

# Healthy Bites



INFORMATION • PAYMENTS • MEAL PRICES • MENUS • LOCATIONS • CONTACTS

**We look forward to the coming school year at York Public Schools as Lunchtime Solutions continues to provide your food service program.**

The purpose of this communication is to provide you with an overview of the school food service program this year. If you have any questions or comments about our program, please feel free to contact Eric Rinaker, Food Service Director, at (402) 525-4462 or e.rinaker@lunchtimesolutions.com. For your convenience, our menu is posted monthly on the school website.

Student Breakfast	\$1.70	Extra Breakfast Entrée	\$2.00
Elementary Lunch	\$3.30	Extra Lunch Entrée	\$2.75
Jr/Sr High Lunch	\$3.40	Adult/Guest Lunch	\$4.75
Adult/Guest Breakfast	\$3.00		



## SCHOOL BREAKFAST

Breakfast is served in the dining areas before school starts. Please encourage your student to participate in school breakfast.

**Research studies** show that eating breakfast can help students perform better in the classroom.



## SCHOOL LUNCH

School lunch will offer a wide variety of choices for students.

Elementary Students have 4 entrée choices daily  
Middle School and High School students have 8 entrée choices daily.

All meals include an entrée choice, a hot vegetable plus the unlimited Fruit & Veggie Bar, and milk choices.



## AFTER SCHOOL SNACK

Boost Participants

Grade Kindergarten to Eighth will be provided access to healthy snack items that are part of our published online menus, at no charge.



## ONLINE MENUS

Connect with us through the Lunch Menu link on your school district's website where you'll find links to our monthly menus, nutrition information, healthy tips and links to other programs in your students' lunchrooms.



## SCHOOL FOOD SERVICE ACCOUNTS

The District's Food Service Account Policy for the 2024-25 School year allows students to charge up to \$15.00. When an account balance reaches zero all a la carte purchases will **stop**. When an account reaches negative \$15.00 all purchases will **stop**. If the student qualifies for free lunch, they still will be able to purchase a school lunch, but no extra food items will be allowed.

A Point of Sale (POS) software system is used for the school food service program. Please note the following important information:

- Each student will have his/her own individual Student Account.
- If sending cash with a student, place in a sealed envelope, along with the student's name and food service account number.
- We are not responsible for lost, unidentified, or stolen cash.

Deposits should be turned in by 9:00 a.m. at the student's school office.

### Food Service Account Deposits must be made **before school starts**.

To ensure that your deposit is credited to your student's food service account on the first day of school, please send your first deposit, for each student in your family, to the office of the school your student attends. Be sure to include your name, your student's name, and your student's account number. Also include any changes in your address or telephone number.

### Applications for Free and Reduced-price meals must be received by Administration.

In order to ensure your student(s) is/are able to receive Free or Reduced-price meal benefits if eligible, please complete and submit an application to:  
York Public Schools,  
1715 N Delaware Avenue,  
York, NE 68467

This application will be available in the August newsletter, in all of the schools and the district office, and at [yorkpublic.org](http://yorkpublic.org).

**Contact: Eric Rinaker**  
**Food Service Director**  
Phone: 402-525-4462  
[E.rinaker@lunchtimesolutions.com](mailto:E.rinaker@lunchtimesolutions.com)



## DIET MODIFICATIONS

Families are responsible for notifying the School Food Service if their child requires a diet modification because of a life threatening disability. A licensed physician must provide specific written medical documentation.

Please contact Eric Rinaker at the School Food Service office for more info. [E.rinaker@lunchtimesolutions.com](mailto:E.rinaker@lunchtimesolutions.com) (402) 525 4462

## SNACKS

For Middle School & High School students, snack items will be available during the lunch period.

**Snack items offered include:**  
**Baked Chips**  
**Fruit Snacks**  
**Crackers**

All snacks meet standards set by the District's Wellness Policy.

## EXTRA ENTRÉE – EXTRA MILK

All students, at an extra cost, can purchase an additional entrée or milk offered as part of the school food service program.

For example if a student wants a second entrée, or an additional entrée, like a slice of pizza, then the student will visit the cashier after seconds are announced. This will be charged to the student's account.

Extra entrees are only sold to students who first purchase a school lunch.

**All students have an All You Can Eat Fruit and Veggie Bar and can have extra servings of these with no charge:**

Canned Fruit      Fresh Fruit      Vegetables      Lettuce

## JOIN US ANYTIME

Please feel free to join your child for a meal any day. The cost for an adult/guest breakfast is \$3.00 and an adult/guest lunch is \$4.75. Please pay for your meal at the school office. We hope to see you there!

# MY SCHOOL MENUS

## APP

NUTRITION ON THE GO

