



# Duke News

February 2023

Volume XXXVI Number 6

**Jason Heitz**

Principal

**Tyler Herman**

Assistant Principal/Activities Director

## FROM THE PRINCIPAL'S OFFICE —

### PARENT-TEACHER CONFERENCES IN EARLY FEBRUARY

Parents Conferences for YHS (as well as YMS and YES) will be Wednesday, February 8, 4:30-8:30 pm. (YES and YMS also have conferences on February 9 and 10). While YES and YMS have no school on February 10 and February 13, YHS will have normal school on both of those dates.

### CAREER DAY, MARCH 14

This year's YCDC Career Day is scheduled for the morning of March 14, at the Holthus Convention Center. Students who are currently in our JAG (Jobs for America's Graduates) classes, will be participating in Career Day. Ginger Johnson will be the guest speaker. YCDC organizes this event, and several students from all over York County will be participating as well.

### WINTER SPORTS NEARING END-OF-SEASON TOURNAMENTS

As this newsletter is being sent out, the Central Conference Basketball Tournament and the Central Conference Wrestling tournament have come to a close. With just a handful of regular season games in February, teams are getting ready for the post-season.

**Jason Heitz**

Principal

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### SPRING PARENT-TEACHER CONFERENCES

Parent-Teacher Conferences at York High School will be held on Wednesday, February 8<sup>th</sup> from 4:30 - 8:30 p.m.

If for some reason this time or date does not fit into your schedule, please contact the high school and we will make every effort to arrange a time for you to meet with teachers to discuss 3rd quarter progress.

School will be dismissed at 2:03 pm on Wednesday, February 8<sup>th</sup> **AND** Thursday, February 9<sup>th</sup> due to transportation and activity practices.

## FROM THE ASSISTANT PRINCIPAL/ACTIVITIES DIRECTOR'S OFFICE --

### Important Activity Dates

Girls District Wrestling: February 3-4 at Lincoln Southeast High School  
Girls State Wrestling: February 16-18 at CHI Health Center in Omaha

Boys District Wrestling: February 10-11 at Grand Island Northwest High School  
Boys State Wrestling: February 16-18 at CHI Health Center in Omaha

Girls & Boys District Bowling: January 31 at Pastime Lanes in Hastings  
Girls & Boys State Bowling: February 7-8 at Sun Valley Lanes in Lincoln

Girls Sub-District Basketball: February 20-21 at TBD  
Girls District Basketball: February 24 or 25 at TBD  
Girls State Basketball: March 2-4 at Pinnacle Bank Arena in Lincoln

Boys Sub-District Basketball: February 22-23 at TBD  
Boys District Basketball: February 27 or 28 at TBD  
Boys State Basketball: March 9-11 at Pinnacle Bank Arena in Lincoln

Conference Speech: February 20 at Aurora High School  
York High Speech Invite: February 25 at York High School  
District Speech: March 4 at Raymond Central High School  
State Speech: March 15 at Kearney High School

### Upcoming Spring Season

The first official day of the spring sports season begins Monday, February 27<sup>th</sup>. If students did not participate in the fall or winter but plan to in the spring, they need to have a physical form and NSAA consent form on file in the main office before they can practice or compete.

### Parents Meeting & Team Pictures

The spring sports parents meeting will take place on Tuesday, February 28<sup>th</sup> at 7:00 pm. Team pictures and button pictures will take place on Wednesday, March 15<sup>th</sup> at 2:15 pm in the YHS Aux Gym.

**Tyler Herman**  
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#### **Notice of Nondiscrimination**

It is the policy of York Public Schools not to discriminate on the basis of gender, disability, race, color, religion, marital status, age, or national origin in its educational programs, administration, policies, employment, or other district programs.

## NOTES FROM THE NURSE

February is National Snack Month! Snacking can be part of a healthy eating plan and can provide us with an extra little boost in the late morning or mid afternoon.

Healthy options should be low in sugar, fat and salt and fall into a 100-200 calorie range. Combining a source of protein with a carbohydrate can help maintain your blood sugar levels and deter hunger until the next meal time.

- ▶ Develop a habit of reading nutrition labels.
- ▶ Keep fresh fruits / vegetables on hand, cut up melons and carrots/celery in advance.
- ▶ Try new combos: whole-wheat pretzels with spicy mustard, rice cakes with peanut butter and raisins, whole-grain pita and hummus, jerky and fresh vegetables.
- ▶ Chocolate lover? Substitute an 8 ounce mug of hot chocolate (140 calories /3 grams fat) for a chocolate bar (203 calories / 13 grams fat).

Research has shown that people who eat regular meals and healthy snacks are less likely to overeat, find it easier to maintain their weight and generally feel more energized throughout the day. Happy snacking!

Vision, hearing and dental screenings will be conducted during the 3<sup>rd</sup> quarter for 7<sup>th</sup> and 10<sup>th</sup> grade students. If a student does not meet the screening guidelines set forth by the state, a letter recommending further evaluation will be sent to the parent/guardian. If you have concerns regarding your child's hearing, vision or dental health, please follow up with a physician / eye doctor / dentist even if you do not receive a letter of referral.

### SPRING PRACTICES TO BEGIN

Spring practices will begin on Monday, February 27<sup>th</sup>. Boys Soccer, Girls Soccer, Boys Golf, Girls Tennis, and Boys & Girls Track are offered this spring at York High School. Please encourage your son or daughter to get involved in a spring sport!

## KINDERGARTEN REGISTRATION





Kindergarten registration will be held at York Elementary School Monday, February 6 through Thursday, February 9. Letters were mailed to potential Kindergarten students the week of January 12. If you do not receive a letter, please contact York Elementary at 362-1414. According to Nebraska law, children are eligible to attend Kindergarten the year that they turn five on, or before, July 31. This is called a "cut-off date." School districts are allowed to enroll a child who missed the cut-off date, but turns five between August 1 and October 15. Parents who are interested in enrolling their child early should contact York Elementary as soon as possible to ask about the procedure for early entry assessment.

### 2022/2023 YEARBOOKS

The 2022/2023 Yearbooks are now for sale for \$55! After April 14<sup>th</sup> they are \$65. If you want your name stamped on your yearbook, it is an additional \$10. Stop in the YHS office or Mr. Loofe's room (D6) to purchase. Email Mr. Loofe at [levi.loofe@yorkdukes.org](mailto:levi.loofe@yorkdukes.org) if you have any questions.

## ATHLETIC BOOSTER CLUB NOTES

### A few words from the York Athletic Booster Club...

-  Thanks to the volunteers that helped at our YMS Boys Hoopla on January 21<sup>st</sup>! Thank you to the students and parents that staffed the gate, clock and book tables and kept the concessions flowing. Thanks for stepping up!
-  **The All-Sports video for the end of year All-Sports Banquet, May 5<sup>th</sup> at the City Auditorium, is being produced by Malachi Coppinger. Please direct any questions to be relayed onward to [apeterson72475@gmail.com](mailto:apeterson72475@gmail.com). We highly encourage athletes in each grade to attend, along with any parents who would like to join us! There will be more information on the All Sports Banquet in the March newsletter. We are attaching the All Sports Athlete information form to this newsletter. We ask that all information for each athlete be completed and turned in to the office by April 1<sup>st</sup>. If we do not receive their information, your athlete will not be included in the program. Forms can also be picked up at the High School office!**
- Please consider being a Volunteer for the Yowell Track Meet. Set up and event workers will be needed all day Saturday April 22<sup>nd</sup> at York High. It's a great way to get outdoors and help our athletes! Contact Amanda Peterson to get on your mark, ready, set, Go...help!
- Coaches are encouraged to fill out request forms for future needs. There are still some coaches that have never asked for the Booster Club's assistance to purchase needed items..**

# GO DUKES!!



# MUSIC DEPARTMENT NEWS

## Special Points of Interest:

- *Acappella Competitions*
- *Singing Valentines*
- *"Spring" Concert*
- *District Music Contest*
- *YMS Musical*
- *Band Notes*



## ACAPPELLA COMPETITIONS - DUKES & DUCHESSES & TREBLE IN PARADISE

Please see competition dates below.

February 3 - Central City  
February 16 - Midland University, Fremont  
March 10 - Columbus  
March 28 - Norfolk

## SINGING VALENTINES



The York High School Acappella groups invite you to purchase a Singing Valentine! All proceeds will benefit the York High School Vocal Music Program. The cost is \$25. The price includes: a rose, heart shaped donut, and a song delivered and performed for your sweetheart on Tuesday, February 14<sup>th</sup> between 8 am - 3 pm. Must be within York City Limits. To reserve your valentine, go to this link!

<https://forms.gle/f1uRMeey35WYrJuW7>

## "SPRING" CONCERT

The High School Spring Concert will be Monday, February 27<sup>th</sup> at 7:00 pm in the HS theater. Please join us for a night of entertainment provided by the Chamber Singers, Concert Choir, and Dukes & Duchesses, AND Treble In Paradise!

## DISTRICT MUSIC CONTEST

While April 21<sup>st</sup> still seems to be a long way off, we are beginning to plan for District Music Contest. District Music Contest is held at Norris High School. Any choir or band students who are considering doing a solo, duet or being involved in a small ensemble, please let Mr. Harris or Mrs. Wagner know you are interested. We will begin looking at music possibilities and start rehearsal within the next few weeks.

## YMS - NEWSIES JR.

The YMS Vocal Music Department rehearsals for the musical *Newsies Jr.* are underway. They will present the show at 7:00 pm on Thursday, March 16<sup>th</sup> and Friday, March 17<sup>th</sup> in the York High School theater.

## BAND NOTES

Nell Chavanu, Allie Colburn, and Eisenhower Colburn were represented at the Underclassman Honor Band in Kearney on January 16<sup>th</sup>. The Honor Band consisted of freshman and sophomore students across Nebraska. MaKenna Dowty, Allie Colburn, Ellie Gartner and Dawson Schwarz auditioned and were accepted to the UNK Honor Band on January 30<sup>th</sup>.

The Jazz Band has been working hard to get the charts together for the upcoming competition season. The first invite is at Grand Island Senior High School on February 6<sup>th</sup>.

Congratulations to these fine student musicians and good luck on their future endeavors!



## COUNSELING CENTER NEWS

### LOCAL SCHOLARSHIPS

York High School is fortunate to have so many local businesses and organizations that support and encourage our students. Because of that, we are able to offer a list of many scholarships that students are able to apply for with the local scholarship application (Blue-Gold Scholarships).

This process has been reviewed with seniors. Packets have been distributed that provide information on how to apply, what scholarships are available and how to get recommendation letters. The application will be on our website at [www.yorkpublic.org](http://www.yorkpublic.org). To download the forms, click on the High School tab then Counseling Center. The application must be TYPED, no handwritten forms will be accepted. These applications require TWO recommendations. Students should ask for these as soon as possible. **THE DEADLINE HAS BEEN SET FOR FEBRUARY 10 AT 4 PM. REMINDER - To respect the competitive component of these scholarships, WE CANNOT ACCEPT LATE APPLICATIONS FOR ANY REASON, so an early application is always strongly encouraged.** Students should feel free to come to the counseling office if they need help or don't have a working computer.

Here's where you can find other scholarships that may be suited for you:

- **York High School website** [www.yorkpublic.org](http://www.yorkpublic.org) under High School, Counseling Center.
- **ScholarshipQuest at EducationQuest.org** features over 2,000 Nebraska-based scholarships. After you create a profile, you'll be matched with scholarships that fit your criteria.
- **The college you plan to attend.** Contact the school for a list of scholarships they provide and application procedures.
- **Other resources** could include your coach, clubs and organizations, and your parents' employers and civic organizations.

### ACT TEST:

**STATE TEST FOR ALL JUNIORS – MARCH 21 – (Proctored at YHS)**

TEST DATE – April 15

REGISTRATION DEADLINE – March 10

TEST DATE – June 10

REGISTRATION DEADLINE – May 5

TEST DATE – July 15

REGISTRATION DEADLINE – June 16

### IT'S FAFSA TIME – IT'S NOT TOO LATE!

Students and parents will each need to create a username and password at <https://fsaid.ed.gov> that will serve as your Federal Student Aid (FSA) ID for the FAFSA, IRS Data Retrieval and to apply for student loans. (Students should not use their school email address.) You will each need an email address to create an FSA ID. ("Pin numbers" are no longer used for this process.) It should walk you through the process, but if you need help, contact the Counseling office as we have detailed directions. Be sure to verify the email address with the assigned security code at the end.

Students applying for scholarships that are need based should complete the FAFSA as soon as possible to be able to provide their SAR with their applications.

Priority deadline for most colleges is March 1. Check with your college's financial aid office to find out what their FAFSA deadline is.

If you need help getting started, EducationQuest Foundation is the best source, but feel free to call the counseling office as well. You can also make an appointment with EducationQuest to meet at their offices or perhaps just virtually--call as soon as possible. They also offer a FAFSA Tutorial on their website at EducationQuest.org. Their offices are open Monday through Friday from 8:30 am - 5:00 pm. To make an appointment or for assistance over the phone, call:

Kearney location- 308-234-6310 or 800-666-3721

Lincoln location - 402-475-5222 or 800-303-3745

Omaha location - 402-391-4033 or 888-357-6300

*EducationQuest Foundation is a private, nonprofit organization with a mission to improve access to higher education in Nebraska. Through a permanent endowment, EducationQuest provides **FREE** college planning services at its locations in Kearney, Lincoln and Omaha; funds need-based scholarship programs; and supports community organizations that enhance college access. [www.educationquest.org](http://www.educationquest.org).*

### **IMPORTANT FAFSA TIPS:**

**IMPORTANT:** EducationQuest has informed us that colleges and the FAFSA request that you submit your tax information to the FAFSA electronically to prevent delays in getting your financial aid package. The FAFSA application now has an "IRS Data Retrieval Tool" that you will click on to retrieve your tax returns and "drop" them into your application. We recommend using this step because the college's financial aid office randomly reviews 1 of every 3 FAFSA applications, this is called verification. Using the IRS Data Retrieval Tool reduces your risk of being selected for verification, so it is in your best interest to use this tool. Being selected for verification does not indicate you did anything wrong, the college is doing a random quality control check. **NOTE:** *Even if you think you won't qualify for a PELL grant, you still need to fill out the FAFSA in order to receive any federal student or parent loans.*

**Include up to ten colleges on the FAFSA.** If you're not sure which school you will attend, enter all colleges to which you applied. Your report will be sent to all of these colleges and if you have been accepted to the school, they will send out financial aid award offers based on your FAFSA results. Federal School Codes can be found on the FAFSA website.

### **NCAA/NAIA**

If your child's college plan includes participation in college sports, please notify Mrs. Stuhr. The NCAA and NAIA require final high school transcripts to be sent to them in June. We want to make sure your name is on our list!

### **COLLEGE SCHOLARSHIPS OFFERED**

A reminder to seniors who have received scholarship offers from any colleges (whether you've decided to attend there or not), please share those emails or letters with Mrs. Stuhr so we can compile this important information and honor those deserving students. Please note Honors Night is on the calendar for Monday, April 17, 2023.

### **EDUCATIONQUEST SCHOLARSHIP – SOCIAL MEDIA MAY QUALIFY YOU**

Each time EducationQuest reaches specific follower milestones on their social media pages, they will invite current and new followers to enter into a drawing for a \$500 scholarship. Follow them on Facebook, Twitter, and Instagram for a chance to win.

### **DUAL CREDIT PAYMENT INFORMATION FOR SECOND SEMESTER**

Students taking dual credit classes through SCC or Peru will soon be needing to make payments for those classes. Materials fees (payable to YHS and delivered to Mrs. Stuhr) will be emailed to students and parents in the near future. Tuition for **SCC** - bills will be emailed to the student's email account on or near the 20<sup>th</sup> of each month, and payment is due **February 20, 2023**. Tuition for **Peru** - bills will be emailed and mailed U.S. mail near the beginning of March, and payment is due **April 1, 2023**. See Mrs. Stuhr with any questions.

### **VALENTINE'S DAY ANNOUNCEMENT**

Valentine's Day is on a Tuesday this year! We would appreciate it if students and parents who plan to send balloons, flowers, etc. would please have them delivered to that "special someone" at their home. The high school **will not** accept Valentine deliveries at the school.

### **MEMO**

Parent-Teacher  
Conferences  
Wednesday,  
February 8<sup>th</sup>

### **BUS TRANSPORTATION**

**Please Note:** On Friday, February 10<sup>th</sup> and Monday, February 13<sup>th</sup> the York Middle School and York Elementary School will not have school due to Parent-Teacher Conferences, but York High School will have school. Students that ride the bus must sign-up in the office to be able to have bus transportation on February 10<sup>th</sup> and 13<sup>th</sup>.



## Information for All-Sports Booklet

### Athletes:

Please fill out this form to include all sports you have *participated in* this year. Also include all awards you have gotten either at York High School or at the area, conference, district or state levels.

This information will be used in the awards booklet for the All-Sports Banquet. If this form is not completed and returned to the YHS office, your information may not appear in the booklet. ***Please complete this form no later than April 1, 2023.***

**Athlete's Name** \_\_\_\_\_

**Grade this year** \_\_\_\_\_

\*\*If there were any mistakes regarding your information in last year's booklet, please indicate that so we may correct it for this year.

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### Example:

<u>Sport</u>	<u>Lettered</u>	<u>Awards Received</u>
Tennis _____	Y   N	State Qualifier, State Medalist (4th), NCA All-State Selection, 1st Team LJS Academic All-State, NSAA _____ Academic All-State _____.

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<u>Sport</u>	<u>Lettered</u>	<u>Awards Received</u>
_____	Y   N	_____
		_____
		_____
		_____
		_____

\*more on back if needed

**Sport**

**Lettered**

**Awards Received**

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## Yearbook Parent Ads 2023

One of the graduate's greatest treasures is his or her senior yearbook. To help make the 2023 DUKE even more special, the staff is again setting aside Parent Ad space. Parent Ads are designed especially for parents who wish to openly congratulate their graduating seniors. This is a way for families to express love, admiration and/or congratulations to their graduates.

If you are interested in honoring your son or daughter in this manner, please submit your picture(s) and personal message by **Friday, March 31<sup>st</sup>**. Pictures may include baby pictures, senior pictures, or personal favorites, but there is a **two picture limit per ad**. Your brief, personal message is limited to **40 words**. You may purchase an additional ad if you wish to have more pictures and/or space.

**We prefer that you email your pictures and message to [levi.loofe@yorkdukes.org](mailto:levi.loofe@yorkdukes.org) by March 31<sup>st</sup>.**

**Each Ad is \$45. Please make checks out to York High School and mail checks to YHS.**

***If you only have printed pictures, please drop them at YHS by FRIDAY, MARCH 24<sup>th</sup>.***

**\*\*Don't forget to purchase your child's Senior yearbook! Yearbooks can be purchased online by clicking the link on [www.yorkpublic.org](http://www.yorkpublic.org) or in the main office at the High School\*\***

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Your Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Senior's Name: \_\_\_\_\_

Parent Ad with pictures and copy -- \$45

Message to be included:

Please make checks payable to York High School.  
Pictures can be emailed to [levi.loofe@yorkdukes.org](mailto:levi.loofe@yorkdukes.org)  
No late payments or pictures will be accepted.

## Congratulations, to all of our District LDE Winners & State Qualifiers!

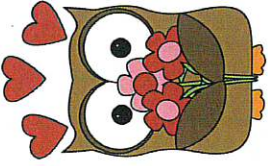


- **Gladis Rodriguez**; 1st Place; Ag Literacy Speaking
- **Bridget Kavan**; 3rd Place; Ag Literacy Speaking
- **Kassidy Stuckey**; 3rd Place; Senior Public Speaking
- **Annsley Vernon**; 3rd Place; Cooperative Speaking
- **Ethan Montgomery**; 1st Place; Extemporaneous Speaking
- **Tori Stanton**; 1st Place; Employment Skills
- **Atleigh & Reese Hirschfeld, Addison Cotton**; 1st Place; Ag Demo
- **Whitney Polak, Morgan Driewer, Libby Troester**; 3rd Place; Ag Demo
- **Kali Wardyn, Maggie McCarthy, Cooper Lones, Danika Pohl, Zoey Eckert, Aidan Kadavy, Emily Otoupal**; 1st Place; Conduct of Chapter Meetings

**Thank you for all of your hardwork, time and dedication for practicing  
for your events. We are so proud of each and every one of you!**

# February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Early Student Dismissal 2:03 pm District FFA State Degree & Proficiency Review @ Tri County	2 <b>BWR-York Groundhog Invite (JV) - 4:00 pm</b> 9 BBB @ Aurora - 5:30 pm  <b>Groundhog Day</b>	3 YHS Dukes & Duchesses NCDA Show Choir Competition @ Central City BWR @ Fairbury Invite (V) - 1:30 pm GBB @ Elkhorn North V-5:30 / JV-7:15 pm BBB @ Elkhorn North JV-5:30 / V-7:15 pm Girls Wrestling Districts (V) @ Lincoln Southeast	4 Speech Contest @ Aurora State eSports @ York University - 12:00 pm GBB @ Lakeview V-5:15 / JV-7:00 pm BBB @ Lakeview JV-5:15 / V-7:00 pm
5	6	7  State Bowling (V) @ Sun Valley Lanes, Lincoln Skills USA Week	8 Early Student Dismissal 2:03 pm YHS Parent-Teacher Conferences 4:30 - 8:30 pm	9 Early Student Dismissal 2:03 pm	10 <b>YES/YMS NO SCHOOL</b> YHS Full Day of School Speech Contest @ GICC Boys District Wrestling Tournament (V) @ GINW GBB-Home vs Seward JV-4:30 / V-6:00 pm BBB-Home vs Seward JV-4:30 (Aux Gym) / V-7:30 pm	11 Speech Contest @ David City Boys District Wrestling Tournament (V) @ GINW 9 BBB @ Seward Tournament - TBD
12	13 <b>YES/YMS NO SCHOOL</b> YHS Full Day of School YHS Jazz Band @ GISH Jazz Festival 9 BBB @ Seward Tournament - TBD  Board of Education Meeting	14 YHS Dukes & Duchesses Singing Valentines GBB @ Waverly JV-4:30 / V-6:00 pm BBB @ Waverly JV-4:30 / V-7:30 pm YHS Community Speech Performance 7:00 pm  <b>Valentine's Day</b>	15 Early Student Dismissal 2:03 pm	16 YHS Dukes & Duchesses Acappella Day @ Midland University GBB @ Hastings V-5:30 / JV-7:15 pm BBB @ Hastings JV-5:30 / V-7:15 pm Boys & Girls State Wrestling Championships (V) @ CHI Health Center, Omaha	17 Speech Contest @ Columbus Lakeview  Academic Decathlon State Final - TBD	18 Speech Contest @ GINW
19	20 Conference Speech @ Aurora - TBD Girls Basketball Sub-Districts (V) - TBD <b>President's Day</b>  National FFA Week	21 Girls Basketball Sub-Districts (V) - TBD	22 Early Student Dismissal 2:03 pm District FFA Welding @ Lincoln Girls / Boys Basketball Sub-Districts (V) - TBD  <b>Ash Wednesday</b>	23 Boys Basketball Sub-Districts (V) - TBD	24 Boys Basketball Sub-Districts (V) - TBD Girls Basketball District Finals (V) - TBD	25 Girls Basketball District Finals (V) - TBD <b>Speech Triangular</b> @ York w/ Kearney, Malcolm
26	27 Start of Spring Practice SC, BG, GT, TR Boys Basketball District Finals (V) - TBD YHS Choir Concert - 7:00 pm - YHS Theater  Board of Education Meeting	28 Boys Basketball District Finals (V) - TBD District FFA Career Development Events @ Centennial		