

Healthy Bites



INFORMATION • PAYMENTS • MEAL PRICES • MENUS • LOCATIONS • CONTACTS

We look forward to the coming school year at York Public Schools as Lunchtime Solutions continues to provide your food service program.

The purpose of this communication is to provide you with an overview of the school food service program this year. If you have any questions or comments about our program, please feel free to contact **Elizabeth Allen** Food Service Director, at 925.286.2500 or e.allen@lunchtimesolutions.com. For your convenience, our menu is posted monthly on the school website.



Second Entrée Breakfast	\$1.35
Second Entrée Lunch	\$2.25
Extra Milk	\$0.50
Adult Breakfast	\$2.50
Adult Lunch	\$4.25



SCHOOL BREAKFAST

Breakfast is served in the dining areas before school starts. Please encourage your student to participate in school breakfast.

Research studies show that eating breakfast can help students perform better in the classroom.



SCHOOL LUNCH

School lunch will offer a wide variety of choices for students.

Elementary Students have 3 entrée choices daily;
Middle School Students have 6 entrée choices daily;
High School Students have 11 entrée choices daily.

All meals include an entrée choice, a hot vegetable, milk choices, plus the unlimited Fruit & Veggie Bar.



AFTER SCHOOL SNACK

Boost Participants Grade Kindergarten to Eighth will be provided access to a healthy snack items that are part of our published online menus.



ONLINE MENUS

Connect with us through the Lunch Menu link on your school district's website where you'll find links to our monthly menus, nutrition information, healthy tips and links to other programs in your students' lunchrooms.



SCHOOL LUNCH ACCOUNTS

A Point of Sale (POS) software system is used for the school lunch program. Please note the following important information:

- Each student will have his/her own individual Student Account.
- Student's will not be allowed to purchase A La Carte Items or Additional entrees if their account balance falls into the negative.
- School Lunch Accounts can be funded in the office of each school building or through the Infinite Campus Parent Portal.

Applications for Free and Reduced-price meals.

In order to ensure your student(s) is/are able to receive Free or Reduced-price meal benefits if eligible, please complete and submit an application to:

York Public Schools,
1715 N Delaware Avenue,
York, NE 68467

This application will be available in the August newsletter, in all of the schools and the district office, and at yorkpublic.org.

Find your schools menu at:

<https://myschoolmenus.com>



DIET MODIFICATIONS

Families are responsible for notifying the School Food Service if their child requires a diet modification because of a life threatening disability. A licensed physician must provide specific written medical documentation.

Please contact Elizabeth Allen, FSD at 925.286.2500 or by using the email address e.allen@lunchtimesolutions.com for more info.

You may also contact the school nurse for special diet modification needs.

SNACKS/A LA CARTE

For Middle/High School students, snack items will be available during the breakfast and lunch periods.

Some Snack items offered include:

Chips Ice-Cream Yogurt String Cheese
Cookies Beef Jerky Cookies Juice Bottled Water
Crackers Fruit Snacks

All snacks meet standards set by the District's Wellness Policy.

EXTRA ENTRÉE – EXTRA MILK

All students, at an extra cost, can purchase an additional entrée or milk offered as part of the school lunch program.

For example if a student wants a second entrée, or an additional entrée, like a slice of pizza, then that entrée can be selected in the lunch line and charged to the student's account.

Extra entrees are only sold to students who first purchase a school lunch.

All students can have extra servings of these with no charge:
Fruits and Vegetables on the FVB and the Hot Vegetable with the exception of Potato Items.

If a student is free or reduced they may receive one entrée with their meal but they must have money in their account to purchase any extra entrees.

Contact: Elizabeth Allen
Food Service Director
Phone: 925.286.2500
e.allen@lunchtimesolutions.com



MY SCHOOL MENUS

APP
NUTRITION
ON THE GO

