

YORK HIGH SCHOOL
STUDENT-PARENT HANDBOOK

I. School Day

Daily Schedule

Period 1	8:00 a.m. -8:45 a.m.	Period/Lunch 5B	12:08 p.m. - 12:53 p.m.
Period 2	8:49 a.m. -9:34 a.m.	Period 6	12:57p.m. - 1:42p.m.
Period 3	9:38 a.m. -10:26 a.m.	Period 7	1:46 p.m. - 2:31 p.m.
Period 4	10:30 a.m. -11:15 a.m.	Period 8	2:35 p.m. - 3:20 p.m.
Period/Lunch 5A	11:19 a.m. -12:04 p.m.		

Shortened Schedule

Period 1	8:00 a.m. -8:35 a.m.	Period/Lunch 5B	11:15 a.m. -11 :58 p.m.
Period 2	8:39 a.m. -9:14 a.m.	Period 6	12:02 p.m. - 12:45 p.m.
Period 3	9:18 a.m. -9:53 a.m.	Period 7	12:49p.m. - 1:24p.m.
Period 4	9:57 a.m. -10:32 a.m.	Period 8	I: 28 p.m. - 2:03 p.m.
Period/Lunch 5A	10:36 a.m. -11:11 a.m.		

Visitors

All visitors must report to the office, upon entering the main entrance, to sign in and receive a visitor's badge. Student visitors are discouraged. Visits by parents to classrooms should be scheduled with a principal in advance, in order to not disrupt the educational program, individual students, or create a safety concern.

OPEN CAMPUS (STUDY HALL) INFORMATION

It is the belief at York High School that students should and will be treated like adults as long as they act like adults and accept the responsibilities that accompany these freedoms and privileges. We offer seniors the privilege of Open Campus because it focuses on individual student responsibility and self-reliance. The trust given to students will hopefully improve their overall attitude toward school as well as their classroom behavior and performance.

PROCEDURES FOR THE OPEN CAMPUS PROGRAM

1. Parental consent is required. At a later day, a parent may also request a student be removed from the program. Consent may be given by filling out the consent form.
2. All seniors electing to leave the campus will be clear of the building soon after class is dismissed. Students may leave only during study periods, not during class periods.
3. Students are requested not to return to the campus during their open campus period. If returning early, students will wait in the gym commons for the period to end. All students who

leave and return during a class period should use the east or north doors in the gym commons area.

4. Any violation of the Student Behavior Guidelines may result in loss of this privilege.
5. There should be no student traffic or loitering in the hallways during the class periods.
6. To be eligible for this program, acceptable academic attitude and work are required in all classes. Tardiness and poor attendance may result in disciplinary measures and removal of this privilege.
7. **EACH STUDENT IS RESPONSIBLE FOR SIGNING OUT BEFORE LEAVING THE BUILDING. A SIGN OUT SHEET WILL BE AVAILABLE IN THE STUDY HALL.**
8. Seniors remaining on campus will sign in at the study hall and follow all study hall rules and regulations.

When on open campus, a student is expected to conduct himself/herself as a good citizen of the York community. Since this is a privilege extended by York High School, a student may be held responsible to school officials for his or her conduct while away from school property.

Open/Closed Campus for lunch period

York High School operates on a closed campus system for 9th and 10th grade students. 9th, and 10th graders are not excused to leave school grounds during lunch unless they have received permission from school personnel.

Students may eat school lunch or bring their own lunch, but all students will eat in the gym commons. Students are expected to go through the lunch line in an orderly manner, be considerate of others, and not "cut" in line. Failure to follow the directions of school personnel will result in disciplinary action which could include assigned seating or suspension from the cafeteria.

Students in grades 11-12 operate on an open campus system. If students leave for lunch, they are expected to leave campus and return before their next class begins. Students cannot bring outside food into YHS and cannot loiter in the parking lot during the lunch hour. YHS administration reserves the right to close any student's lunch period during the school year.

The District does not allow the delivery of food or beverages from outside vendors or fast food establishments for a student's breakfast or lunch meal to be consumed in the cafeteria. Students may bring a prepared meal from home and eat it in the cafeteria.

Arrival at School/Dismissal from School

Students are expected to arrive at school no more than 15 to 20 minutes prior to the first class or school program in which they are participating. **Prior to that time, the school is**

not responsible for supervision of the students. Students are to enter through their assigned entrance and proceed to designated areas.

Students will be dismissed at the end of the last period of the school day unless there are other circumstances (early dismissal, detention etc.). Upon dismissal, students must leave the school grounds and proceed home or to a previously designated location unless participating in a school-sponsored activity. **The school is not responsible for supervision of students once the students are to have left school grounds.**

Certain days on the calendar are "shortened days," such as Wednesday early out, meaning that the school day starts or ends other than on the normal schedule. Parents are strongly encouraged to be aware of those days so their children are not left in an unsupervised situation or without a means to get home upon dismissal.

Signing A Child In And Out Of School

Students are required to sign in and/or out of school if they are entering after their first class begins or leaving prior to their final class. The sheet for signing in and/or out of school is located in the attendance office.

If there is a special circumstance, such as a court order limiting access to a student by a parent or guardian, affecting who a student can be released to, the parent must inform the Principal and provide a Principal with a copy of that order to maintain on file at the school.

Absence Procedures

Reporting- Normal school hours for students are from 8:00 A.M. to 3:20 P.M.

PARENTS SHOULD CALL THE SCHOOL OFFICE (362-6655) BETWEEN THE HOURS OF 7:30 A.M. AND 9:30 A.M. TO REPORT THE ABSENCE OF THEIR CHILD. In the event a call is not possible, a written note will be required. Students are encouraged to conduct personal business errands outside of school hours. Before reporting to any class after any absence, students must report to the Attendance Office to obtain an admit slip to class.

Students must be in school for the entire day of a scheduled activity or performance in which the student is to participate. If the student is absent any part of the school day, the student will not be allowed to participate in that activity or performance. Exceptions to this rule must be granted by either the principal or the activities director.

Absences - When 9 absences have been recorded for a class or classes during the semester, exclusive of school sponsored absences, the student may no longer receive semester credit for the class or classes missed. Students will be limited to five (5) consecutive days of absences.

The parent/guardian will be notified when five (5) absences have occurred in the semester. Notification will be sent by mail to the parent when the student records his/her ninth (9th) absence in a class or classes. Hearing procedures and hearing request forms will be provided with the ninth absence mailing. Students who exceed this limit may petition the Attendance Committee to request an extension. Professional appointments (i.e., doctor, dentist, lawyer, etc.), funerals, court, counseling, or doctor verified illness,

will be exempted (not counted in the student's total) upon WRITTEN verification. Prior to, or in lieu of, a hearing, other consequences may be assigned, at the principal's discretion. Unexcused absences may result in other disciplinary actions.

When a student has lost credit for a class due to excessive absences, he/she may elect to remain in the class on an audit basis or be placed in a restricted study hall. Audit students are expected to fulfill all normal requirements for the class. Students who become behavioral problems will be removed from class and assigned to a restricted study hall.

Tardies - Any student who arrives late to school in the morning or to the first period after lunch must report to the attendance office for a tardy pass in order to be admitted to class. When a student misses fifteen (15) minutes or less of a class period, he/she will be counted as tardy to that class. When a student is over fifteen (15) minutes late to a class, he/she will be counted as absent to class. Students who oversleep will make up time in detention. Attendance is taken for all periods and tardies will be cumulative for all classes for the semester. An example of how tardies will accumulate: a student is tardy 1st period class on a given day-that is the first tardy. Two weeks later the same student is tardy to 6th period-that will be counted as the second tardy and so on.

The consequences for violating the tardy policy are as follows:

1st tardy = notification from the teacher and a reminder of the tardy policy

2nd tardy = notification from the teacher and a reminder of the tardy policy

3rd tardy = notification from the teacher and a reminder of the tardy policy

4th tardy= student will be assigned 30 minutes of detention

5th tardy = student will be assigned 60 minutes detentions

6th tardy = student will be assigned to 90 minutes of detention

7th tardy = student will be assigned to 120 minutes of detention

8th tardy= student will be assigned to a closed lunch period for a period of three weeks refer to Principal/Asst. Principal

9th tardy = student will be suspended (short-term = 1 to 5 days) with a required parent conference prior to the student being readmitted to school.

II. Academic Information

Grading System

Students will receive letter grades on report cards and transcripts. The following scale will be used to assign letter grades and a grade point average from a percent:

A 93-100

B 86-92

C 78-85

D 70-77

F 0-69

Each teacher will define the grading procedures to be used in their classes.

Schedule Changes

Generally, the accepted drop/add period of time is the initial two weeks of a semester. In all instances where students initiate requests to drop a course(s) after this two-week period of time, **all such requests must be approved by the high school principal.**

It should be noted that every decision pertaining to dropping/adding courses after the initial two weeks of a semester would be made on the individual merits of the student request. Parent permission is required. The principal, teacher, and counselor will also take into consideration what is in the best interest of the student who is requesting the change. Any student who withdraws from the school for any reason should check out through the Counselor's Office by completing a checkout sheet. By doing so, the transfer of credits and records will not be delayed.

Weighted Grades

Courses that are labeled "Dual Credit" will factor into a student's grade point average and will be weighted. A student's final grade for a dual credit course will be increased by 5% of the final semester grade.

Graduation Requirements

To receive a York Public Schools diploma a student must fully complete all requirements for graduation, and other administrative requirements or conditions.

To be eligible for a York High School diploma, a student must have earned a minimum of 245 semester hours credit in grades 9 through 12 inclusive. A minimum of 20 earned semester hours credits must be earned during the school year in which the student intends to graduate. Credit hours will be computed in accordance with the Nebraska Department of Education. Satisfactory completion of the following courses must be presented in the candidate's record:

English/Communications.....	45 Credit Hours
Social Studies.....	30 Credit Hours
Mathematics.....	30 Credit Hours
Science.....	30 Credit Hours
Physical Education.....	20 Credit Hours
Fine Arts.....	5 Credit Hours
Practical Arts.....	5 Credit Hours
Electives.....	80 Credit Hours

Exceptions to these requirements may be made by the Board of Education upon the recommendation of the Superintendent, who will support the recommendation with justifiable reasons. A complete record of the recommendation and of the action taken upon it by the Board shall be included in the minutes. The candidates for graduation shall be presented to the Board of Education for approval at the graduation ceremony.

A student who has not met the requirements for graduation but who has attended school regularly may, with the recommendation of the Superintendent, be granted a Certificate of Attendance.

Promotion and Retention

Students will be placed at the grade level and in the courses best suited to them academically, socially and emotionally as determined by the professional staff. Students will typically progress annually from grade to grade. A student may be retained at a grade level or be required to repeat a course or program when such is determined in the judgment of the professional staff to be appropriate for the educational interests of the student and the educational program.

Honor Roll

York High School publishes an honor roll at the end of each quarter. Quarter honor roll is based upon the quarter grades. The honor roll is divided into three groups and is based upon the student's quarter grade average. The groups and the required averages are:

High Distinction = average of 96% or higher

Distinction = average of 93% to 95.9%

Honors = average of 90% to 92.9%

To be eligible for honor roll consideration, the student must be a full time York High School student

Class Rank

Student class rank shall be determined by using a numeric grade point average derived from all classes graded on a numeric basis. To be included in the class ranking: (1) a student must have received a numeric grade for each core curriculum class in which he/she was enrolled, and (2) a student must complete the following core curriculum class requirements in each listed area of study:

English - 4.5 years required from the following options:

- English 9 OR English Foundations I
- English 10 OR English Foundations II
- English 11 OR English Foundations III
- Senior English OR English Foundations IV
- Speech OR College Speech
- Appreciation of Literature(AOL) OR AOL Foundations
- College Senior English
- Novel

Social Studies - 3 years required from the following options:

- Western Civ
- American History
- Political Science OR Political Science Foundations
- Economics OR Economics Foundations

Science - 3 years required from the following options:

- Physical Science OR Physical Science Foundations
- Biology OR Life Science OR Advanced Biology
- Chemistry OR Conceptual Chemistry OR Advanced Chemistry
- Physics

Math - 3 years required from the following options:

- Algebra 3015 OR Algebra 3020
- Math Foundations I
- Math Foundations II
- Algebra
- Geometry OR Geometry Concepts
- Algebra II OR Algebra II Concepts
- Trigonometry
- Calculus

National Honor Society

The National Honor Society chapter of York High School is a duly chartered and affiliated chapter of this prestigious national organization.

Admission to the National Honor Society

Membership is open to those students who meet the required standards in four areas of evaluation: scholarship, leadership, service, and character. Standards for selection are established by the national office of NHS and have been revised to meet our local chapter needs. Students are selected to be members by a Faculty Council, appointed by the principal, which bestows this honor upon qualified students on behalf of the faculty of our school.

Students in the 10th, 11th, or 12th grades are eligible for membership consideration. For the scholarship criterion, a student must have the necessary cumulative grade point average. Those students who meet this criterion are invited to complete a Membership Consideration Form that provides the Faculty Council with information regarding the candidate's leadership and service. A history of leadership experiences and participation in school or community service is required.

To evaluate a candidate's character, the faculty council uses two forms of input: first, school disciplinary records are reviewed; second, members of the faculty are solicited for input regarding their professional reflections on a candidate's service activities, character, and leadership. These forms and the Membership Consideration Forms are carefully reviewed by the Faculty Council to determine membership. A majority vote of the council is necessary for selection. Candidates are then notified regarding selection or non-selection according to a predetermined schedule.

Following notification, a formal induction ceremony is held at the school to recognize all the newly selected members. Once inducted, new members are required to maintain the same level of performance in all four criteria (or better) that led to their selection. This obligation includes attendance at required chapter meetings and participation in the chapter service projects.

Students or parents who have questions regarding the selection process or membership obligations can contact the chapter adviser.

Removal from National Honor Society

A student may be removed from the NHS by action of the Principal and/or the Faculty Council upon determination that the student:

1. Prior Conduct. Engaged in conduct prior to induction which was not known at the time of induction and which, if known, would have caused denial of induction;
2. Post-Induction Conduct. Engaged in conduct after induction which is grounds for a student to be long-term suspended or expelled from school under the student code of conduct; which is grounds for suspension or removal from any extracurricular activity of the school, or which would cause denial of induction if such conduct had taken place prior to the time of induction.
3. Academic Standard and/or Service Hours. Failed to maintain the required semester average or failed to complete the required service hours. After one of the above infractions, a student is considered "on probationary status." A second infraction of either of the above categories is cause for removal.

The student may appeal the Principal's decision to the Superintendent by giving written notice of appeal to the Superintendent within ten calendar days of receipt of the Principal's removal decision. The appeal procedures shall be established in the discretion of the Superintendent such as to allow a fair opportunity for the student's views and information to be considered. The decision of the Superintendent on the appeal shall be final.

York Public School **Activity Handbook**

York Public School Activities Mission Statement

The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed by York High School as a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity.

Section 1 Extracurricular Activity Philosophy

Extracurricular activity programs enrich the curriculum of the school by making available a wide variety of activities in which a student can participate. Extracurricular activity programs are considered an integral part of the school's program of education that provide experiences that will help students physically, mentally and emotionally.

The element of competition and winning, though it exists, is controlled to the point it does not determine the nature or success of the program. This is considered to be educationally and psychologically sound because of the training it offers for living in a competitive society. Students are stimulated to want to win and excel, but the principles of good sportsmanship prevail at all times to enhance the educational values of contests. Participation in activities, both as a competitor and as a student spectator, is an integral part of the students' educational experiences. Such participation is a privilege that carries with it responsibilities to the school, team, student body, community and the students themselves. In their play and their conduct, students are representing all of these groups. Such experiences contribute to the knowledge, skill and emotional patterns that they possess, thereby making them better individuals and citizens.

Safety

The District's philosophy is to maintain an activities program

which recognizes the importance of the safety of the participants. To ensure safety, participants are required to become fully familiar with the dangers and safety measures established for the activity in which they participate, to adhere to all safety instructions for the activity in which they participate, to inform their coach or sponsor when they are injured or have health problems that require their activities be restricted, and to exercise common-sense.

Warning for Participants and Parents

The purpose of this warning is to bring your attention to the existence of potential dangers associated with athletic injuries. Participation in any intramural or athletic activity may involve injury of some type. The severity of such injury can range from minor cuts, bruises, sprains and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord. On rare occasions, injuries can be so severe as to result in total disability, paralysis or death. Even with appropriate coaching, appropriate safety instruction, appropriate protective equipment and strict observance of the rules, injuries are still a possibility.

NONDISCRIMINATION IN EDUCATION PROGRAMS AND ACTIVITIES

The school district does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies:

Name: Beth Ericson
Title: District Administrator
Address: 1715 N. Delaware Ave.
Telephone: 402-362-6655
E-mail: beth.ericson@yorkdukes.org

For further information on notice of nondiscrimination, visit <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> for the address and phone number of the office that serves your area or call 1-800-421-3481.

For additional prohibited discrimination and related information, please review school district Policy 3053 – Nondiscrimination

Section 2 Requirements for Participation

- A. **Physical Examination**-A yearly physical examination is required for all athletes. A physical form must be completed by a physician and submitted to the office **prior** to participation. This physical covers participation in activities for the entire school year.

Insurance

The school district does not provide medical or other insurance coverage for students who participate in athletic contests or other activities. It is the parents' responsibility to provide adequate insurance to cover any medical expenses that may be incurred while the student is participating in athletics or other activities.

The school district makes an accident insurance plan available for purchase by participants and their families through an authorized insurance agent. Information about policies which families may purchase will be available prior to each sports season and at fall registration.

Scholastic Eligibility- In order to participate in the York High School activities program, each student must have satisfied all of the scholastic eligibility requirements of the York Public Schools and the NSAA.

- A. **Risk of Participation** - All athletes and parents must realize the risk of injury which may result from participation in activities. The York Public Schools will use the following safeguards to make every effort to eliminate injury:
1. Conduct a parent/athlete meeting prior to the start of each season to fully explain the policies and purposes of the activities program at YHS.
 2. The parents of our athletes must assume and agree to the personally responsible for any emergency medical care that may become reasonably necessary for the student participating in activities or school sponsored travel.
 3. Provide appropriate instruction to participants about the potential dangers of participation in school activities.
- B. **Financial Obligations and Equipment**
1. **Uniforms** - In some activities, students may be required to purchase a portion of the uniform, which will become their property as per board policy.
 2. **Equipment - Uniforms or equipment**

furnished by YHS are only to be worn for contests and practices. It is expected that all equipment not returned in good condition at the end of the season may be subject to financial penalty. All students are responsible for the proper care and security of all uniforms and equipment issued to them.

C. **Other rules** - All other rules or regulations adopted by the coach/sponsor or supervisor of an activity shall be followed. Such rules and regulations must be provided to participants through written handouts and notices posted in prominent locations.

D. **Forms** - Both a physical examination/medical history form and a parental consent form must be on file with the activities administrator before any student may participate in any practice or competition.

E. **Transportation** - The York Public Schools provide transportation for all participants for all school activities. **All participants are required to ride to and from school-sponsored activities on school district transportation.**

If important family or personal situations require that a student return home or go to an activity with a parent, special exceptions may be allowed **if the parent submits a written request to the high school office 24 hours in advance of the activity and the parent speaks directly to the head coach/sponsor of the activity before taking the student home.**

An activity sponsor may allow the student to ride with his/her parent if the sponsor determines that the situation is an **emergency** that would not allow the parent to make such a request in advance of the activity. The parent should make the request **personally** to the **head coach/sponsor** and, at that time, provide the sponsor with a written request.

In all decisions about transportation of students, the primary concern of the board of education is the safety of the students. Whenever unusual circumstances develop that might require a student to go or return from a school sponsored activity with anyone other than a parent, a

special appeal for consideration may be submitted in writing to the high school office 24 hours in advance of the activity. In these unique situations, an administrator may authorize a student to utilize some other means of transportation; however, the person responsible for the student's transportation must personally speak directly to the head coach/sponsor of the activity before taking the student home.

F. Organized Practice

1. No individuals will be allowed to change sports during a season unless they do so within 10 calendar days after that season starts. (Season starts with the first day of organized practice.)
2. NSAA rules governing off-season sports will be followed.
3. If a student is removed from an activity for disciplinary reasons by a coach or if the student quits, he/she will not be allowed to practice for the next sport season using school facilities or under the supervision of a coach/sponsor until the activity from which he/she quit or was removed has been completed.
4. All starting times of practices will be designated by the individual coach/sponsor. All participants are expected to begin practice at the time set by the coach/sponsor. In order that the participants and their parents may plan accordingly, the length of practices will generally last no longer than 2 hours.

- G. Sport-In-Season** - It is very important that our students/athletes do not participate in the same sport outside the interscholastic program at the York Middle School and York High School. For example, a soccer player may not participate in any kind of games outside the high school during soccer season. Also, a high school basketball player may not participate in a free-throw contest during basketball season. The sport-in-season must have the student-athlete's total and undivided attention.

Electronic Communication

The school board supports the use of technology by coaches, extracurricular sponsors, and other staff members to communicate with students for legitimate educational, extracurricular, and other school-related purposes.

However, electronic communication between students and teachers, sponsors, and coaches shall be appropriate at all times and shall not violate any law, district policies, or the Regulations and Standards for Professional Practices Criteria, commonly known as Rule 27 of the Nebraska Department of Education ("Rule 27").

Secret Organizations

Secret organizations are prohibited. School officials shall not allow any person or representative of any such organization to enter upon school grounds or school buildings for the purpose of rushing or soliciting students to participate in any secret fraternity, society, or association.

Weight Room

The weight room has been developed to help each athlete, student, or adult in the community maintain a level of physical fitness. No one may use the weight room or equipment without proper supervision. The school will develop a schedule for use of the weight room by athletes during the school year and during the summer months.

The weight room is a high demand area within the school facilities. The following guidelines will help determine the priorities in reference to use if more than one group desires to use the facility at the same time:

1. Physical education instruction
2. By the team sports, which are in season
3. Conditioning programs for athletes not currently out for a sport
4. Summer conditioning programs
5. Adult education

Section 3 Extracurricular Activity Code of Conduct

Purpose of the Code of Conduct. Participation in extracurricular activities is a privilege. The privilege carries with it responsibilities to the school, team, student body, and the community. Participants are not *only* representing themselves, but *also* their school and community in all of their actions. Others judge our school on the student participants' conduct and attitudes, and how they contribute to our school spirit and community image.

The student participants' performance and devotion to high ideals and values make their school and community proud. Consequently, participation is dependent upon adherence to this Code of Conduct and the school district's policies, procedures and rules.

Scope of the Code of Conduct.

Activities Subject to the Code of Conduct: The Code of Conduct applies to all extracurricular activities. Extracurricular activities means student activities or organizations which are supervised or administered by the school district which do not count toward graduation or grade advancement and in which participation is not otherwise required by the school.

Extracurricular activities include but are not limited to: all sports, cheerleading, Dukettes, speech and drama, One-Act, FBLA, FCCLA, FFA, DECA, VICA, Mock Trial, Skills USA, Spanish Club, Art Club, Student Advisory Board, ACES (National Honor Society), Quiz Bowl, Academic Decathlon, and other school sponsored organizations and activities. The Code of Conduct also applies to participation in school sponsored activities such as school dances and royalty for such activities.

A participant means a student who participates in, has participated in, or will participate in an extracurricular activity.

When: The Code of Conduct rules for athletes apply to conduct which occurs at any time during the school year, and also includes the time frame which begins with the official starting day of each individual fall sport season established by the NSAA and extends to the last day of the spring sport season established by the NSAA, whether or not the student is a participant in an activity at the time of such conduct. For students in non-athletic activities, the time frame begins with the first day of school and ends with graduation or the last day of school. **In addition, at any point during the calendar year in which the athlete is under the direct supervision of a school official or designee (camps, summer leagues, field trips, etc.), the Code of Conduct rules will apply.**

Where: The Code of Conduct rules apply regardless of whether the conduct occurs on and off school grounds. If the conduct occurs on school grounds, at a school function or event, or in a school vehicle, the student may also be subject to farther discipline under the general student code of conduct. A student

who is suspended or expelled from school shall not be permitted to participate in activities during the period of the suspension or expulsion, and may also receive an extended activity suspension.

Grounds for Extracurricular Activity Discipline. Students who participate in extracurricular activities are expected to demonstrate cooperation, patience, pride, character, self respect, self discipline, teamwork, sportsmanship, and respect for authority. The following conduct rules have been determined by the Board of Education to be reasonably necessary to aid students, further school purposes, and prevent interference with the educational process. Such conduct constitutes grounds for disciplinary measures and may include suspension from participation.

1. Receipt of a criminal citation by law enforcement for any reason.
2. Conviction of a crime in adult court or the adjudication of a criminal charge in juvenile court.
3. Any behavior that is illegal under the laws of Nebraska or the United States of America regardless of whether it results in a criminal charge or conviction.
4. Any conduct that substantially interferes with the educational process or disrupts the activity or event.
5. Possession, consumption, use, distribution, or being under the influence of alcohol, illicit drugs, tobacco, controlled substances, or any lookalike or imitations thereof; or being in the presence of alcohol, illicit drugs, controlled substances, or any lookalike or imitations thereof that are being possessed, consumed, used, or distributed by any person under twenty-one (21) years of age without parental supervision. "Lookalike or imitations" means substances such as K2 and products like electronic nicotine delivery systems, vapor pens, etc. (Note: the term "under the influence" for school purposes has a less strict meaning than it does under criminal law; for school purposes, the term means any level of impairment and includes even the odor of alcohol on the breath or person of a student; also, it includes being impaired by reason of the use or abuse of any substance for the purpose of inducing a condition of intoxication, stupefaction, depression, giddiness, paralysis, inebriation, excitement, or irrational behavior, or in any manner changing, distorting, or disturbing the auditory, visual, mental, or nervous processes).
6. Engaging in initiations, defined as any ritualistic expectations, requirements, or activities placed upon new members of a school organization for the purpose of admission into the organization, even if those activities do not rise to the level of "hazing" as defined below. Initiations are prohibited except by permission of the superintendent.

7. Engaging in hazing as defined by state law and this policy. Hazing is defined as any activity by which a person intentionally or recklessly endangers the physical or mental health or safety of an individual for the purpose of initiation into, admission into, affiliation with, or continued membership in any school organization. Under state criminal law, hazing activities include, but are not limited to, whipping, beating, branding, an act of sexual penetration, an exposure of the genitals of the body done with the intent to affront or alarm any person, a lewd fondling or caressing of the body of another person, forced and prolonged calisthenics, prolonged exposure to the elements, forced consumption of any food, liquor, beverage, drug, or harmful substance not generally intended for human consumption, prolonged sleep deprivation, or any brutal treatment or the performance of any unlawful act that endangers the physical or mental health or safety of any person. For purposes of school rules, hazing also includes any activity expected of someone joining a group, team, or activity that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate; personal servitude; restrictions on personal hygiene; yelling, swearing and insulting new members/newcomers; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such on one's skin; binge drinking and drinking games; sexual simulation and sexual assault.
8. Bullying which shall include cyber-bullying, defined as the use of the internet, including but not limited to social networking sites such as Facebook, cell phones or other devices to send, post, or text message images and material intended to hurt or embarrass another person. This may include, but is not limited to; continuing to send e-mail to someone who has said they want no further contact with the sender; sending or posting threats, sexual remarks, or pejorative labels (i.e., hate speech); ganging up on victims by making them the subject of ridicule in forums; posting false statements as fact intended to humiliate the victim; disclosure of personal data, such as the victim's real name, address, or school at websites or forums; posing as the identity of the victim for the purpose of publishing material in their name that defames or ridicules them; sending threatening and harassing text, instant messages, or emails to the victims; and posting or sending rumors or gossip to instigate others to dislike and gang up on the target.
9. Using any Internet or social networking websites to make statements, post pictures, or take any other actions that are indecent, vulgar, lewd, slanderous, abusive, threatening, harassing, or terrorizing.
10. Violating any school policy, handbook provision, or a coach's or activity sponsor's training rules or rules of conduct.

11. Dressing or grooming in a manner which is (A) dangerous to the student's health and safety or a danger to the health and safety of others, (B) lewd, indecent, vulgar, or plainly offensive, (C) materially and substantially disruptive to the work and discipline of the school or an extracurricular activity, (D) interpreted to advocate the use of illegal drugs or other substances by a reasonable observer.
12. Failing to report for an activity at the beginning of a season unless excused by the coach or activity sponsor.
13. Failing to attend scheduled practices and meetings unless excused by the coach or activity sponsor.

Such conduct is prohibited during the school year, regardless of whether it occurs on-campus or off-campus. School year means the period commencing on the first day of fall sports practice through the last day of spring sports practice, events, or attendance at school for a given school year.

Discipline. Students who violate any provision of these Activity Participation Rules may be subject to discipline up to and including expulsion from extracurricular activities and school sponsored events. (including but not limited to graduation ceremony and related activities). These disciplinary consequences and this Activity Code of Conduct are in addition to and do not prejudice, diminish, impede, or reduce any discipline that is authorized by the Nebraska Student Discipline Act, NEB. REV. STAT. §§ 79-254 to 79-294, Board Policy, or the Student Handbook. Disciplinary action may include a probationary period and conditions that must be satisfied prior to or following reinstatement. Administrators and coaches will take the following into consideration when making disciplinary decisions:

1. Any prior or additional misconduct;
2. The nature and seriousness of the offense;
3. The motivation for the offense;
4. The amount of violence involved;
5. The student's demeanor and attitude regarding the violation;
6. The actual, threatened, or potential risk to the student and others due to the student's behavior;
7. Whether the student has compensated or will compensate the victim in the event of property damage or personal injury;
8. Whether the circumstances of the violation are likely to recur;
9. The student's willingness to participate in evaluations, counseling, or other programs;

10. Any mitigating factors;
11. Any other relevant factors.

If suspended, the student must continue to participate in practices and conditioning during the suspension if required by the coach or activity sponsor. The failure to comply with the practice and conditioning requirement will make the student ineligible for reinstatement to the activity.

Drug and Alcohol Violations Meaning of Terms

Use or consume includes any level of consumption or use. Use of a controlled substance in the manner prescribed for the student by the student's physician is not a violation.

Under the influence means any level of impairment and includes even the odor of alcohol on the breath or person of a student, or the odor of an illicit drug on the student. Also, it includes being impaired by reason of the abuse of any material used as a stimulant.

Possession includes having control of the substance and also includes being in the same area where the substance is present and no responsible adult present and responsible for the substance. Possession includes situations where, for example:

- (1) Alcohol is in a vehicle in which the student is present. The student is considered to be in possession if the student is aware that the alcohol is in the vehicle, even though the student has not touched or consumed the alcohol; and
- (2) Alcohol is present at a party attended by the student. The student is considered to be in possession if the student is aware that alcohol is at the party and fails to immediately leave the party, even though the student has not touched or consumed the alcohol.

In these situations, a violation would not exist if the alcohol is in the control of a parent or guardian or other responsible adult (age 21 or older) such that students are not allowed to access the alcohol. A violation would also not exist if the student did not know or have a reasonable basis to know that alcohol would be present, and the student leaves the location where the alcohol is

present as soon the student could safely do so. (Students are expected to leave immediately, but are not to do so in a manner that would endanger them. For example, you are not to leave in a car being driven by a person who has been drinking just to get away from the alcohol party immediately when there is no other way to get home. Instead, you should call for a safe ride home and, while waiting, clearly distance yourself from the alcohol).

Consequences

Students may be suspended from practices or participation in interscholastic competition or participation in extracurricular activities for violations of the Code of Conduct. Because of the significance of drug and alcohol violations on the student participants, other students and the school, the following consequences are established for such violations:

Drugs, Alcohol and Steroids

Students shall not be involved in the use, sale, delivery or possession of alcohol, drugs, tobacco, anabolic steroids, or other controlled substances. Violations are documented on a yearly basis with the first violation carried over from year to year. At the beginning of each student's school career, he/she will begin with the 1st offense consequences. Once a student has been cited for a first violation, he/she will begin each subsequent year on the second offense consequences. An activity participant who violates the drug, alcohol and steroid rules shall be prohibited from participating in any extracurricular activity for the following minimum periods:

1st Offense - Athletes: Suspension for all school-sponsored activities for a minimum of 12 calendar days and a minimum of 2 athletic contests. For non-athletes in non-athletic activities: Suspension from all school-sponsored activities for a minimum of 12 calendar days and a minimum of 2 school events.

2nd Offense -Athletes: Suspension for all school-sponsored activities for a minimum of 60 calendar days and a minimum of 4 athletic contests. For non-athletes in non-athletic activities: Suspension from all school-sponsored activities for a minimum of 60 calendar days and a minimum of 4 school events.

3rd Offense - Athletes: Suspension for all school-sponsored activities for a minimum of 90 calendar days and a minimum of 8 athletic contests. For non-athletes in non-athletic activities: Suspension from all school-sponsored activities for a minimum of 90 calendar days and a minimum of 8 school events.

When Suspensions Begin

All suspensions begin after the determination by school officials of the sanction to be imposed, provided that the school officials shall have the discretion to establish a time period for the suspension that makes the suspension have a real consequence for the student. During a suspension, participants may be required or permitted to practice.

All students are expected to be honest and forthright with school officials. In the event the coach or activity sponsor or any school administrator asks a student participant for information pertaining to compliance (or lack of compliance) by the student or other student participants with the Code of Conduct or eligibility conditions for participation in activities, the student is expected to fully, completely, and honestly provide the information.

Due Process Governing Code of Conduct

When Code of Conduct violations come to the attention of any school official, the coach/sponsor of the activity in which the student is involved will investigate the alleged violations.

The coach/sponsor of the activity shall:

1. Meet with the student(s) supposedly involved and discuss the allegations;
2. Meet with the activities director to review the matter;
3. Verbally inform the student(s) of the finding of the investigation and any disciplinary action to be taken.

The coach/sponsor and the activities director will:

1. Notify the parent(s)/guardian(s), in writing, of the allegations and the disciplinary action that has been recommended.
2. File a written report of the incident, investigation, and recommended disciplinary action with the principal within 24 hours, if circumstances allow, or as soon as possible thereafter.

The student(s) and parent(s)/guardian(s) will have the right to appeal the decision by completing the appropriate paperwork and filing it with the activities director with a five (5) day period of time.

Once notified of the appeal, the activities director will forward a copy of the written appeal to the principal within 24 hours.

The principal will:

1. Review the allegation(s), investigation, and recommended disciplinary action and make a decision regarding the appeal within a reasonable period of time.
2. Notify the student(s) and parent(s)/guardian(s) in writing of his/her findings.

Based upon this information, the student(s) and parent(s)/guardian(s) have the right to appeal the principal's decision to the superintendent of schools and, secondly, the board of education.

Opportunity for Informal Resolution. These due process procedures do not prevent the student or parent/guardian from discussing and settling the matter with the appropriate school officials at any stage.

Section 4 Attendance

Student participants in any extracurricular activity are expected to meet the following attendance expectations:

These guidelines will be followed for a student who is absent the day of an activity. Practice sessions are included in this rule.

- 1. The first time a student is absent the day of an activity but arrives at school before 11:00 AM, they will be given a one-time verbal warning from the activities administrator. If the student arrives at school after 11:00 AM, he/she will not be able to participate in the activity.**
- 2. After the warning has been given, if the student is absent from any class during the school day due to illness, personal reasons, or an unexcused reason on the day of an event, he/she will not be able to participate in the activity.**
- 3. The activities administrator or a principal may make exceptions if extenuating circumstances exist. If any part of this policy is abused it could result in suspension from his/her next scheduled activity or activities.**

Section 5 Academic Standards

Participation in extracurricular school activities is encouraged and desirable for all students. At the same time, the primary mission and responsibility for each student is to establish a firm academic foundation. A student participating in extracurricular school activities show evidence of sincere effort towards scholastic achievement. To be eligible for participation in extracurricular activities students must follow these requirements:

Eligibility

In order to represent a high school in interscholastic athletic competition, a student must abide by eligibility rules of the Nebraska School Activities Association. Eligibility requirements are established by the NSAA in its Constitution and its Bylaws and Approved Rulings. These documents can be found online at <https://nsaahome.org/constitution-bylaws/>. A summary of the major rules is given below. Contact the principal, activities director or the activity sponsor or coach for an explanation of the complete rule.

1. Student must be a *bona fide* student of their member school and have not graduated from any high school.
2. After a student's initial enrollment in grade nine, he/she shall be ineligible after eight semesters of school membership beginning with his/her enrollment in grade nine.
3. Student is ineligible if nineteen years of age before August 1 of current school year. (Student in grades 7 or 8 may participate on a high school team if he/she was 15 years of age prior to August 1 of current school year.)
4. Student must be enrolled in some high school on or before the eleventh school day of the current semester.

5. Student must be continually enrolled in at least twenty credit hours per semester and regular in attendance, in accordance with the school's attendance policy at the school he/she wishes to represent in interscholastic competition.
6. Student must have been enrolled and received twenty hours of credit in school the immediate preceding semester.
7. **Guardianship does not fulfill the definition of a legal parent.** If a guardian has been appointed for a student, the student is eligible in the school district where his/her legal parent(s) have their domicile. Individual situations involving guardianship may be submitted to the Executive Director for review and a ruling.
8. A student entering grade nine for the first time after being promoted from grade eight of a two-year junior high, or a three-year middle school, or entering a high school for the first time after being promoted to grade ten from a three-year junior high school is eligible. After a student makes an initial choice of high schools, any subsequent transfer, unless there has been a change of domicile by his/her parents, shall render the student ineligible for ninety school days. If a student has participated on a high school team at any level as a seventh, eight, or ninth grade student, he/she has established his/her eligibility at the high school where he/she participated. If the student elects to attend another high school upon entering ninth or tenth grade, he/she shall be ineligible for ninety school days.
9. **Student eligibility related to domicile can be attained in the following manners:**
 - a. If the change in domicile by the parents occurs during a school year, the student may remain at the school he/she is attending and be eligible until the end of the school year or transfer to a high school located in the school district where the parents established their domicile and be eligible.
 - b. If the domicile is changed during the summer months and the student is in grade twelve and the student has attended the high school for two or more years, the student may remain at the high school he/she has been attending and retain eligibility.
 - c. If a student elects to remain at the same high school initially enrolled after being promoted from grade eight of a middle or junior high school, or grade nine of a junior high school, he/she is eligible at that school, or is eligible at a high school located within the school district in which the parents established their domicile.
 - d. **If the legal parents of a student change their domicile from one school district that has a high school to another school district that has a high school, the student shall be eligible immediately in the school district where the parents established their domicile.**
10. Nebraska transfer students whose name appears on the NSAA transfer list prior to May 1 shall be eligible immediately in the fall at the transfer high school. Those students whose name does not appear on the NSAA transfer list prior to May 1 shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.
11. Nebraska transfer students must have signed and delivered all forms necessary to make such transfer to the school in which he/she intends to enroll for the 2020-21 school year prior to May 1, 2020; for the student to be eligible, the school to which the transfer is being made must have notified the NSAA office via an NSAA online

transfer form, no later than May 1, 2020. The student would become ineligible for ninety school days the next fall if the student were to change his/her mind and decide not to transfer. If such student were to transfer to the new school, but later decides to return to his/her former district before 90 school days have elapsed, such student will be ineligible in the former district for 90 school days, with the ineligibility period commencing at the start of the fall semester. Those students who did not have their enrollment forms signed, delivered, and accepted prior to May 1, 2020, shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.

12. Once the season of a sport begins, a student shall participate in practices and compete only in athletic contests/meets in that sport, which are scheduled by his/her school. Any other competition will render the student ineligible for a portion of, or all of, the season in that sport. The season of a sport begins with the first date of practice as permitted by NSAA rules.
13. During the season of a particular sport, athletes participating in that sport for a high school may attend, but may not physically take part, either as an individual or as a member of a team, in the sport activity in which instruction is being offered in the clinic, camp, or school. (*Refer to NSAA Bylaw 3.5.1.1 for exception in Swimming and Diving.)
14. A student shall not participate on an all-star team while a high school undergraduate.
15. A student must maintain his/her amateur status.

NSAA Sportsmanship Rules

Students must abide by the Nebraska School Activities Association Sportsmanship Rules. A complete copy of these rules can be found at <http://www.nsaahome.org/nsaaforms/pdf/manualsp.pdf>. Unsportsmanlike conduct shall include physical or verbal assault upon any participant, game official, or spectator, or any acts that may endanger the personal safety of individuals involved, or acts which hinder the normal progress of a contest or lead to the restriction or discontinuance of a contest.

If a student, participant, patron, and/or staff member representing a member school acts in a manner constituting unsportsmanlike behavior during competition the member school and/ or individuals shall be subject to penalties. A student, participant, patron, and/or staff member may not be permitted to attend activities if involved in unsportsmanlike conduct.

Section 7 "Team Selection" and "Playing Time"

"Team selection" and "playing time" decisions are the responsibility of the individual coach or sponsor of the activity. Consistent, however, with the purposes of the activities program, the coaches and sponsors shall follow the following established guidelines for team selection and playing time decisions, along with such other guidelines as each individual coach and sponsor may develop which are not inconsistent with these established guidelines:

1. School Representative. Student participants must demonstrate that they can and will represent themselves and their school in a manner which reflects the development of high ideals and appropriate values, which shall include good citizenship in the school and in the community.
2. Success. Student participants must demonstrate that they can make the activity program more successful, both from a standpoint of competitive success and success in promoting a positive school spirit. Characteristics for purposes of these criteria include the student's: (1) talent or skill, (2) desire to improve the student's own skills or talents as well as those of others in the activity, and (3) attitude of respect towards teammates, the coach, the school, and the community.

Section 8 School Dances

A school sponsored dance is a school activity subject to all provisions of the Student Activity Code, and is a privilege available to students meeting all requirements for participation.

General Rules of Student Conduct at Dances. In addition to all rules of student conduct in the Student Handbook, students attending dances shall adhere to the following rules of conduct:

1. Who Can Attend: Only students of York Public Schools and their guests may attend.
 - a. Dances are intended for York High School students. Outside dates must be signed up in the office and approved by the administration prior to the dance. No dates 21 years or older will be approved. No middle school students are allowed to attend high school dances.
 - b. All students who come to the dance are to stay inside. If students leave, they will not be readmitted.
 - c. Some school dances may be restricted to students attending specified grades levels at York Public Schools.
 - d. Students who have been suspended from school or from extracurricular activities may not attend.
 - e. The school reserves the right to exclude persons who may or do cause a disruption or detract from the event. Dates or invited guests not attending our school are expected to follow the same rules of conduct which apply to our students.
 - f. Students or their guests who engage in inappropriate behavior, whether on or off of the dance floor, may be asked to leave.

- g. The administration reserves the right to exclude students due to behavior during school hours and lack of attendance at school.
2. Prohibited Substances: Alcoholic beverages, illegal drugs, and tobacco are prohibited. Anyone using these or showing the effects of use will not be allowed admission or, if discovered after admission, be removed from the dance. Their parents may be contacted.

Students and their dates may be required to submit to a breathalyzer prior to gaining entrance. Those who choose not to submit to a breathalyzer will not gain entrance. Law enforcement will be contacted if there is reasonable suspicion that the student or a student's date is under the influence of alcohol or drugs.
3. Appropriate Attire: Students and their guests must meet the dress code requirements established for each dance. Teachers or administrators will make the final decision as to whether or not a student's attire is appropriate. Students will be asked to change unacceptable items, which may mean that the student may have to return home to change the inappropriate clothing. It is advisable to check in advance of the dance with the Principal if you are uncertain about your attire.
4. Prom attire is expected to be formal. The dress code for men requires the standard tuxedo or complete suit coat, dress pants, dress shirt, tie and no shorts. The girls are expected to wear dresses that abide by dress code policies. Students will be asked to change unacceptable items, which may mean that the student may have to return home to change the inappropriate clothing. It is advisable to check in advance of the dance with the Principal if you are uncertain about your attire.

Eligibility for Selection as Royalty. Nomination and selection as royalty for school sponsored dances is an honor awarded by students to those of their peers that exemplify the highest standards of integrity and achievement. Students nominated for dance royalty must have demonstrated through their conduct, academic achievement and activities that they have represented, and will represent, themselves, their classmates, and their school in a manner which reflects outstanding effort, commitment to their school and fellow students, and integrity and good citizenship in the school and in the community. The students selected to be the "royalty" for the Homecoming and Prom or any other school sponsored dance or activity shall meet that general standard as determined by the administration and, in addition, meet the following specific academic, activity and conduct standards:

1. Royalty Candidate Eligibility and Selection: The determination of whether a student meets conduct and citizenship qualification standards shall be made by a committee called the Royalty Eligibility Committee, which will be appointed by the principal for each dance at which royalty is to be selected.

The committee will take into consideration the following criteria: Achievement, Citizenship and Conduct Qualifications:

- a. The student must have exhibited sportsmanship and leadership in activity endeavors and participation.
 - b. The student must have exhibited a cooperative and respectful attitude toward fellow students, teammates, opponents, sponsors, coaches, and officials.
 - c. The student must not have had excessive violations of school policies and procedures during their high school career.
 - d. The student may not have been engaged in serious criminal violations.
2. Pre-Qualification of and Acceptance by Student: All students nominated for dance royalty shall meet with a principal. At the meeting a principal will review the eligibility requirements for the honor of dance royalty. The student will be required to confirm that the student meets all eligibility requirements. The student will be required to confirm his or her acceptance of the nomination for dance royalty and the responsibilities of such an all school honor. A principal or designee may contact local, county and/or state law enforcement and judicial authorities to confirm a student's eligibility for the honor of being nominated for or awarded dance royalty.

3. Specific Dance Eligibility and Selection Requirements:
 - a. Homecoming Queen & King:
 - Only a senior girl shall be eligible to be Queen and only a Senior boy shall be eligible to be King.
 - **Participation in a minimum of at least 2 different extracurricular activities during the junior and senior years. Note:** Extracurricular is defined as any school sponsored activity that is offered for which graduation credit is not granted.
 - Only extracurricular activities from the **beginning of the junior year up through the fall season of the senior year** will count toward meeting the minimum requirement.
 - **Student consent** to be considered as a candidate. Completion of the eligibility form and returning it to the office by the announced candidate will be interpreted as "consent."
 - The Royalty Eligibility Committee will review the list of candidates.
 - The members of the senior class will select the top 5 candidates for queen and the top 5 candidates for king from the qualified nominees.
 - The queen and king will be chosen from the qualified nominees by secret vote of the student body during Homecoming week.
 - b. Prom Duke and Duchess:
 - Only a Senior girl shall be eligible to be Duchess and a Senior boy shall be eligible to be Duke.
 - **Candidates must be in the academic upper 1/3 of the class.**
 - The Royalty Eligibility Committee will review the list of candidates.
 - Nominations will be made by the members of the senior class and faculty.
 - The top 5 boys and girls will be placed on a ballot. The Duke and Duchess will be chosen from the qualified nominees by secret vote of the junior and senior students.

Section 9 Relationships Between Parents and Coaches/Sponsors

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches/sponsors and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone.

Parents have the right to know the expectations placed on them and their children. Coaches and sponsors have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Parents' Role in Interscholastic Athletics and Other Extracurricular Activities

Communicating with your children

- Make sure that your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their life they can look to for constant positive reinforcement.
- Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship and actual skill level.
- Be helpful but don't coach them. It's tough not to, but it is a lot tougher for the child to be flooded with advice and critical instruction.
- Teach them to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes. Help them develop the feeling for competing, for trying hard, for having fun.
- Try not to relive your athletic life through your child in a way that creates pressure. If they are comfortable with you win or lose, then they are on their way to maximum enjoyment.
- Don't compete with the coach/sponsor. If your child is receiving mixed messages from two different authority figures, he or she will likely become disenchanted.
- Don't compare the skill, courage, or attitude of your child with other members of the team.
- Get to know the coach(es)/sponsor(s). Then you can be assured that his or her philosophy, attitudes, ethics, and knowledge are such that you are happy to have your child under his or her leadership.
- Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.

Communicating with the coach/sponsor

- Communication you should expect from your child's coach/sponsor includes:
 - o Philosophy of the coach/sponsor
 - o Expectations the coach/sponsor has for your child
 - o Locations and times of all practices and contests
 - o Team requirements
 - o Procedure should your child be injured
 - o Discipline that results in the denial of your child's participation
- Communication coaches/sponsors expect from parents
 - o Concerns expressed directly to the coach/sponsor
 - o Notification of any schedule conflicts well in advance
 - o Specific concerns in regard to a coach's/sponsor's philosophy and/or expectations

- Appropriate concerns to discuss with coaches/sponsors:
 - o The treatment of your child, mentally, and physically
 - o Ways to help your child improve
 - o Concerns about your child's behavior
 - o Injuries or health concerns. Report injuries to the coach/sponsor immediately!! Tell the coach/sponsor about any health concerns that may make it necessary to limit your child's participation or require assistance of trainers. Students are sometimes unwilling to tell coaches/sponsors when they are injured, so please make sure the coach/sponsor is told.

- Issues not appropriate to discuss with coaches/sponsors:
 - o Playing time
 - o Team strategy
 - o Play calling
 - o Other student-athletes

- Appropriate procedures for discussing concerns with the coaches/sponsors:
 - o Call to set up an appointment with the coach/sponsor
 - o Do not confront a coach/sponsor before or after a contest or practice (these can be emotional times for all parties involved and do not promote resolution)

- What should a parent do if the meeting with the coach/sponsor did not provide satisfactory resolution?
 - o Call the activities director to set up a meeting with the activities director, coach/sponsor, and parent present.
 - o At this meeting, an appropriate next step can be determined, if necessary.

Section 10 Good Sportsmanship-Behavior Expectations of Spectators

Good sportsmanship is expected to be exhibited by all coaches, sponsors, students, parents and other spectators. The school can be punished by NSAA for a lack of good sportsmanship at NSAA sanctioned events. More importantly, activities are more enjoyable for the students when good sportsmanship is displayed.

Responsibilities of Spectators Attending Interscholastic Athletics and Other Extracurricular Activities

1. Show interest in the contest by enthusiastically cheering and applauding the performance of both teams.
2. Show proper respect for opening ceremonies by standing at attention and remaining silent when the National Anthem is played.

3. Understand that a ticket is a privilege to observe the contest, not a license to verbally attack others, or to be obnoxious. Maintain self-control.
4. Do not "boo," stomp feet or make disrespectful remarks toward players or officials.
5. Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
6. Know that noise makers of any kind are not proper for indoor events.
7. Obey and respect officials and faculty supervisors who are responsible for keeping order. Respect the integrity and judgment of game officials.
8. Stay off the playing area at all times.
9. Do not disturb others by throwing material onto the playing area.
10. Show respect for officials, coaches, cheerleaders and student-athletes.
11. Pay attention to the half-time program and do not disturb those who are watching.
12. Respect public property by not damaging the equipment or the facility.
13. Know that the school officials reserve the right to refuse attendance of individuals whose conduct is not proper.
14. Refrain from the use of alcohol and drugs on the site of the contest