. **For the safety of your child, we make sure all absent children are accounted for!**

7th Grade Well-Child Physical

All students going into 7th grade are required to have a well-child physical done by a medical doctor and be current on their immunizations per Nebraska State Law. This also is a good time to have their eyes checked by an eye doctor and see a dentist. The well-child exam can also be used if your child is going to play sports. Forms are available in the office or online at <http://www.yorkpublic.org> under the "Health News" tab. Most students going into 7th grade will need a Tetanus, Diphtheria and Pertussis booster (all in one shot). Please check with your doctor if they recommend other immunizations like Meningitis, HPV or Hepatitis A. These are sometimes recommended immunizations, but not mandatory. Please turn in the copies of the physical and immunizations to the school office.

York does have an immunization clinic that asks for a small donation, but it is not required.

You can schedule an appointment by calling [402-362-2566](tel:402-362-2566).

They are located in the West View Medical Building at 2319 N Lincoln Ave. here in York.

Expressions Auditions!



All 8th-grade choir students are eligible to audition for 'Expressions'! Expressions is the YMS show choir. We will focus on performing aspects such as singing, choreography, staging, and acappella singing.

Auditions will take place during class time in the first few weeks of school. No outside preparations are necessary! All students will learn the material and be assessed on it. Students and parents can then decide and grant permission for their student to audition. Please be watching for a permission form!

If you have any questions, please contact Mrs. Wagner; Jessica.wagner@yorkdukes.org.

Please mark your calendar! Choir performances for this school year.

Fall Concert – Monday, October, 17; 6:30pm – YHS Theater.

Christmas Concert – Tuesday, December, 13; 6:30pm – YHS Theater.

YMS Musical – March 16 & 17, 7pm (by audition) – YHS Theater.

YMS Talent Show – Thursday, May 4; 7:00pm – YHS Theater.



7th and 8th Grade Marching Band

The York Middle School 7th and 8th grade band students will start our season off with the great skill of the marching band. We will have the amazing opportunity to perform at the Yorkfest Parade in downtown York on Saturday, September 10. The other marching opportunities will be sent home on the first day of school with your musician.

The students will need black athletic shorts, in the form of basketball, and tennis shoes for marching performances. The bands will be purchasing shirts for their marching performances. We will be filling out our orders the first week of school. However, if you'd like to get ahead and fill out your order form early, click on the google form below.
<https://forms.gle/LWdR3wL9Gb9sAqmZA>

The shirts will cost \$10.00 per shirt. If you would also like to support York Duke Middle School Band, you're also able to purchase a Duke Shirt!

I look forward to the opportunity to work with your musician as we make and create music in the classroom! Go Dukes!



Student's are you interested in becoming a Student Senate member?

The campaign will start on Monday, August 22 and run through Wednesday, August 24. Applications will be available the first day of school in the office or see Mrs. Manning.

Applications **must be** turned in by Thursday, August 25 for students to be on the ballot and to campaign. This is a great way for you to get involved in your school. Your efforts and hard work are greatly appreciated.

2:00 p.m. dismissals occur on Wednesdays during the school year. Student early dismissals are an important part of our school improvement program. These dismissals give our teachers time needed to work on state standards and school improvement goals.

On EARLY DISMISSAL DAYS, STUDENTS MUST LEAVE CAMPUS AND RETURN FOR SPORTS PRACTICE NO EARLIER THAN 3:30 P.M., UNLESS THE STUDENTS IS INVOLVED IN AN AFTER-SCHOOL CLUB.

WEEKLY BELL SCHEDULE

FAMILY	8:00 - 8:19
1	8:22 - 9:05
2	9:08 - 9:51
3	9:54 - 10:37
4	10:40 - 11:23
5A	11:26 - 12:09
5B	12:12 - 12:55
6	12:58 - 1:41
7	1:44 - 2:27
8	2:30 - 3:13

WEDNESDAY'S BELL SCHEDULE

1	8:00 - 8:37
2	8:40 - 9:17
3	9:20 - 9:57
4	10:00 - 10:37
5A	10:40 - 11:19
5B	11:22 - 12:01
6	12:04 - 12:41
7	12:44 - 1:20
8	1:23 - 2:00



Students will not be able to charge a lunch when their account balance is below negative \$15.00. A sack lunch may be brought from home. It is the student's responsibility to inform parents when their account is getting low. Both verbal and message reminders will be provided to students when their account balance is low. We welcome calls to check on the balance of your child's lunch account or you

may check on the YPS Parent Portal website. Please keep in mind that extra entrees and a la carte items can only be purchased if funds are available in individual accounts.

A Point of Sale (POS) software system is used for the school lunch program. Please note the following important information:

- Each student will have his/her own individual Student Account.
- If sending cash with a student, place in a sealed envelope, along with the student's name and lunch account number.
- The lunch menus will be posted on the YPS website.
- The instructions in the attached information will walk you through the process of setting up your payment methods. By using your checking or savings account instead of a credit or debit card, you will be helping YPS save money with no credit card fees.

This change will improve financial reporting efficiency for the district, as well as the support experienced by district staff when researching reported issues.

Payment Methods

Last Modified on 05/10/2021 10:02 am CDT

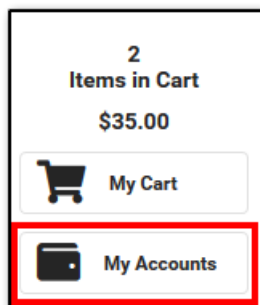
PATH: [My Accounts](#) > [Payment Methods](#)

This functionality is only available to districts who have purchased Online Payments.

The Payment Methods tool is where you add and delete methods for making payments in Campus. Depending on the payment methods your district accepts, you can pay by credit card, checking account, or savings account.

Where do I go to add a Payment Method?

The Payment Methods tool is part of My Accounts.



How do I add a Credit Card/Debit Card?

1. Click **Payment Methods**.
2. Click **New** at the bottom of the screen.
3. Select the **Credit Card/Debit Card** option. (This option only displays if your district also accepts payments from Checking and Savings accounts.)
4. Enter all required information.
5. Click **Save**.

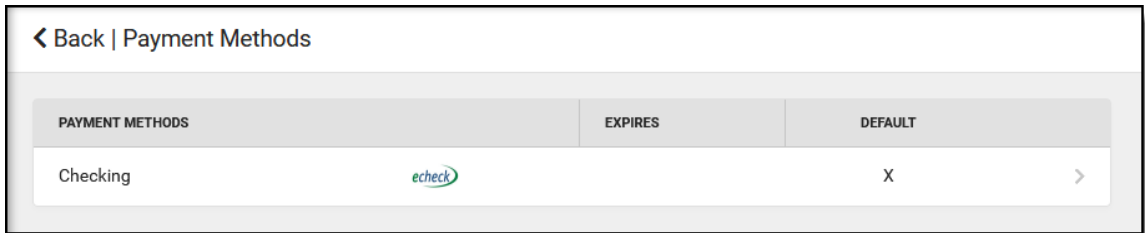
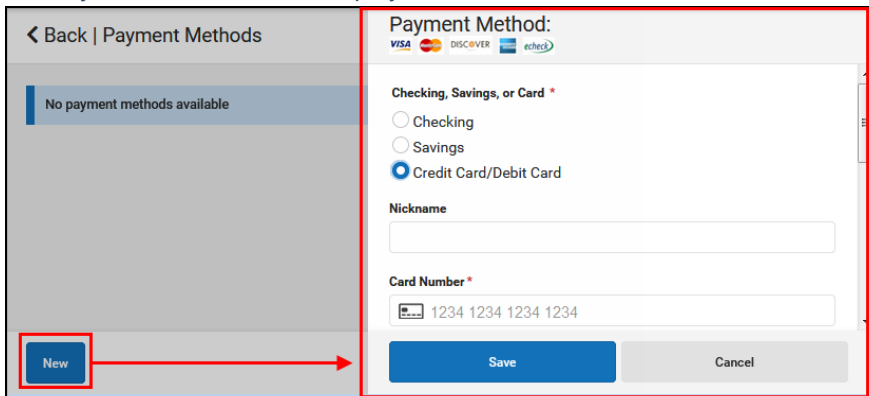
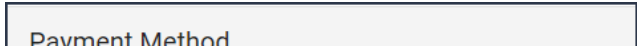
For more details, see the following [Add a Payment Method](#) section.











How do I add a Checking/Savings account?

1. Click **Payment Methods**.
2. Click **New** at the bottom of the screen.
3. Select the **Checking** option or the **Savings** option. (This option only displays if your district also accepts payments from Credit Cards/Debit Cards.)
4. Enter all required information.
5. Click **Save**.

For more details, see the following [Add a Payment Method](#) section.

Add a Payment Method

Step	Action
1	<p>Click Payment Methods.</p> <p>Result The Payment Method screen displays. If you previously added a payment method, it displays on this screen.</p> 
2	<p>Click New at the bottom of screen.</p> <p>Result The Payment Method Panel displays.</p> 
3	<p>Select one of the following options:</p> <ul style="list-style-type: none"> • Checking • Savings • Credit Card/Debit Card <p>These options only display if your district also accepts payments for all payment types.</p>
4	<p>Enter all required information. Optional information includes the following:</p> <ul style="list-style-type: none"> • Nickname - This is an optional name that appears on the Payment Methods screen to help you identify the Payment Method. If you choose not to enter a Nickname, part of the account number displays instead. • Default Payment Method - If you mark the Use as default checkbox, Campus makes this card your default Payment Method. 

Step	Action									
	<div><div>Accepted Payment Methods</div><div></div><div>Checking, Savings, or Card *</div><div><div><input type="radio"/> Checking</div><div><input type="radio"/> Savings</div><div><input checked="" type="radio"/> Credit Card/Debit Card</div></div><div>Nickname</div><div></div><div>Card Number *</div><div><div>0000 0000 0000 0000</div><div></div></div><div>Card Expiration *</div><div><div>00 00</div><div>123</div></div><div>Name on Card *</div><div>JOHN SMITH</div><div>Contact Information *</div><div><div>Address</div><div></div><div>City</div><div></div><div>State</div><div></div><div>Zip</div><div></div></div><div>Default Payment Method</div><div><input checked="" type="checkbox"/> Use as default</div><div><div>Save</div><div>Cancel</div></div></div>									
5	<div><div>Click <div>Save</div> .</div><div><div>Result</div><div>The Payment Method appears in the table of Payment Methods.</div><div>If you entered something in error, changes cannot be made. Instead, delete the card and re-enter everything as a new Payment Method.</div><div><div><div>Back Payment Methods</div><div><table><tr><th>PAYMENT METHODS</th><th>EXPIRES</th><th>DEFAULT</th></tr><tr><td>xxxxx6789 </td><td></td><td>></td></tr><tr><td>Credit Card </td><td>06/21</td><td>X ></td></tr></table></div></div></div></div></div>	PAYMENT METHODS	EXPIRES	DEFAULT	xxxxx6789 		>	Credit Card 	06/21	X >
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Healthy Bites



INFORMATION • PAYMENTS • MEAL PRICES • MENUS • LOCATIONS • CONTACTS

We look forward to the coming school year at York Public Schools as Lunchtime Solutions continues to provide your food service program.

The purpose of this communication is to provide you with an overview of the school food service program this year. If you have any questions or comments about our program, please feel free to contact **Elizabeth Allen** Food Service Director, at 925.286.2500 or e.allen@lunchtimesolutions.com. For your convenience, our menu is posted monthly on the school website.



Second Entrée Breakfast	\$1.35
Second Entrée Lunch	\$2.25
Extra Milk	\$0.50
Adult Breakfast	\$2.50
Adult Lunch	\$4.25



SCHOOL BREAKFAST

Breakfast is served in the dining areas before school starts. Please encourage your student to participate in school breakfast.

Research studies show that eating breakfast can help students perform better in the classroom.



SCHOOL LUNCH

School lunch will offer a wide variety of choices for students.

Elementary Students have 3 entrée choices daily;
Middle School Students have 6 entrée choices daily;
High School Students have 11 entrée choices daily.

All meals include an entrée choice, a hot vegetable, milk choices, plus the unlimited Fruit & Veggie Bar.



AFTER SCHOOL SNACK

Boost Participants Grade Kindergarten to Eighth will be provided access to a healthy snack items that are part of our published online menus.



ONLINE MENUS

Connect with us through the Lunch Menu link on your school district's website where you'll find links to our monthly menus, nutrition information, healthy tips and links to other programs in your students' lunchrooms.



SCHOOL LUNCH ACCOUNTS

A Point of Sale (POS) software system is used for the school lunch program. Please note the following important information:

- Each student will have his/her own individual Student Account.
- Student's will not be allowed to purchase A La Carte Items or Additional entrees if their account balance falls into the negative.
- School Lunch Accounts can be funded in the office of each school building or through the Infinite Campus Parent Portal.

Applications for Free and Reduced-price meals.

In order to ensure your student(s) is/are able to receive Free or Reduced-price meal benefits if eligible, please complete and submit an application to:

York Public Schools,
1715 N Delaware Avenue,
York, NE 68467

This application will be available in the August newsletter, in all of the schools and the district office, and at yorkpublic.org.

Find your schools menu at:

<https://myschoolmenus.com>



DIET MODIFICATIONS

Families are responsible for notifying the School Food Service if their child requires a diet modification because of a life threatening disability. A licensed physician must provide specific written medical documentation.

Please contact Elizabeth Allen, FSD at 925.286.2500 or by using the email address e.allen@lunchtimesolutions.com for more info.

You may also contact the school nurse for special diet modification needs.

SNACKS/A LA CARTE

For Middle/High School students, snack items will be available during the breakfast and lunch periods.

Some Snack items offered include:

Chips Ice-Cream Yogurt String Cheese
Cookies Beef Jerky Cookies Juice Bottled Water
Crackers Fruit Snacks

All snacks meet standards set by the District's Wellness Policy.

EXTRA ENTRÉE – EXTRA MILK

All students, at an extra cost, can purchase an additional entrée or milk offered as part of the school lunch program.

For example if a student wants a second entrée, or an additional entrée, like a slice of pizza, then that entrée can be selected in the lunch line and charged to the student's account.

Extra entrees are only sold to students who first purchase a school lunch.

All students can have extra servings of these with no charge:

Fruits and Vegetables on the FVB and the Hot Vegetable with the exception of Potato Items.

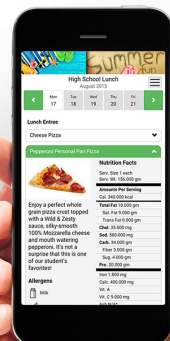
If a student is free or reduced they may receive one entrée with their meal but they must have money in their account to purchase any extra entrees.

Contact: Elizabeth Allen
Food Service Director
Phone: 925.286.2500
e.allen@lunchtimesolutions.com




MY SCHOOL MENUS

APP
NUTRITION
ON THE GO



August 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 YMS New Student Registration 8:00 am - 12:00 pm & 1:00 pm - 4:00 pm	2 YMS New Student Registration 8:00 am - 12:00 pm & 1:00 pm - 4:00 pm	3	4	5	6
7	8 Board of Education Mtg.	9	10	11 New Teacher Orientation	12 Staff Workday- Meetings	13
14	15 YMS Open House 6:00pm - 7:00pm 	16 Staff Workday- Meetings	17 FIRST DAY OF SCHOOL Noon Dismissal (All Schools) B	18 FB Check-out Back-to-School Celebration 5:30pm - 7:15pm Community Pep Rally @ 7:30 pm East Hill Park G	19 Football practice Starts  B	20
21	22  V/B Practice Starts YMS Student Senate Campaign Board of Education Mtg. G	23 B	24 2:00 Dismissal G	25 YMS Student Senate Elections YMS Believe Fundraising Starts B	26 G	27
28	29 B	30 G	31 2:00 Dismissal B			

A cartoon illustration of a yellow school bus. The words "SCHOOL BUS" are written in black capital letters on the front of the bus. Several children with different hairstyles and colors are visible through the windows. The bus has large headlights and a black grille.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7 & 8 CC vs Seward @ Concordia Univ. in Seward 7 & 8 VB-Home vs Centennial 7 @ YES/8 @ YMS 4:30pm 7 & 8 FB-Home vs Adams Cntrl. 4:30-6:00pm <div>B</div>	2 <div>B</div>	3
4	5 NO SCHOOL Labor Day <div>B</div>	6 <div>B</div>	7 2:00 Dismissal <div>G</div>	8 7 VB @ Adams Cntrl. 4:30pm 8 VB - Home vs Adams Cntrl. @ YMS 4:30pm 7 & 8 FB – Home vs Columbus Scotus 5:00/6:30pm <div>B</div>	9 7 & 8 CC @ Aurora (Poco Creek GC) 3:30pm <div>G</div>	10 YMS/YHS Band @ Yorkfest Parade 10:00 am 
11	12 7 FB - Home vs Crete – 4:30pm 8 FB @ Crete (Doane Univ.) 4:30pm Board of Education Mtg. <div>B</div>	13 7 VB @ Crete MS 4:30pm 8 VB - Home vs Crete MS (@YMS) 4:30pm <div>G</div>	14 2:00 Dismissal <div>B</div>	15 CC @ Central City (Valley View GC) 5:30pm 7 & 8 VB @ Lakeview - 4:30pm <div>G</div>	16 <div>B</div>	17
18	19 <div>G</div>	20 7 VB @ Seward MS - 4:30pm 8 VB - Home vs Seward MS @ YMS 4:30pm <div>B</div>	21 2:00 Dismissal <div>G</div>	22 7 FB - Home vs Aurora - 4:30pm <div>B</div>	23 7 & 8 CC @ Grand Island (Walnut MS) 4:30pm <div>G</div>	24
25	26 Board of Education Mtg. <div>B</div>	27 7 VB - Home vs Seward @ YMS 4:30pm 8 VB @ Seward MS - 4:30pm 8 FB - Home vs Seward - 4:30pm <div>G</div>	28 2:00 Dismissal Homecoming Spirit March <div>B</div>	29 7 VB - Home vs Aurora (@YMS) 4:30pm 8 VB @ Aurora 4:30pm 7 FB @ Seward 4:30pm 7 & 8 CC - Home @ YCC <div>G</div>	30 Homecoming <div>B</div>	



**Scan to join
2022-23 York FFA
High School Google
Classroom**

Upcoming Opportunities...

-County Fair Petting Zoo

Signup on Google Classroom

**Scan to join
2022-23 York FFA
Middle School
Google Classroom**



York Athletic Booster Club Membership

The York Athletic Booster Club appreciates your support!
Join the 2022-2023 Athletic Booster Club at the level of your choice.
You **do** make a difference!!

GO DUKES!!!!!!

- ❖ **DUKE BOOSTER (\$100 & OVER)**
- ❖ **BLUE BOOSTER (\$75 & OVER)**
- ❖ **BUFF BOOSTER (\$50 & OVER)**
- ❖ **FAMILY BOOSTER (\$25 & OVER)**

PLEASE PRINT THE FOLLOWING INFORMATION:

NAME: _____

ADDRESS: _____

TELEPHONE: _____

EMAIL: _____

The Board Members for 2022-2023 are:

*Alan Otoupal	*Brenda Kowalski	*Jed Erickson	*Amanda Peterson
*Heidi Combs	*Ken Booth	*Heather Linden	*Michelle Wardyn

Thanks again for your support. Please fill out and either mail to York High School at 1005 Duke Drive, York, NE 68467, or turn in to the York High School office.

Booster Club Events

Check the box below or please email apeterson72475@gmail.com if you are willing to help with any of the following.

- ☐ Football Hamburger Feed – August 26th
- ☐ Greg Holoch Memorial Golf Tournament – September 11th
- ☐ 7th & 8th Grade Girls Basketball Tournament – November 19th
- ☐ 7th & 8th Grade Boys Basketball Tournament – January 21st
- ☐ Yowell Track Meet – April 22nd
- ☐ All-Sports Banquet – May 5th
- ☐ Various Concessions Stands – Dates TBA





2022-2023 Membership Form

Name: _____

Address: _____

Phone: _____

Past Member? Y N (please circle)

E-mail: _____

MEMBERSHIP LEVELS: *(Please indicate if your donation is a memorial and for whom)*

_____ \$1000+

_____ \$500

_____ \$250

_____ \$150

_____ \$100

_____ \$50

_____ \$25

_____ \$15

We are excited for another amazing year of fine arts activities in our schools. New volunteers and members are always welcome. If you would like to assist in FAB activities, such as locker tags, snacks, or assisting at events, please place a check in the space below, and we will be happy to contact you as activities arise. Also, if you are interested in joining our meetings, please indicate that below, or e-mail yorkfineartsboosters@gmail.com.

_____ YES, I would like to help out with various Fine Arts Boosters activities.

We thank you for your donation! Your donation helps support students participating in Fine Arts Programs in the York Public Schools.

Please make checks payable to the **FINE ARTS BOOSTER CLUB**.

Please mail forms and checks to: Patricia Jaekel, 802 N Iowa Avenue, York, NE 68467, or return to the York High School office.

YORK MIDDLE SCHOOL

Suggested School Supplies 2022-2023

6th Grade Supplies for York Middle School:

1 pair of headphones or earbuds (to be kept at school) These are MANDATORY and very important as we use computer programs where they are required. Thank you!



(3) Composition notebooks (1) each for ELA, Science, and World History
#2 pencils with erasers for the year
Blue Pens
1 box of 12 Expo Markers (3 markers per quarter. These are used a lot.)
PE- towel, shorts, t-shirt, socks, tennis shoes
4 - Large boxes of Kleenex to be turned in to Mr. Kern
Yellow, Pink, Green highlighter
Bottle of rubber cement
File folder for choir



7th Grade Supplies for York Middle School:

1 pair of earbuds REQUIRED ENTIRE YEAR, replace as needed (to be kept at school)
Pre-Algebra - 1 set of fine tip markers
Scientific Calculator
Paper, Pencils, Pens (enough for the year)
Pre-Algebra - 5 subject notebook
Science – Folder and notebook
PE – towel, shorts, t-shirt, socks, gym shoes
2 large boxes of Kleenex (given to Mrs. Manning)
Optional: Binder/Trapper for organizational purposes
File folder for choir



8th Grade Supplies for York Middle School:

Calculator – Scientific recommended
5 Subject divided notebook, or trapper with loose leaf notebook paper
1 composition notebook for English
Notebook and binder for US History
Pens (Blue, Black and Colored)
Pre-Algebra - 1 set of fine tip markers
Highlighters
Pencils
PE – towel, shorts, t-shirt, socks, tennis shoes
2 - Large boxes of Kleenex (given to Ms. Phillips the first week of school)
1 pair headphones or earbuds (to be kept at school)
File folder for choir

